



**San Bernardino County  
Behavioral Health Commission  
Executive Session Meeting Minutes**

**Date: Thursday, July 18, 2024  
Time: 10:00am – 11:30am**

**Minutes Recorded and Transcribed by:** *John Granado, Clerk of the Commission*

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
<p>A. Call to Order</p> <p>B. Roll Call – BH Commission</p>	<p>Acting Chair, Jennifer Oglesby Clerk of the Commission, John Granado</p>	<ul style="list-style-type: none"> <li>The meeting was called to order; attendees were welcomed.</li> <li>Commissioners and guests introduced themselves and positions. There is no quorum.</li> </ul>
<b>CONSENT ITEM(S)</b>		
<p>C. Review and approve minutes from 5/2/2024 &amp; 6/6/2024</p>		<ul style="list-style-type: none"> <li>A quorum was reached upon the arrival of Chair, Dr. Caffey, during the Commissioners Reports. Her time of arrival was not announced.</li> <li>Minutes were reviewed and voted on as follows: 5/2/2024, motion made to approve by Dr. Merino and second by Dr. Samuel. 6/6/24, motion made to approve by Dr. Merino and second by Dr. Samuel.</li> </ul>
<b>INFORMATION ITEMS</b>		
<p>D. Chair's Report</p>	<p>Chair, Dr. Monica Caffey</p>	<ul style="list-style-type: none"> <li>Attended the Southern Region Student Wellness Conference in Anaheim, CA and will discuss the information received and priorities for District Four.</li> <li>She will discuss the DAC meeting on working to engage the community, making them more familiar with the county services available.</li> <li>Participated in the California Behavioral Board and Commissions training.</li> <li>Will be presenting certificates to board members at the General Session meeting.</li> </ul>
<p>E. Commissioners Reports</p>	<p>Pastor Mark Graham</p> <p>Jennifer Oglesby</p> <p>Dr. Valerie Samuel</p> <p>Allie Mink</p>	<ul style="list-style-type: none"> <li>Informed the Commission of his resignation and attended minimal events in June.</li> <li>Dr. Merino thanked Pastor Mark for his service.</li> <li>Along with Dr. Samuel, toured the Ontario TAY center.</li> <li>Met with San Bernardino County Superintendent of Schools for the Student Services Division.</li> <li>Attended virtual version of the CALBHB/C meeting.</li> <li>Toured the Rancho Cucamonga library.</li> <li>Visited the Pathways clubhouse for a tour and spoke with individuals, holding the first in-person DAC meeting with 10 participants.</li> <li>Attended virtual version of the CALBHB/C meeting.</li> <li>Attended the Southern Region Student Wellness Conference in Anaheim, CA.</li> <li>Along with Jennifer Oglesby, toured the Ontario TAY center.</li> <li>June 22, 2024, attended the NAMI Southern Region Mental Health Symposium in Beaumont, CA discussing 988, CARE Court and changes to the OPS guidelines.</li> </ul>



	<p>Dr. Akin Merino</p> <p>Veatrice Jews</p> <p>Chair, Dr. Monica Caffey</p> <p>Dr. Akin Merino</p>	<ul style="list-style-type: none"> <li>• Attended the Southern Region Student Wellness Conference in Anaheim, CA.</li> <li>• July 13, 2024, attended the 2<sup>nd</sup> annual African American mental health conference at the diocese.</li> <li>• July 17, 2024, attended the NAMI virtual town hall on 988 insights and advocacy.</li> <li>• July 20, 2024, Attending the Community Wellness extravaganza taking place at CSUSB.</li> <li>• Attended the Southern Region Student Wellness Conference in Anaheim, CA.</li> <li>• July 13, 2024, Attended the 2<sup>nd</sup> annual African American mental health conference at the diocese.</li> <li>• Hosted a trauma training workshop.</li> <li>• Will be talking about the Behavioral Health ministerial prevention program.</li> <li>• Attended the 2<sup>nd</sup> Mental Health Expo and Fair partnered with COLA seminars hosting speakers on nutrition and mental health.</li> <li>• Worked with the San Bernardino County school district on the equity department and student wellness center. With Dr. Rodriguez, discussed content of the wellness center implementing pastors on the premises.</li> <li>• Attended the DAC meeting promoting June as Alzheimer's Awareness month with a speaker discussing symptoms and caregiving components.</li> <li>• Advised the Commission that Commissioner Michael Grabhorn had also submitted his resignation.</li> <li>• He received an opportunity with the Victorville Advocacy of Tobacco Retail enforcement.</li> <li>• Question on the Student Mental Wellness Conference: When did a request go out for presenters to submit their abstract and who sends this? Dr. Yoshioka advised this went out in January to prior attendees through e-mail from the Superintendent of the school district and she will reach out to Sonia for follow up.</li> </ul>
<p>F. Commissioners Discussion</p>	<p>Chair, Dr. Monica Caffey: 2024/2025 Subject Matter Presentations</p>	<ul style="list-style-type: none"> <li>• Commissioner Jews advised the San Bernardino County Superintendent of schools, student division would like to present to the Behavioral Health Commission what they do and services they offer from wellness centers to clinics.</li> <li>• Commissioner Mink suggested a presentation on crisis services, how they intersect and how community members can access the resources.</li> <li>• Commissioner Dr. Merino advised she would like a presentation on the wellness centers as the centers have reached out to host visits. She would like to know which are successful, that challenges there are and hoping to hear from various schools.</li> </ul>



