



**San Bernardino County  
Behavioral Health Commission  
Meeting Minutes**

**Minutes Recorded and Transcribed by:** *Sheena Felix, Clerk of the Commission*

OPENING REMARKS	PRESENTER	ACTION/OUTCOME
A. Call to Order B. Pledge of Allegiance C. Roll Call – BH Commission	Chair, Dr. Monica Caffey – 4 <sup>th</sup> District Chair, Dr. Monica Caffey – 4 <sup>th</sup> District Clerk of the Commission, Sheena Felix	<ul style="list-style-type: none"> <li>• Meeting was called to order; attendees were welcomed.</li> <li>• Led group in Pledge of Allegiance</li> <li>• Conducted roll call by District</li> </ul>
CONSENT ITEM(S)		
D. Approve May 04, 2023 Meeting Minutes (Tab 5) E. Public Comment #1  F. Public Comment #2  G. Public Comment #3  H. Public Comment #4		<ul style="list-style-type: none"> <li>• Minutes were reviewed. Gil Navarro made a motion to approve minutes as written. Lynn Summers seconded the motion. Motion carried.</li> <li>• Gil Navarro made a motion to refer this public comment to the appropriate department and get back to the BHC with results. Lynn Summers seconded the motion. Motion carried unanimously by roll call.</li> <li>• Gil Navarro made a motion to refer this public comment to the appropriate department and get back to the BHC with results. Veatrice Jews seconded the motion. Motion carried unanimously by roll call.</li> <li>• Gil Navarro made a motion to refer this public comment to the appropriate department and get back to the BHC with results Veatrice Jews seconded the motion. Motion carried unanimously by roll call.</li> <li>• Gil Navarro made a motion to refer this public comment to the appropriate department and get back to the BHC with results Lynn Summers seconded the motion. Motion carried unanimously by roll call.</li> </ul>
PUBLIC COMMENT (3-minute time limit)		
I.	jamcmpb9@gmail.com	<ul style="list-style-type: none"> <li>• Clerk Felix read the public comment received via BHC-Contact email regarding Notification of Denial of Funding – Resilience Promotion in African American Children RFP (#22-136)               <ul style="list-style-type: none"> <li>○ Gil Navarro asked if someone makes a public comment does anyone from the department respond to it. Clerk Felix deferred the question to County Counsel.</li> <li>○ Jolena Grider stated public comments are not responded to especially during the meeting, if the BHC requests staff to review the comment and take any action if deemed necessary.</li> </ul> </li> </ul>

	<p>Anonymous</p> <p>Vickie Mack</p> <p>Dr. Valerie Clay</p>	<ul style="list-style-type: none"> <li>○ Gil Navarro stated he requests the department respond to this public comment concern.</li> <li>○ Jolena Grider recommended the BHC as a body refer it to DBH Staff then add it to agenda for a report back.</li> <li>● Clerk Felix read the public comment received via BHC-Contact email regarding the Resilience Promotion in African American Children RFP (#22-136)</li> <li>● Clerk Felix read the public comment received via BHC-Contact email regarding the Resilience Promotion in African American Children RFP (#22-136)</li> <li>● Dr. Valerie Clay stated that she is making public comment as a community member and spoke about the comments referencing the Resilience Promotion in African American Children RFP (#22-136). She also discussed the volume of grants available for black community service providers to be able to have the services they already provided be funded.</li> </ul>
<b>INFORMATION ITEMS</b>		
<p>J. Chair's Report</p>	<p>Chair, Dr. Monica Caffey</p>	<ul style="list-style-type: none"> <li>● Keynote at DBH Resilient and Real Summit</li> <li>● Presented at Stomp Out Stigma, a youth led initiative</li> <li>● 1<sup>st</sup> District will be hosting a Town Hall event on August 12 from 11am-2pm, it will be a family event at Abundant Living Church. Each District Advisory Committee (DAC) Meeting will host the same model event throughout the year.</li> <li>● DAC Meeting for District 4 will be taking place on June 21 at 6pm</li> <li>● California Behavioral Health Planning Council (CBHPC) meeting is June 13-15 in Santa Ana</li> </ul>
<p>K. Commissioners Report(s)</p>		
	<p>Pastor Mark Graham</p>	<ul style="list-style-type: none"> <li>● 1<sup>st</sup> District DAC Meeting</li> <li>● Court advocacy for mental health diversion</li> <li>● Participated in the Call for Life Pregnancy Center Walk for Life</li> <li>● Working with one of the largest churches in East Palestine, Ohio, sent letters in support to provide encouragement to each member of that community and strengthen them in their mental health</li> <li>● Met with Superintendent of Victor Valley Unified School District Dr. Coles, for Fall implementation of a program called Project Invincible for students that provides mentoring and micro credentialing, those who are referred through this program are then tracked through to a 2-year college as they have a resolution with Victor Valley College, this helps students with critical thinking, resiliency, creative problems solving, and self-management</li> <li>● Narcan Distribution Center at church, families are coming out to get Narcan</li> </ul>

