

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
November 03, 2022 - 12:00-2:00 pm

Commissioners Present: Monica Caffey, Akin Merino, Victoria Ogunrinu, Jennifer Silvestri, Lynn Summers, Veatrice Jews, Samuel Shoup on behalf of Supervisor Col. Cook, Sheena Felix.

Excused Absence: Lorrie Denson, Michael Grabhorn, Mark Graham, Jennifer Spence-Carpenter, Gil Navarro.

Absent: None to report.

Guests: Jeremy Sanquist, Jill Smith, Jonathan Ortiz, Jaime Toscano, Luz Razo, Lindsey Drake, Jessica Montecinos, Vernon Motschman, Susan Abito, LeAnn Mast, Mitzy Vazquez, Jonathan Buffong, Erin Zamora, Cheryl McAdam, Michael Knight, Steven Jackson, Amber Francis, Sean Colony, Marybel Valadez, Dr. Timothy Hougen, Andre Bossieux, Karen Cervantes, Teslyn Henry-King, Susan Achuff, Vivian Bermudez, Kristen Mungcal, Derrick Cannon, Lauretta Ross, Tristan Alfred, Tina Entz, Nicole Woodward, Metra Jaber, Angela Harrington, Natalie Fagan, Jacari Brandon, Lizzette Vazquez, Roberto Tapia, Wendy Johansen, Maribel Gutierrez, Melanie Porges, Dr. Joshua Taylor, Matthew Wong, Sonia Rubio, Arthur Shaw III, Asia Marshay Hayes, Rev. Bronica Martindale, Team House, Brian Hermosillo, Tondra Mosely, Cristi Guerra, Bethanne Fishell, Jewel, Miriam Clark, Merida Saracho, Kelli Guillory, Eryn Y., Rachel Cierpich, Steven McNally, Linda Hart, Nicole Rice, La Keisha Mosley, Rachel Sweitzer, Leia, Drzymkowski, Blessing Chinedu-Obi, Candice Alvarado, Zakiya Otis, Ilse Silva, Jamal Johnson, Sarah Hayes, Jose Avila, Joe Banez, Noah Nguyen, K. Morrow, Marina Espinosa, Timothy Culberson, Miranda Canseco, Ashley Patterson, Renee Linares, Liz Maldonado

Minutes recorded by Andy Cendejas, Office Assistant III - DBH on behalf of Sheena Felix, Clerk of the Commission - BHC

CALL TO ORDER/ PLEDGE OF ALLEGIANCE/ROLE CALL

Commissioner Jews called the meeting to order at 12:05 p.m. and led the group in the pledge of allegiance, roll call followed and was conducted by Clerk Felix.

CULTURAL COMPETENCE AWARD OF EXCELLENCE

Maribel Gutierrez presented awards to Kelli Guillory, Senior Vocational Rehabilitation Counselor and Roberto Tapia, Community Crisis Response Teams (CCRT), West Valley Department of Behavioral Health (DBH).

Tab 5: Review Minutes from October 06, 2022.

Item deferred to next meeting due to no quorum present.

PUBLIC COMMENTS

Vernon Motschman, Riverside-San Bernardino County Indian Health, wanted to convey to the board and clarify that they have attended "My Health, My Health" and even though it is a positive movement, they did not create nor co-create it. They apologize for the confusion. Commissioner Jews stated this information would be forwarded to the Chair.

Linda Hart, Speaking on Behalf of the Black Communities. Linda stated they have not received where locations or presentations will be taking place for African American families in the regions of the high desert/central or as far out as Rancho Cucamonga. They have no idea where things will be held and when families will have the opportunity to have presentations done before them. Linda states that currently, their community is underserved. Commissioner Jews thanked Linda and suggested a meeting be set up with Linda, Dr. Caffey, and Dr. Yoshioka to discuss further.

Teslyn Henry-King, Registered Dietician and Nutrition Program Coordinator for San Bernardino County Department of Public Health (DPH). She states she appreciates Vernon's response and clarification. She wanted to be clear of their confusion on the presentation as it was a representation of a certain time frame, that even though they have partnered with Indian Health in the past, they have not worked with Indian Health in the last 2 or so years.

Rev. Bronica Martindale called in for public comment, but portions of the call were inaudible, she is grateful that the confusion over My Hair, My Health have been addressed, and the understanding of the creation and dissemination of information over it.

Susan Abito wanted to commend the CCAC Summit Leadership and Committee for the exceptional summit that was held at San Bernardino Valley College on September 26. She states it was a very exciting event, she learned a lot and appreciates that the Pacific Islanders had the space to present because they are one of the populations that are underserved, she would love to thank the whole panel, including Lizzette, Tiwan, Ellen, and to Maribel Gutierrez. Susan states she cannot wait until next year.

