

# Steps to Success

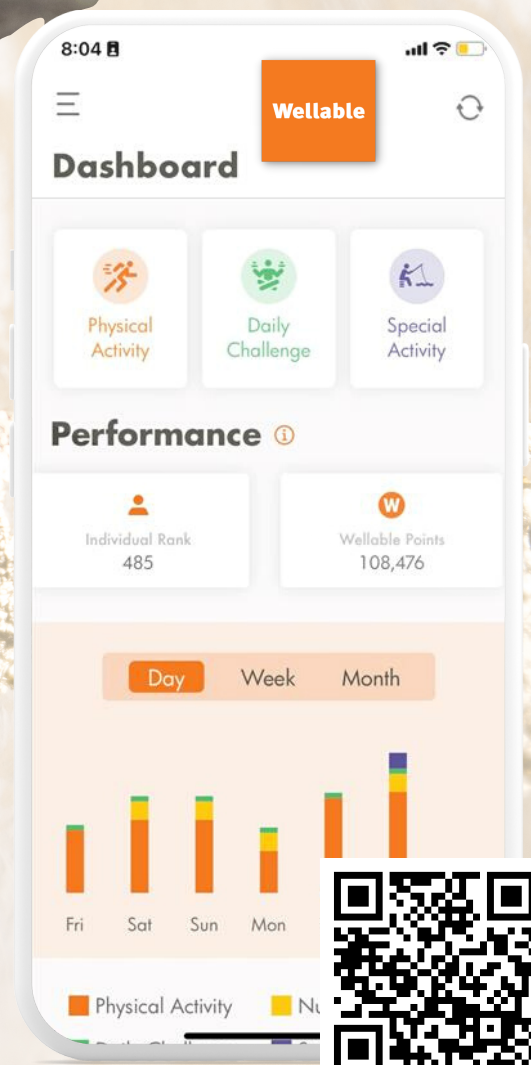
CHALLENGE RUNS FROM  
OCTOBER 1, 2023 - MAY 31, 2024

## JOIN THE CHALLENGE AND EARN REWARDS

- Track Physical Activity
- Participate in Wellness Education Classes
- Earn Points for Rewards

## HIGHLIGHTED FEATURES

- Monthly Wellness Webinars
- On-Demand Fitness Videos
- Meditation Videos & Sleep Stories
- Curated Meal Plans & Healthy Recipes



Sign up today!

Sign up today: [app.wellable.co/sbcounty](https://app.wellable.co/sbcounty)