		<ul style="list-style-type: none"> <li>• Grief share program every Tuesday at the church that is open to the community</li> <li>• Getting ready for the August 12 Town Hall meeting, working of marketing and advertising for this event.</li> </ul>
	Dr. Valerie Samuel	<ul style="list-style-type: none"> <li>• Met with several churches in the Rancho/Fontana area to share DBH's activities for the month of May. Healthy RC used their network to send out the May Mental Health Month Flyers to schools</li> <li>• DBH Resilient and Real Summit</li> <li>• Proclamation Ceremony for May Mental Health Month in the City of Rancho.</li> <li>• Upland Community Farmers Market, Compassion Corner</li> <li>• Cultural Competency Advisory Committee</li> <li>• Mental Health Art Exhibit</li> </ul>
	Troy Mondragon	<ul style="list-style-type: none"> <li>• Plans to attend the Latino Subcommittee meeting on 6/22</li> <li>• Plans to attend the Transitional Age Youth Subcommittee meeting on 6/21</li> <li>• 3<sup>rd</sup> District DAC will be on 6/7</li> </ul>
	Allie Mink	<ul style="list-style-type: none"> <li>• Directing Change, Mental Health Month (MHM) DBH Event</li> <li>• Meet the Artist Mental Health Event at the San Bernardino County Museum</li> <li>• Spoke with several schools in the area, there was an event supported in the Upland school district that was a mental health event, spoke with Sierra High School that has a wellness center they are working, also worked with Citrus Valley High School on similar ideas and what they can do to support students</li> <li>• Participated in mental health Sunday at New Hope church in San Bernardino, she was representing NAMI San Bernardino</li> <li>• Loma Linda Stand Up Against Stigma 5K, over 1,000 participants at this event</li> <li>• Reached out to several newspapers to put mental health blasts out, she spoke with Reporter, Chantele Sunderman at Redlands Community News, they devoted an entire middle section to mental health in the May edition.</li> </ul>
	Bill Miller	<ul style="list-style-type: none"> <li>• Last month we presented a vision to change the paradigm of providing behavioral health to schools. The goal in mind was allow teachers to teach and mental health professional to provide needed mental health care to the students. Today we address a significant hurdle to overcome in reaching that goal. That hurdle is how does a department that abides by the Health Insurance Portability and Accountability Act (HIPAA) do business with an entity that abides by the Family Educational Rights and Privacy Act (FERPA)? Whereas HIPAA significantly restricts the distribution of mental health data; FERPA allows mental health and other educational data to be freely distributed within the school community. FERPA even requires some privacy data to</li> </ul>

