## DID YOU KNOW?

COVID 19 SYMPTOMS NOVEMBER 2020

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THAT COVID 19 SYMPTOMS SHOULD BE POSTED BY THE TEMPERATURE SCREENING STATION?

### POSSIBLE COVID 19 SYMPTOMS

#### **SELF SCREENING**

Before you come in every morning, you should ask yourself the question "Am I experiencing any symptoms?" This will be asked of you as you come into work.

To ensure everyone knows the possible symptoms of COVID 19 post the list of possible symptoms at the temperature screening station and refer people to it as a reminder of what symptoms to screen for.

The next page is suitable for posting.

Guidance provided by the CDC.

#### **POSSIBLE SYMPTOMS**

- Fever
- Cough, congestion or runny nose
- Shortness of breath or difficulty breathing
- Chills, repeated shaking with chills
- Muscle or body aches
- Headache
- Sore throat
- New loss of taste or smell
- Nausea, vomiting, or diarrhea

## SELF-SCREEN FOR THE FOLLOWING COVID 19 SYMPTOMS

- Fever
- Cough, congestion or runny nose
- Shortness of breath or difficulty breathing
- Chills, repeated shaking with chills
- Muscle or body aches
- Headache
- Sore throat
- New loss of taste or smell
- Nausea, vomiting, or diarrhea