	<p>Dr. Akin Merino: SRSWC and SMWC</p> <p>Dr. Akin Merino: DAC Ad Hoc Committee</p> <p>Chair, Dr. Monica Caffey: DAC Meetings</p>	<ul style="list-style-type: none"> <li>• Dr. Yoshioka advised this is something to be coordinated directly through the school district by the commissioners as we do not provide behavioral health services in this area.</li> <li>• Commissioner Dr. Samuel acknowledged the commissioners will have to reach out. Dr. Hougen confirmed this is the process.</li> <li>• Commissioner Jews advised Dr. Rodriguez is periodically setting up these types of meetings and this can be an option for the commission to visit the wellness centers and observe how they are being used.</li> <li>• Dr. Hougen explained that each school district sets up wellness centers using a broad construct. Some have minimal structure while others, such as San Bernardino County are extremely structured. However, DBH involvement with them is zero.</li> <li>• Commissioner Dr. Merino questioned the funding for the schools.</li> <li>• Dr. Yoshioka reminded that since DBH does not have a role in the funding, the commissioners will reach out directly to the Superintendent.</li> <li>• It was clarified that the Commission would like to discuss with San Bernardino County Schools and not San Bernardino City.</li> <li>• Dr. Yoshioka clarified that while we do not give any funding to the wellness center, students in the school are served through Behavioral Health services which can include being part of the wellness center.</li> <li>• A Proposition 1 update has been recommended for November.</li> <li>• Asked what the difference is with the Southern Region Student Wellness Conference and the Student Mental Wellness Conference.</li> <li>• Dr. Caffey advised SMWC is a state opportunity and not local to specific regions in California.</li> <li>• Advised that there is no update at this time. In addition to Commissioner Pastor Mark resigning, Committee Chair Tim Brown has been unavailable for personal reasons preventing the committee from meeting. The committee members have been updated as follows: Committee Chair Dr. Merino and commissioners Veatrice Jews, Allie Mink, Jennifer Oglesby and Lorrie Denson, one commissioner per district.</li> <li>• Discussed the development of marketing and outreach. Hoping to create continuity using market analysis for what is taking place in each district. Coordinating communication with providers, ensuring they are aware when meetings are being held and inviting them to present.</li> <li>• Currently the flyer does not give a clear reflection of what the DAC does. Inconsistencies are impacting participation.</li> <li>• Dr. Samuel asked what can be done while the commission is dark in August and December.</li> </ul>
--	---	--