		<p>be shared outside the school system. FERPA is, by far, the superior way to handle data when focusing on an individual student to understand the pieces that contribute to their behavior. To accomplish the goal of the behavioral Health department providing professional services to the schools will require a commitment by leadership in San Bernardino County Board of Supervisors, and the Superintendent of Schools. Both entities will require significant support by their attorneys.</p>
	Dr. Akin Merino	<ul style="list-style-type: none"> <li>• Attended the 4<sup>th</sup> District DAC, encouraged everyone to join and attend the DAC</li> <li>• Trauma Care Q &amp; A with an online community and people from the Inland Empire and LA</li> <li>• Conducted a Healing from Childhood Trauma Workshop</li> <li>• Work, Life, Family with Church leaders around the Inland Empire</li> <li>• Women Over 40 Rejuvenate, African American women who came, she was asked to speak on mental health</li> <li>• Men and Midlife Crisis Training</li> <li>• Understanding Traumatic Dreams and Nightmares webinar</li> <li>• Building a Resilience in a Post Covid World</li> <li>• LGBTQ Lived Experience with online community</li> <li>• Trauma Awareness Walk</li> </ul>
	Lynn Summers	<ul style="list-style-type: none"> <li>• Special meeting of the Behavioral Health Commission to affirm the process for Innovations Plan</li> <li>• Refocus on You – Non-Profit in Loma Linda about health, eating habits, exercises, etc.</li> </ul>
	Veatrice Jews	<ul style="list-style-type: none"> <li>• Special meeting of the Behavioral Health Commission to affirm the process for Innovations Plan</li> <li>• Community Policy Advisory Committee (CPAC) Meeting</li> <li>• 5<sup>th</sup> District DAC Meeting, it is on the 4<sup>th</sup> Tuesday of each month at 5:00pm, they had a presentation by La Keisha Mosely on Older Adults.</li> <li>• African American Health Coalition, (Linda Hart is the CEO) had a community mental health green table discussion, a robust conversation on caregiving challenges and what DBH has available to assist with those challenges</li> <li>• Has continued her work with the Behavioral Health Ministerial Pilot Program, it is at the end of the grant cycles, busy with mental health month in the churches</li> <li>• Confidence Program put on by one of the churches, the idea was to address the youth and give them a safe space to express themselves</li> </ul>
	Vice Chair, Gil Navarro	<ul style="list-style-type: none"> <li>• Event in Los Angeles where Governor Newsom appeared in person and presented on employing 10,000 new individuals for mental health</li> </ul>

		<ul style="list-style-type: none"> <li>• He shared that a good friend of his was appointed to the Airport Commission, and explained that Airport Commissioners made a video representing their districts. He recommended that BHC make a video doing the same and the department take this request into consideration, if all the individual Commissioners are in agreement</li> <li>• He shared a personal story of his work with a family and the school system</li> </ul>
<p>L. Arrowhead Regional Medical Center – Behavioral Health Unit Presentation (Tab 6)</p>	<p>Deneb Osano, RN, BSN Interim Medical Director II - ARMC</p>	<ul style="list-style-type: none"> <li>• Hardcopies of the presentation were available at the meeting for those in attendance and can be accessed via the BHC website and using the following link: <a href="#">Arrowhead Regional Medical Center – Behavioral Health Unit Presentation</a></li> <li>• Q &amp; A:</li> <li>• Gil Navarro states it was indicated that a minimum of 50 beds is needed but there is only 20. He asked how we get the rest of the beds. <ul style="list-style-type: none"> <li>○ Deneb Osano stated getting to the 50 beds is a challenge, he does not have an answer however, they can bring it to the team and DBH to further look into.</li> <li>○ Robert Cazares stated it is real estate, there is a footprint in the existing behavioral health unit, and it is just enough room, our footprint can be expanded but at this time to go from no adolescent to 20 beds is a big win.</li> </ul> </li> <li>• Gil Navarro asked if this presentation has been presented to the County Board of Supervisors. <ul style="list-style-type: none"> <li>○ Robert Cazares stated all of the design plans go through the County and then to the State for approval.</li> </ul> </li> <li>• Gil Navarro asked if it will be presented to the County Board of Supervisors <ul style="list-style-type: none"> <li>○ Dr. Yoshioka wanted to circle back to the bed capacity, ARMC is one of the hospitals that is bringing on an adolescent unit, there are other fee-for-service hospitals that provide adolescent care for individuals in crisis, which would be Loma Linda Behavioral Health Medical Center (BMC) and Canyon Ridge. With that bed capacity that exists DBH works with County partners/hospitals to look at options for expanding beds. The key is space they have and that has to be taken into consideration, the BMC is working with DBH to increase capacity in the youth population currently.</li> <li>○ As far as the knowledge of the Board of Supervisors on this presentation for the project that ARMC is working on would be to accept the CHFFA grant award, it had to go to the board as to why they were submitting the grant and how it would be used. This is currently in progress and on the CAO's radar. A formal presentation will be done for CAO's then taken to BOS once ARMC and DBH are close to opening the doors.</li> </ul> </li> </ul>

