

Public Health Department Communicable Disease Section

# STI/HIV Update 2018

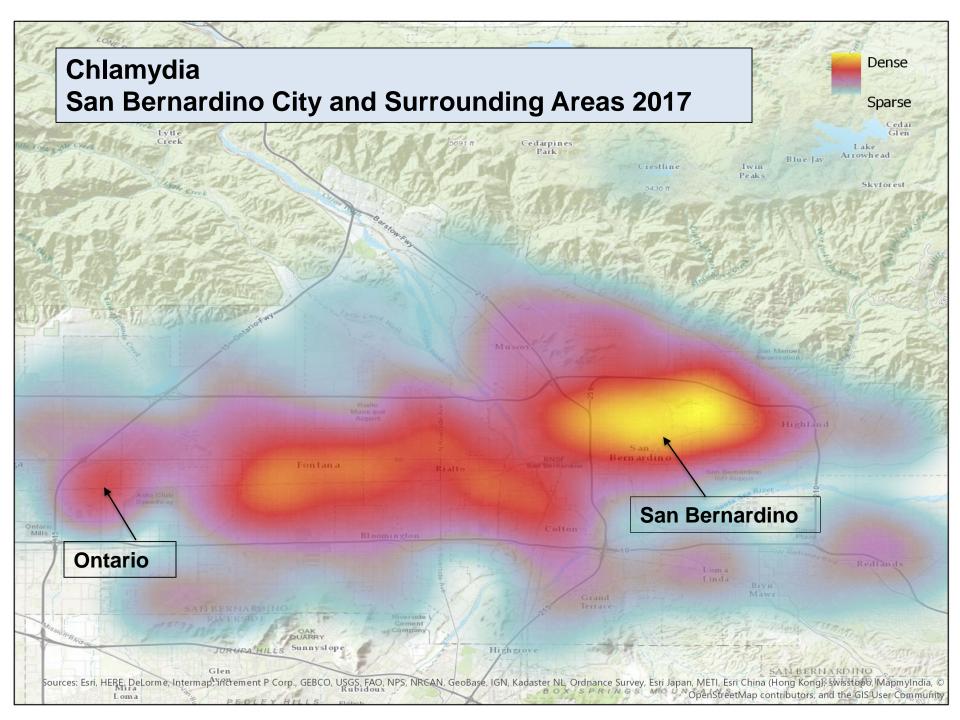
Diana Ibrahim, MPH Epidemiologist

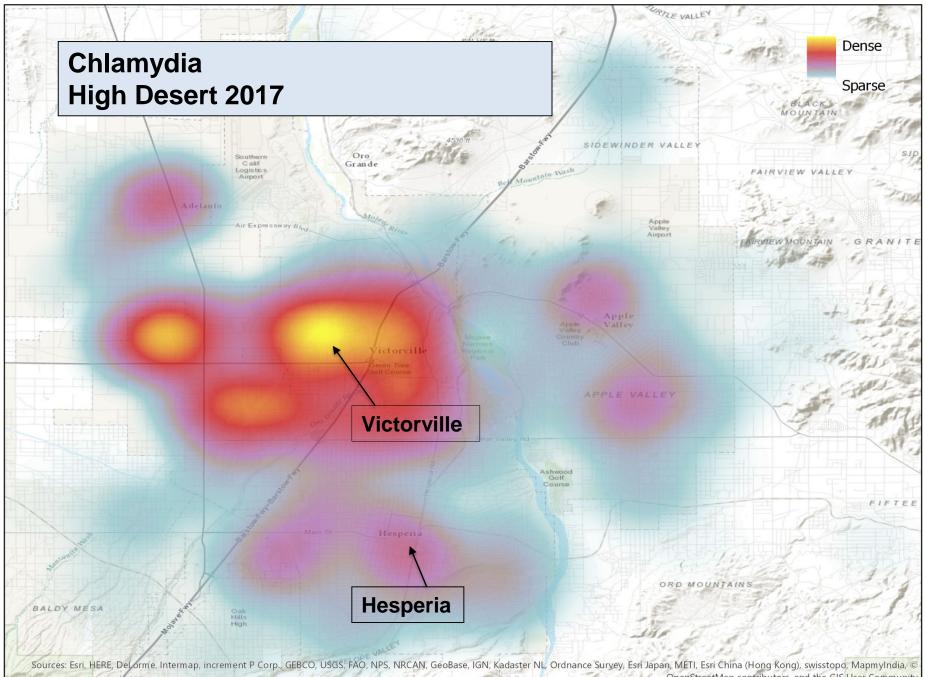


#### **STD** Reporting

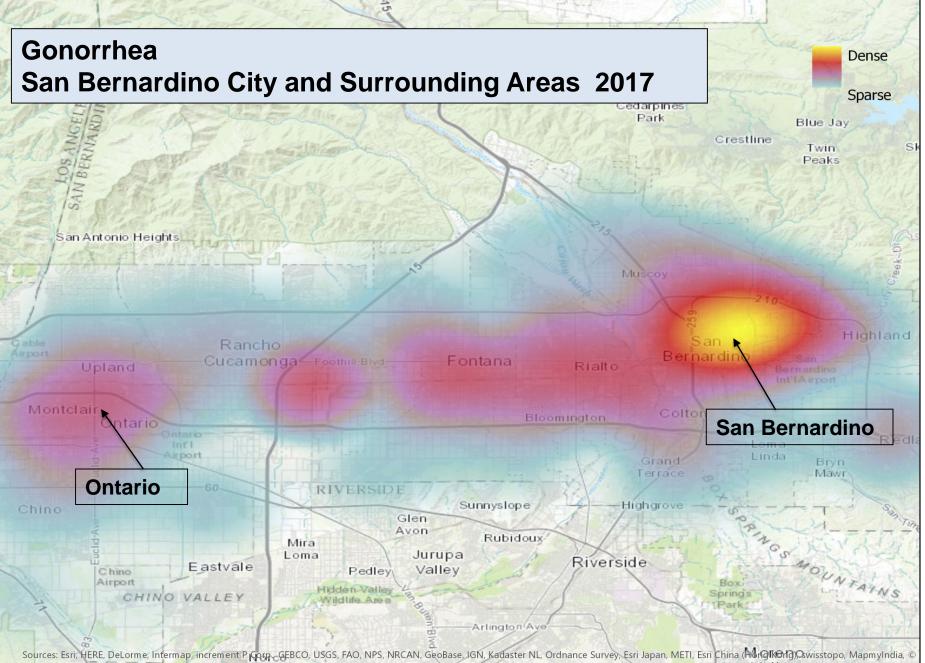
- Reportable conditions by Providers and Labs
  - Chlamydia, Gonorrhea, Syphilis
  - Not reported: Herpes, HPV, NGU, Scabies, Lice
- SB County received 20,500 STD reports in 2017
- Communicable Disease Investigators follow
  - Untreated cases and partners
  - Priority is very young, pregnant, juvie, HIV co-infected