CHAIRPERSON'S REPORT

Chair Dr. Monica Caffey reported that she provided a workshop at Rancho Cucamonga High School "Student State of Mind". She is facilitating the Mental Health Workshops for two High Schools within Chaffey Joint Unified School District. Sonia Rubio presented with her at the Montclair High School Parent Wellness Workshop. Chair Dr. Monica Caffey stated she will be on CNN on Saturday speaking about the impact of Vaping Products on the Mental and Behavioral Health of our Youth, she will also be attending the DAC meeting (4th District) where they will discuss better ways to outreach to the community for participation for them to know this is the space to come share their experience, ideas, and concerns regarding behavioral health supports and needs. She has been a part of the Data Notebook for the California Behavioral Health Planning Council and on the BHC Holiday Tea Committee where they are planning their next month.

COMMISSIONERS' REPORT

First District:

Pastor Mark Graham: Clerk Felix read his report as Pastor Mark Graham was not in attendance. Advocacy: met with school and parents to discuss the church supporting a young lady who was in foster care system and having behavior issues possibly resulting in becoming homeless. Bedroom furnishings and a new wardrobe were purchased for this young lady and his daughter agreed to mentor her. There was immediate improvement in behavior at home and grades in school. October: Abundant Health Awareness month. 1. Greif share class graduated 35 participants 2. Family Zumba classes every Tuesday at 7:00 pm 3. Prayer Walk at Sultana High 80 participants prayed and walked for two hours. 4. Health Awareness Day on October 29th with 2 physicians and vendors. 5. 11/15 Expungement, Employment and Education Day.

Second District:

Second District Commissioner Jennifer Silvestri reported their DAC was held on October 13. The local Meals on Wheels (MOW) completed a presentation for them, where they presented that they deliver meals 5 days a week. 30-40 meals per day. MOW has partnered with a hospital to help provide them with food for their deliveries. It has become difficult to maintain continued deliveries due to roads and support. MOW needs a volunteer for drivers

Third District:

Third District Commissioner Victoria Ogunrinu stated that they did complete their October DAC Meeting. Commissioner Victoria Ogunrinu Attended a conference for "Seeds of Hope" in Loma Linda, where she was joined by 4 people from DBH. She stated it was a wonderful and amazing conference by the LLBH in their Medical Center. Commissioner Victoria Ogunrinu states they got to view a presentation on depression and anxiety of a student in High School, after the presentation, a keynote speaker pointed out how our current traditional treatment for youth may not be the answer needed, due to social media. Commissioner Victoria Ogunrinu States that more assistance show is given to CCAC due to the amazing work they are doing.

Fourth District:

Commissioner Akin Merino shared that slavery and trauma passes on to up to 14 generations. Commissioner Akin Merino shared that she was gone most of the month in Dubai, she states that when she came back she had to help with a consumer that was having issues with room & board. She also states that DBH will be helping with this issue. Commissioner Akin Merino shared that she completed the Trauma Training with local schools and a group of teenagers.

Fifth District:

Commissioner Lynn Summers stated she followed up with some of the clients and families that have had behavioral issues with a family member, seeing exactly how the process is working, she explained that she sees there are some holes, so will be working with Michael. She stated they will be working on helping those families by taking care of those holes. She went with Ms. Jules to a composting and how gardening helps with behavioral health.

Commissioner Veatrice Jews shared her continued work with the Ministerial Pilot Program and the churches involved with the PEI system. Commissioner Veatrice Jews has been working with the African American Subcommittee and she worked on the Data Notebook Report. Last month they had their DAC meeting which included San Bernardino School District wellness and support services, which was presented by Sandra Rodriguez. Commissioner Veatrice Jews states that it was very informative about how they wanted to work on emotional, social, and spiritual aspects and needs for children, from elementary, middle, and high school. On Nov 1, there will be the first One Stop Shop where doctors and nurses will be onsite at all times. Sierra High School has an example of what they want to follow. Commissioner Veatrice Jews attended the CCAC Regular meeting, she stated that Commissioner Victoria and her made a presentation of what the commissioners' duties are. She also attended the CCAC Summit, to be able to hear what all the subcommittees were doing. Commissioner Veatrice Jews attended a presentation on (PTSS) Post Traumatic Slave Syndrome, where they used some information from a book by Dr. Dubrade, she also completed a Mental health (MH) Training.

