

# Local Outcomes Report

2019-2020



# Acknowledgments from Executive Director

Karen Scott



I would like to thank and acknowledge our contracted agencies and collaborative partners for the great work that has been done and the outcomes that have been achieved to support our county's youngest children and their families. The last half of this outcomes reporting period was greatly impacted by the COVID – 19 pandemic. There was no higher priority for First 5 San Bernardino than the safety and health of our staff, contract agencies, systems partners, families and communities. The Commission thanks you for your partnership and commitment to finding alternative ways to continue to serve during this crisis.

First 5 San Bernardino has recently adopted a new Strategic Plan, which continues to lean in on effective systems – building. Through a collective impact approach, we look to provide greater opportunity for our community and stakeholders to meet the needs of our communities, and ensure the best possible outcomes for children: that they are healthy, safe, nurtured, eager to learn and ready to enter and succeed in school and in life.

# Introduction

Children are profoundly impacted by their families, neighborhoods and communities.

First 5 San Bernardino seeks to improve children's lives by strengthening the environments and systems serving children 0 to 5 and their families. This includes direct services and, increasingly, it also includes supports to communities and systems to ensure that environments support children's healthy physical, social, and emotional development.

First 5 signaled a shift to a collaborative systems approach in the 2015 – 2020 strategic plan. The Commission identified as a Catalyst, Convener and Partner and committed themselves to provide countywide leadership, work with stakeholders from multiple sectors, and invest in community capacity to support children in San Bernardino County.

Impact can be measured in different ways depending on the work, children and families served, new partnerships formed, dollars leveraged for our county, or increased effectiveness of systems. We are excited to share our accomplishments from FY2019 – 2020 and look forward to the future.



**Children and Families**



**Providers or partners**



**Family and Community Support and Partnerships**

No matter how we measure impact, our vision continues to be that all children in San Bernardino County are healthy, safe, nurtured, eager to learn and ready to succeed.

The 2019 – 2020 local impact report is designed to reflect this gradual, intentional shift in strategy. Each section of the report highlights investments in one of our longstanding focus areas:



**Child Health**



**Early Learning**



**Family and Community Support and Partnerships**

# Child Health

First 5 San Bernardino's health investments ensure that children can access a full spectrum of physical and behavioral health services needed to enhance their well-being.



## Children and Families

Screening, Assessment, Referral and Treatment (SART)/ Early identification and intervention Services (EIS) SART and EIS utilizes a braided funding model to be able to serve all children regardless of age. EIS provides specialty mental health and attachment enrichment services to children between the ages 0 to 9. SART serves children ages 0-6 who are experiencing social, physical, cognitive, behavioral, developmental, and/or psychological issues.



DBH served **2,580** children in FY 19-20 & children improved in the following areas:

**81%**

Improvement in Physical  
Dysregulation

**83%**

Improvement in  
Attachment

**73%**

Improvement in  
Playfulness

**Early Smiles program** – an integrated and sustainable model program that provided children 0-5 and pregnant women with oral health education. The program ensured that participants had optimal oral health practices, were provided screenings and risk assessments along with preventative services. Additionally, the program created collaborations between the medical and dental providers by integrating oral health into primary care.

**2,299**

Children  
received an  
Oral Health  
Exam



...of the children  
served

**1,353** Children

0 < 3  
and

**946**

Children 3-5

**Arrowhead Regional Medical Center's Breathmobile** is a mobile asthma unit traveling throughout the County to participating sites to treat children with asthma. Visits include a complete evaluation, examination, care plan, and extensive patient – family education sessions about how to treat and manage asthma symptoms.

**104**

parents received asthma education



**99**

children received asthma screenings



**Maternal Health Network (MHN)** Developed a strategic plan with the goal of establishing a comprehensive, coordinated, and responsive support system for families who are planning to become pregnant, those that are pregnant, and those that have recently delivered a child. New social media pages were established to share a variety of information for both providers and consumers across San Bernardino County. The Network will continue engaging providers and the community to strengthen the maternal health system in San Bernardino County.