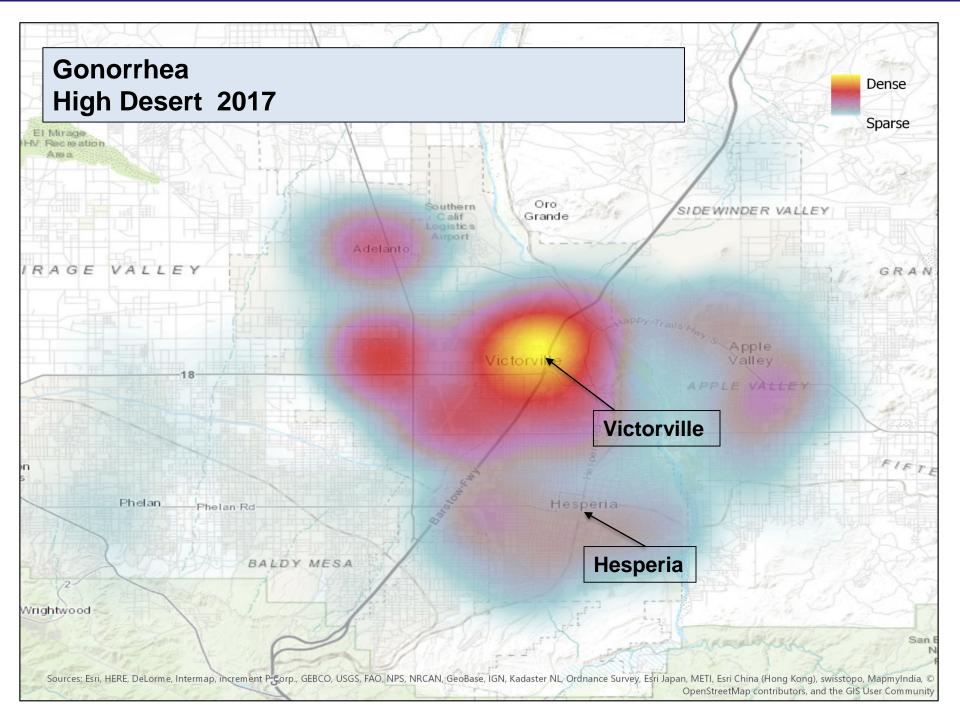


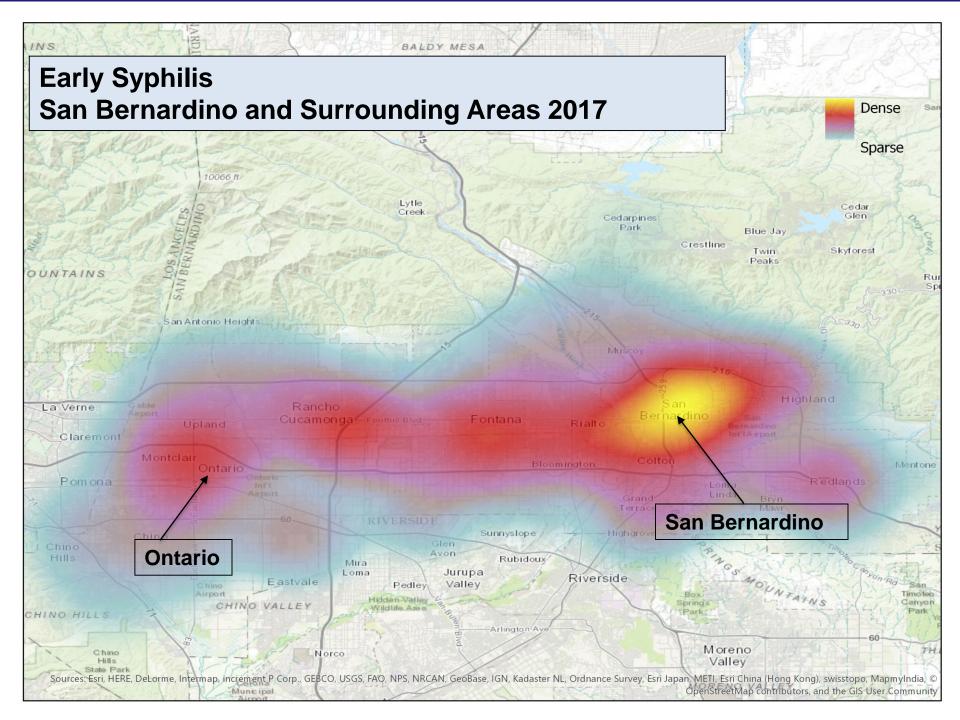


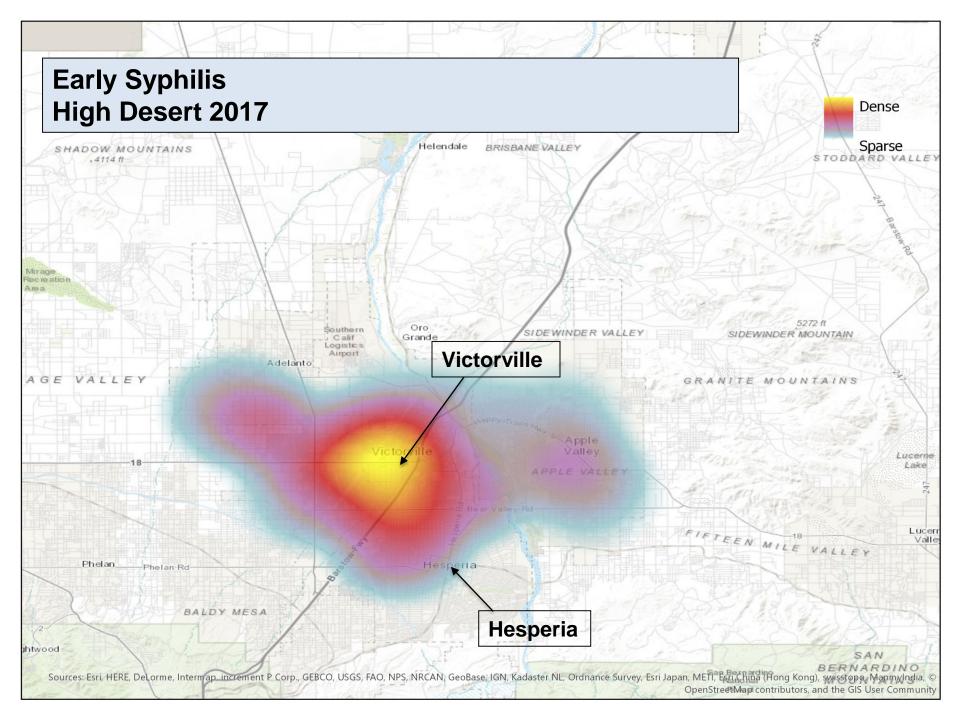
OpenStreetMap contributors, and the GIS User Community