		<ul style="list-style-type: none"> <li>• Gil Navarro asked again if this presentation would be done for the Board as he would like to attend. <ul style="list-style-type: none"> <li>○ Dr. Yoshioka stated that it may not be this specific presentation, but a presentation will be done at the board.</li> </ul> </li> <li>• Allie Mink asked the average stay time for people who are admitted to ARMC and the average stay for people going through the LPS Conservatorship currently. <ul style="list-style-type: none"> <li>○ Deneb Osano stated he did not have that data available but can pull that data as requested.</li> </ul> </li> <li>• Veatrice Jews stated the age ranges for adults are shown from 18-65, the older adult populations is increasing as people are living longer. <ul style="list-style-type: none"> <li>○ Deneb Osano explained that ARMC does have a designated area in the medical hospital to house individuals who are 65 and older.</li> </ul> </li> <li>• Michael Emmens from Amazing Place asked why this presentation would not be what goes to the board. <ul style="list-style-type: none"> <li>○ Dr. Yoshioka stated this was an overview of services for BHC, specific to the adolescent population there will be another presentation that goes to the board.</li> </ul> </li> </ul>
M. New Business – Action Item(s)		<ul style="list-style-type: none"> <li>• Dr. Caffey asked who will be summarizing the presentation for the Memo of Findings on this presentation. <ul style="list-style-type: none"> <li>○ Clerk Felix stated she is working on the Roster to add the new BH Commissioners and will inform the BHC accordingly.</li> <li>○ Clerk Felix stated Commissioner Spence is assigned for the month of June.</li> </ul> </li> <li>• Dr. Caffey stated asked County Counsel if Commissioner Spence would still be able to write the Memo of Findings report if she is attending as a non-voting member. <ul style="list-style-type: none"> <li>○ Jolena Grider stated under the Brown Act in order to participate, BH Commissioners must be at a posted address to participate however, she is able to still write the report.</li> </ul> </li> <li>• Dr. Caffey asked Commissioner Spence if she was still comfortable with writing the report, there was no response. Dr. Caffey stated she will reach out to the BH Commissioners to ask newer Commissioners to assist with summarizing this report with her coaching for the month of June.</li> </ul>
N. Director’s Report	Director, Dr. Georgina Yoshioka	<p>Dr. Yoshioka shared the following updates:</p> <ul style="list-style-type: none"> <li>• Looking to moving the BHC Meeting back to the CSBHS Auditorium, No food or drink is permitted other than water based on the landlord and renovations done</li> <li>• Into Light project running for 9 months at Cal State San Bernardino, this event is coming to a close and that closing ceremony is scheduled for June 07 from 10:30am-Noon.</li> </ul>

