San Bernardino County Behavioral Health Commission General Session Meeting Minutes

Date: Thursday, March 07, 2024 Time: 12:00pm – 2:00pm

	Minutes Recorded and Transcribed by: Brittny Rodriguez, Office Assistant III				
	ENING REMARKS	PRESENTER	ACTION/OUTCOME		
A.	Call to Order	Chair, Dr. Monica Caffey	Meeting called to order.		
В.	Pledge of Allegiance	Vice Chair, Gil Navarro	Led group in Pledge of Allegiance.		
	Allegiance	Navalio			
C.	Roll Call – BH Commission/	Chair, Dr. Monica Caffey	Conducted roll call.		
	Introductions	oundy			
D.	Welcome and Introductions	Chair, Dr. Monica Caffey	Welcomed attendees and led introductions.		
INF	ORMATION ITEM(S)				
	Review / Approve	Members of	 Motion was made by Dr. Akin Merino and seconded by Allie Mink 		
	Minutes from	Commission	and minutes were approved.		
	02/01/2024.				
F.	Public Comment	Sylvia Mendoza	• Stated she was there on behalf of her mentally ill 18-year-old granddaughter, who as a patient has had ten 5150's with long stays and that as of February 1st she has been at Arrowhead Regional under a 5260 hold but that as of Saturday it has expired, and that the hospital wants her to take her home, but she cannot. She stated the patient has had 26 code grays all while with a one-on-one sitter in the 36 days she been at Arrowhead and that because the hold has expired, they want her to pick her up but what will she do with her, stating she is over 200 pounds and that it takes 7 nurses to hold her down. Ms. Mendez continued stating IEHP may not cover it, but they need a letter of agreement that something needs to be done, that after 16 years in the medical field she has done her research and knows there is a letter of agreement that can be done, and that the hospital is trying to make her take the patient home and she can't. She stated she went to the hospital this morning and had a meeting with psychiatry and that they are going to reach out to Dr. Ross at Loma Linda to see what they could do, but she needs someone		



	to help her find a place that will take a minor who has self-harm, that it is unacceptable to call her at 9pm at night and say the 5260 hold has expired, what about a 5270? That they said oh you don't want her to go to conservatorship but that as long as she's alive she doesn't care where she is. She continued that the patient pushes sitter to the side, she's violent but only hits people when experiencing an episode, that she does not respond to commands and that she needs helps and direction that she has done her part, she has the 30-day approval from IEHP but no one will take her because she requires a sitter and that she is pleading for help and direction.
Garth Pezant Sr.	Stated regarding Proposition 1 are we to isolate the vulnerable in their instances, and volunteer commitment without their requiring consent. How is this supporting the beliefs of a free society? Since when has state of California been accountable, prime example the imprisoning of our natural citizens in our busy California institutions with record breaking slavery. The conversion of Mental Health Services is not Governor Newsom's idea, but the idea of pharmaceutical witch doctors, backed by psychologists and others who perforate the risk into investing for profit victimizing the victim humans whatever it takes, they are not kidding, do we really want our Medi Cal fund wasted on Frankenstein? Let Prop 1 give the LGBTQ their own region, the voters refuse to become isolated ted dogs, our only hope is a class action lawsuit pinpointing the expressed news of said vulnerable people stressing family involvement and independent living. The family assistance program is discriminatory towards the intellectually stimulated and child less, next step in power is the parolee and probationer, support services such as housing, case management and counseling making change plans for their release, personal development and reunification, the intellectually stimulated are summoned to stay in outpatient programs that psychologists whom are not educated in human behavior, are trained to use what you say against you in the court of law, psychologists support immorality, trial and error, evolution, and existence but challenging the destruction of the blood loop no wonder the genetically stimulated receive the short end of the stick.
Vice Chair, Gil Navarro	• Made a motion to move the 2024 Election of officer's nominations before the chairperson's report.
Chair, Dr. Monica Caffey	• Asked for a second, received a second and motion was moved.



