

San Bernardino County
Public Authority

784 East Hospitality Lane San Bernardino, CA 92415

Toll Free: (866) 985-6322 Fax: (909) 891-9130

September 16, 2020

Dear IHSS & Public Authority Registry Recipients & Providers,

This letter is to inform you that the Public Authority is providing Essential Protective Gear (EPG) upon request.

Essential Protective Gear consisting of gloves and masks is limited and will be provided on a first-come first-serve basis, until supplies have been exhausted. If you are in need of EPG please contact your local Public Authority at 1(866) 985-6322. Press Option #3, and then Press Option #1.

COVID-19 can cause mild-to-moderate respiratory illness. Symptoms are very similar to the flu, including fever, cough and/or shortness of breath. **Older adults and people who have severe underlying chronic medical conditions** seem to be at higher risk for developing more serious complications from COVID-19.

The Public Authority is committed to serving our Recipients and Providers during this time. The Registry is here to help you. Please continue to follow CDC guidelines to protect yourself.

## TAKE THESE NECESSARY MEASURES TO PROTECT YOURSELF

- Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing, or having been in a public place.
- Avoid touching your eyes, nose, or mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay away from public places and other people if you become sick.
- Eliminate or minimize visitors.
- Encourage your IHSS provider to utilize their available sick leave benefit if they are sick. Your provider can find their available sick leave hours on their pay stub.
- The County of San Bernardino is making every effort for our community to stay safe. COVID-19 testing available throughout the county Monday through Friday. Testing is by appointment at testing sites listed on the County website. Please visit our County website at: <a href="https://sbcovid19.com/">https://sbcovid19.com/</a> for further information.

If you become ill or think you are sick and have symptoms of COVID-19, you have been in contact with a person with COVID-19, or you have recently traveled to countries that have community spread of COVID-19, you should contact your client and advise them of your situation. In addition, contact your doctor to seek medical advice.

Thank you and Stay Safe!

Sincerely,

**Public Authority Registry**