		<p>There is a display of portraits and stories of individuals with addiction to raise awareness and connect with the community. Encouraged BHC to attend.</p> <ul style="list-style-type: none"> <li>• Based on attendees in the audience and the level of information shared, she wanted to acknowledge the sensitivity of what is talked about, and to ensure that anyone in-person or online can reach out at any point if needed, to DBH's crisis line to talk to someone or for support, that number is 800-398-0018 to text it is 909-420-0560.</li> <li>• Miranda Conseco gave the following Public Relations update: <ul style="list-style-type: none"> <li>○ Thanked everyone who attended/participated in all of the MHM events. They hosted Directing Change, Resilient and Real Summit, and Meet the Artist Exhibition in -person and in total there was overall 400 participants in-person. There was an increase of 132% in social media content. There were 1,500 unique views on the MHM website. We participated in 32 outreach events in the month on May.</li> </ul> </li> <li>• Maribel Gutierrez gave the following Equity and Inclusion Update: <ul style="list-style-type: none"> <li>○ The Progressive Integrated Care Collaborative Innovation Project was approved by the Mental Health Oversight and Accountability Commission on May 25, the next step is to go to BOS on June 13 to get approved and start on this project. She thanked stakeholders and the BHC for their participation in affirming the process. This will be 16 million dollars to the county over the next 5 years to try out this service in our county.</li> <li>○ The 3-year MHSA Plan is going to BOS on June 13, this is the programs and services we anticipate providing over the next 3 years in the department. That is over 550 million dollars to the residents and those receiving mental health services or substance use services, it is estimated to service over 440 individuals with that funding.</li> </ul> </li> <li>• Dr. Yoshioka stated to close the Director's Report, she wanted to acknowledge Patricia's invite and will work with Kristen to see if her schedule will accommodate her attendance to this clubhouse event as she would love to attend.</li> </ul>
<p>O. Outside Agencies and Other Reports</p>		<ul style="list-style-type: none"> <li>• Patricia Parker stated she is a CEC Member as well as a Desert Stars Clubhouse member, she stated all the Clubhouses are coming together for a Yucaipa trip to attend the water park, she wanted to inform the group and invited Dr. Yoshioka to join them and see all the Clubhouses together.</li> <li>• Gil Navarro stated that he made this request last month as acting Chair, he likes to know who is attending the meetings, if those individuals who have not introduced</li> </ul>

		<p>themselves to do so now with their name and where they are from, he stated this is a request for Madam Chair.</p> <ul style="list-style-type: none"> <li>○ Dr. Caffey asked those in the virtual space to put their information in the chat and for those in the room to introduce themselves.</li> <li>○ Attendees introduced themselves as requested. Attendance is reflected below for the record.</li> </ul> <ul style="list-style-type: none"> <li>● Dr. Caffey stated that one of the asks of the BHC, because as mentioned there are so many programs and services the County offers, if it would be considered in the report giving highlights in those areas that are focused on the end of the year if there are events taking place, legislation and policy, those components and how it fits with BOS agenda as well.</li> <li>● Michael Emmens talked about an event Clubhouses recently had, Pathways, Team House, Desert Stars, Serenity, and Amazing Place Clubhouse had a boat challenge and stated it was nice to see everyone interact all around. It was a lot of fun and he enjoyed helping with the events. He also wanted to discuss the African American Youth and funding, he stated he is not familiar with how it works but what he would like to say is what he heard of the discussion is concerning and our job is to help the youth who are in need and it is our duty that kids get the help they need as they are the generation that is coming up next. He also stated he has ideas to help, he does photography and came from Philadelphia to pursue a dream, along that dream he came across all of these wonderful people and has ideas to spread the word and to get involved. He offered to do content creation if needed.</li> <li>● Patricia Parker stated that any new department that opens up in DBH, Desert Stars would love to know about it and have someone come talk to them, they love company, answering questions sharing and learning. Patricia also shared her personal experiences with Clubhouses and what the Clubhouses has to offer to help those in need and enjoying something that helps you focus your mind. She also shared about her experience with CEC and being a voice for people who cannot do so themselves.</li> <li>● Jennifer Esparza with Consumer and Family Affairs under OEI stated there will be two trainings coming up on June 6 from 1-3pm, and June 13 from 9:30-11:30am they will be about the Consumer and Family Advocate Movement, they will discuss the Consumer group when it first started and what it looks like now, Peer and Family Advocates, Senate Bill 803 Peer Specialist Certification, Consumer Evaluation Council, and Clubhouses.</li> </ul>
<b>Adjournment</b>	Chair, Dr. Monica Caffey – 4 <sup>th</sup> District	Being no further business to discuss the meeting was adjourned.
<b>Next Meeting</b>		<b>DATE/TIME:</b> Thursday, July 06, 2023   12:00pm – 2:00pm



