

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
March 02, 2023
12:00-2:00 pm

Commissioners Present: Dr. Monica Caffey, Michael Grabhorn, Lynn Summers, Veatrice Jews, Gil Navarro, Jennifer Spence Samuel Shoup on behalf of Supervisor Col. Cook

Excused Absence: Lorrie Denson, Pastor Mark Graham, Dr. Akin Merino

Absent: None

Guests: Dr. Alyce Belford-Saldana, Tina Entz, DBH Admin, Dr. Gwen Dowdy Rodgers, Dr. Joshua Taylor, Gustavo Cisneros, Jatin Dalal, Jill Smith, Maribel Gutierrez, Michael Knight, Miranda Canseco, Nicole Woodward, Sydney Elless, Vanessa Miranda, Derrick Cannon, Dr. Rebecca Scott Young, Dylan Mckelroy, Jennifer Pacheco, Kathyah Gabriel Kaysarn, Kristen Mungcal, LeAnn Mast, Linda Murphy, Lindsey Drake, Lizette Vazquez, Marie Vasquez, Nicole Rice, Renee Linares, Serenity Clubhouse, Sonia Navarro, Allura Florence, Amazing Place Clubhouse, Arthur Shaw III, Bryan Clark – Desert Stars, Candice Alvarado, Jaclyn Garcia, Kimberly Morrow, La Keisha Mosley, LaShon Taylor, Linda Hart, Metra Jaber, Pathways Clubhouse, Rachel Sweitzer, Sekeia West, Sheena Felix, Teri Morrell, Tuyet Nguyen, Valerie Maybrier, Vernon Motschman, Wolfgang Hall, Brian Hermosillo, Carol McDonald, Charlene, DBH-OEI, Gregory Nyx, Irvin Pratz, Jennifer Esparza, Karen Cervantes, La Shon Brown, Marlen Hernandez, DBH-MHSA, Paola D’Aloia-Pascuzzo, Patricia Parker – Desert Stars, Sophia J. Brown, Steve McNally OC BHAB-BrainHealth247, Team House – Asia Hayes, Ashley Patterson, Carol McDonald, Darcie Edwards, Ilse Silva, Jolena Grider, Julie Sanchez, Kimberly Morrow, Manuel Santiago, Marie Vasquez, Steven Jackson, Vivian Bermudez

Minutes recorded by La Shon Brown on behalf of Sheena Felix, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER/ PLEDGE OF ALLEGIANCE/ROLE CALL

Chair, Dr. Monica Caffey called the meeting to order at 12:11 p.m. and led the group in the pledge of allegiance, roll call followed and was conducted by Marybel Valadez on behalf of Clerk Sheena Felix.

REVIEW OF GENERAL SESSION AGENDA / CHANGE IN AGENDA:

Department of Behavioral Health had a change to the agenda. Assistant Director, Michael Knight stated the presentation is being moved from this meeting, there is no back-up presentation for this specific meeting. For today, the original report out that we were going to do on the African American Community Outreach Update, is not going to happen, it will be moved to a future date. Unfortunately, due to the timeframe, we do not have an additional presentation to provide at this time.

Tab 5: Review Minutes from February 02, 2023.

Item deferred to the next meeting due to no quorum present.

PUBLIC COMMENTS

Marybel Valadez on behalf of Clerk Felix stated no public comments were submitted. Chair, Dr. Caffey, asked if there are any public comments in-person or on-line, or anyone who would like to make a public comment:

Public Comment: Wolfgang Hall with National Alliance on Mental Illness (NAMI) - San Bernardino asked: What is the application process as he applied a month ago, being that there are a lot of vacancies and having trouble with quorums, he thought it would be great to help out, but hasn't heard back, was curious to know if applications get through and get reviewed and what is the timeframe is for that.

Response: Chair, Dr. Caffey stated: This a public comment Wolfgang but she can let him know that applications go the Board of Supervisors (BOS). Once they receive them, the applications are reviewed and BOS make the appointment recommendation, then sends it to the Department of Behavioral Health and the Behavioral Health Commission. She stated she will follow-up with the application and thanked Wolfgang for applying.

