



**San Bernardino County
Behavioral Health Commission
Meeting Minutes**

**Date: Thursday, November 02, 2023
Time: 12:00pm – 2:00pm**

Minutes Recorded and Transcribed by: Brittany Rodriguez, Office Assistant III

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
A. Call to Order	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> ● Meeting called to order.
B. Pledge of Allegiance	Vice Chair, Gil Navarro	<ul style="list-style-type: none"> ● Led group in Pledge of Allegiance.
C. Roll Call – BH Commission/ Introductions	Clerk of the Commission, Marybel Valadez	<ul style="list-style-type: none"> ● Conducted roll call by District.
D. Welcome and Introductions	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> ● Welcomed attendees and led introductions.
INFORMATION ITEM(S)		
E. Review / Approve Minutes from 10/05/2023.	Members of Commission	<ul style="list-style-type: none"> ● Minutes were reviewed, could not be approved due to no quorum, deferred to January meeting.
F. Public Comments		<ul style="list-style-type: none"> ● No public comments.
G. Commissioner Reports	Dr. Monica Caffey	<ul style="list-style-type: none"> ● Thanked Dr. Belford Saldana for her Forensics presentation at last month's meeting. ● Encouraged attendees to share DAC Meeting information with consumers and constituents.
	Allie Mink	<ul style="list-style-type: none"> ● Attended Department of Behavioral Health National Day of Prayer Event. ● Gave details regarding Directing Change program and its various contests. ● Attended a cultural competency training pertaining to the Latinx Community ● Attended Out of Darkness walk. ● Attended Childrens Mental Health Resource training - Keto and Bipolar Disorder. ● Attended Loma Linda's Seeds of Hope event.



	<p>Gil Navarro</p> <p>Lynn Summers</p>	<ul style="list-style-type: none"> • Notified attendees of upcoming event by NAMI called Hearts and Minds. • Notified attendees of upcoming NAMI Walk on Saturday Nov. 4, 2023. • Notified attendees of NSFP survivor event on Nov. 17, 2023 • Notified attendees that 3rd District DAC has been changed to second Wednesday of the month at 12pm. • Presented to DAC 5 state search and serve mandate regarding students with disabilities including mental health disabilities and its effect on standardized testing. • Spoke with Black Student Union regarding mental health programs, and struggles they face. • Attended two master plan of aging events in California. One in Anaheim and one in Dominguez Hills. • Spoke about IEPs and how many families are unaware of the resources available to them.
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ACTION ITEMS

<p>H. Subject Matter Presentation- Homeless Students and Trauma</p> <p>I. Confirm Commissioner to prepare Memo of Findings</p>	<p>Dr. Timothy Hougen Deputy Director , Behavioral Health Andre Bossieux, Program Manager II, Behavioral Health</p> <p>Lynn Summers</p> <p>Dr. Monica Caffey</p> <p>Dr. Monica Caffey</p>	<ul style="list-style-type: none"> • Hardcopies of the presentation were available at the meeting and Satellite locations for those in attendance and can be accessed via the BHC website. • Q&A • Gave words of encouragement and praise to Lucy Baker regarding her testimony. • Inaudible question regarding infrastructure. • How do we expand programs like this? <ul style="list-style-type: none"> ○ Mr. Bossieux stated that more staff is needed to expand program due to time constraints. Dr. Hougen stated that besides staff we need to figure out how to get more people involved as it doesn't just have to be DBH staff. • Lynn Summers will prepare Memo of Findings
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<p>J. 2023 December Tea and Awards Ceremony</p>	<p>Dr. Monica Caffey</p>	<ul style="list-style-type: none"> • Miranda Canseco would give update during Directors Report.
<p>K. Annual Report Consultant</p>	<p>Dr. Monica Caffey</p>	<ul style="list-style-type: none"> • Commission will be bringing on a consultant on to assist with the completion of the annual report. <ul style="list-style-type: none"> ○ Gil Navarro stated he does not agree with consultant payment coming from Commission budget, Dr. Caffey stated it will be discussed at later time.
<p>L. Establish 2024 Election of Officers Committee</p>	<p>Dr. Monica Caffey</p>	<ul style="list-style-type: none"> • Commissioners Dr. Akin Merino, Dr. Valerie Samuel, Allie Mink, and Mark Graham will make up the election of officers committee.
<p>M. Directors Report</p>	<p>Dr. Georgina Yoshioka Director of Behavioral Health</p>	<ul style="list-style-type: none"> • Provided Legislative update- Senate Bill 1338 - established the Community Assistance, Recovery, and Empowerment (CARE) Act, The CARE Act is intended to serve as an upstream intervention for individuals experiencing severe impairment to prevent avoidable psychiatric hospitalizations, incarcerations, and Lanterman-Petris-Short Mental Health Conservatorships. The CARE Process will provide earlier action, support, and accountability for both CARE clients, and the local governments responsible for providing behavioral health services to these individuals. The CARE Act authorizes specified adult persons to petition a civil court to create a voluntary CARE agreement or a court-ordered CARE plan that may include treatment, housing resources, and other services. • Senate Bill 43 states a person with a disability as a result of a substance abuse disorder, or mental illness who is not able to meet basic needs can have a conservator appointed to direct their care with continued protection of individual rights and increased transparency on data, equity, and outcomes. This bill will go into effect January



