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## Minutes: Children and Families Commission Meeting

735 East Carnegie Drive, Suite 150, San Bernardino, California 92408

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**Meeting Date,  
Time and  
Location**      Commission Meeting  
July 10, 2019 – 3:30 p.m.  
First 5 San Bernardino

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**Pledge of  
Allegiance**      The Pledge of Allegiance was led by Chair Ohikhuare.

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**SPECIAL  
PRESENTATION**      First 5 AmeriCorps Fiscal Year 2018-2019 Accomplishments  
Presenter: Dr. Wendy Lee, Staff Analyst II, First 5 San Bernardino

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**Conflict of  
Interest  
Disclosure**      Commission members shall review agenda item contractors, subcontractors, and agents, which may require member abstentions due to conflict of interest and financial interests.

A Commission member with conflicts of interests shall state their conflict under the appropriate item and abstain or recuse from that item, as appropriate. A Commission member may not participate in or influence the decision on a contract for which their abstention or recusal has been recorded. For conflicts requiring recusal, the Commissioner must leave the meeting room during discussion and vote on the item.

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**Attendees**      **Commissioners Present**

- Josie Gonzales (Arrived at 4:00 p.m.)
- Margaret Hill
- Maxwell Ohikhuare, M.D.
- Gary C. Ovitt
- Elliot Weinstein, M.D.

**Staff Present**

- Karen Scott, Executive Director
- Scott McGrath, Deputy Director of Systems and Impact
- Debora Dickerson-Sims, Deputy Director of Finance
- Staci Scranton, Business Support Manager
- Sophie Akins, Commission Counsel
- Wendy Lee, Staff Analyst II
- Ronnie Robinson, Staff Analyst II

**Changes to the Agenda**

Ann Calkins, Executive Assistant, announced the following:  
No Legislative report today. An update may be provided at the August Commission Meeting. The minutes presented for approval today under Agenda Item 1 are from June 5, 2019, not 2018 as posted. Agenda Item 2 is hereby continued to the August Commission Meeting agenda.

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**Report – Executive Director, Karen Scott**

**Moving On**

After 7 years of outstanding work as the F5SB Media Specialist, Leslie Fountain has moved on to a new career opportunity with ESRI in the field of communications and media. First 5 staff is in the process of recruiting and hiring a new Media Specialist. Expect to see a new, updated style of the Executive Director's Report. First 5 Marketing Aide, LuCretia Dowdy, will continue to share photos of our events and promotions with our communities and stakeholders via our social media accounts.

**Swim Fest, Apple Valley**

For the very first time, F5SB, in partnership with Safe Kids of Loma Linda University Children's Hospital, hosted a Swim Fest Water Safety event in the High Desert on June 15th. The event was held in the beautiful city of Apple Valley at the Aquatic Swim Center.

Like its counterpart here in the city of San Bernardino, this event celebrates the swim season while increasing awareness of the importance of water safety for children and their families through education, resource materials and a day of family fun with rock climbing, a water slide and free snow cones.

Regina Witherspoon-Bell, representing Supervisor Lovingood's Office, Michelle Parker of Safe Kids and First 5's LuCretia Dowdy kicked off the event.

The event was filled to capacity with over 200 attendees – nearly half of them under age 5. Families were given free water safety materials including literature on the ABC's of Water Safety and Water Watcher Tags (where they commit and pledge to be a designated non-distracted "water watcher") as young children enjoy the pools.

Drowning is the leading cause of injury/death in children ages 1-4. Young children can drown in as little as an inch or two of water and it can happen quickly and silently. The American Academy of Pediatrics (AAP) reports the highest rate of drowning from 2013 to 2017 was in children aged newborn to 4 years. Most infants drown in bathtubs and buckets whereas the majority of preschool-aged children drown in swimming pools.

F5SB is proud to offer this prevention event in support of our own vision that children are healthy, safe, nurtured, eager to learn and ready to succeed.

**Complete Count 2020**

The 0-5 age group has been designated as a Hard-to-Count population and the population that stands to benefit the most from a complete census count.

Critical programs for children depend on an accurate census count - programs that provide food, shelter, housing and education. An undercount in 2020 could cost California more than \$3 billion in federally funded programs like Medicaid, Head Start, Section 8 (housing), and the Supplemental Nutrition Assistance Program (food stamps).