	<p>Chair, Dr. Monica Caffey: Conference Process</p> <p>Chair, Dr. Monica Caffey: 2025 Community Engagement Event Planning</p>	<ul style="list-style-type: none"><li>• Dr. Caffey advised the Ad Hoc committee to meet when necessary.</li><li>• Commissioner Pastor Mark held his DAC out of St. Mary's hospital. Although the flyer was late, he sent a blast to his church which had 12 people participate. Proposed the commission reach out to all churches so they can send to the constituents.</li><li>• Commissioner Jennifer Oglesby held her first in-person DAC meeting at the Pathways clubhouse with 10 participants. Pizza was provided along with an opportunity to share experiences. They were invited back to hold the next meeting and were informed of their upcoming events. The clubhouse was noted by /dr. Samuel as a good location as many participants are homeless and use the clubhouses for various reasons and would find the meetings beneficial.</li><li>• Commissioner Dr. Merino asked who paid for the pizza with Jennifer noting she paid and did not have an issue.</li><li>• Commissioner Dr. Merino asked for assistance if these notifications can be sent through a blast to the churches. Commissioner Dr. Samuel is hoping the flyers can be more community friendly and more focused as they currently look institutionalized.</li><li>• Commissioner Mink recommended the flyer ask questions such as, "Are you a community member trying to find services?" "Do you want to learn more about Mental Health in your community?"</li><li>• Commissioner Jews advised her DAC was on Alzheimer's which was attended by a care givers group.</li><li>• Commissioner Dr. Merino attended a DAC lasting 20 minutes. They were let in late as the host was not present. Recommended there be more than one host to avoid situations like this.</li><li>• Dr. Yoshioka asked Dr. Taylor if there is a way a WebEx meeting can be set up that does not require a host. Dr. Taylor replied if they have a host account this can be done.</li><li>• Dr. Yoshioka asked Clerk of the Commission John Granado to set up a general Web/Ex account for the commissioners.</li><li>• Asked for the conference rooms to be paid for in full in advance. Advised this will be addressed and will try and include payment of the parking.</li><li>• Also thanked Sonia Navarro for setting up the table for commissioners.</li><li>• Went over the meal allotment Breakfast \$11.00, Lunch \$15.00 and Dinner \$24.00. We will research the need for receipts.</li><li>• The commissioners would like to go to each district and can engage community residents to attend events. They are hoping to develop these collaborations and partnerships through DAC meetings.</li></ul>
--	---	---



		<ul style="list-style-type: none"> <li>• Topics include the faith based initiative and Inland Empire churches asking about integration of priority.</li> <li>• Commissioner Dr. Merino advised they reach out to district supervisors for assistance with coordination various locations to hold these meetings.</li> <li>• Dr. Yoshioka added the commissioners should inquire about any costs that may need to be incurred such as food, IT and promotion.</li> </ul>
G. Events and Travel	Clerk of the Commission, John Granado	<ul style="list-style-type: none"> <li>• Went over the cover page under Tab 2 which includes (2a) Calendar of Events, (2b) DAC, (2c) NAMI and confirmed attendance of Lynn Summers, Tim Brown and Jennifer Oglesby, and (2d) SMWC and confirmed attendance of Veatrice Jews and Allie Mink. I reminded the commissioners that the conferences are pending BOA approval, and I will provide more information as it becomes available.</li> <li>• Commissioner Dr. Merino advised she will not be present in the month of October.</li> <li>• Dr. Caffey asked the commission to advise if any commissioners are interested in upcoming conferences to please let the commission know so preparations can be made.</li> </ul>
H. Memo of Findings	Dr. Valerie Samuel	<ul style="list-style-type: none"> <li>• Report on RBEST presentation was reviewed and there were no questions.</li> </ul>
I. Budget	Marlen Partida	<ul style="list-style-type: none"> <li>• Went over the budget summary and spreadsheets that were included in the binders.</li> <li>• The current budget is \$34,590.00, spent \$19,062.00, pending expenditures \$10,123.00, budget remaining \$5,405.00. Recent items \$536.60 for general office expenses. Pending items include CMHACY Conference.</li> <li>• NAMI and SMWC will come out of the 24/25 budget.</li> </ul>
J. New Business/Action Items	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> <li>• Dr. Samuel is asking for a presentation/showing of submissions from students within the district from Directing Change at the General session. She would like to make the public aware of the students' efforts on mental health awareness.</li> <li>• Chair, Dr. Caffey advised we will come back to this item.</li> <li>• Dr. Yoshioka advised the commissioners to work with Miranda Canseco and Sonia Navarro as they are the lead in this area, and they can aid in coordinating.</li> <li>• Planning has begun for the 2024 Awards Ceremony.</li> <li>• A planning committee has been established and consists of Commissioners Dr. Samuel, Allie Mink, Veatrice Jews and Dr. Caffey.</li> <li>• Miranda Canseco proposed the Redlands Fox Theatre as the location for the 2024 Awards Ceremony and advised with the fast-approaching date she would like to secure this location. Dr. Caffey asked if this was the only location available, Miranda advised the Double Tree in San Bernardino could be an option, however last year's event held at the Double Tree in San Bernardino was at capacity and the Redlands Fox theater will</li> </ul>



