



San Bernardino County
Behavioral Health Commission
General Session Meeting Minutes

Date: Thursday, June 6, 2024
Time: 12:00pm – 2:00pm

Minutes Recorded and Transcribed by: *John Granado, Clerk of the Commission*

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
<p>A. Call to Order</p> <p>B. Pledge of Allegiance</p> <p>C. Roll Call – BH Commission/ Introductions</p> <p>D. Welcome and Introductions</p>	<p>Acting Chair, Jennifer Oglesby</p> <p>Acting Chair, Jennifer Oglesby</p> <p>Clerk, John Granado</p> <p>Acting Chair, Jennifer Oglesby</p>	<ul style="list-style-type: none"> Meeting called to order. Led group in Pledge of Allegiance. Conducted roll call. Welcomed attendees and led introductions.
INFORMATION ITEM(S)		
<p>E. Review / Approve Minutes from 05/02/2024</p> <p>F. Public Comment</p>	<p>Members of Commission</p> <p>Maria Aceves</p> <p>Stella M. Grosso</p> <p>Gary Grant</p>	<ul style="list-style-type: none"> Motion to approve was made by Dr. Akin Merino and seconded by Commissioner Brown; minutes were approved. Provided feedback from Evening with the Stars. The clubhouse thanked Dr. Yoshioka and the Behavioral Health Commission (BHC) and appreciated the opportunity to celebrate what they had done. Consumer comments included, “Who would have thought I would be in someplace like this on a regular old Tuesday night?” and one member shared that she felt like a queen. Members are planning on next year’s outfits and appreciated an amazing night. They thanked the BHC for an amazing night and ongoing efforts to improve and expand services. She has been in the mental health system since she was about 12 years old. In the past she has been mistreated by staff telling her she will never amount to anything in life and will be going in and out of hospitals for the rest of her life. She is proud to announce that she has just graduated with an AA from San Bernardino Valley College with Honors and 3.0 GPA. She was happy to prove everyone wrong. She thanked Andre, Dr. Marks, and Kristen for believing in her. Expressed concerns about the interference he is experiencing using county facilities. This instance occurred when trying to send his time-sensitive documents to the Department of Risk Management in Mariposa. After having sent two different faxes, one on 4/26/24 and another on 5/10/24, he received professional conduct, understanding, and assistance from Michelle (no last name provided). He then experienced what he described as ignorance by the actions of the supervisor Victor (no last name



<p>G. Chairman's Report</p> <p>H. Commissioners Report</p>	<p>Linda Hart</p> <p>Tess Bertan</p> <p>Maria Hernandez</p> <p>Lorraine Cortes</p> <p>Garth Pezant</p> <p>Pastor Mark Graham</p>	<p>provided). He will not discredit Victor on public record but would like a private conversation regarding his situation. He expressed concerns on how Victor got his position and recommended disciplinary action be taken for his malfeasance. He also recommended a raise and promotion for Michelle due to her professionalism. In short, it should be understood by all county offices that the Department of Risk Management finds it to be convenient for a homeless person, client or other to communicate via fax, e-mail, phone or other communication should be permitted without incident. He finds this malicious and intolerable. He would like a written apology from Victor and/or for him to be transferred so he would not have to deal with this again. Acting chair Jennifer Oglesby asks for DBH to follow up.</p> <ul style="list-style-type: none"> • Over 10 years of being an advocate, she will be going to Sacramento to speak with legislators regarding the new movement toward the Mental Health Act. She paid tribute to Commissioner Gil Navarro. She is reaching out to DBH to hold a series of community workshops. Maribel (no last name provided) has reached out to her, and she is looking forward to providing services the community deserves. She noted that there has not been much outreach in the community lately but will continue to do the work. • From the City of Redlands Homeless Solutions Department Outreach with her partner Darrell (no last name provided). They are thankful to DBH as they have allowed two members to join their team who are experts in their respective fields, and they can provide more complete services to the homeless community causing numbers to drop. She thanks Luis Rodriguez, Marcel West, and Dr. Belford for their help with coordination. • Provided an update on the Desert Star Clubhouse visit to the Fair. They had a good time with activities including a walk, seeing the animals, and various booths. • Representing Serenity Clubhouse. She has been a consumer for BHC for four years. After being told she would be institutionalized, she became a medical assistant as a phlebotomist and survived her trauma. • (Inaudible comment) DBH Clubhouses have a high turnover and do not have the opportunity to succeed. LGBTQ should have their own community. • Chair, Dr. Caffey is not present, and report was tabled. • Participated in advocacy work for the mental health diversion proves in the court system. On 5/6/24, worked with the Hesperia Police Department on homeless encampment where there a lot
--	--	--