G. 2024 Election of Officer nominations	Dr. Akin Merino	• Stated that they had the slate of officers available and that the vote needed to be public and asked for commissioners to please respond with a yay or nay, she asked for the clerk of the commission's assistance in keeping track of the votes and began the voting with the chair position stating the nominees were Dr. Monica Caffey and Michael Grabhorn.
	Chair, Dr. Monica Caffey	 Stated point of order, that they had to open the floor for nominations.
	Dr. Akin Merino	• Stated the floor was open for anyone to add nominations.
	Dr. Akin Merino	 With no additional nominations, began calling for votes for the office of Chair, beginning with Dr. Monica Caffey.
	Michael Grabhorn	Asked if he had to say nay.
	Dr. Akin Merino	Stated no he did not.
	Michael Grabhorn	 Stated he wished to vote for himself, proceeded to vote nay.
	Pastor Mark Graham	Voted yes.
	Jennifer Oglesby	Voted yes.
	Dr. Valerie Samuel	Abstained.
	Troy Mondragon	Voted yes.
	Tim Brown	Voted yes.
	Dr. Monica Caffey	Voted yes.
	Vice Chair, Gil Navarro	 Voted yes.
	Allie Mink	Abstained.
	Dr. Akin Merino	Voted yes.
	Jennifer Spence	Abstained.
	Veatrice Jews	 Voted yes.



Lynn Summers	Voted yes.
Samuel Shoup	Voted for Michael Grabhorn.
Dr. Akin Merino	• Stated with majority votes, Dr. Monica Caffey is elected as the Chair.
Dr. Akin Merino	• Stated the second category is Vice Chair, and the three nominees are Gil Navarro, Troy Mondragon, and Michael Grabhorn. Dr. Merino asked that everyone just state the name they wanted to vote for.
Micheal Grabhorn	Voted Michael Grabhorn.
Pastor Mark Graham	Voted Michael Grabhorn
Jennifer Oglesby	Voted Michael Grabhorn.
Dr. Valerie Samuel	Voted Michael Grabhorn.
Allie Mink	Voted Michael Grabhorn.
Troy Mondragon	Voted Troy Mondragon
Timothy Brown	Voted Troy Mondragon
Chair, Dr. Monica Caffey	Voted Gil Navarro
Vice Chair, Gil Navarro	Voted Gil Navarro.
Dr. Akin Merino	Voted Gil Navarro
Jennifer Spence	Abstained.
Veatrice Jews	Voted Gil Navarro.
Lynn Summers	Voted Gil Navarro.
Samuel Shoup	Voted Michael Grabhorn.
Dr. Akin Merino	 Stated with six votes Michael Grabhorn was elected the Vice Chair.



	 Stated for the Secretary position they had the Jennifers, Jennifer Spence and Jennifer Oglesby, and asked for commissioners to state who they were voting for.
Michael Grabhorn	Voted Jennifer Oglesby.
Pastor Mark Graham	Voted Jennifer Oglesby.
Jennifer Oglesby	Voted Jennifer Oglesby.
Dr. Valerie Samuel	Voted Jennifer Oglesby.
Troy Mondragon	Voted Jennifer Oglesby.
Allie Mink	Voted Commissioner Oglesby.
Timothy Brown	Voted Commissioner Oglesby.
Chair, Dr. Monica Caffey	Voted Commissioner Spence.
Vice Chair, Gil Navarro	Voted Commissioner Spence.
Dr. Akin Merino	Voted Jennifer Spence.
Jennifer Spence	• Abstained.
Veatrice Jews	Voted Jennifer Spence.
Lynn Summers	Voted Jennifer Spence.
Samuel Shoup	Voted Jennifer Oglesby.
Dr. Akin Merino	• Stated with majority vote Jennifer Oglesby was elected Secretary.
Chair, Dr. Monica Caffey	 Stated for point of order, per Roberts Rules we do not clap until after all the nominations have been done and we are at the end.
Dr. Akin Merino	 Stated for treasurer they were two nominees Commissioner Lynn Summers and Commissioner Allie Mink.
Michael Grabhorn	Voted Allie Mink.
Pastor Mark Graham	Voted Allie Mink.