## Providers and partners

**Children's Assessment Center (CAC)** In partnership with Children's Fund, Loma Linda University, and other partners, the assessment center provides holistic resources and referrals through a multi – disciplinary team to children age 0 – 5 to decrease the effects of child abuse, and prevent the potential for future child abuse. Additionally, Children's Fund provides training to parents, caregivers, and pregnant teens to help them protect their children from abuse. The team has trained professionals to better identify and respond to incidents of abuse.

**582**

children received forensic screening

**1,200**

medical and non-medical professionals were provided training

CAC also participates in a fellowship program with Loma Linda University Medical Center where a resident fellow rotates with the CAC medical team. By providing a warm, friendly environment at CAC, the goal is to help children feel more comfortable and deliver high – quality child advocacy center services.





## Communities and Systems

First 5 San Bernardino has supported regional efforts to strengthen the oral health system serving children and families in the Inland Empire.

First 5 San Bernardino and First 5 Riverside were able to procure state funding for the **Local Dental Pilot Project/Dental Transformation Initiative** – a State funded local project to increase oral health prevention services and utilization of Denti-Cal. The investment supported two strategies:



**Virtual Dental Home** – Federally Qualified Health Centers (FQHC's) in both Riverside and San Bernardino Counties provided with and trained on mobile equipment for use under the virtual dental home strategy.



**Early Child Oral Health Assessment (ECOHA) Mobile Application** – The ECOHA app was developed in a manner that did not require a medical background while being utilized by community health workers.

First 5 acted regionally through the **Oral Health Action Coalition of the Inland Empire (OHAC-IE)**. OHAC-IE convened health care providers, institutions and advocates for peer learning and to mobilize and organize local resources to increase access to oral health care and improve health outcomes for the residents of the Inland Empire Region of Southern California.



An external evaluator surveyed OHAC-IE to measure the network's health by identifying the resources and the internal infrastructure that supported the coalition. OHAC-IE survey findings were represented in three sections: (1) internal infrastructure of the coalition that consisted of information about the members who join the coalition and the areas and populations they serve; (2) current resources of the coalition including the connections that members have, their participation in policy and advocacy, their capacity to collect data, and the strengths of the coalition; (3) the needs of members and the barriers to improving oral health in the Inland Empire region.



**Help Me Grow** is a national effort that works to promote cross-sector collaboration to ensure communities identify vulnerable children, link families to community-based services and empower families to support their children's healthy development. Help Me Grow Inland Empire (HMGIE) is funded jointly by First 5 San Bernardino and First 5 Riverside with Loma Linda University Children's Hospital serving as a sponsoring partner. Three-fourths of California's counties have a Help Me Grow program and across the nation, the program is active in thirty one states and the District of Columbia. Inland Empire's Help Me Grow is unique in that it is a dual county service model and utilizes technology to ensure the region's 375,000 age-appropriate children have access to developmental screenings. On April 1, 2020, HMGIE activated its Access Center. Early Childhood Educators, medical professionals, and parents are served by bilingual care coordinators through the Access Center's toll-free telephone lines.



# Early Learning

First 5 San Bernardino's early learning investments support high quality early childhood care and education that prepares children to reach their optimal potential.



## Children and Families



First 5 San Bernardino co-funded the county wide launch of **Footsteps2Brilliance®** – a mobile literacy app that families can download and access from any mobile device.

Over **9,000** parent and child accounts were created across the County

Children and families read **93,266** books for a total vocabulary exposure of **85,124,340** words



First 5 distributed books to children and families through **Reach Out and Read**. The program gives young children a foundation for success by incorporating books into pediatric care and encouraging families to read aloud together.

**106**

pediatrician across the County were engaged

**33**

\*sites participated

**55,000**

books distributed to children and their families

\*(Number of pediatricians at sites fluctuates throughout the year)



## Partners

### First 5 AmeriCorps

**First 5 AmeriCorps - Early Literacy Support:** First 5 supported six AmeriCorps members to provide one-on-one literacy and school readiness services to 189 students in six Head-Start Preschool sites in the San Bernardino County Preschool Services Department.

#### First 5 AmeriCorps - Prevent Abuse Through Home Visitation (PATH)

First 5 supported four (4) AmeriCorps Members in the PATH program. PATH members engaged 22 families through in-home visits, provided parenting lessons using Nurturing Parenting Program (NPP) curriculum, age-appropriate development, parent-child activities to support their child's development, empowering parents, and linking to resources through structured case management.