Chair, Dr. Caffey asked if there are any other public comments:

Public Comment: Linda Hart with the African American Health Coalition stated she wanted to provide a lived experience, she recently had to contact the Crisis Center Mobile Unit and shared that one was not available at the time of Crisis, that only one (1) exists, which she stated she found to be quite interesting considering San Bernardino is a large county. When she asked what the next steps are, she was told that she could wait for the evening shift to come in. Linda stated she was informed to contact 911 of which she did. The 911 clerk took her information to provide to the Watch Commander. Fortunately, she knew someone at the top, it appeared as though they had to wait for DBH, someone would come from DBH who is employed, they would need to have an escort of which she would have to wait for someone to be available, which is another challenge for caregivers or people in crisis. Linda stated she went to the top, she was able to get some to come out with her, then found out the destabilization centers, are voluntary but where then can she was she found out later when she went to pick her loved one up that the stabilization centers are voluntary, which she understands but then where does one get the help they need if they are able to walk out when the caregivers know they need it. Linda shared she will be participating in the discussion regarding current bill to be able to help individuals and intervene in that manner. Even the follow-up with her loved one's aftercare, has been a little lax as well. She stated she will have a conversation on that at another level, with the department that oversees or monitor the people that are contracted out to provide services. She explained that she just wanted share what happened for her and her family and that it was quite challenging, she will continue to advocate for services, resources, and wraparound services. Chair Dr. Caffey thanked Linda for sharing and providing constructive feedback so things can be improved.

No other public comment. Chair, Dr. Caffey thanked those that spoke.

CHAIRPERSON'S REPORT

Chair, Dr. Caffey stated it was a very active month, excited to hear yesterday in regards to the announcement for Medi-Cal Peer Support Specialist Training Provider opening. CalMHSA submitted that announcement yesterday and the county sent out an email. This will give organizations opportunities to apply to be Peer training providers, which is essential to get individual peers certified at the State and local level. She stated she has been diligent all this month dealing with the opportunity, as peers are invaluable to the Behavioral Health System the Workforce Education and Training spaces being able to share your lived experiences and being able to have an opportunity where we have legislation SB803, that provides for Medi-Cal to be reimbursed for agencies who hire peers, and get them compensated is an absolute passionate place that she is advocating like never before. This is huge and it has taken many of years in Peer run organizations and everybody in the space to recognize that Peers have a voice. We would not have MHSA if it wasn't for our peers. If you all did not receive the announcement, the Department of Behavioral Health did send out and forward that the CalMHSA Peer Medi-Cal support specialist training. Last week, Chair, Dr. Caffey attended the Peer Supervised training, she is now a supervisor for peers. Her whole commitment is in this space, she encourages everyone to go to CalMHSA website, or if you have not received the information, you can let her know. She is sure, if anyone in the County needs that information on how any who is interested in becoming a provider to train peers, which means that you will have to establish the curriculum around 17 core competencies amongst other good stuff. The important aspect of this is that our county, being as large as it is, we have a great need for Peer training providers. She knows that we have them, but we have a large county, but we have a lot of peers, and she wants to be able to see that space filled so, thank you Kristen for everything, all the emails, and advocating for this being on the steering committee at the state level and having our presence. San Bernardino must get on the map; we have to get our peers working and out there. She shared she is hosting a student state of mind tomorrow at Chaffey Joint Unified School District, which is a place all high school student's 9th to 12th grade to come into a space where they can get a breadth of certified training in speaking to their own needs, directly to teachers, administration, and the parents. It is an opportunity for them to lay out what they see as strategies and opportunities for their own mental health and what they want to see provided in the community/school space. This training will take place Friday, March 3, 2023, at Chaffey Joint Unified School District, 3 other high schools Montclair, Rancho Cucamonga and Ontario are allowing their students to come into that space, and Chair, Dr. Caffey is really excited about it. She stated she has been in a lot of meetings regarding Adult Residential Care facilities for our county, she is very passionate about ensuring that those who need placement that are in crisis are able to locate places where we have placement for our adults. Dr. Caffey mentioned that she has attended many meetings, she could share the list but it is long as there have been meetings back to back from the work of the Commission to ensure that they will have their annual report out to the community and the Board of Supervisors with the next few months, as well as the Cultural Competency and advocating for the African American outreach program all the way down to parents, kids and even her own family, she has been very busy in this space. She is happy to be in a position to advocate for these services and actually also educate the community that's here that there are opportunities for you to engaged in, thank you so much. She thanked Kristen for posting in the chat (For more information on CalMHSA Peer Certification please visit their website at www.capeercertification.org. For any questions regarding DBH peer certification you may reach out to the DBH Peer Certification inbox at dbh-peercertification@dbh.sbcounty.gov.