Behavioral Health



	Jennifer Oglesby	Voted Allie Mink.
	Dr. Valerie Samuel	Voted Allie Mink.
	Troy Mondragon	Voted Allie Mink.
	Allie Mink	Voted Allie Mink.
	Timothy Brown	Voted Allie Mink.
	Chair, Dr. Monica Caffey	Voted Lynn Summers.
	Vice Chair, Gil Navarro	Voted Lynn Summers.
	Dr. Akin Merino	Voted Allie Mink.
	Jennifer Spence	Abstained.
	Veatrice Jews	Voted Lynn Summers
	Lynn Summers	Voted Lynn Summers.
	Samuel Shoup	Voted Allie Mink.
	Dr. Akin Merino	 Stated with majority vote Allie Mink was the new treasurer. Stated new slate of officers for 2024/2025 are Chair Dr. Monica Caffey, Vice Chair Michael Grabhorn, Secretary Jennifer Oglesby, and treasurer Allie Mink.
	Chair, Dr. Monica Caffey	• Thanked everyone for their volunteer service, and for those who had served in these roles for a long time thank you for your service and everything they had done for the commission, and that they would be acknowledging them officially with a certificate of service.
H. Chairperson's Report	Dr. Monica Caffey	 Stated that Pastor Graham provided an opportunity for a Prop 1 listening session and that they were able to put that together with the support of the department and the community. That they had a wonderful presentation given by Maribel Guiterrez



		 who also gave the presentation at the Commission's February General session. She went on to state they had an opportunity to not only have feedback from the members of the church, but they were also able to provide cards for priority areas in district one asking what the residents wanted to see around behavioral health services. They received 193 responses. They also had a community panel featuring both herself, a NAMI representative, and Pastor Graham. The feedback they received was tremendous and so much so that Pastor Graham has offered to have his church be a base for community engagement and ongoing participation, stating she is truly grateful for the opportunity as she believes having the community hear what Prop 1 is and having the department give an overview of what that means for our county was invaluable. Stated she had the opportunity to provide Parent Wellness education to Montclair and Rancho Cucamonga high school parents on signs and symptoms of mental illness for their children. Stated it has provided wonderful feedback which is allowing the presentations to really speak to the needs of the teenagers and what their looking forward to regarding services at their school sites and in their community. Stated she is also presenting at the Black Women's health summit this Saturday at the Marriot at 10am discussing priorities around tobacco prevention and its impact on black women, their health, and mental health and that it will be live so you can log on to view it. Stated for District 4 DAC meeting Karen Cervantes provided a MHSA update. Encouraged everyone to attend the districts DAC meetings.
I. Commissioner Reports	Michael Grabhorn	 Stated he spoke to Victorville City Council, as he is working with an organization to put tiny homes in Victorville but that they needed a letter of support from city council, and it proved challenging to obtain stating that the county has since changed regulations. Attended Tobacco Coalition, trying to make sure that underage children cannot buy tobacco products as well as regulate supposed tobacco pipes and such that are not actually used for tobacco.



	 Attended Homeless partnership desert regional steering committee, and although the committee is getting smaller, they are trying to revamp and get more people interested. Stated he is also a member of the High Desert Community Coalition, which is funded by DBH, and that they had a black balloon presentation which was very informative and went over facts about overdose and fentanyl and stated that the 6th has been designated as a day of remembrance for those who have passed from opiate overdose. The Coalition has been contracted by the city of Victorville to be the spokesperson on getting information out on fentanyl and distribution of Narcan. Stated it was their first meeting and they had 29 attendees and will be meeting bimonthly, went on to state that so far, the HDCC has handed out 1,216 doses of Narcan to the people of Victorville.
Pastor Mark Graham	• Stated he did court advocacy for three different clients dealing with mental health diversion.
	Attended First District February DAC meeting.
	 Had First District DAC strategy session on how to improve DAC meeting.
	• Worked on nominating committee with Dr. Merino.
	 Hosted a DBH community engagement listening session at his church regarding Prop 1, was successful with over 150 attendees.
	 Received an award from Senator Wilke for community engagement.
	Attended District Attorney Community Commission meeting.
	• Participated in witness empowerment event.
	 Distributed 48 does of Narcan to various homeless encampments.
Jennifer Oglesby	 Attended DBH meeting. Attended Second District DAC meeting. Attended State of the City for City of Fontana