	<p>Dr. Valerie Samuel</p>	<p>of individuals dealing with substance abuse, trying to get them treatment. On 5/13/24, attended mental health diversion court helping a client. On 5/16/24 helped another client being sentenced, working with the family and children who were suffering from severe anxiety. Also, on 5/16/24, worked with homeless support services assisting a 65-year-old client who was homeless and had mental health concerns after attempting to burn himself using a bonfire. He is now receiving services. On 5/18/24, worked with the Inroads Program on placement for this individual. On 5/21/24, chaired a meeting on DBH resources in the High Desert. On 5/22/24, taught a class at Victor Valley College on Court Advocacy and Mental Health Diversion. On 5/28/24, attended Evening with the Stars. On 5/29/24, worked with a client getting them enrolled in anger management through the court system. Also, on 5/29/24, there was a meeting to get mental health services at Victor Valley High School for students.</p> <ul style="list-style-type: none"> • Acknowledged Andre Bossieux for the TAY presentation at the Second District DAC meeting. His assistance helped make it the largest meeting ever addressing TAY and various community partnerships. Attended the Board of Supervisors meeting where she was able to go to the Supervisor Armendarez office and spend time discussing suicide intervention, substance use and mental health in general. He sponsors a lot of work educating the community going from city to city including Fontana, Rancho Cucamonga, Upland, and other municipalities to do presentations. Attended Directing Change awards ceremony. High schoolers made informercials about mental health issues and awareness. All communities were well represented and hope to have some of these short films shown for the commission in the future. Attended the CMHACY conference meeting a lot of advocates and learning about concerns and conditions in various conditions and what is being done. Attended the African American subcommittee presentation on the Black infant mental health project. Jasmin Bowers, from the public health department, did a fabulous presentation with experiences being shared on disparities on how they are treated differently while giving birth or post-partum. Most problems not being addressed are from professional Black woman as they are being mistreated more so than we would think. This population should not be overlooked and if you know someone experiencing this, have them be aware they are as high at risk. Attended Evening with the Stars and acknowledged how good clubhouse members looked. Attended the Rancho Cucamonga Youth Leadership Council whose topics are mental health
--	---------------------------	---



	<p>Tim Brown</p> <p>Dr. Akin Merino</p> <p>Lynn Summers</p>	<p>related, substance abuse, equity and this year 5th grader mentorship. Certificates were awarded for their hard work and encouraged to keep working in the community.</p> <ul style="list-style-type: none"> Invited attendees from Redlands to attend the DAC meeting on July 10, 2024. DAC Ad Hoc met in June and will provide recommendations to the BHC to hopefully get more attention and participation at the meetings. Attended Evening with the Stars. He pointed out the DJ, decorations, and attendees as positives. Thanked those during public comment for sharing their good news and stories with the BHC. She noted these stories are why the BHC does what it does. Did workshops and trainings including trauma induced parenting building resilience with a group of mothers. Participated in a forgiveness circle throughout May and she will provide flyers for the next one to distribute. Attended the Trauma Awareness Walk in Rancho Cucamonga. Participated in a workshop with various Black professional women. Was in a panel for the International Day of the Child where the topic for that was “Should you be your child’s friend?” conversation centered on if you should be friends with their children focusing on friendship parenting. Announced her last child graduated UCI. Attended the CMHACY conference with a theme of mental health is everyone’s business. She attended with a group of DBH staff in which she appreciated their professionalism and efforts. Her favorite part was the youth panels who are doing great work, should be celebrated and have a voice at the table. She asked if they are self-caring and that all stories need to be told. They also attended workshops featuring first level treatment models on safeguarding and therapeutic alliance. Attended the DAC Ad Hoc Committee and advised she will also report progress at the next meeting. Attended Evening with the Stars and noted how great everyone looked and the decorations. Attended Evening with the Stars. Noted the intergenerational attendance. She enjoyed seeing and participating in the TAY performance. She enjoyed seeing everyone genuinely enjoy themselves. Conducted IEP’s on figuring out what are the steps for children who will now be home for the summer and association to behavioral health. She was able to speak with Gil Navarro’s daughter who thanked everyone for their thoughts and prayers. Spoke with churches and their clergy on their behavioral health events. Attended the CMHACY conference and thanked BHC staff for accommodating them and being welcoming. Part of a drum circle with a gentleman from Africa which was nice with an explanation of the circle provided. The
--	---	---