The census consistently undercounts children younger than age 5, especially among children of color. In the last census (2010), approximately one million California children under age five were not counted, costing the state billions in federal funding to which it was legally entitled.

F5SB's Cindy Faulkner, Assistant Director, is working here locally with the Funder's Alliance, Community Foundation and more than 30 others including nonprofit organizations, to ensure all children and families receive the representation they deserve. Every child counts, and should be counted.

Motion by Commissioner Ovitt and seconded by Commissioner Weinstein to approve the Consent Item.

**Consent**

With Commissioners Gonzales and Thomas absent and without further comment or objection, motion carried by unanimous vote.

Item No.	<b>CONSENT</b>
1	Approve Minutes of June 5, 2019 Commission Meeting. (Presenter: Ann M. Calkins, Executive Assistant 252-4252)
2	A. Ratify the approval (by the Board of Supervisors) of the employment contracts between the County of San Bernardino and Children and Families Commission with the following individuals, effective July 21, 2019 through July 20, 2022: <ul style="list-style-type: none"> <li>a. Cindy Faulkner as Assistant Director, for the total annual cost of \$179,958 (\$115,195 Salary, \$64,763 Benefits).</li> <li>b. Debora Dickerson-Sims as Chief Financial Officer, for the total annual cost of \$164,279 (\$104,713 Salary, \$59,566 Benefits).</li> <li>c. Ronald S. McGrath as Deputy Director of Systems and Impact, for the total annual cost of \$133,692 (\$84,344 Salary, \$49,348 Benefits).</li> <li>d. Stacy Scranton as Business Support Manager, for the total annual cost of \$75,972 (\$51,667 Salary, \$24,305 Benefits).</li> </ul> B. Authorize the Assistant Executive Officer of Human Services to execute amendments to extend the term of the contracts for a maximum of three successive one-year periods on behalf of the County, subject to County Counsel review. C. Direct the Assistant Executive Officer of Human Services to transmit all documents in relation to contract amendments to the Clerk of the Board of Supervisors within 30 days of execution. (Presenter: Karen E. Scott, Executive Director, 252-4252) <b>ITEM CONTINUED TO AUGUST COMMISSION MEETING</b>

Item No.	<b>DISCUSSION</b>
3	Approve Amendment A2 for Contract HW056 with the County of San Bernardino Arrowhead Regional Medical Center for the Breathmobile program for Fiscal Year 2019-2020 in the amount of \$222,038, resulting in a cumulative total of \$666,114 for Fiscal Years 2017-2020, for asthma early screening and intervention services for children ages 0 through 5. (Presenter: Scott McGrath, Deputy Director, Systems and Impact, 252-4259)  <u><b>Discussion</b></u> Chair Ohikhuare asked: why is the care coordination different with asthma? Mr. McGrath answered that this is a proactive preventative program. It's not something

	<p>that's instituted as a result of an emergency. Asthma is managed proactively before the child needs to visit an emergency room. The Breathmobile is the bridge helping to coordinate this care. Chair Ohikhuare asked if the Breathmobile is visiting some of the hard to reach areas such as Trona. John Cadavona from the Arrowhead Regional Medical center (ARMC) came to the podium to answer the question. Mr. Cadavona stated the visits are Countywide and Trona is one of their stops. Mr. Cadavona mentioned that the children do visit their primary care physicians and what the Breathmobile staff do is try and build upon those visits with further prevention education for the families (such as learning how to control triggers and how to treat flare-ups with medication).</p> <p>Vice Chair Weinstein asked how children are referred to this service. Mr. Cadavona answered via physicians and word of mouth, which is one of the biggest contributors. School district nurses and health aides who notice children at school having asthma-like symptoms also send referrals. Followup question – how do you promote your visits to the school sites? Mr. Cadavona answered ARMC has a partnership with the unified school district and the sites are notified in advance. The challenge is getting the word out to families that this program exists even though it has been around for 10 years. Chair Ohikhuare asked if they have reached out to Preschool Services and Head Starts. Mr. Cadavona answered they have reached out to Head Starts. Mr. McGrath added that First 5 has been in talks with ARMC to connect this program to Quality Start sites. The Breathmobile program is registered with 2-1-1 and posts their site visits on the 2-1-1 Facebook account. Commissioner Hill requested a calendar of school site visits. Mr. Cadavona stated he will provide one for the Commissioners.</p> <p>Currently, there are two Breathmobile vans in operation. Mr. Cadavona stated ARMC does not yet service the mountain area. Chair Ohikhuare directed Mr. Cadavona to get the word out about the services they offer so that by this time next year not only will the conversation be about volume but rather how ARMC needs more resources due to high demand.</p> <p>Mr. McGrath reminded the Commission that the American Lung Association closed their office in San Bernardino which cut off much of the referrals to the Breathmobile. ARMC is actively seeking a better referral source. It was suggested that perhaps Preschool Services could help. Commissioner Ovitt suggested notifying the Board of Supervisor members as to this effort. He also mentioned school districts use a robo-call service to send various announcements to parents and guardians and a call to parents regarding asthma services utilizing the robo-call service is something to consider.</p> <p><b><u>Public Comment</u></b> None</p> <p>Motion made by Commissioner Ovitt and seconded by Commissioner Weinstein to approve Item 3. With Commissioner Gonzales recusing herself from the vote, Commissioner Thomas absent and without further comment or objection, motion carried by unanimous vote.</p>
4	<p>Approve a letter of intent with Prevent Child Abuse California to participate in the First 5 Service Corps program for Fiscal Year 2019-2020 and authorize the Executive Director to execute the letter. Authorize continued funding match not to exceed \$126,635 for Fiscal Year 2019-2020 for six (6) AmeriCorps service member positions to provide school readiness services. (Presenter: Staci Scranton, Business Support Manager, 252-4282)</p>