	 Reminded everyone to check out the flyer for the upcoming March 12th event from the Office of Suicide Prevention featuring Supervisor Jesse Armendarez and Dr. Yoshioka Presented a training for HCBS rule for adult residential facilities. Met with group of moms for mental health in the City of Rancho Cucamonga.
Dr. Valerie Samuel	• Attended Narcan training with Commissioner Oglesby.
	 Attended the Rancho Cucamonga Mental Health subcommittee meeting.
	Attended State of the City Fontana.
	 Participated on an interview panel for DBH which was fun and interesting.
	• Wanted to highlight two events the first was a presentation that Supervisor Armendarez hosted at the historical Fontana firehouse where he spoke about items, he is passionate about including mental health and homelessness. The second was getting to meet with Bishop Elvin James, the senior pastor of Ephesians New Testament Church of Fontana, she stated he was very welcoming and wants to collaborate with Second District Commissioners to make his church somewhere they can hold community meetings and interact.
	 Encouraged everyone to attend Second District DAC meeting on March 14th as they will have Kyomi Cummings a NAMI representative for the City of Pomona, as well as Manuela Amanda a community member who will discuss how she has made use of mental health services from DBH from the perspective of a Latina.
Chair, Dr. Monica Caffey	 Asked since two commissioners needed to leave would it be ok for them to give their report next, commission agreed.
Gil Navarro	 Stated he enjoyed his ten years as Vice Chair and that he looks forward to supporting Commissioner Grabhorn in his new role. Stated he was working with Veatrice Jews, Dr. Merino, and the Superintendent of San Bernardino City Unified School District to support African American students and rule out if there's mental



	 health concerns since they have the lowest academic scores in the school district and county. Stated he will be working to get a solution and have an effective intervention plan. Stated he had a doctor's appointment he needed to leave for.
Troy Mondragon	 Thanked the committee for the nomination and stated it was an honor to be on the same slate as Gil Navarro and Michael Grabhorn. He stated he had a lot of respect for Gil and appreciated his mentorship and went on to state that he had a great deal of respect for Michael. Thanked DBH for taking care of the concerns that were brought up last meeting regarding the clubhouse and thanked the clubhouse advocates for their advocacy. Stated he would be attending the March 12th Board of Supervisors meeting and is hoping to meet with Supervisor Rowe. Stated that third district is really working hard to make the DAC meetings happen and have more presenters, and in doing so he will be reaching out to Loma Linda and Catholic Charities to see if they could come and present. Congratulated new slate of officers. Thanked Pastor Graham for opening his church to them.
Allie Mink	 Stated she was involved in the nominating committee meetings. Stated she was very proud to say she was about to graduate from her 15th cohort for Medi Cal peer support specialist. Stated she is involved in Directing Change Program and is a judge in the health justice category for the middle school, high school level. Stated she answered phone calls for NAMI all month. Attended DBH training, Introduction to Racial Training part 2. Stated it was a wonderful training and that she learned a lot. Stated she attended two NAMI Ask the Expert webinars. Stated they are working on bringing meaningful and relevant information to the third district DAC meetings. Stated she has been working on bringing various mental health presentations to schools. Stated she is working on a regional mental health event for NAMI, that will be open to the public. Stated it's a great breakfast luncheon with wonderful information and to look out for more information regarding that.



