



**San Bernardino County
Behavioral Health Commission
General Session Meeting Minutes**

**Date: Thursday, July 18, 2024
Time: 12:00pm – 2:00pm**

Minutes Recorded and Transcribed by: *John Granado, Clerk of the Commission*

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
<p>A. Call to Order</p> <p>B. Pledge of Allegiance</p> <p>C. Roll Call – BH Commission/ Introductions</p> <p>D. Welcome and Introductions</p>	<p>Chair, Dr. Monica Caffey</p> <p>Chair, Dr. Monica Caffey</p> <p>Clerk, John Granado</p> <p>Chair, Dr. Monica Caffey</p>	<ul style="list-style-type: none"> • Meeting called to order. • Led group in the Pledge of Allegiance. • Conducted roll call. • Welcomed attendees and led introductions.
INFORMATION ITEM(S)		
<p>E. Review / Approve Minutes from 06/06/2024</p> <p>F. Public Comment</p>	<p>Members of Commission</p> <p>Did not introduce herself</p> <p>Dr. Myra Owners</p> <p>Emelda Saucedo</p> <p>Dr. Rebecca Scott Young</p> <p>Dr. Monica Caffey</p>	<ul style="list-style-type: none"> • Motion to approve was made by Commissioner Jennifer Oglesby and second by Commissioner Dr. Akin Merino; minutes were approved. • Wanted to provide data on CASE. She was appalled at the numbers, specifically African Americans being a part of the sex trafficking at 46%, compared to Latino at 37% and Caucasians at 17%. Working with two commissioners, the school district is now stepping forward and addressing this issue. This also opened an opportunity to work with the commissioners in developing a curriculum in sex education. She is attempting to have the parents get behind this effort to make it a mandate across California. She acknowledged we need to work together in partnership. • She has contracts with the County Probation Department providing housing and sustainability for people coming up in re-entry programs. Flyers are available on the outside tables. Also, on July 27, 2024, they will be providing free back to school items along with haircuts and hairstyles to any struggling families. • Her program, CSUSB graduate studies, is providing flyers for parents, stakeholders, health practitioners, nutritionists, and occupational therapists for their current study on alcohol syndrome. They are trying to collaborate with any interested members within the county. • Speaking as Mental Health Services manager, she is inviting everyone to the monthly Community Policy and Advisory Committee (CPAC) meeting taking place every third Thursday at 10:00am. MHSA programs and updates will be discussed. • No public comment from the satellite locations • Recognized commissioner Pastor Mark Graham for his service to the BHC and the 1st District. She thanked him for his contributions, and it has been an honor to work with him. • Recognized commissioner Gil Navarro for his service to the BHC, including his years as Vice Chair. She remembers Gil as a commissioner, friend and advocate whose legacy will be remembered. • Recognized commissioner Jennifer Spence for her service as Secretary of the BHC.
<p>G. Chairman’s Report</p>	<p>Chair, Dr. Monica Caffey</p>	



