

**FRIDAY NIGHT** *live*®

**Chapters**

1. Silverado High School – Victorville
2. St. Anthony's Youth Choir – San Bernardino
3. Holy Rosary Youth Group – San Bernardino
4. Arroyo Valley H.S. – San Bernardino
5. Ayala High School SADD – Chino Hills
6. Summit High School – Fontana
7. A.B. Miller High School – Fontana
8. Redlands East Valley High School, Community Scene Investigators – Redlands
9. Healthy Teens – Rancho Cucamonga
10. Fresh Start Ministries – Ontario



1. George Visual and Performing Arts-Adelanto
2. Victor Valley Jr. High – Victorville
3. Hook Jr. High- Victorville
4. Colton Community Center- Colton

**FNL Youth Board**

The Youth Board is a group of young people who represent various Friday Night Live chapters throughout San Bernardino County.



The youth have committed to raise awareness on youth issues in their schools and communities by serving as the voice of young people. Their vision is to make positive change happen in their communities.

*If you are interested in joining the youth board please call the FNL office at 1-800-782-4264*

**FNL Youth Board 2007-2008**

- Mark Sanchez- Arroyo Valley HS
- Alex Vega- Arroyo Valley HS
- Alejandro Campos-Upland Community Day School
- Cynthia Fonseca- Upland Community Day School
- Yasmine Finney- Colton HS
- Rachel Torres- Colton HS
- Summer Phillips-Redlands East Valley HS
- Amea Covarrubias- Redlands East Valley HS
- Andrea Reynoza- Redlands East Valley HS
- Nathan Dobbs-Redlands HS

**FNL wants to hear from you!**

Have a comment or questions?  
 Want to know more about a topic or have a concern?  
 Please e-mail FNL at [bbeltran@dph.sbcounty.gov](mailto:bbeltran@dph.sbcounty.gov).  
 You can stay anonymous.

**Upcoming Events**

- January** - Youth Advisory Board Meeting
- February** Black History Month
- March** 16 - 22 National Inhalants and Poisons Awareness Week
- April** - Alcohol Awareness Month

**San Bernardino County Friday Night Live Partnership**  
**Alcohol and Drug Abuse Prevention Program**  
 351 N. Mt. View Avenue, 2<sup>nd</sup> Floor  
 San Bernardino, CA 92415-0010

**Friday Night Live Contact**

Toll Free.....1-800-782-4264  
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MDS 1802-385 02/08



**If You Weren't There You Missed It! The Y Now! Youth Leadership Summit Was A Big Success!**

Friday Night Live youth from San Bernardino, Redlands, Fontana, Ontario, and Victorville participated in 2 days of learning, team building and lots of fun!

The leadership summit was held at Pine Crest in the beautiful San Bernardino Mountains, November 10 – 11, 2007. Dr. Jim Kooler from the California Friday Night Live Partnership opened the Summit by challenging youth to make a difference in their communities.



Workshops included Detective Sherry Eversole from the San Bernardino County Sherriff's Narcotics Division who talked about the dangers of methamphetamine abuse, and how to improve your public speaking skills presented by Ms. Sybille Philips from Toastmasters International. Youth also learned about planning activities that deliver results.

Things really got interesting when the summit was moved outdoors for some team building activities coordinated by the National Guard.

It was all about meeting new people and learning to work together to get things done! Special guests in the evening included motivational speaker Phil Yeh, a renowned cartoonist and community advocate and James White from the CSUSB Coyote Conservatory for the Arts who had everyone performing dramatic skits.

Special thanks go to the San Bernardino County Friday Night Live Partnership for sponsoring this event. We also thank the FNL Youth Advisory Board and all program staff for their hard work. We also wish to thank Sam's Club and the Arrowhead Credit Union for their contribution in making the summit a reality.

**THANKS EVERYONE!**



**Coordinator Corner** - First I would like to say welcome to our new FNL chapters, youth, and advisors.

I look forward to working with all of you throughout the year.



The Y Now! Youth Leadership Summit was great. Thank you to the Youth Board for all your countless hours and hard work leading up to the summit and during the 2 day event itself. You guys rock.

CSI and FNL youth were recognized at the 2007 California Prevention Summit film festival held in Anaheim. An award was presented to the youth for their production of public service announcements to prevent substance abuse. Great job! Keep up the good work.