<p>N. Outside Agencies and Other Reports</p>	<p>Miranda Canseco</p>	<p>1, 2024. Policies and procedures remain the same. However, Board of Supervisors can defer to a later start date it is up to them for determination.</p> <ul style="list-style-type: none"> • Gave reminder of upcoming NAMI walk scheduled for 11/4/23. • Stated DBH had just completed phase two of their fentanyl campaign Fentanyl doesn't care but we do. With a 98% media watch rate it is apparent the message is resonating with community members. Public relations and outreach is preparing for the start of phase three. • BHC Annual Tea and Awards Ceremony is scheduled for December 7th, from 10 – 12 at the DoubleTree hotel in San Bernardino and will consist of a plated breakfast for all attendees as well as a wreath and gingerbread house contest for our clubhouses. Invitations and award nominations will be sent out in the coming weeks.
	<p>Maribel Guterrez</p>	<ul style="list-style-type: none"> • Informed attendees of upcoming cultural competency summit. • Informed attendees that upcoming District Advisory Council meetings cultural competency will have presenters.
	<p>Dr. Georgina Yoshioka</p>	<ul style="list-style-type: none"> • Gave encouragement and thanks to Lucy for her bravery in sharing her story and her determination in continuing to better herself.
	<p>Community member (inaudible)</p>	<ul style="list-style-type: none"> • Informed attendees that Pathways Recovery center held a Halloween party Oct.26 that consisted of a costume contest, games, and fun and was a successful fun event. They also expressed their gratitude to DBH and commissioners for their work.



	Social Worker from San Bernardino County Patricia Walker	<ul style="list-style-type: none"> Stated that the public defender's office in conjunction with Children and Family Services and others help a trunk or treat on October 12th that was very successful with over 200 community members in attendance. Informed attendees that CPAP Meeting is held every 3rd Thursday of the month and encouraged attendance. Gave personal testimony and expressed gratitude for the department and clubhouses.
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PUBLIC COMMENT		
	Community Member (inaudible)	<ul style="list-style-type: none"> Expressed gratitude to DBH, commissioners, and Amazing Grace for all their work.
	Stacy McDaniel	<ul style="list-style-type: none"> Expressed gratitude to Lucy for her testimony, as well as expressed gratitude for TAY Centers and clubhouses.
Adjournment	Chair, Dr. Monica Caffey	<ul style="list-style-type: none"> The meeting was adjourned.
Next Meeting		DATE/TIME: Thursday, January 4, 2023 12:00pm 2:00pm LOCATION: 850 E. Foothill Blvd, Rialto, CA 92376

ATTENDANCE				
FIRST DISTRICT	SECOND DISTRICT	THIRD DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT
Lorrie Denson <i>Absent - Extended Leave</i>	Dr. Valerie Samuel <i>Absent - Excused</i>	Troy Mondragon <i>Absent - Excused</i>	Dr. Monica Caffey <i>Present</i>	Gil Navarro <i>Present</i>
Michael Grabhorn <i>Absent - Excused</i>	Jennifer Oglesby <i>Absent - Excused</i>	Allie Mink <i>Present</i>	Jennifer Spence <i>Absent - Excused</i>	Veatrice Jews <i>Absent - Excused</i>
Pastor Mark Graham <i>Absent - Excused</i>	VACANT	VACANT	Dr. Akin Merino <i>Absent - Excused</i>	Lynn Summers <i>Present</i>

GUESTS
Dr. Georgina Yoshioka, Marybel Valadez, Dr. Alyce Belford Saldana, Marina Espinoza, Jessica Montecinos, Dr. Timothy Hougen, Sean Knuckenberg, Gustavo Cisneros, Rachel Miller, Stacey McDaniel, Patricia Parker, Ruben Gasco, Vivian Bermiez, Erica Ochoa, Teresa Frausto, Jennifer Alsina, Sharon Navarro, Rey French, Bryan Clark, Heather Louer, Marissa Vasquez, Gerald Wilson, Miriam Clark, Scott Higa, Steven Jackson, Bethanne Fishell, Derrick Cannon, Eli Marrell, Lia Brown, Stephanie Jones, Andre Bossieux, Connie Harrison, Chris MacBride, Justin Loges, Rene Keres, Li Jannel Duncan, Bryan Corick, Tanya Love, Jennifer Pacheco, Maribel Guterrez, Sonia Navarro, Lucy Baker, Dr. Rebecca Young, Valene Adueto, Mar Franks, Cynthia Martinez, Gilberta Ramirez, Karen Urquia, Marlene Hernandez, Mitzy Vazquez, Mariam Aldaz, Christina Stone, Oscar Logos, Natalie Fagan, Erin Zamora



Behavioral Health