	<p><b><u>Discussion</u></b> None</p> <p><b><u>Public Comment</u></b> None</p> <p>Motion made by Commissioner Hill and seconded by Commissioner Gonzales to approve Item 4. With Commissioner Thomas absent and without further comment or objection, motion carried by unanimous vote.</p>
5	<p>Approve Contract EC037 with American Academy of Pediatrics, District IX, Chapter 2 in the amount of \$361,775 for Fiscal Year 2019-2020 for the Reach Out and Read San Bernardino Initiative.                  (Presenter: Staci Scranton, Business Support Manager, 252-4282)</p> <p><b><u>Discussion</u></b>                  Commissioner Hill asked how many pediatricians are in San Bernardino County. Dr. Tomas Torices, American Academy of Pediatrics (AAP) Chapter 2 Executive Director, came to the podium to respond. The answer was 130; not all of them are AAP chapter members. Certain events are hosted by the chapter for pediatricians, however, when the event is related to children all pediatricians and family medicine physicians in the area are notified.</p> <p>Vice Chair Weinstein stated his medical practice is an active participant in the Reach Out and Read program. He mentioned many small medical offices do not participate due to the large up-front cost of \$2500. It is very important that as many medical offices as possible participate because it will benefit the children in the local communities. Dr. Torices stated he is committed to attending site visits every two weeks.</p> <p>Ms. Scranton stated that part of the contract with AAP and the Reach Out and Read affiliate is that an advisory board be created. The advisory board will look into developing a business plan and a sustainability plan that will address issues such as continued funding in the future. The dollar figure earlier quoted by Dr. Weinstein is a figure based on the size of your practice and part of becoming a site is securing funding. First 5 is not only funding at the current level in this contract, but is also adding \$50,000 to the budget just for books to expand the program now that there will be in place a full-time program coordinator who can travel out to some of those independent physicians and speak about the program.</p> <p><b><u>Public Comment</u></b> None</p> <p>Motion made by Commissioner Hill and seconded by Commissioner Weinstein to approve Item 5. With Commissioner Thomas absent and without further comment or objection, motion carried by unanimous vote.</p>

Item No.	INFORMATION
	No information items.

**Public Comment**

Lizbeth Bayardo, MPH, Director of Programs, Center for Oral Health introduced COH's Interim CEO, Kevin Scott. Mr. Scott stated he would serve until at least the end of August until a new CEO is found.

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**Commissioner  
Roundtable**

None

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**Adjournment**

Motion to adjourn by Commissioner Gonzales and seconded by Commissioner Hill. With Commissioner Thomas absent, and without further comment or objection, motion carried by unanimous vote. Chair Ohikhuare adjourned the meeting at 4:32 p.m.

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**Next meeting at  
First 5 San  
Bernardino**

***Wednesday, August 7, 2019  
3:30 p.m. to 5:00 p.m.***

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**Attest**

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Maxwell Ohikhuare, M.D., Chair

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Ann M. Calkins, Executive Assistant

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