



NEWS RELEASE

Department of Public Health

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Summer Meals Kick-Off! : Food, Fun, and Friends



Summertime brings a break from school, but the need for good nutrition doesn't take a break! Summer meal sites will be opening in communities throughout the county where kids and teens 18 years and younger can enjoy a free nutritious meal or snack. Last year in San Bernardino County, only 5% of those participating in school meals (free and reduced) during the school year, also participated in summer meals.

A Summer Meals Kick-off event has been scheduled for Friday, June 12, 2015 from 11:00 am – 1:00 pm at the Helping Hands Pantry – Norton Distribution Center at 1455 E. Third St., San Bernardino CA. 92408.

The Summer Meals Kick-off event is a collaboration effort with Helping Hands Pantry, San Bernardino County Department of Public Health Nutrition Program, County Superintendent of Schools, Child Care Resource Center, the Alliance for Education, and Job Corps. The kick off will help increase community awareness of the county-wide summer meals programs that provide nutritional services which is in line with the Countywide Vision of developing healthy communities. There is no paperwork or enrollment required to participate in the program. The Summer Meals program is often located at parks, schools, community centers, libraries, and churches. In addition to healthy food, many sites provide summer activities!

Families and kids are invited to join the kick-off event! Free food will be served, music, games, resources, and fun activities, including amazing Rubik's cube demonstrations will keep kids entertained! Limited quantities of these twisty puzzle cubes will be given away, so kids are encouraged to come early!

For more information on summer meal sites, days and times, you can call 211 (toll free) or text 'FOOD' to 877-877 in Spanish text 'COMIDA' or visit the USDA Food and Nutrition site at <http://www.fns.usda.gov/summerfoodrocks> for maps and contact information for programs near you.

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