**LOCATION:** County of San Bernardino Health Services - 850 E. Foothill Blvd., Rialto, CA  
92376 – Auditorium

**JUNE 01, 2023 ATTENDANCE**

**PRESENT:**

**ABSENT:**

**FIRST DISTRICT**

Samuel Shoup – 1<sup>st</sup> District Board of Supervisors Representative

Pastor Mark Graham – Via Teleconference

Michael Grabhorn

Lorrie Denson (Treasurer) – Extended leave of absence

**SECOND DISTRICT**

Dr. Valerie Samuel – In-person

VACANT

VACANT

**THIRD DISTRICT**

Troy Mondragon – In-person

Allie Mink – In-person

Bill Miller – In-person

**FOURTH DISTRICT**

Dr. Monica Caffey (Chair) – In-person

Dr. Akin Merino – Via Teleconference

Jennifer Spence (Secretary) – Via Teleconference (NON-VOTING MEMBER)

**FIFTH DISTRICT**

Gil Navarro (Vice Chair) – In-person

Veatrice Jews – In-person

Lynn Summers – In-person

*Sheena Felix, Clerk of the Commission*

*Behavioral Health*

**GUESTS**

Alia Caldwell	Alisha Hendry	Allison Cunningham	Athrur Shaw III	Angel Magallanes	Ashley Patterson	Brandon Sampson	Brian Dick
Cheryl St. Louis	Candice Alvarado	Carl Clay	Catrina Figueroa	Christina Entz	Christine Bierdrager-Salley	Claire Karp	Cynthia Warren
DBH – OEI	Deneb Osano	Derrick Cannon	Dr. April Clay	Dr. Rebecca Scott-Young	Dr. Rene Keres	Dylan Mckelroy	Erica Ochoa
Erin Zamora	Francisco Sanchez	Gloria Ugwuala	Gustavo Cisneros	Jennifer Alsina	Jennifer Esparza	Jennifer Pacheco	Jessica Montecinos
Julie Hale	Julie Sanchez	Rachel Kanakaole-Sweitzer	Karen Cervantes	LaKeisha Mosley	La Shaunn Spivey-Angeletti	Lauretta Ross	LeAnn Mast

Lillia Herrera	Linda Marie Griffey	Linda Titus	Lindsey Drake	Lizette Vazquez	MHSA Admin	Maribel Gutierrez	Marlandra Johnson
Marybel Valadez	Mattie Collins	Metra Jaber	Michelle McDonald	Miranda Canseco	Miriam Clark	Mitzy Vazquez	Nicole Rice
Nicole Woodward	Oneta Wilson	Pathways Clubhouse	Patricia Parker	Paul Cumming	Ravneet Mann	Renee Linares	Robert Cazares
Sarah Ikeda	Serenity Clubhouse	Sonia Navarro	Steven Jackson	Susan Achuff	Tawon Green	Team House	Asia Hayes
Dr. Teresa Frausto	Teri Morrell	Dr. Tim Hougen	Tuyet Nguyen	Valerie Maybrier	Desert Stars	Gregory Nyx	Kethura Solano
Miriam Aldaz	Adrianna Velasco	Kathy Dye	Michael Emmens	Spencer Hernandez	Gerald Wilson	Marlen Hernandez	Dr. Alyce Belford- Saldana
John Granado	Mark Franks						