



## COVID-19 Safety Tips from Self-Advocates Episodes 1 - 4

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[All four COVID-19 Safety Tips videos](#) made by fantastic self-advocates are now available. Thank you for following us this week to watch and share these videos.

The videos will continue to be available on our [website](#), [Facebook](#), and [Twitter](#). These videos were made safely and without violating any health guidance from the state.

Episode 1 – How to Stay Healthy: [https://youtu.be/pUZgWtRqN\\_U](https://youtu.be/pUZgWtRqN_U)

Episode 2 – What Should I Do If I Think I'm Sick?: <https://youtu.be/FpPITIV3qTk>

Episode 3 – What I Should Do If I Get Sick: <https://youtu.be/rteP5FMraog>

Episode 4 – What To Do If a Caregiver or a Family Member Gets Sick:  
<https://youtu.be/UWcQSWHb8O8>

Bonus! – Bloopers and extra clips: <https://youtu.be/azvvNKnsj0Q>