



San Bernardino County
Behavioral Health Commission
General Session Meeting Minutes

Date: Thursday, March 07, 2024
Time: 12:00pm – 2:00pm

Minutes Recorded and Transcribed by: Brittany Rodriguez, Office Assistant III

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
A. Call to Order	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> Meeting called to order.
B. Pledge of Allegiance	Vice Chair, Gil Navarro	<ul style="list-style-type: none"> Led group in Pledge of Allegiance.
C. Roll Call – BH Commission/ Introductions	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> Conducted roll call.
D. Welcome and Introductions	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> Welcomed attendees and led introductions.

INFORMATION ITEM(S)

E. Review / Approve Minutes from 02/01/2024.	Members of Commission	<ul style="list-style-type: none"> Motion was made by Dr. Akin Merino and seconded by Allie Mink and minutes were approved.
F. Public Comment	Sylvia Mendoza	<ul style="list-style-type: none"> Stated she was there on behalf of her mentally ill 18-year-old granddaughter, who as a patient has had ten 5150's with long stays and that as of February 1st she has been at Arrowhead Regional under a 5260 hold but that as of Saturday it has expired, and that the hospital wants her to take her home, but she cannot. She stated the patient has had 26 code grays all while with a one-on-one sitter in the 36 days she been at Arrowhead and that because the hold has expired, they want her to pick her up but what will she do with her, stating she is over 200 pounds and that it takes 7 nurses to hold her down. Ms. Mendez continued stating IEHP may not cover it, but they need a letter of agreement that something needs to be done, that after 16 years in the medical field she has done her research and knows there is a letter of agreement that can be done, and that the hospital is trying to make her take the patient home and she can't. She stated she went to the hospital this morning and had a meeting with psychiatry and that they are going to reach out to Dr. Ross at Loma Linda to see what they could do, but she needs someone



<p>G. 2024 Election of Officer nominations</p>	<p>Dr. Akin Merino</p> <p>Chair, Dr. Monica Caffey</p> <p>Dr. Akin Merino</p> <p>Dr. Akin Merino</p> <p>Michael Grabhorn</p> <p>Dr. Akin Merino</p> <p>Michael Grabhorn</p> <p>Pastor Mark Graham</p> <p>Jennifer Oglesby</p> <p>Dr. Valerie Samuel</p> <p>Troy Mondragon</p> <p>Tim Brown</p> <p>Dr. Monica Caffey</p> <p>Vice Chair, Gil Navarro</p> <p>Allie Mink</p> <p>Dr. Akin Merino</p> <p>Jennifer Spence</p> <p>Veatrice Jews</p>	<ul style="list-style-type: none"> • Stated that they had the slate of officers available and that the vote needed to be public and asked for commissioners to please respond with a yay or nay, she asked for the clerk of the commission’s assistance in keeping track of the votes and began the voting with the chair position stating the nominees were Dr. Monica Caffey and Michael Grabhorn. • Stated point of order, that they had to open the floor for nominations. • Stated the floor was open for anyone to add nominations. • With no additional nominations, began calling for votes for the office of Chair, beginning with Dr. Monica Caffey. • Asked if he had to say nay. • Stated no he did not. • Stated he wished to vote for himself, proceeded to vote nay. • Voted yes. • Voted yes. • Abstained. • Voted yes. • Voted yes. • Voted yes. • Abstained. • Voted yes. • Abstained. • Voted yes.
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Lynn Summers	<ul style="list-style-type: none"> • Voted yes.
Samuel Shoup	<ul style="list-style-type: none"> • Voted for Michael Grabhorn.
Dr. Akin Merino	<ul style="list-style-type: none"> • Stated with majority votes, Dr. Monica Caffey is elected as the Chair.
Dr. Akin Merino	<ul style="list-style-type: none"> • Stated the second category is Vice Chair, and the three nominees are Gil Navarro, Troy Mondragon, and Michael Grabhorn. Dr. Merino asked that everyone just state the name they wanted to vote for.
Micheal Grabhorn	<ul style="list-style-type: none"> • Voted Michael Grabhorn.
Pastor Mark Graham	<ul style="list-style-type: none"> • Voted Michael Grabhorn
Jennifer Oglesby	<ul style="list-style-type: none"> • Voted Michael Grabhorn.
Dr. Valerie Samuel	<ul style="list-style-type: none"> • Voted Michael Grabhorn.
Allie Mink	<ul style="list-style-type: none"> • Voted Michael Grabhorn.
Troy Mondragon	<ul style="list-style-type: none"> • Voted Troy Mondragon
Timothy Brown	<ul style="list-style-type: none"> • Voted Troy Mondragon
Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> • Voted Gil Navarro
Vice Chair, Gil Navarro	<ul style="list-style-type: none"> • Voted Gil Navarro.
Dr. Akin Merino	<ul style="list-style-type: none"> • Voted Gil Navarro
Jennifer Spence	<ul style="list-style-type: none"> • Abstained.
Veatrice Jews	<ul style="list-style-type: none"> • Voted Gil Navarro.
Lynn Summers	<ul style="list-style-type: none"> • Voted Gil Navarro.
Samuel Shoup	<ul style="list-style-type: none"> • Voted Michael Grabhorn.
Dr. Akin Merino	<ul style="list-style-type: none"> • Stated with six votes Michael Grabhorn was elected the Vice Chair.