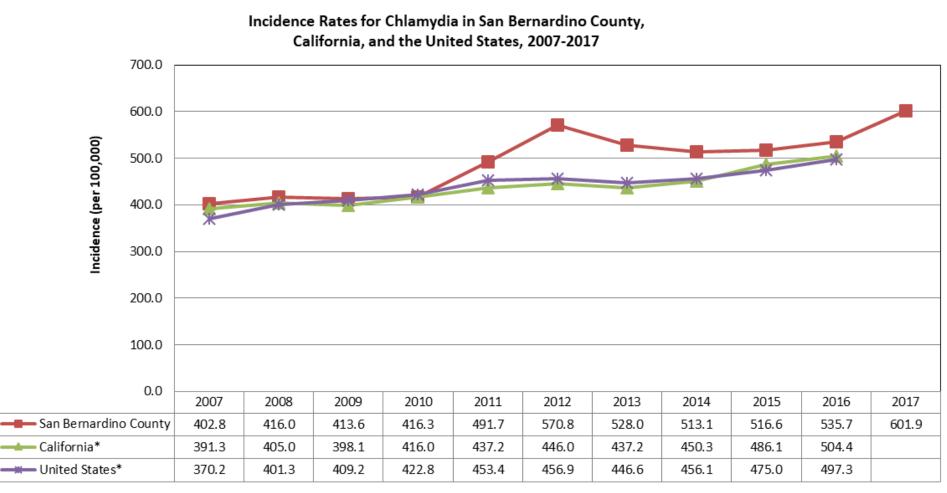
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#### Chlamydia



\*CA and US data for 2017 were not available at the time this report was published.