SUBJECT MATTER PRESENTATION:

Tab 6: Community Crisis Services - Presenter: Erin Zamora, Program Manager II

- CCRT
 - Field Based
 - Crisis Intervention in the least restricted environment
 - Assist law Enforcement with assessment and transportation
 - Assist those that are
 - Danger to Self
 - Danger to others
 - Grave disabilities
 - Provide Education, referral and resources
 - Critical Incident and Disaster Response in the community
- Some Clients are referred to a therapist or Psychiatrist for ongoing treatment
- Or support them to get admitted to a hospitalization.
- Highest calls come in through Sheriff station thru 911 calls
- Who calls CCRT
 - Individual of any age experiencing a crisis
 - Private residents
 - Schools
 - Code enforcement
 - Group Homes
 - Board and care
 - Law Enforcement (LE)
- Three main teams
 - East Valley
 - High Desert
 - West Valley
- 365 days a year 15hr per day
- Fiscal year (FY) 21/22 Over 7 thousand calls received
 - Diverted 1487/ Involuntary Hospitalization 411/ Voluntary Hospitalization 233
- Outreach
 - Schools/ BH Health clinics/ Medical Clinics/ Veterans Affairs/ Foster family Agencies
 - Law Enforcement/ Homeless shelters/ Community meeting

- Challenges
 - CCRT operate with 2 teams of 2 staff per day in each region.
 - DBH is looking at ways to expand the number of teams available for field response
 - CCRT triages crisis calls and determines appropriateness of a field response during this triage
 - CCRT Goal is to connect the consumer with the most appropriate level of care.
- 988 suicide crisis life line.
- Crisis is creating a Crisis Contact Center
 - Currently pilot program in West Valley only
 - Text Webex and phone connection to be added
 - Single phone number across all CCRT
 - Triage incoming calls

Public Comment:

- Question from Dr. Merino: How you do plan with expanding when working at below 40% capacity
 - We plan on recruiting at schools and job fair events, as well as reaching in the local communities.
- Linda Hart: mention that after certain hours different sites are no longer available, it can be frustrating for some who don't quit qualify for other services.
 - Will want to work offline to find more places to share services with.
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NEW BUSINESS – ACTION ITEM(S)

Identify Commissioner to Prepare Presentation Findings:

- Commissioner Lynn Summers volunteered to complete this month's memo of findings

Tab 7: Present 2023 Slate of Officers

- Presentation of the Slate of Officers will be moved to next month's meeting.

DIRECTOR'S REPORT

Assistant Director Michael Knight provided the following report on behalf of the Interim Director Dr. Georgina Yoshioka:

- DBH intends to take a deeper dive into both the PEI and Innovation programs this upcoming year and is exploring opportunities for expanding housing and support for our homeless consumers.

Behavioral Health Commission to Review (Reminder):

- Vendors are encouraged to register in ePro to be notified of all possible bid opportunities. For more information on this process and how to register: <https://wp.sbcounty.gov/purchasing/vendor-registration/>.
- Reminder public inquiries including requests for data are to be made: DBH-PublicRealtions@dbh.sbcounty.gov.
- Public Records Act Request Policy: <https://wp.sbcounty.gov/dbh/wp-content/uploads/2021/05/BOP3007.pdf>

Legislation Updates:

AB 2317: Bill will require the State dept. of healthcare services to license and establish regulations for psychiatric residential treatment facilities operated by a private or public nonprofit that provides psychiatric as prescribed under Medicaid regulations under the age of 21 years of age. Potential for better treatment, which will help lower bed amount.

AB 2275: Bill will specify that the 72-hour period of detention begins at the time when the person is first detained. The bill will remove the provision for a postponement of the certification of the review hearing. When a person has not been certified for 14 days of intensive treatment and remains detained on a 72-hr. hold. The bill would require a certification review hearing to be completed within 7 days. Of the date when the person was initially detained.

SB 923: Bill would require Medical managed care plans/ Health care service plans or Health insurers to require their staff to complete evidence-based culture competency training, to include trans-inclusive healthcare. The bill specifies the required components of the training and makes use of any training subject approval with their respective departments.

Assistant Director Michael Knight stated that NAMI Walk will happen Sat, Nov 5th. From 8 am-12 pm.

Miranda Canseco provided an update on the upcoming Award Ceremony on December 01, 2022. Will be held virtually, and will include a mental health play.

OUTSIDE AGENCY REPORTS

Maribel Gutierrez on behalf of the Behavioral Health Cultural Competency Advisory Committee wanted to thank the commissioners for their ongoing support of the Cultural Competency committee and events. Invited the group to attend the advisory committee on Nov 17. The subject will be the office of Homeless Services. The Native American Heritage Committee this November On Nov 15 8 am- 12:30 pm, will host a diversity film and will be around the boarding schools. Will also have a panel about the residential boarding schools.

Dr. Monica Caffey said thank you to all.

ADJOURNMENT

Meeting adjourned at 1:28 p.m.

Monica Caffey- Chair
Behavioral Health Commission

Andy Cendejas on Behalf of Sheena Felix
Department of Behavioral Health