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		<ul style="list-style-type: none"> • Stated for the Secretary position they had the Jennifers, Jennifer Spence and Jennifer Oglesby, and asked for commissioners to state who they were voting for.
	Michael Grabhorn	<ul style="list-style-type: none"> • Voted Jennifer Oglesby.
	Pastor Mark Graham	<ul style="list-style-type: none"> • Voted Jennifer Oglesby.
	Jennifer Oglesby	<ul style="list-style-type: none"> • Voted Jennifer Oglesby.
	Dr. Valerie Samuel	<ul style="list-style-type: none"> • Voted Jennifer Oglesby.
	Troy Mondragon	<ul style="list-style-type: none"> • Voted Jennifer Oglesby.
	Allie Mink	<ul style="list-style-type: none"> • Voted Commissioner Oglesby.
	Timothy Brown	<ul style="list-style-type: none"> • Voted Commissioner Oglesby.
	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> • Voted Commissioner Spence.
	Vice Chair, Gil Navarro	<ul style="list-style-type: none"> • Voted Commissioner Spence.
	Dr. Akin Merino	<ul style="list-style-type: none"> • Voted Jennifer Spence.
	Jennifer Spence	<ul style="list-style-type: none"> • Abstained.
	Veatrice Jews	<ul style="list-style-type: none"> • Voted Jennifer Spence.
	Lynn Summers	<ul style="list-style-type: none"> • Voted Jennifer Spence.
	Samuel Shoup	<ul style="list-style-type: none"> • Voted Jennifer Oglesby.
	Dr. Akin Merino	<ul style="list-style-type: none"> • Stated with majority vote Jennifer Oglesby was elected Secretary.
	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> • Stated for point of order, per Roberts Rules we do not clap until after all the nominations have been done and we are at the end.
	Dr. Akin Merino	<ul style="list-style-type: none"> • Stated for treasurer they were two nominees Commissioner Lynn Summers and Commissioner Allie Mink.
	Michael Grabhorn	<ul style="list-style-type: none"> • Voted Allie Mink.
	Pastor Mark Graham	<ul style="list-style-type: none"> • Voted Allie Mink.



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<p>H. Chairperson's Report</p>	<p>Jennifer Oglesby</p>	<ul style="list-style-type: none"> • Voted Allie Mink.
	<p>Dr. Valerie Samuel</p>	<ul style="list-style-type: none"> • Voted Allie Mink.
	<p>Troy Mondragon</p>	<ul style="list-style-type: none"> • Voted Allie Mink.
	<p>Allie Mink</p>	<ul style="list-style-type: none"> • Voted Allie Mink.
	<p>Timothy Brown</p>	<ul style="list-style-type: none"> • Voted Allie Mink.
	<p>Chair, Dr. Monica Caffey</p>	<ul style="list-style-type: none"> • Voted Lynn Summers.
	<p>Vice Chair, Gil Navarro</p>	<ul style="list-style-type: none"> • Voted Lynn Summers.
	<p>Dr. Akin Merino</p>	<ul style="list-style-type: none"> • Voted Allie Mink.
	<p>Jennifer Spence</p>	<ul style="list-style-type: none"> • Abstained.
	<p>Veatrice Jews</p>	<ul style="list-style-type: none"> • Voted Lynn Summers
	<p>Lynn Summers</p>	<ul style="list-style-type: none"> • Voted Lynn Summers.
	<p>Samuel Shoup</p>	<ul style="list-style-type: none"> • Voted Allie Mink.
	<p>Dr. Akin Merino</p>	<ul style="list-style-type: none"> • Stated with majority vote Allie Mink was the new treasurer. • Stated new slate of officers for 2024/2025 are Chair Dr. Monica Caffey, Vice Chair Michael Grabhorn, Secretary Jennifer Oglesby, and treasurer Allie Mink.
<p>Chair, Dr. Monica Caffey</p>	<ul style="list-style-type: none"> • Thanked everyone for their volunteer service, and for those who had served in these roles for a long time thank you for your service and everything they had done for the commission, and that they would be acknowledging them officially with a certificate of service. 	
<p>Dr. Monica Caffey</p>	<ul style="list-style-type: none"> • Stated that Pastor Graham provided an opportunity for a Prop 1 listening session and that they were able to put that together with the support of the department and the community. That they had a wonderful presentation given by Maribel Guterrez 	