Timothy Brown	 Stated it was his first month, so he didn't get a lot done, but that he did develop emails between Troy, and Allie about third district DAC meetings, ideas on promoting DACs etc. A feature idea he has is Ask a Therapist, a therapist will answer questions from community members quarterly. Signed up for ethics training. Stated he is looking forward to attending the suicide prevention event on Tuesday March 12th.
Dr. Akin Merino	 Stated she chaired the Nominating Committee and congratulated everyone and stated that with this change she hoped there would be a fostering of understanding and breaking of barriers so that the Commission could move forward in a better way. Thanked all members of the Nominating Committee for their work. Stated she participated in a meeting put together by Gil Navarro with San Bernardino City Unified School District regarding African American academic scores. Stated that they gave suggestions and that she received a call back regarding the suggestions so that they are listening and hopefully they can keep that up. Stated she was apart of a panel for the Cultural Competency Committee. Stated she did a roundtable with African American women who have experienced intergenerational trauma. Spoke at an International Woman's Day meeting.
Jennifer Spence	 Thanked everyone on the commission stating it was a pleasure to serve them and that she learned a lot from Dr, Caffey. Stated she attended the NAMI board meeting, and that there was a presentation on NAMI services. Attended prop 1 discussion. Attended some webinars with Hazelton Betty Ford.
Veatrice Jews	 Stated she was not able to do much at beginning of the month due to health reasons.



	 Stated she attended the meeting with Commissioner Merino and Commissioner Navarro with San Bernardino City Unified School District. Stated she attended a separate meeting with local school Superintendent which had a great turn out as many are concerned about what is being done to help the African American students and these test scores. They asked at this meeting for accountability and for what they plan to do so that this does not continue to go on. Stated they challenged the School District to work with faith-based organizations. Attended Cultural Advisory Committee meeting Dr. Merino was on. Stated she attended Prop 1 discussion meeting. Stated that she was providing education to community regarding Prop 1. Congratulated new slate of officers and gave thanks to those who served previously.
Lynn Summers	 Stated she was busy with a lot of election items but was able to do some things. Stated she reached out to some political people she knew to see how they could get someone to explain more about Proposition 1, and that the San Bernardino chapter of the NAACP was able to get Darryl Steinberg to come on and discuss Proposition 1. Stated she worked with Aging and Adult Services kickoff, and that they offer iPads, google home speakers, and tech trainings for seniors 60 and older. Stated she did three advocacies in the San Bernardino School District and has seen that there is an issue with bullying and fighting between young girls and that she had reached out to the school stating it was something that needed to be addressed. Stated she works in the community garden and that there is going to be an impact in the gardens due to the fruit fly infestation and because of this certain items will not be able to leave the site which will result in a lot of waste so they are encouraging people to grow at home and are working on ideas because they don't want people to be deterred from coming and working in the garden which is a form of therapy for a lot.
Dr. Monica Caffey	 Asked Commissioner Shoup if he had any updates.



	Samuel Shoup	Stated he had no updates at this time.
J. Subject Matter Presentation Follow Up Prop. 1	Dr. Monica Caffey	 Stated a letter was sent to the Board asking about their position regarding Proposition 1 and if there were any updates or reports regarding Behavioral Health that they wished to share with them. Stated in follow up to the previous presentation the election was March 5^{th,} but we will know official results on April 12th. Asked Maribel Guiterrez if there was any follow up on the presentation that she wanted to share in response to Prop 1.
	Maribel Guiterrez	 Stated she gave more presentations, and thanked Pastor Graham for the opportunity to present to his congregation. Stated she also gave presentations to clubhouses and clubhouse boards, zoom staff meetings, as well as some church's that had requested information, stating that they did as much as they could and sent out information to all that requested it.
K. Subject Matter Presentations	Chair, Dr. Monica Caffey Chair, Dr. Monica Caffey	 Stated that this was addressed during Executive Session, and it was decided that next month they will have an idea of what the topics will be for the 2024 /2025 subject matter presentations. Asked Commission if there was anything else they wanted to discuss regarding this since it was on the agenda. With no further discussion, Chair moved onto directors' report.
L. Directors Report	Marina Espinosa	 Stated there was no current update as they are awaiting results
	Kristen Mungcal	 of election regarding Proposition 1. Stated that regarding the clubhouse concerns that were brought up at last meeting, clubhouse members have been working hard with the facilities team to swap out furniture and use the space they have as best as they can to hold on until project management can get things moving.
	Lydia Bell	• Stated in working with real estate services closely they are talking with the landlord they are working to finalize lease