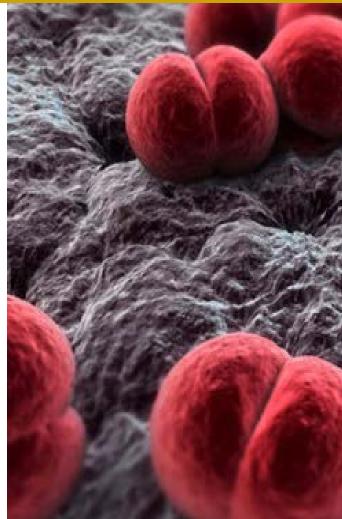


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#### Chlamydia

- 2017- roughly 13,200 reports received
- 14% of women will be re-infected within months
- Females 15-24 yrs account for 45% of all cases
- 70% females/25% males may be asymptomatic
- Complications for untreated females:
  - PID, ectopic pregnancy, infertility
  - Preterm delivery, pneumonia in infant



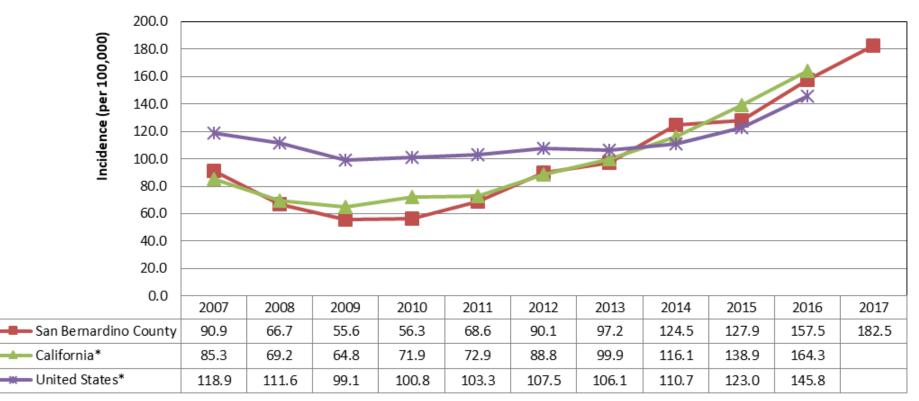


- Younger women have a greater number of columnar cells on the cervix which increases susceptibility to STDs
- Higher prevalence STDs younger sex partners
- Short duration relationships common
- Lack of assertiveness and communication skills
- Power dynamics in dating older people
- Lack of access to health information and services



#### Gonorrhea

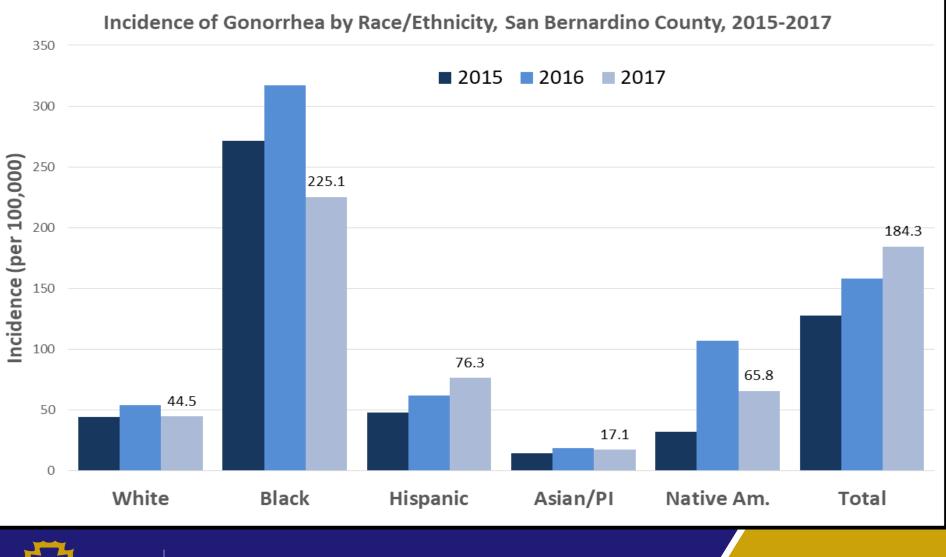
Incidence Rates for Gonorrhea in San Bernardino County, California, and the United States, 2007-2017



\*CA and US data for 2017 were not available at the time this report was published.



