San Bernardino County Behavioral Health Commission Meeting Minutes

Min	Minutes Recorded and Transcribed by: Brittny Rodriguez, Office Assistant III				
		PRESENTER	ACTION/OUTCOME		
	Call to Order	Vice Chair, Gil Navarro	Meeting called to order.		
В.	Pledge of Allegiance	Secretary, Jennifer Spence	Led group in Pledge of Allegiance.		
C.	Roll Call – BH Commission/ Introductions	John Granado	 Conducted roll call by District. 		
D.	Welcome and Introductions	Vice Chair, Gil Navarro	 Welcomed attendees and led introductions. 		
INF	ORMATION ITEM(S)				
	Review / Approve Minutes from 10/05/2023 & 11/02/2023.	Members of Commission	 Motion was made by Gil Navarro and seconded by Allie Mink. Motion was passed minutes were approved. 		
F.	Public Comments	Helen Beyene	• Ms. Beyene shared her grievances with the departments CRT Program as well as Arrowhead Regional Medical Center. She requested follow up from department staff.		
G.	Chairperson's Report		 Dr. Monica Caffey was not present therefore no chair report was given. 		
Н.	Commissioner Reports	Michael Grabhorn	 Commissioner Grabhorn stated he met with Victorville city planner to work on a new city ordinance, which would make the sale of various paraphernalia at smoke shops illegal. Met with City homeless board member William Vomass. Attended Victorville Tree lighting ceremony. Presented Taylion Charter school with standing state order for Narcan distribution. Attended DBH Award Ceremony. 		





	 Toured Victorville new wellness center which is the first in California with wrap around services for homeless, mental, and drug counseling. Participating in CHP toy drive benefitting local homeless shelters.
Jennifer Oglesby	 Attended two different Narcan trainings, one with DBH Assistant Director Jennifer Alsina, and one with Second District Supervisor Jesse Armendarez. Participated in Second District Toy drive hosted by Supervisor Armendariz for community members. Attended meeting with Supervisor Armendarez and his staff to discuss different needs of the second district community and how to incorporate them. Spoke with different residential facilities about different actions that can be incorporated this year. Attended award ceremony, gave thanks to all who attended and helped put the event on.
Dr. Valerie Samuel	 Attended award ceremony and gave thanks and praise to DBH staff, clubhouses, and Tay centers. Attended Supervisor Armendarez Narcan training, stated each city in second district will receive training so all community members have necessary materials and training to help prevent and treat overdose. Attended healthy RC which had training about inclusion for disability in the classroom setting. Participated in Second district toy drive. Did a follow up with CASE regarding the significant amount of African American youth who are a part of the exploitation in our community and there is continuing follow up and work on this issue.
Allie Mink	 Thanked audience for their attendance. Attended Cultural Competency Advisory Summit November 8&9. Attended award ceremony stated it was a wonderful event and wished she could have had more conversations. Stated that not everyone receives an award she expressed thanks and appreciation for staff
	Dr. Valerie Samuel



	 Attended Great Rewiring event, where youth mental health was discussed as well as the effect of social media and electronic devices on the developing brain. Attended Childrens Mental Health resource center seasonal effective disorder, bipolar disorder, and seasonal changes effect on mental health seminar. Attended NAMI ask the expert program that was about suicide in pre child detention. Attended support group for those who are affected by the war in Israel and Gaza. Stated District 3 will be holding MHSA updates during their next two months DAC meeting which takes place the 2nd Wednesday of each month at 11am.
Troy Mondragon	 Stated he was happy to be back and wished all a happy new year. Stated he is working with Kirstin Mungcal on a pinata contest in honor of Spanish heritage month more info will be given later. Informed all that San Bernardino native Jayden Daniels won the Heisman Trophy and that there will be a parade in his honor on January 20th, encourage all to attend. Also stated he would love to have Jayden come and speak at a commission meeting. Informed commission and all in attendance that he started working and will be teaching Intro to Psychology with National University. Stated that being a commissioner has helped him and allowed him to develop professionally as well as make friends.
Secretary, Jennifer Spence	 Attended fourth district commissioner meet and greet with supervisor. Attended fourth district DAC meeting and notified all in attendance the next meeting is January 17^{th and} is done via Webex. Attended NAMI board meetings.