<p>I. Commissioner Reports</p>	<p>Michael Grabhorn</p>	<p>who also gave the presentation at the Commission’s February General session. She went on to state they had an opportunity to not only have feedback from the members of the church, but they were also able to provide cards for priority areas in district one asking what the residents wanted to see around behavioral health services. They received 193 responses. They also had a community panel featuring both herself, a NAMI representative, and Pastor Graham. The feedback they received was tremendous and so much so that Pastor Graham has offered to have his church be a base for community engagement and ongoing participation, stating she is truly grateful for the opportunity as she believes having the community hear what Prop 1 is and having the department give an overview of what that means for our county was invaluable.</p> <ul style="list-style-type: none"> • Stated she had the opportunity to provide Parent Wellness education to Montclair and Rancho Cucamonga high school parents on signs and symptoms of mental illness for their children. Stated it has provided wonderful feedback which is allowing the presentations to really speak to the needs of the teenagers and what their looking forward to regarding services at their school sites and in their community. • Stated she is also presenting at the Black Women’s health summit this Saturday at the Marriot at 10am discussing priorities around tobacco prevention and its impact on black women, their health, and mental health and that it will be live so you can log on to view it. • Stated for District 4 DAC meeting Karen Cervantes provided a MHSA update. Encouraged everyone to attend the districts DAC meetings and reiterated the vision and purpose for the DAC meetings. • Stated he spoke to Victorville City Council, as he is working with an organization to put tiny homes in Victorville but that they needed a letter of support from city council, and it proved challenging to obtain stating that the county has since changed regulations. • Attended Tobacco Coalition, trying to make sure that underage children cannot buy tobacco products as well as regulate supposed tobacco pipes and such that are not actually used for tobacco.
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	Troy Mondragon	<p>health concerns since they have the lowest academic scores in the school district and county. Stated he will be working to get a solution and have an effective intervention plan.</p> <ul style="list-style-type: none"> • Stated he had a doctor’s appointment he needed to leave for.
	Allie Mink	<ul style="list-style-type: none"> • Thanked the committee for the nomination and stated it was an honor to be on the same slate as Gil Navarro and Michael Grabhorn. He stated he had a lot of respect for Gil and appreciated his mentorship and went on to state that he had a great deal of respect for Michael. • Thanked DBH for taking care of the concerns that were brought up last meeting regarding the clubhouse and thanked the clubhouse advocates for their advocacy. • Stated he would be attending the March 12th Board of Supervisors meeting and is hoping to meet with Supervisor Rowe. • Stated that third district is really working hard to make the DAC meetings happen and have more presenters, and in doing so he will be reaching out to Loma Linda and Catholic Charities to see if they could come and present. • Congratulated new slate of officers. • Thanked Pastor Graham for opening his church to them. <ul style="list-style-type: none"> • Stated she was involved in the nominating committee meetings. • Stated she was very proud to say she was about to graduate from her 15th cohort for Medi Cal peer support specialist. • Stated she is involved in Directing Change Program and is a judge in the health justice category for the middle school, high school level. • Stated she answered phone calls for NAMI all month. • Attended DBH training, Introduction to Racial Training part 2. Stated it was a wonderful training and that she learned a lot. • Stated she attended two NAMI Ask the Expert webinars. • Stated they are working on bringing meaningful and relevant information to the third district DAC meetings. • Stated she has been working on bringing various mental health presentations to schools. • Stated she is working on a regional mental health event for NAMI, that will be open to the public. Stated it’s a great breakfast luncheon with wonderful information and to look out for more information regarding that.



	Timothy Brown	<ul style="list-style-type: none"> • Stated it was his first month, so he didn't get a lot done, but that he did develop emails between Troy, and Allie about third district DAC meetings, ideas on promoting DACs etc. A feature idea he has is Ask a Therapist, a therapist will answer questions from community members quarterly. • Signed up for ethics training. • Stated he is looking forward to attending the suicide prevention event on Tuesday March 12th.
	Dr. Akin Merino	<ul style="list-style-type: none"> • Stated she chaired the Nominating Committee and congratulated everyone and stated that with this change she hoped there would be a fostering of understanding and breaking of barriers so that the Commission could move forward in a better way. • Thanked all members of the Nominating Committee for their work. • Stated she participated in a meeting put together by Gil Navarro with San Bernardino City Unified School District regarding African American academic scores. Stated that they gave suggestions and that she received a call back regarding the suggestions so that they are listening and hopefully they can keep that up. • Stated she was apart of a panel for the Cultural Competency Committee. • Stated she did a roundtable with African American women who have experienced intergenerational trauma. • Spoke at an International Woman's Day meeting.
	Jennifer Spence	<ul style="list-style-type: none"> • Thanked everyone on the commission stating it was a pleasure to serve them and that she learned a lot from Dr, Caffey. • Stated she attended the NAMI board meeting, and that there was a presentation on NAMI services. • Attended prop 1 discussion. • Attended some webinars with Hazelton Betty Ford.
	Veatrice Jews	<ul style="list-style-type: none"> • Stated she was not able to do much at beginning of the month due to health reasons.