#### Incidence of Gonorrhea by Race/Ethnicity



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#### Gonorrhea

- MSM (Gay males) account for 39% of all cases in CA
  - % is increasing
  - 27% of MSM GC cases are also HIV positive
  - Urine only testing misses extra genital infections
- 36% of all cases are treated using non recommended regimen or not treated
- 21% of male heterosexual cases were incarcerated previous yr
  - Only 8% of female cases incarcerated
- 7% of cases used methamphetamine in previous yr
- CDC has labeled resistance in Gonorrhea an urgent threat
  - 30% of isolates have some resistance to an antibiotic
  - Two antibiotics are required to treat now—last line of defense
- 12% of women will be re-infected within a few months



#### **Public Health STD Activities**

#### Jail Testing Project

- Women under 35 years of age offered STD testing by vaginal swab
  - 9-10% Chlamydia positive
  - 6-7% Gonorrhea positive

#### STD Testing Van

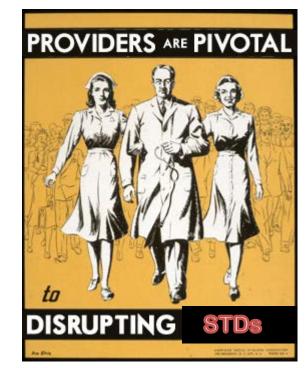
- Van parks in designated *Hot Spots*
- Chlamydia, Gonorrhea rapid tests
- Testing, results and treatment in same visit





#### CDS encourages providers to:

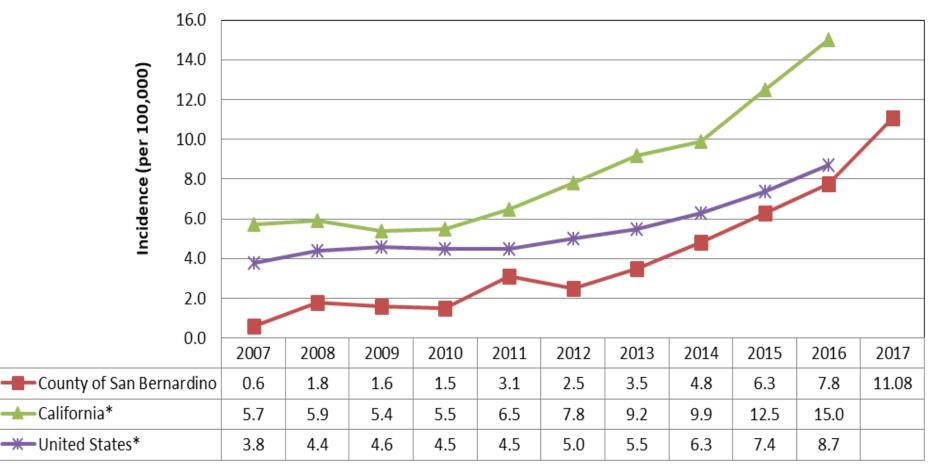
- Educate patients
- Request thorough sexual history
- Testing/referral of partners
- Provide treatment to partners-(patient delivered therapy)
- Report completely AND timely to
   Public Health
- Link STD investigations with HIV testing





#### **Incidence Rates for Syphilis**

Incidence Rates for Syphilis (Primary & Secondary) in San Bernardino County, California, and the United States, 2007-2017

