Get your FREE Flu Shot at your local community POD site

The San Bernardino County Department of Public Health Preparedness and Response Program will be testing emergency response plans at local Point of Dispensing (POD) sites during the influenza (flu) vaccination season. A POD site is a location where the community would go to receive lifesaving medication and/or vaccinations during a public health emergency. Public Health will be providing FREE flu vaccinations to the community at select POD sites.

"Flu shots are the first step in protecting against influenza virus and its potentially serious complications," said Dr. Maxwell Ohikhuare, San Bernardino County Health Officer, "I encourage residents to get their flu shot every year."

Be prepared for the flu season by receiving your **free** flu shot. Public Health will be providing free flu shots at the following locations:

The Ontario Center School 835 North Center Ave., Ontario	Thursday, November 1, 2018	3:00 pm -5 :00 pm
29 Palms Senior Center 6539 Adobe Rd., Twentynine Palms	Saturday, November 10, 2018	10:00 am- 1:00 pm
Hook Community Center 14973 Joshua St., Victorville	Saturday, November 17, 2018	1:00 pm – 3:00 pm

Flu shots will be provided to men, women (including those that are pregnant), senior citizens, and children who are three (3) years and older. A parent or guardian must accompany children under 18 years old. Children under nine (9) years old may require two (2) doses of flu vaccine (4 weeks apart) based on prior vaccination history.

These free flu shot clinics provide a test environment for Public Health to exercise plans and procedures for a local pandemic influenza response. The goal of the exercise is to test Public Health's mass distribution of vaccinations to County residents as a response to an outbreak or pandemic influenza, such as the 2009 H1N1 Pandemic.

For more information on public health emergencies visit the County of San Bernardino, Department of Public Health, Preparedness and Response Program website at www.sbcounty.gov/prp or call (909) 252-4406.

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