**87%**

of preschool children who were supported by AmeriCorps members

finished with

**99%**

In Social-Emotional, Math, and Literacy Skills

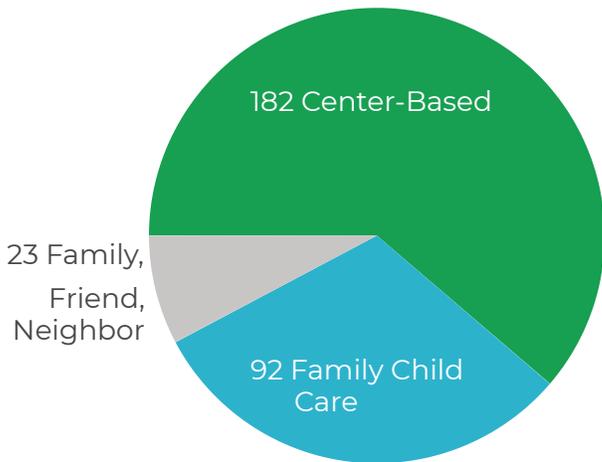


# Communities and Systems

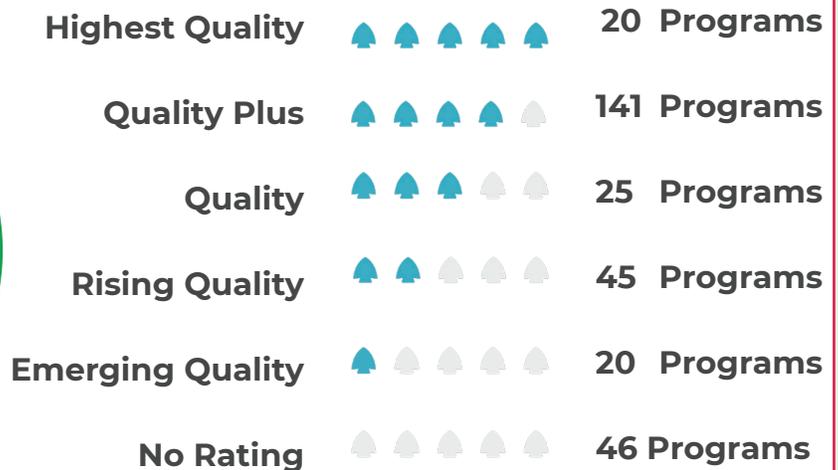
Quality Start San Bernardino County (QSSB) is a collaborative of early learning partners, educators, and champions who are working together to increase the quality of local early learning programs for San Bernardino County's youngest children through the development of a Quality Rating and Improvement System (QRIS). In 2015, these early learning partners convened to develop a strategic plan that guides the design, development, and implementation of the local QRIS.

QSSB integrates and aligns quality improvement services and investments into one coherent system. It is funded and implemented in conjunction with Cal State University San Bernardino, Child Care Resource Center, San Bernardino County Superintendent of Schools, and County Preschool Services and First 5 San Bernardino.

## 297 Programs Served



## Quality Ratings



## 1,842 Early Childhood Educators Reached

Professional development coaching focused on areas of the California QRIS Rating Matrix. The majority of the Quality Improvement Plans focused on the following three areas:

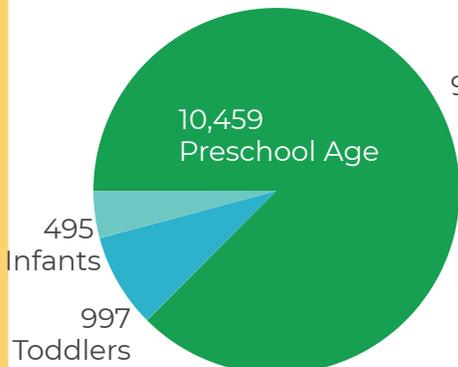
34% Program Environment Scales

28% Effective Teacher-Child Interactions Class Assessments

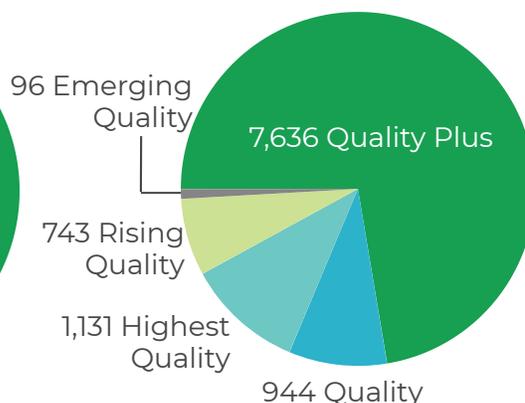
12% Child Observation and Assessments

## 11,951 Children Served

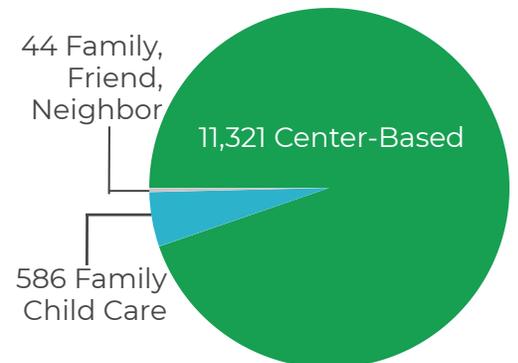
### Age Groups Served



### Children in Rated Programs



### Children in Program Type



# Family and Community Support and Partnerships (FCSP)

FCSP strengthens families and communities to assist them in nurturing, caring, and providing for their children's success and well-being.



## Children and Families

The Family and Community Support and Partnerships investment provides parenting education classes (Nurturing Parenting) and structured case management services to increase family stability. Parenting Education classes are taught using the Nurturing Parenting Programs (NPP) curriculum. Nurturing Parenting Programs are a family-centered trauma-informed initiative and are designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices.

Participating parents demonstrated **significant increases in knowledge and behaviors related to positive parenting practices** that help protect against abuse and neglect.

939

parents

received

11,311

Nurturing Parenting  
Classes

Parents who received Nurturing Parenting classes received additional knowledge and resources that help protect children against abuse.



*"The things that I learned in today's class were extremely beneficial to me. Reacting and focusing on the behavior that I most want to see from my child and rewarding good behavior can be done either with tangible or intangible methods."*

*~ Parent participant FCSP program*

## Case Management

888

parents



received

3,497

Case Management  
Sessions

Participating parents showed significant improvements across all domains of self-sufficiency measures as part of case management. Every case that receives an assessment via the Family Development Matrix (FDM) participates in a dialogue with a case worker to assess the family's strengths and challenges at the time of the assessment. In fiscal year 2019-2020, 780 families served for the first time.

**Family Testimonial:** *"COVID-19 Pandemic has dramatically impacted the FCSP in-person service, and agencies transitioned to the virtual platform of service and continued to support parents and children without service disruption."*



## Communities and Systems

### In Partnership with Children's Network, First 5 San Bernardino

- Supported the 34th Annual Children's Network Conference.
- Supported the Fatherhood Involvement Collaborative, which promotes the involvement, necessity, and value of the role of fathers in the family and community.
- Implemented safe-sleep, maternal mental health, and child abuse prevention media campaigns in the county.



With partnership from First 5, **Preschool Services Division (PSD)** employed coaches to improve capacity among Early Head Start providers in the county around environmental and school readiness quality. PSD enhanced professional development consisted of both one on one and group sessions and averaged **115** site visits to **23** participants/**25** classrooms.

**211 SAN BERNARDINO COUNTY** is the central source for providing free and confidential information and referrals for all health and human services in the County.



Phone lines are open **24 hours a day, 7 days a week**, with trained **Community Resource Advisors** prepared to offer helpful information for any situation, any time—whether financial, domestic, health, or disaster-related.



**56k**

families were provided referrals and resources.



**The Emergency Needs Program** implemented by Children's Fund & provider partners assists families enrolled in case management. It provides families access to basic necessities and concrete supports meant to address immediate needs as they work toward improving their circumstances through ongoing case management. The program provides families with resources to secure items such as clothing, beds, and food, and to pay rent or utility costs.

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2019-2020**

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