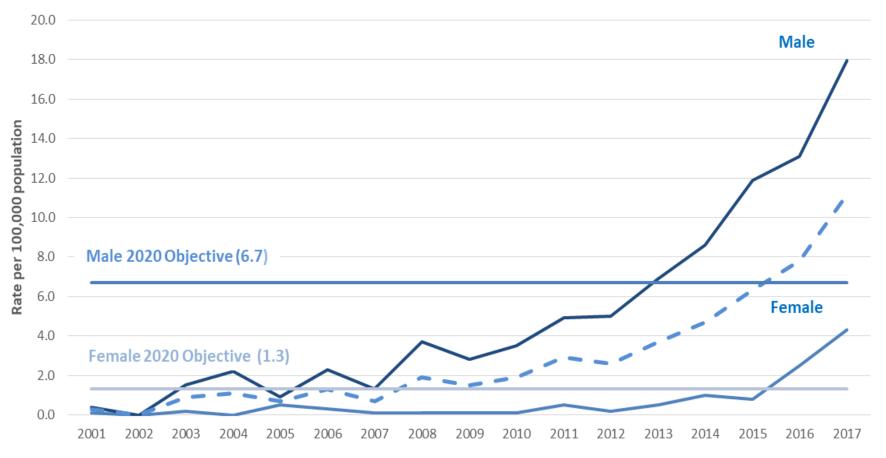


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#### Primary & Secondary Syphilis Rates by Gender



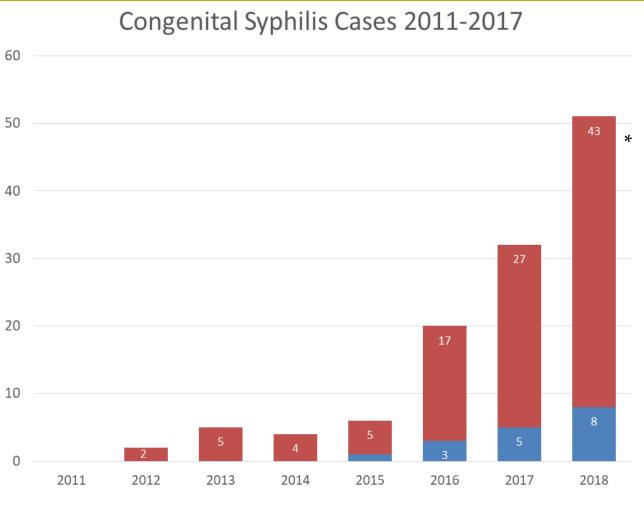




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#### Congenital Syphilis Cases 2011-2017

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■Q1 ■Q2-4

\* Projection



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#### Primary Syphilis







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#### Secondary Syphilis







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- MSM (Gay, Bisexual males) account for 79% of male cases
- 49% are HIV positive also (11% of hetero)
- Female cases nearly doubled since 2015
- Infant cases up from 20 (2015) to 32 (2017)
- Congenital cases associated with methamphetamine use, incarceration, lack of prenatal care and poverty
- Many women had no symptoms
- 33-37% of all cases in 20-29 year old group
- 15-17% of all cases use methamphetamine





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#### Congenital Syphilis







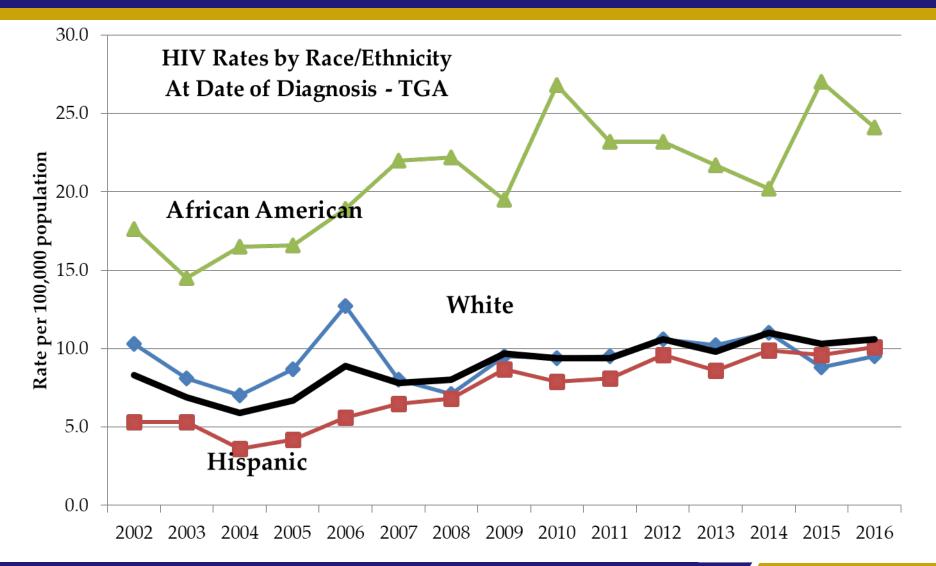
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- STD infection increases the chances of transmitting and getting infected with HIV by 3-6 times
- Open sores and cell layer breakdown provide pathway to bloodstream
- White blood cells fighting an STD provide receptors for HIV
- Infections lower natural defenses in vagina (pH and good bacteria)
- GC may increase the amount of HIV in semen.