Behavioral Health

<p>H. Commissioners Report</p>	<p>Pastor Mark Graham</p> <p>Jennifer Oglesby</p> <p>Dr. Valerie Samuel</p>	<ul style="list-style-type: none"> • Attended the Southern Region Student Wellness Conference in Anaheim, CA. This conference is instrumental in the well-being of our youth, making sure they have access to quality and intervention services. Keynotes were provided by the Superintendent of the state of California and Dr. Yoshioka speaking about the programs and wellness centers. • Thanked everyone for allowing him to be of service as it has been amazing working with Col. Paul Cook, the 1st District and the BHC. • As he was out of state for a majority of the month, his events were minimal, attending the DAC with the Bridges Program from St. Mary's regarding post treatment and care of people coming into the ER not having to wait if they are dealing with withdrawals or opioid addiction. • He has put in a recommendation for his seat in the BHC. • Announced Supervisor Jessie Armendarez is having an open house on August 8, 2024, from 5:00pm-7:30pm at his Rancho Cucamonga office looking for professional donations. City Councilwoman Christine Scott will be donating clothes to Chaffey College for those going to job interviews. • Toured the Ontario TAY center with commissioner Dr. Samuel. • Along with Dr. Samuel and Linda Hart, met with the San Bernardino County Assistant Superintendent regarding programs happening within the school and community. • Attended the CALBHB/C meeting virtually. • Toured the new kids' museum at the Rancho Cucamonga library. • Toured Pathways and spoke with individuals and consumers. Hosted the first in-person DAC meeting with 10 participants. It was an opportunity to share how they felt family and community played a part in their participation. • Attended the RAIL conference, which is an elderly facility, sharing resources and finding out more about the community. • Thanked Pastor Mark Graham for his service. • Thanked Pastor Mark Graham for his service. • Visited the Pathways clubhouse in Fontana and holding the DAC meeting at that location. • Attended the CALBHB/C meeting in-person, learning about what is going on in the state and other commissions providing mental health services. • Visited the kids' museum in Rancho Cucamonga. This facility is interactive with kid's learning how to make Mars Rovers, rockets and learn how to look through a microscope. • Attended the Southern Region Student Wellness Conference in Anaheim, CA. She complimented Sonia Navarro and Ramon (no last name provided) for their workshops. She enjoyed the interaction and complimented Dr. Yoshioka on her keynote speech. • Toured the Ontario TAY center, headed by Dr. Jafari and Andre, with commissioner Oglesby. Meet with the consumers, staff and medical personnel. Consumers mentioned how TAY was a safe place for them to feel connected and community. This helped them to sign up for the
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	<p>Allie Mink</p> <p>Troy Mondragon</p>	<p>services they needed to ensure they are functioning members of the community. She noted the inspiring artwork displayed around the center. She is hoping to host a DAC meeting at this location. Linda Hart asked for follow up on the CASE presentation, specifically the Latina and African American girls who are being involved in sexual exploitation. They met with Dr. Rodriguez and staff in the San Bernardino school district who were excited about the BHC participation. Angel Magdalenas, case coordinator, will assist with putting together information CASE had to implement and work with underrepresented communities. They are working to include sexual exploitation with sexual education courses to ensure they are exposed at an early age and have the information that may prevent them from being exploited.</p> <ul style="list-style-type: none"> • Acknowledged this is National Minority Mental Health Awareness month, established in 2008. She recognized Ms. Campbell, a fellow NAMI member, as leading the charge as she had a daughter with a mental health condition and recognized her unique space. She was an author and novelist, sharing a book, "Sometimes My Mommy Gets Angry". • Leading Medi-Cal Peer Support Specialist trainings • Judged Directing Change submissions in the Hope and Justice category. With her role in NAMI, she is asked by individuals in the community seeking services for themselves or family members with mental health conditions. She was able to share resources such as crisis stabilization units, CCRT's, and residential treatment programs. • Attended NAMI Southern Regional MH Symposium in Beaumont, CA. the event brought together family members, peers, and professionals to discuss and learn about 988, CARE Court and changes to the LPS conservatorship guidelines defining gravely disabled individuals. • On July 8-10, 2024, attended the Southern Region Student Wellness Conference in Anaheim, CA. She acknowledged it was one of the more well produced that was upbeat with great energy that brought together a variety of professionals, students, and family members. She pointed out keynote speakers Dr. Yoshioka and Tony Thurmond. She appreciated hearing people talk about others who were instrumental in their lives and made a difference and sharing their own stories. • On July 13, 2024, attended the 2nd Annual African American Mental Health Conference at the Catholic Diocese in San Bernardino, CA. there was wonderful energy and great food. • On July 17, 2024, attended the NAMI town hall virtually. Discussed 988 insights on advocate and public action and awareness two years in. Went over insights on how this was moving along, any changes needed, and moving forward with the importance of 988. • On July 20, 2024, will attend the Community Summer Wellness Extravaganza at CSUSB. • Thanked Pastor Mark Graham for his work in the BHC. • Thanked Pastor Mark Graham for contributions and impact. • Has returned to work at National University, teaching online.
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<p>J. Directors Report</p>	<p>Cynthia Warren</p> <p>Miranda Canseco</p>	<ul style="list-style-type: none"> • Commissioner Dr. Merino asked, regarding statistics on page 23, with the mental health assessment, will that then be mental health disorders. Unable to transcribe answer as both were talking at the same time. • Commissioner Dr. Merino asked are there any challenges or limitations? Vivian replied that with these being voluntary programs, with them being under a felony, there are those who will decline the program or not show up. The Superior Court and Probation department are very involved. The initial screening process is what helps with the retaining of the individuals. At the DBH end, challenges include the staffing of clinical therapists who can do the assessments and provide the treatment in addition to the screening. The Probation department is also having retention issues and retaining the relationship is a priority to keep this program successful as they focus on safety, and we focus on diagnosis and treatment. • Commissioner Mondragon thanked Vivian for the presentation. He asked if this is relevant for faith-based communities. Vivian advised that there are services out there but does not know about the specialty service. She would like to see more out there. He hoped for more outreach to groups like NA or AA. • Commissioner Mondragon asked how soon before their release date are they contacted about the services. Vivian replied it is usually before their sentencing to see where they are at with the services. Meetings are held with the mental health courts every two weeks discussing possible referrals with the DA, public defender and probation. • Commissioner Mondragon asked if there is anything the BHC can do to advocate for the services and programs. Vivian advised the presentations to the public at the BHC meetings are a great asset. • Commissioner Dr. Merino asked if there is a deadline for getting into these programs. Vivian advised that they could come anytime to be re-evaluated. • Legislative update: SB525, minimum wage increase passed earlier in the year. SB828 makes a technical change to SB525 delaying implementation by one month. SB525 requires covered healthcare entities to implement minimum wage increases by June 1, 2024. SB828 will now require these changes to be made by July 1, 2024. This was done to align with the budget year timeline. Note the legislature is still discussing to make official changes to SB525 as some items are vague including what covered healthcare entities are and considering the Governor's budget expecting a \$28 million dollar deficit. The goal is to reach \$25.00 an hour and depending on the nature of the facility there is a tier schedule that gradually phases out. • July 20, 2024, Summer Wellness Extravaganza at CSUSB from 3:00pm-8:00pm. This is a free event and please register. Flyers are available at the tables outside. • September 14, 2024, Recovery Happens at San Manuel Stadium from 3:00pm-8:00pm. This is a free event and please register. Flyers are available at the tables outside.
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K. Outside Agency and Reports	Marina Espinosa Speaker did not introduce herself	<ul style="list-style-type: none"> • Thanked Pastor Mark Graham for his service and offered the opportunity to take pictures with him at the conclusion of the meeting. • There are no updates for the Office of Equity and Inclusion. • Due to scheduling conflicts, the clubhouse members were not able to attend. They did want to invite the commissioners to their picnic taking place Wednesday July 24, 2024, at Yucaipa Regional Park from 10:00am-2:00pm.
Adjournment	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> • Thanked all attendees and reminded everyone the BHC is dark in August. With no further business or discussion meeting was adjourned.
Next Meeting		DATE/TIME: Thursday, September 5, 2024 12:00pm to 2:00pm LOCATION: 850 East Foothill Boulevard F120 Rialto, CA 92376