COMMISSIONERS' REPORT

First District:

Commissioner Michael Grabhorn, attended the District Advisory Committee (DAC) which had MHSA present information on that, also had Narcan training through Indian Health which was present to the homeless shelter in Victorville. He is working with PEI Coalition they got a standing order with the state for Narcan. They are currently reaching out to all public agencies and schools have been covered by the state. He stated he want to be sure that non-profits have an equal opportunity to get Narcan to your clients or at least to your staff. You can find distributors on the internet or contact the High Desert Community Coalition. They will provide the training, the video and the Narcan and if non-profit they can be set you up with an order from the State of California, so you receive all you need to ensure your clients are covered by this. Commissioner Grabhorn explained that he has not been able to do very much, trying to do as much as he can from home. He extended his apologies to any of the organizations he has not be able to reach out or have had to cancel on. He thanked everyone for their support. Chair, Dr. Caffey thanked Commissioner Grabhorn and stated please never apologize for taking care of your wellbeing and physical health, we understand and appreciate everything that you are doing.

Second District:

No Commissioners present for the Second District.

Third District:

No Commissioners present for the Third District.

Fourth District:

Commissioner Jennifer Spence greeted everyone, stated that she is glad to be back, she has been kind of MIA for a couple of months. This brings her back to when she did her 18 years of counseling at an elementary school, where any child at any time could be at risk, depending what circumstances get put into their way, mental wellness is a big thing. She was thankful to know where to turn, she is getting things taken care of. She has some family medical issues going on. Commissioner Spence has tried to keep in touch with some of the local organizations, she been out for the last few months, but she is looking forward to everything working out well with the medical stuff and moving on, thankful she knows where to turn. She thanked everyone. Chair, Dr. Caffey thanked Commissioner Spence for joining and stated it is good to see her.

Fifth District:

Vice Chair Gil Navarro stated that he would like to take this opportunity to thank all the Commissioners for their volunteer time, and stated it is commendable because of need of supporting Mental Health services and concerns in County of San Bernardino. He stated he presented at the 5th District DAC meeting on February 28, 2022, on Wellness Centers, excellent presentation that Dr. Hougden Deputy Director presented to the commission. Commissioner Navarro stated he has been sharing that PowerPoint with various public officials, specifically with the school district. He had a meeting with Supervisor Joe Baca Jr of the 5th District, gave him a copy of the PowerPoint. Supervisor Baca Jr. was impressed with what he saw said he would support it as much as he could and what's allowable. Commissioner Navarro said his objective is to visit as many school board meetings in San Bernardino County, he is picking up 50 copies from Clerk Sheena Felix today, so that he can distribute to board members when he attends the board meetings. That is his goal. Commissioner Navarro mentioned that he thinks it is very important and critical that we have these wellness centers in place at our school sites, and as an advocate for 30 years, he has experienced some of his students that have, he explained that he hates to use the word meltdown, episodes in schools that has caused emotional trauma to themselves. He stated he has had several female students needing mental health services, he has referred them to local mental agencies that contract with San Bernardino County Department of Behavioral Health, and several female students who, he explained he doesn't like to use the word suicide, have attempted to hurt themselves and were taken to Loma Linda and Arrowhead mental facilities. There is a big need for early intervention, and that the wellness center could hopefully put off any ultimate hurt to a student that could get early intervention at a school site. Unfortunately, we have a lot of dysfunctional families with a variety of issues i.e. (death in the family, divorce, abuse), he has experienced a female student with a large number of behavioral issues at school because she witnessed the father, he explained he hates to use the word, abuse her mother, now the student has PTSD Post Traumatic Stress Disorder. The problem with that is that it erupts, and it is not something that goes away with a year or two years, it can come up at any time, which was happening with this young lady. This student is a bright young lady, he considers her a good girl, but unfortunately, the trauma she experienced and visualized has made a damaging impact on her emotional state. Even though we are past New Year's Day, that is Commissioner Navarro's New Year's resolution, is to support information of the Wellness Centers. Commission. Dr. Caffey thanked Commission Navarro for his advocacy for the parents and students who need access to services in the county.

