

Open Enrollment

YOUR 2020

ROAD-TRIP TO HEALTH CHECKLIST

Open enrollment is June 1 through June 21, 2020

- ✓ Visit www.sbcounty.gov/Benefits to learn more about your benefit options or to view a recorded open enrollment meeting
- ✓ Check important dates and open enrollment meeting schedule
- ✓ Review the medical, dental and vision plan highlights and comparison charts and life insurance information
- ✓ Enroll or make changes using the EMACS self-service system at:
<https://emacsassapp.sbcounty.gov/>
- ✓ Submit any additional required documentation to Employee Benefits by Thursday, July 2, 2020

Detailed benefit plan information and more can be found in this guide or online at:

www.sbcounty.gov/Benefits | (909) 387-5787 | ebbsd@hr.sbcounty.gov

WHAT'S NEW & DIFFERENT FOR PLAN YEAR 2020–21

FLEXIBLE SPENDING ACCOUNT (FSA)

The annual maximum contribution for flexible spending accounts (FSA) will increase to \$2,750. FSA is a great way to save money by paying for certain medical care expenses with pre-tax dollars. The FSA plan is convenient and easy to use.

PROTECTED MEDICAL LEAVES ADMINISTRATION

Protected leaves and disability benefits will be administered by Metropolitan Life Insurance Company (MetLife), with the additional of Employee Assistance Program (EAP) benefits effective July 18, 2020.

EMPLOYEE ASSISTANCE PROGRAM (EAP)

MetLife's EAP services include 5 short-term, solution focused, counseling consultations per incident per calendar year to each eligible employee, which can be accessed via in person, video, phone, or chat. Consultation topics include coaching on finance & legal, parenting, health & wellness, and many more areas.

You are encouraged to reference this guide throughout the year.