		<p>allow for a higher capacity. Dr. Caffey had no concerns with securing Redlands Fox Theater for the 2024 Awards Ceremony.</p> <ul style="list-style-type: none"> <li>• Dr. Caffey asked if in the future can we consider venues at other districts.</li> </ul>
K. Public Comment	<p>Unknown</p> <p>Leo, DOORS Program</p>	<ul style="list-style-type: none"> <li>• Wanted to mention she reached out to the school district and thanked the commission for their assistance. She stated there used to be a partnering in the school district and based on the numbers she has seen regarding at risk students, this starts in elementary school involving substance abuse, suicide and human trafficking. This data has been obtained through CASE. She reached out to the school district to see what's being done. She shared there has been positive impact throughout the state even though many in the community do not know the services DBH offers. She is hoping to get the message out to more people regarding these services.</li> <li>• He thanked the commission for the work they have been doing. He acknowledged issues going on in the country and our communities. The DOORS program has helped him move forward with his own issues through therapy. On June 26, 2024, at a Transitional clubhouse a fellow member named Tony, 26, passed away. Another group member, Eric, who was housed with Tony attempted to wake him up to get ready for the group, but he was unresponsive. As Eric was on the phone with 911 who was instructing Eric to perform CPR, the house manager would not allow anyone to touch Tony until the ambulance showed up. Eric stated the residents were afraid they would be kicked out if they tried to assist Tony, who left two children behind. Tony had been complaining about his sleep pattern and asked for a breathing device. He was also being scolded for falling asleep during meetings. This situation has caused Leo to lose trust in the system. He asked that those in charge are aware of these types of situations and hoped that we can talk more about Jesus Christ in the programs. He noted many complaints among the residents toward the staff and asked that the housing centers are held to a higher standard.</li> </ul>
L. Director's Report	<p>Dr. Georgina Yoshioka Miranda Canseco</p> <p>Dr. Georgina Yoshioka</p>	<ul style="list-style-type: none"> <li>• No update from the Office of Equity and Inclusion.</li> <li>• Summer Wellness Extravaganza, taking place Saturday July 20, 2024, at Cal State San Bernardino from 3:00pm-8:00pm, registration required.</li> <li>• Recovery Happens, taking place Saturday September 14, 2024, at San Manuel Stadium, registration required. Dr. Yoshioka added the registration is important as it is a grant that is funding the event.</li> <li>• Chair, Dr. Caffey asked if there will be an opportunity to apply for another grant to assist in the upcoming BHC events. Dr. Yoshioka replied we can reach out to the Department of Aging and Adult Services.</li> </ul>



<b>Adjournment</b>	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> <li>Being no further business to discuss, the meeting was adjourned.</li> </ul>
<b>Next Meeting</b>		<b>DATE/TIME:</b> Thursday, September 5, 2024   10:00am – 11:30am <b>LOCATION:</b> 850 East Foothill Boulevard F119 Rialto, CA 92376

**ATTENDANCE**

FIRST DISTRICT	SECOND DISTRICT	THIRD DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT
<b>Lorrie Denson</b> <i>Absent - Excused</i>	<b>Dr. Valerie Samuel</b> <i>Present</i>	<b>Troy Mondragon</b> <i>Absent - Excused</i>	<b>Dr. Monica Caffey</b> <i>Present</i>	<b>Veatrice Jews</b> <i>Present</i>
<b>Michael Grabhorn</b> <i>Absent - Excused</i>	<b>Jennifer Oglesby</b> <i>Present</i>	<b>Allie Mink</b> <i>Present</i>	<b>Jennifer Spence</b> <i>Absent - Excused</i>	<b>Lynn Summers</b> <i>Absent - Excused</i>
<b>Pastor Mark Graham</b> <i>Present</i>	<b>VACANT</b>	<b>Timothy A. Brown</b> <i>Absent - Excused</i>	<b>Dr. Akin Merino</b> <i>Present</i>	<b>VACANT</b>

**GUESTS**

Dr. Georgina Yoshioka, John Granado, Marybel Valadez, Jolena Grider, Cynthia Warren, Marlen Partida, Edith Lockerman, Maribel Gutierrez, Dr. Timothy Hougen, Dr. Joshua Taylor, Dr. Reginald Allen, Brittney Rodriguez, Julie Hale, Dr. Linda Ronquillo, Tan Suphavarodom, Jennifer Alsina, Marina Espinosa, Miranda Canseco, Louie Martinez, Vivian Bermudez