Lynn Summers	• Wished all in attendance a happy new year.
	 Attended award ceremony, stated she loved the energy as well as the gingerbread houses and wreaths and how much she enjoyed herself.
	• Attended Supervisor Joe Baca open house/ toy drive.
	• Participated in toy drive at St. Paul's church.
	Informed all in attendance she graduated from Cal State San Bernardino in December.
Veatrice Jews	 Attended Supervisor Joe Baca's round table discussion for fifth district commissioners where she received a certificate for her service. Attended Supervisors Baca Holiday open house and toy drive. Attended fifth district DAC meeting where commissioner Gil Navarro was the presenter who spoke about the state of California education code 56339 regarding mental health diagnosis of attention deficit disorder, as well as section 504. Worked with Dr. Samuel and CASE on following up on the data regarding African American youth exploitation. Attended a meeting with Commissioner Navarro and the San Bernardino County Super intendant regarding concerning data about African American test scores and how to best address this issue. Stated that her, commissioner Navarro and Linda Hart want to work with DBH, and the San Bernardino County school district to see how the department can interact with the student wellness center to break in cultural competency training. Attended school board meeting with Commissioner Navarro where Supervisor Baca presented the schoolboard with a check for 2.6 million dollars which will help fund the new student wellness centers.
Vice Chair, Gil Navarro	Attended Supervisor Baca's open house.
	 Praised Supervisor Baca's improvements in the fifth district area particularly Bloomington.





		 Attended School board meeting with Commissioner Jews and Supervisor Baca where a 2.6-million-dollar check was presented to the school board. Spoke on how schools are mandated to investigate if children with low scores have an undiagnosed illness or ailment and how we can best serve them in order to help prepare them for success. Thanked DBH staff for all their work and efforts. Spoke on the importance of Cultural Competency training specifically regarding African American students and how him and Commissioner jews are working with Maribel Guiterrez, the school board, and the super intendant to ensure all school faculty receive this training.
ACTION ITEMS		
I. Annual Report Consultant	Vice Chair, Gil Navarro	 Item was deferred to next meeting as more information was needed.
J. Present 2024 Slate of Officers Committee		 Item was deferred to next meeting.
K. Director's report	Assistant Director, Marina Espinosa	 Gave legislative update regarding SB326 and AB 531(proposition 1)- renaming of Mental Health Services Act to Behavioral Health Services Act. Proposition 1 has two major components related to providing mental health care and drug or alcohol treatment to people and addressing homelessness. The proposition changes the Mental Services Act that was passed by voters in 2004, with a focus on how the money from the act can be used. SB 326 and Assembly Bill 531 passed legislature and were signed by Governor Newsom 10/12/23, combined they become Proposition 1 on the March 2024 ballot.



It proposes a significant shift in MHSA allocations, reducing funding from Core mental health services (outpatient, crisis, linkage) to create a new housing category. Requires counties to provide new SUD services to SUD only populations (with no expansion in funding). Would result in increased State control of how BHSA funds are allocated, spent, and used, reduction in local control of programming priorities. If it were to pass State can issue directives and sanctions if County is determined to not be meeting needs of the clients/community. Also proposes a \$6.3 bond to build residential settings ranging from congregate housing with onsite services, community housing with access to services, and may fund locked facilities. If it were to pass programmatic and allocation changes will take place July 2026.

• AB 665, Effective July 1,2024 minors 12 and older can consent to mental health services such as emergency shelters. This bill would eliminate the requirement for a minor to demonstrate being in imminent danger of serious physical or mental harm to themselves or others for receiving mental health treatment, counseling, and residential shelter services. Additionally, it includes cases where the minor is an alleged victim of incest or child abuse. DBH services are required to make best efforts to notify parent/guardian of minor when services are being provided. Mental health professionals may determine whether parent /guardian is appropriate enough to be involved in child's mental health program. The minor's parent/guardian are only liable for payment if they participate in metal health treatment or counseling, limited to services rendered with their involvement. Parents/guardians are not liable for residential shelter services unless they expressly consent to them.

 \circ AB 816, minors' consent to Medical Care, minors 16 or older can consent to receive opioid treatment for addiction, including treatment that uses buprenorphine.