ATTENDANCE

FIRST DISTRICT	SECOND DISTRICT	THIRD DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT	Board Representative Col. Paul Cook
Lorrie Denson <i>Absent - Extended Leave</i>	Dr. Valerie Samuel <i>Present</i>	Troy Mondragon <i>Present</i>	Dr. Monica Caffey <i>Present</i>	Veatrice Jews <i>Excused Absence</i>	Samuel Shoup <i>Present</i>
Michael Grabhorn <i>Excused Absence</i>	Jennifer Oglesby <i>Present</i>	Allie Mink <i>Present</i>	Jennifer Spence <i>Excused Absence</i>	Lynn Summers <i>Excused Absence</i>	
Pastor Mark Graham <i>Present</i>	VACANT	Timothy Brown <i>Excused Absence</i>	Dr. Akin Merino <i>Present</i>	VACANT	

GUESTS

Marybel Valadez, Dr. Georgina Yoshioka, Jolena Grider, John Granado, Brittny Rodriguez, Marina Espinosa, Joshua Taylor, Dr. Timothy Hougren, Reginald Allen, Marlen Partida, Julie Hale, Rishi Parikh, Jennifer Alsina, Marina Espinosa, Louie Martinez, Vivian Bermudez, Cynthia Warren, Linda Hart, Joanne Genis, Miriam Clark, Sonia Navarro, Beth Fishell, Myra Owners, Melanie Porges, Alice Alvarez, Jennifer Weaver, Miriam Aldaz, Jeanine Wymer, Nicole Hamracy, Natalie Sanders, Derek Novida, Victoria Kirkpatrick, Dr. Maye, Imelda Saucedo, Jessica Montecinos, Alicia Harris, Alicia Trivison, Karen Urquia, Casey McPheron, Stephanie Hedrick-Harwell, Erica Banks, Allison Cunningham, Dr. Rebecca Scott Young, Maria Miranda Brito