#### HIV Incidence Rates (New HIV Cases)—Service Areas Include San Bernardino and Riverside Counties

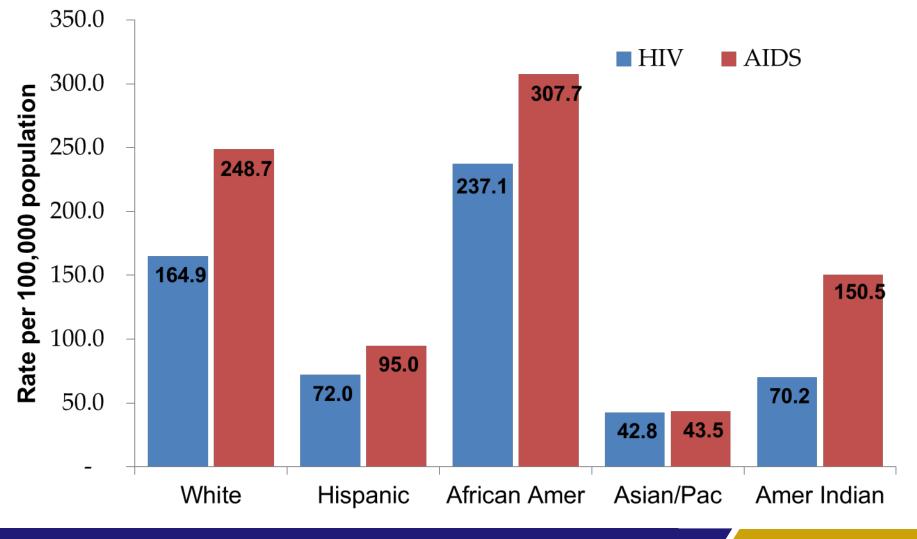






#### Prevalence by Race/Ethnicity in 2016







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- Prevention with positives
  - Linkage to care, treatment adherence, support services key to maintaining undetectable viral loads
  - 81% of all persons living with HIV <u>and in care have</u> undetectable viral loads- much less infectious
  - New focus on acute HIV infection- very infectious
- Why HIV testing is important
  - Many people with STDs also have HIV
  - 16% of HIV+ are unaware
  - 23% of new HIV cases develop AIDS within 90 days
  - PH can notify partners



### Pre Exposure Prophylaxis PrEP

- High risk individuals take HIV meds before infection
- Truvada- 2 HIV meds/1 pill/1 time daily
- Continue to use condoms
- Early side effects mild and disappear
- Clinical studies- reduced risk up to 90%
  - MSM, discordant heterosexual couples
- Requires regular medical monitoring
- Many insurances will pay for



#### \*\*\*\*\* San Bernardino County STD Task Force!\*\*\*\*\*

- First meeting: April 2017
- Next meeting: July/August 2018
- Goals: raise awareness, look for interventions, and to decrease STDs
- Providers, schools, youth, community organizations invited





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## **Questions?**

# Communicable Disease Section 1-800-722-4794



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