		<p>out of which 284 were a client and/or family members and out of that 161 were successfully named to drug and treatment options including Crisis Residential Treatment facilities, Crisis Stabilization Units, and contracted shelters with CASE management and DBH services. The key to opting into Laura's Law in June of 2023 was taking RBEST and using that as our opt-in program. This has been done all along and now has been able to officially transition. When the team finds these individuals cannot accept treatment but continue to not being aware there is a mental health condition, the court will be petitioned to work with the individual. This is like Mental Health/Drug Court providing more of a one-on-one court interaction not to be seen as punitive but to be supportive of the individual and getting the help needed. The only extension to RBEST is the Assisted Outpatient Treatment. RBEST was doing more engagement services and now they will add the treatment aspect. The goal is to work simultaneously with the provider to get the individual back to that provider and treatment services. Unidentified female stated asked that when she petitioned for further assistance, it was denied, and she was not given a reason why. The individual was given back to her. She asked how family members are engaged in knowing what steps are to be taken to get a referral. Dr. Yoshioka replied that we are working with the courts in Fontana and Colton regarding which petitions should be managed. The next step is training county departments, including the police chief and sheriff, presenting this information then out to the police stations. This is a process, and we did not want to be out prematurely without all the needed information. Laura's Law requires the court to be the lead in identifying where the petitions should be filed. The goal is to engage individuals as much as we can. For conservatorship and when an individual is taken to the hospital, at that time under the care of that hospital, the treating doctor will make a conservatorship recommendation packet to be sent to DBH investigation unit and working with the public guardian office a determination will be made if the individual will go back to court and be put on a 30-day temporary conservatorship or a permanent one. A permanent conservatorship is one year with a re-evaluation every year. Dr. Belford added that even though the family member makes the referral, the individual is not under conservatorship and still has rights as an adult, and this is a challenge we have not yet been able to resolve. Unidentified male stated part of the concern is the police are not trained and will shoot the individual. A cover up is possible in this scenario. A second unidentified male asked if a person went through process of getting a trial, is that person willing to get their</p>
--	--	---



<p>J. Directors Report</p>	<p>Dr. Georgina Yoshioka Carol McDonald</p>	<p>freedom back. Tina stated this is not a criminal situation so once the individual is engaging and working with us, we can get that individual off this program as there is no hold. He then asked if this person currently in the system does not know what to do, can she still get Assisted Outpatient Treatment; Tina replied yes, and this is on the agenda to be worked out. The initial unidentified woman stated that if the community is not educated on this, there will be a lot of misinformation and asked what steps the county is going to take to make sure the outreach and engagement will be effective. Dr. Yoshioka advised this presentation along with DAC meetings, website, subcommittees, and CPAC are part of the process. We are also willing to assist with community events as communication and consistency are key. Dr. Belford added we have had requests from local churches to conduct Zoom meeting and are open to doing more. Some churches have mental health components in their churches. The second unidentified man said the court system has been successful in dealing with the mental health community under the leadership of a new sheriff. Commissioner Summers stated all hospitals should be a part of this conversation. Dr. Belford added that there are additional test teams at local departments, including fire, and are connected to the process. One of the biggest limitations is that of the family members realizing this is going to be the solution. All we can do is continue the engagement, make the referrals to the court. But even if the court mandates this, it is still voluntary. This process has been thoughtful to keep in mind the rights of the individuals and their concerned family members. Dr. Yoshioka shared that CIT is a partnership between DBH and the sheriff, in which this training will be shared with the department. It is important to note that Laura’s Law has criteria with a legal component and a treatment/clinical component. Dr. Merino stated we are at the beginning stages, but the community needs to know what DBH is doing. She recommended we articulate these programs more. Unidentified female asked what is being done for those under the age of 18. Dr. Yoshioka replied we have a solid children’s system of care under Dr. Hougen. Dr. Hougen advised there are many service options but the same frustration where a 16–17-year-old can say no but offered to meet with her to go over the options.</p> <ul style="list-style-type: none"> • Thanked everyone for attending. Noted Evening with the Stars and two Employee Wellness Retreats, highlighting self-care. • PRO thanked those helping with the May Mental Health activities. Upcoming events include Illumination Voices Poetry Night will be held June 20-30, 2024, from 5:00pm-7:00pm at the
----------------------------	---	---



