



# ASIST

Applied Suicide Intervention Skills Training



Applied Suicide Intervention Skills Training (ASIST) is a two-day workshop designed for all community members. This training will enhance a person’s ability to assist a person at risk of suicide.

**Over the course of the training, participants will learn to:**

- Identify people who have thoughts of suicide
- Understand how beliefs and attitudes can affect suicide interventions
- Reduce barriers which hinder the ability to be direct and comfortable with suicidal situations
- Conduct a safety assessment and develop a plan that will keep the person at risk safe-for-now
- Engage in building resource networks for individuals at risk of suicide

**Who should attend:**

Community/Public

County Staff

Community Organizations

Contract Providers

Faith-based Institutions

School Personnel

**Training is free, but pre-registration is required**

**Date:** September 26-27, 2024    **Time:** 8 a.m. - 5 p.m.

**Location:** One Stop TAY Center - 780 East Gilbert St., San Bernardino



**Please scan the QR code or [click this link](#) to register.**

For questions, please call the Community Education Program at (909) 386-8285 or e-mail [DBHCEPTraining@dbh.sbcounty.gov](mailto:DBHCEPTraining@dbh.sbcounty.gov). If you require translation and/or interpretation language services, please contact us a minimum of five business days before the date of the training.