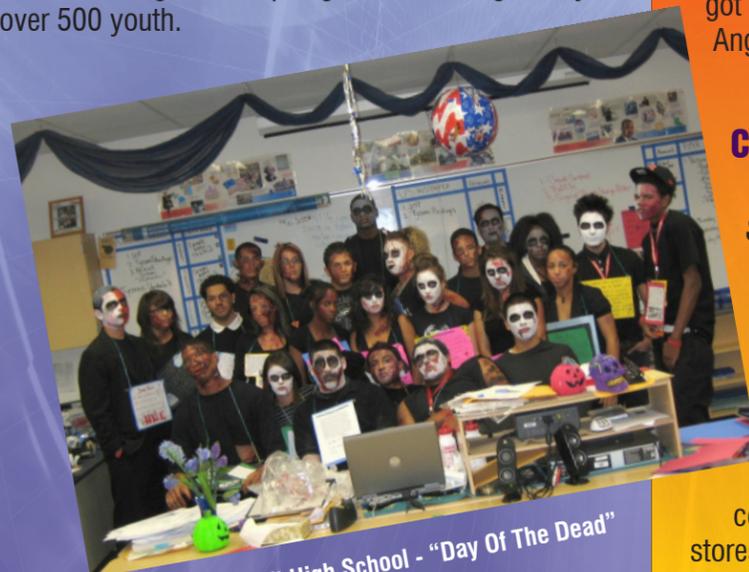
## What's up with your FNL Chapters !

FNL chapters are designed to provide support and opportunities for youth to develop and build leadership and advocacy skills while addressing the impact of alcohol, tobacco and other drug related issues in their school and community.

### Alcohol and Drug Prevention

**Silverado High School** – organized a week of Red Ribbon activities for the 10th-12th graders. Activities included; music, raffles, Casey's pledge, a sing along contest, and a DUI demonstration with the "drunk" goggles. Well over 1,000 youth participated in these activities.

**Summit High School** – participated in an event called "Day of the Dead", to remember people who have died due to drugs, they ended their week with a red day class challenge and a pledge that was signed by over 500 youth.



Summit High School - "Day Of The Dead"

### Making a Difference

Friday Night Live youth from **Fresh Start Ministries** in Ontario have committed to volunteer their time to help serve meals to needy families in their community every Friday. On average about 100 meals are served, and no one is ever turned away.



### Social Events

Our annual Magic Mountain trip was great! About 150 Friday Night Live youth from San Bernardino County got to meet other FNL youth from Riverside, Los Angeles, Kern, Orange, and San Diego counties.

### Community Action

**St. Anthony's Church FNL** chapter together with the Social Concerns Committee hosted a San Bernardino City candidate's open forum attended by over 150 community members. Alex Vega, Club President, addressed the candidates with the concern of reducing alcohol sales to minors. Roberto Prado, Club Treasurer and Gloria Vallarta, Club Member, presented a concern about the amount of blight around liquor stores in their community. FNL youth participated in the event by passing out flyers, registering attendees and welcoming the community.

**Silverado High School FNL** youth attended a youth conference in Lucerne Valley hosted by Youth 2 Youth. Chapter members attended several workshops to explore ways to have fun while staying drug and alcohol free.



CSI is in full swing at Redlands East Valley High School working on a new traffic safety campaign called "It Doesn't Have to Happen" to prevent traffic-related injuries among their peers. CSI youth recently presented the project to the California Highway Patrol to gain their support. They also taped a television interview for REV week to promote the event. To launch the campaign, a traffic safety assembly is scheduled for March along with lunch time rallies.

Club Live is for middle school age youth. Club Live helps to build resiliency skills and helps youth to positively engage with their peers. Working together with adult partners CL youth plan activities that promote living a healthy lifestyle free of alcohol, tobacco and drugs.



### Alcohol and Drug Prevention

**Hook Middle School** organized lunch time rallies to celebrate Red Ribbon Week. Students signed pledge cards promising to be alcohol and drug free. Other activities included: a poster contest, hula hoop contest, and slam dunk drug prevention game.

Hook MS - Slam dunk drug prevention game



**Victor Valley Jr.** also organized lunch time rallies to show others how to have fun without using drugs or drinking alcohol. Club officers did a great job running the games and encouraging all the students to participate in the activities. Approximately 95 students signed pledge cards to stay drug free.

### Chapter Meetings

**Colton Kids Club** chapter meetings are awesome. A favorite club icebreaker is "graveyard". Graveyard consist of all the kids laying down on the floor and not moving because who ever moves or laughs is out of the game, the last person still in wins. The chapter activities have helped the youth bond and interact in a positive way with each other.

**George Middle School** has combined their Club Live with the after school program. They attend the after school program weekly but have committed to do Club Live activities on Tuesdays. The youth enjoy participating in the team building activities and the different sessions on drug and alcohol prevention.

### Alcohol Free Activities

On November 3, 2007 Hook Jr. High participated in the trip to Six Flags Magic Mountain. Club Live members participated in the underage drinking rally and had the opportunity to join forces against underage drinking by signing Casey's Pledge.



Hook MS - Red Ribbon pledge activity