Commissioner Veatrice Jews greeted everyone, stated she would like to give a quick report, it was Black History Month and on the 17th she attended the Love Program which was know the signs and talked about bipolar disorder, it was a very comprehensive presentation that was put on. It is very important that we understand the different signs and symptoms, so we can get the proper treatment that a person needs. Sometimes we must decide and say oh it could be this or that, but we really need to know the signs. It was good to have a panel of people there who worked with those who have this particular disorder, they provided interesting information. The other thing that was great is that we had the school district, that was supportive of this presentation. DBH and the school district all working together with the children, as Commissioner Gil was saying, with prevention and early intervention we can prevent chronic diseases. Also, there was a WebEx from CalBHBC how to involve community engagement. This morning there was a discussion on how effective community engagement is that we are doing. We may want to look at how we are doing this and change up some of the ways we are doing community engagement, the discussion was really about getting into the communities of the people that your really are serving, and that they know what you have and provide their input. Commissioner Jews continues to work with the Task Force for the Behavioral Health Ministerial Pilot Program, they are still having meeting and working in that capacity. They are at different health fairs or anywhere they can present the information. Commissioner Jews stated she is also trying to keep up with the CPAC meetings and the PEI meetings, said she will continue to work in that capacity in the next coming month. Dr. Caffey thanked Commissioner Jews and asked if they had there DAC as well. Commissioner Jews stated they did have a DAC meeting and Commissioner Gil Navarro presented on the wellness center, that is very important that it is near and dear to his heart as well hers, she explained that she is really concerned and hoping to work with the school district and do a visit to their centers.

Commissioner Lynn Summers stated this was a short month, it was a blessing on some of things she was able to do. Commissioner Summers stated she was able to sit in on a zoom call with Riverside, where the discussion was regarding the unhoused. Commissioner Summers explained she was able to provide her expert advice on things that she has learned from this forum, she shared on some of things the panel has spoken about, if they had not heard about those things, it was something that they could tap into. She was fortunate to do that and, she stated she was fortunate to talk to a permaculture group, permaculture is (An integrated way of doing gardening), they wanted to find out how does Behavioral Health and Farming really work. Commissioner Summers was able to provide them with information on some of the stuff that is done here in the county as a commissioner; it was enlightening listening to both ends. Commissioner Summers stated that she did a couple of issues with some of the students that she is dealing with, but she was able to provide numbers and references to those families to see they could be able to deal with some of the students. Commissioner Summers will be talking off-line to Commissioner Navarro, along with everyone else to find out what to do with students whenever the families are reaching out and they end up in a hospital setting, but they still want to go to school and stay enrolled in those schools, she stated it is something she has never seen before, therefore she really wants to find out. Chair, Dr. Caffey thanked Commissioner Summers said it was good to see and have her here today.

SUBJECT MATTER PRESENTATION:

The Subject Matter Presentation on African American Outreach was postponed to July's meeting. A subject matter presentation did not take place for the month of March.