		negotiations and once that is approved by the Board they can move forward with the project, and with that there is an architect who is working on drawings and plans for a patio structure and once this is complete it will go to two contractors that have been identified to be able to complete this project , they will update their proposals and then it will go to Real Estate Services who will confirm with DBH. Once confirmed it will go to the Board, once approved by the board the project can begin. A tentative Board date has been set for May 7 th , and once approved it is expected to take nine months to complete so they are looking at completion in September of 2025.
	Miranda Canseco	 Gave reminder for Office of Suicide Prevention Telephone Townhall event Tuesday March 12th event with Supervisor Armendarez and Dr. Yoshioka. Stated Tuesday March 19th, they will be having the opening reception for the Into the Light exhibition at the Victor Valley Museum, it will be on display from March until June 30th. Please save the date of May 28th for the Evening with the Stars event.
	Maribel Guiterrez	• Stated that the Cultural Competency Advisory Committee are looking for organizations or faith-based organizations that serve the Asian or Pacific Islander community to discuss procurement process and funding sources. It is a ten-month project, and they are specifically looking for organizations that have never contracted with the County before, if you know of any please share that information with her.
		 Stated the MHSA plan is posted for public comment and until the results for Proposition 1 are available they will continue business as usual and that they do appreciate everyone's comments and feedback.
M. Outside Agency and Reports	Patricia Parker	• Gave thanks to the Commission for their work in addressing the Clubhouse concerns, stated they were very grateful and excited to hear of the plan and potential start date.



Walton.

Adjournment Chair, Dr. Monica Caffey		са	• With no further business or discussion meeting was adjourned.						
Next Meeting			12:00pm to 2 Ito, CA 92376						
		ATT	ENDANCE						
FIRST DISTRICT	SECOND DISTRICT	THIR	D DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT	Board Representative Col. Paul Cook			
Lorrie Denson Absent - Extended Leave	Dr. Valerie Samuel Present	Troy Mondragon Present		Dr. Monica Caffey Present	Gil Navarro <i>Present</i>	Samuel Shoup Present			
Michael Grabhorn <i>Present</i>	Jennifer Oglesby Present		llie Mink Present	Jennifer Spence Present	Veatrice Jews Present				
Pastor Mark Graham <i>Pr</i> esent	VACANT		othy Brown Present	Dr. Akin Merino Present	Lynn Summers <i>Present</i>				
GUESTS									
Marybel Valadez, Dr. Georgina Yoshioka, Jolena Grider, John Granado, Joshua Taylor, Dr. Alyce Belford, Kristen Mungcal, Jennifer Alsina, Garth Pezant Sr., Sylvia Mendoza, Lydia Bell, Maribel Guiterrez, Cynthia Warren, Patricia Parker, Marina Espinosa, Allison Cunningham, Rene Keres, Connie Harrison, Justin Loges, R. Parikh, Jordi Marquez, Derrick Cannon, Jennifer Pacheco, Natalie Fagan, Stephanie Jones, Christopher Schreur, Kellie Boyd Jorden, Maria Azeves, Melanie Porges, Vivian Bermudez, Alice Alvarez, Nicole Hamrang, Alisha Hendy, Alicia Trivison, Julie Hale, Amber Carpenter, Martha Barra, Joette Orman, Erica Banks, Rey French, Maria Hengundez, Bryan Clark, Jennifer Espara, Sean Kruckenberg, Jeanie Wyner, Natalie Sanders, Jessica Montecinos, Bryshon Morrow, Cynthia Entz, Edith Lockerman, Spencer Fernandez, Mark Franks, Liset Castaneda, Gilberta Ramirez, Cathy Dye, Sonia Navarro, Casey McPheron, Miriam Clark, Emily Petrus, Noglaa Shokar, Debbie Cuellar, Hope Holt, Erin Zamora, Mario Aldaz, Hudia Hashemeyan, Ryan									