• Care court program, implement new provisions of CARE court, focused on individuals with a diagnosis of a schizophrenia spectrum disorder or another psychotic disorder in the same class, as defined in the current diagnostic and statistical manual of mental disorders. It would simplify CARE court proceedings, enables counties to implement the CARES Act as envisioned and ensures counties have the legal authority to provide the court with information contemplated by the CARE Act. Proceedings can be conducted not only by a superior court judge but also by a court appointed commissioner or other subordinate judicial officer. Ensures that there is no fee for filing a petition, and no fees are charged for related services by public officers. Entitles the respondent to have an interpreter in all proceedings if necessary for their full participation. Requires county behavioral health



	Vice Chair, Gil Navarro Assistant Director, Marina Espinosa Dr. Valerie Samuel	agencies to provide health information necessary to support findings in court filings while exempting them from civil or criminal liability for disclosure. Authorizations health care providers and covered entities to disclose specific health information to behavioral health agencies to apply for an order requiring disclosure of information and mandates notification to the respondent. • SB 43 Behavioral Health: Gravely Disabled, provisions of this bill provide a definition of "gravely disabled" to include a new focus on preventing serious physical and mental harm stemming from a person's inability to provide for their needs for nourishment, personal or medical care, shelter, to attend to self-protection or personal safety, due to their mental or substance use disorder. When deciding about the risk of harm, the bill would ask the court to consider when a person is unable to appreciate the nature of their disorder and that their decision making is impaired due to their lack of insight int their mental or medical disorders. This bill allows counties to defer implementation until January 1,2026. San Bernardino County signed a resolution to defer implementation until January 1, 2025. This bill also creates a hearsay exemption for information contained in a medical record, presented by an expert withess, in order to ensure all relevant information is presented to, and considered by, the court when making a gravely disabled determination. • Stated he had multiple questions regarding the legislative updated provided and would be requesting that Chair Caffey hold a special session meeting to address these questions. • Stated she thought it was advisable to wait until the MHSA DAC meetings before proceeding with a special session as some of the questions regarding legislation could be answered at one of the upcoming meetings.
L. Outside agencies and other reports	Assistant Director Marina Espinosa, on behalf of Maribel Guiterrez	 Upcoming in person training for DBH staff and contract providers - Navigating the Nuisances, culturally responsive mental health services for the Latinx community will be held January 31^{st,2024} at the DBH admin building, 303 E Vanderbilt Way San Bernardino CA 92415



	MHSA Administrati manager, Dr. Rebe Young	-	annua 27,20 and u	nunity Program Planning N al update meetings will run 24. Where program char pdates will be shared. A fly ng with more details and ca	January 8 thru February nges, announcements, yer was provided at the	
PUBLIC COMMENT						
Adjournment		Troy Mondragon Vice Chair, Gil Navarro		 Stated that he appreciated the slips for public comment but is aware that not all can write, or feel comfortable standing in front or using the mic, or that some may deal with social anxiety and he encouraged those to share with someone that they need assistance or for those who don't wish to stand in front they may stay sitting in an attempt to make people feel more comfortable giving public comment as they'd like to hear from everyone. With no further business or comments meeting as adjourned. 		
Next Meeting				ATE/TIME: Thursday, February 1, 2024 12:00pm 2:00pm		
				850 E. Foothill Blvd, Rialto	, CA 92376	
FIRST DISTRICT	SECOND DISTRICT	THIRL	DISTRICT	FOURTH DISTRICT	FIFTH DISTRICT	
Lorrie Denson Absent - Extended Leave	Dr. Valerie Samuel Present	-	Mondragon sent	Dr. Monica Caffey Absent - Excused	Gil Navarro Present	
Michael Grabhorn	Jennifer Oglesby		lie Mink	Jennifer Spence	Veatrice Jews	
Present	Present		Present	Present	Present	
Pastor Mark	VACANT	VACANT		Dr. Akin Merino	Lynn Summers	
Graham				Absent - Excused	Present	
Absent - Excused	GUESTS					
Aidery Hernandez, John	Granado, Brittny Rodriguez, M			rd Ayala, Helen Beyene, Stepl	hanie Jones, Misty Harris,	

Aidery Hernandez, John Granado, Brittny Rodriguez, Martha Para, Karina Rutherford Ayala, Helen Beyene, Stephanie Jones, Misty Harris, Rebecc Scott Young, Gregory Noyx, Alice Alvarez, Nasim, Jennifer Pacheco, Dr. Alyce Belford, Miriam Clark, Clifford Craig, Dr. Joshua Taylor, Sonia Navarro, Renee Keres, Andrea Herbst, Judith Ornelas, Melanie Porges, Vivan Bermudez, Jennifer Alsina, Casey McPherson, Jessica Montecinos, Derrick Cannon, Christopher Scheur, Bethany Fishell, Tayer Santos, Mariam Aldaz, Cynthia Warren, Erin Zamora, Julie Hale, Alicia Trivison, LeAnn Mast, Andrew Beltran, Allison Cunningham, Dennis White.