<p>J. Subject Matter Presentation Follow Up Prop. 1</p>	<p>Samuel Shoup</p> <p>Dr. Monica Caffey</p> <p>Maribel Guterrez</p>	<ul style="list-style-type: none"> • Stated he had no updates at this time. • Stated a letter was sent to the Board asking about their position regarding Proposition 1 and if there were any updates or reports regarding Behavioral Health that they wished to share with them. • Stated in follow up to the previous presentation the election was March 5th, but we will know official results on April 12th. • Asked Maribel Guterrez if there was any follow up on the presentation that she wanted to share in response to Prop 1. • Stated she gave more presentations, and thanked Pastor Graham for the opportunity to present to his congregation. • Stated she also gave presentations to clubhouses and clubhouse boards, zoom staff meetings, as well as some church's that had requested information, stating that they did as much as they could and sent out information to all that requested it.
<p>K. Subject Matter Presentations</p>	<p>Chair, Dr. Monica Caffey</p> <p>Chair, Dr. Monica Caffey</p>	<ul style="list-style-type: none"> • Stated that this was addressed during Executive Session, and it was decided that next month they will have an idea of what the topics will be for the 2024 /2025 subject matter presentations. Asked Commission if there was anything else they wanted to discuss regarding this since it was on the agenda. • With no further discussion, Chair moved onto directors' report.
<p>L. Directors Report</p>	<p>Marina Espinosa</p> <p>Kristen Mungcal</p> <p>Lydia Bell</p>	<ul style="list-style-type: none"> • Stated there was no current update as they are awaiting results of election regarding Proposition 1. • Stated that regarding the clubhouse concerns that were brought up at last meeting, clubhouse members have been working hard with the facilities team to swap out furniture and use the space they have as best as they can to hold on until project management can get things moving. • Stated in working with real estate services closely they are talking with the landlord they are working to finalize lease



Adjournment	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> With no further business or discussion meeting was adjourned.
Next Meeting		DATE/TIME: Thursday, April 4, 2024 12:00pm to 2:00pm LOCATION: 850 E. Foothill Blvd, Rialto, CA 92376

ATTENDANCE					
FIRST DISTRICT	SECOND DISTRICT	THIRD DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT	Board Representative Col. Paul Cook
Lorrie Denson <i>Absent - Extended Leave</i>	Dr. Valerie Samuel <i>Present</i>	Troy Mondragon <i>Present</i>	Dr. Monica Caffey <i>Present</i>	Gil Navarro <i>Present</i>	Samuel Shoup <i>Present</i>
Michael Grabhorn <i>Present</i>	Jennifer Oglesby <i>Present</i>	Allie Mink <i>Present</i>	Jennifer Spence <i>Present</i>	Veatrice Jews <i>Present</i>	
Pastor Mark Graham <i>Present</i>	VACANT	Timothy Brown <i>Present</i>	Dr. Akin Merino <i>Present</i>	Lynn Summers <i>Present</i>	

GUESTS
Marybel Valadez, Dr. Georgina Yoshioka, Jolena Grider, John Granado, Joshua Taylor, Dr. Alyce Belford, Kristen Mungcal, Jennifer Alsina, Garth Pezant Sr., Sylvia Mendoza, Lydia Bell, Maribel Guterrez, Cynthia Warren, Patricia Parker, Marina Espinosa, Allison Cunningham, Rene Keres, Connie Harrison, Justin Loges, R. Parikh, Jordi Marquez, Derrick Cannon, Jennifer Pacheco, Natalie Fagan, Stephanie Jones, Christopher Schreur, Kellie Boyd Jorden, Maria Azeves, Melanie Porges, Vivian Bermudez, Alice Alvarez, Nicole Hamrang, Alisha Hendy, Alicia Trivison, Julie Hale, Amber Carpenter, Martha Barra,,Joette Orman, Erica Banks, Rey French, Maria Hengundez, Bryan Clark, Jennifer Espara, Sean Kruckenber, Jeanie Wyner, Natalie Sanders, Jessica Montecinos, Bryshon Morrow, Cynthia Entz, Edith Lockerman, Spencer Fernandez, Mark Franks, Liset Castaneda, Gilberta Ramirez, Cathy Dye, Sonia Navarro, Casey McPheron, Miriam Clark, Emily Petrus, Noglaa Shokar, Debbie Cuellar, Hope Holt, Erin Zamora, Mario Aldaz, Hudia Hashemeyan, Ryan Walton.