K. Outside Agency and Reports	<p>Maribel Gutierrez</p> <p>Jubilee Vega</p>	<p>Victor Valley Museum, Summer Wellness Extravaganza being held Saturday June 20, 2024, from 3:00pm-8:00pm at Cal State University San Bernardino. Phase three of the Fentanyl Awareness campaign includes billboards, digital media, radio, and more.</p> <ul style="list-style-type: none"> • Trainings: Recovery, Resiliency and Wellness taking place Wednesday June 12, 2024 from 9:00am-12:00pm and Thursday June 13, 2024, from 1:00pm – 3:00pm. CPAC will have more meetings taking place in the upcoming year. • From Parks Department Behavioral Health, an outpatient facility new in Loma Linda. Wanted to introduce their presence and left brochures for viewing.
Adjournment	Acting Chair, Jennifer Oglesby	<ul style="list-style-type: none"> • With no further business or discussion meeting was adjourned.
Next Meeting		<p>DATE/TIME: Thursday, July 18, 2024 12:00pm to 2:00pm</p> <p>LOCATION: 850 E. Foothill Blvd, Rialto, CA 92376</p>

ATTENDANCE

FIRST DISTRICT	SECOND DISTRICT	THIRD DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT	Board Representative Col. Paul Cook
Lorrie Denson <i>Absent - Extended Leave</i>	Dr. Valerie Samuel <i>Present</i>	Troy Mondragon <i>Excused Absence</i>	Dr. Monica Caffey <i>Excused Absence</i>	Veatrice Jews <i>Present</i>	Samuel Shoup <i>Present</i>
Michael Grabhorn <i>Excused Absence</i>	Jennifer Oglesby <i>Present</i>	Allie Mink <i>Excused Absence</i>	Jennifer Spence <i>Excused Absence</i>	Lynn Summers <i>Present</i>	
Pastor Mark Graham <i>Present</i>	VACANT	Timothy Brown <i>Present</i>	Dr. Akin Merino <i>Present</i>	VACANT	

GUESTS

Marybel Valadez, Dr. Georgina Yoshioka, Jolena Grider, John Granado, Dr. Alyce Belford, Kristen Mungcal, Jubilee Vega, Giovanni Urena, Laura Martinez, Denise Palacios, Laurence Gonzalez, Christina Stone, Joette Orman, LeAnn Mast, Luisa Luna, Bethanne Fishell, Derrick Cannon, Robert Lee, Melanie Porges, Maria Aceves, Kellie Jovich, Erin Zamora, Sharon Navarro, Eloisa Contreras, Jennifer Pacheco, Samuel Rosales, Jennifer Young, Miriam Clark, Joshua Taylor, Dr. Timothy Hougen, Carol McDonald, Dr. Reginald Allen, Edith Lockerman, Vivian Bermudez, Maribel Gutierrez, Dr. Christopher Schreur, Cynthia Warren, Erica Ochoa, Marlen Partida, Andre Bossieux, Dr. Julie Myer, Teresa Bertani, Darrell V. Sampson, Mark Franks, Gloria R., Cathy Dye, Scott Higa, Liset Castaneda, Stella M. Grosso, Garth Pezant, Maria Hernandez, Connie Harrison, Bryan Clark, Joshua Clark, Patricia Parker, Bernadette Santini, Rey French, Sonia Navarro, Lizette Vazquez, Linda Hart, Nicole Hammary, Alice Alvarez, Lamita Lydie, Jennifer Arnold-Weaver, Stephanie Hendrick-Harwell, Gabriel Harm, Lorraine Cortes, Jessica Montecinos, Casey McPheron, Luz Limon, Alisha Hendry, Karen Urquia, Amber Castro, Claudia Haro, Susan Achuff