NEW BUSINESS – ACTION ITEM(S)

Tab 7: Memo of Findings – Rotation Schedule 2023

Chair, Dr. Caffey explained that the group needed to review the rotation of memo of findings. Clerk Felix stated that this is based on a discussion amongst the Commissioners at the last meeting, she drafted the rotation schedule based on that conversation. Clerk Felix wanted to present to Commissioners and plans to send it out via email. Clerk Felix state if there are any conflicts with the dates or months assigned to Commissioners, please let her know, she will make those adjustments. Chair, Dr. Caffey thanked Clerk Felix and asked Commissioners to look at the rotation schedule to see the months assigned to them, she stated this will make this a lot easier and they will be on it.

Chair, Dr. Caffey just wanted to mention that in the Executive Session this today, the Commission discussed having a Community Forum, they will as a Commission be hosting. This will start in the 1st District, once they have all the details, Commissioner Graham, and Commissioner Grabhorn and Commissioner Denson, they will start there. The first planning meeting will be held next week, there will be an Ad hoc committee putting this together, getting the flyer out. The Commission really wants to be visible and accessible, and have the community know that your voices your input in regard to all services all programs all things that we are not really able to get in this 2-hour meeting or even our executive session, but the commission is able to provide viable feedback to the Department. They have a robust community planning process throughout the year and many opportunities for public input and comment. We want to be able to open it up to educate as well, for those who may not understand the services and what the county department of behavioral health department does, or what the behavioral health commission roles and responsibilities are and what we do, they want to be able to see

you face to face and provide that information and encourage you to get involved. As we have heard today, we have two (2) districts that need filling positions for commissioners, your role as advocate is essential, definitely will be following up with the Clerk of the Commission Sheena in regard to applications who have already shown interest, as we do have vacancies for District 2 and District 3. We definitely encourage and want you to know that this is like you said, you see all the comments around schools based on services, what's taking place without youth, and that is just across the board for community needing to be able to know how to get those services and what programs and what areas we may be able to provide more resources to, in order to help with some of the chronic pain that individuals are experiencing, because they haven't had treatment, they don't know where to get services, or actually dealing with very traumatic experiences, trauma informed care being able to deal with crisis stabilization all of those areas of need we work in that space and we advocate for our county to do the best that are able to do with the resources and funding that they have to be able to support individuals who live in our county. Thank you all so much, we will now go to the Directors report.

DIRECTOR'S REPORT

Assistant Director Michael Knight provided the following report on behalf of the Director, Dr. Georgina Yoshioka:

- Dr. Georgina Yoshioka and Dr. Monica Caffey meeting monthly. Cancelled for this month.
- Assistant Director Michael Knight thanked the Commissioners and everyone for joining the meeting, they are all appreciated.
- Vendors are encouraged to register in ePro to be notified of all possible bid opportunities. For more information on this process and how to register: <https://wp.sbcounty.gov/purchasing/vendor-registration/>.
 - Reminder to Commissioners if you participate on a review panel, the importance of confidentiality during the review process. Reviewers remain confidential. Attendees are not confidential, if requested during the Q & A portion, the Agency attendees are listed publicly.
- Reminder public comments are not to be responded to directly, however will be documented in the minutes for the official record.
- Reminder public inquiries including requests for data are to be made: DBH-PublicRealtions@dbh.sbcounty.gov.
 - Public Records Act Request Policy: <https://wp.sbcounty.gov/dbh/wp-content/uploads/2021/05/BOP3007.pdf>

Legislation Updates

None

DBH Updates

RFPs – Recently released Request for Proposal for Full-Service Partnership Program:

- Combination of our Full-Service Partnership Contracts both for the Homeless Services side, and for the Outpatient Clinics.
- The Bidders conference for that release for proposal was today, we have a number of providers that have been providing that service for a very long time. Had a good turn-out this morning and we will follow-up in future meetings with the outcomes of those RFPs.

Public Relations and Outreach Update - Miranda Canseco

- Provided an update on promotion and outreach they have been doing to recruit for the BHC vacancies.
 - Flyer developed and distributed at all of DBH outreach events.
 - Attended 25 Outreach events since the flyer has been created, there are 15 events coming up, that log is being added to. As the department is made aware of events and requested to be present.
 - Vacancy announcement has also been included in the county update on a monthly basis, this is a weekly newsletter that goes out on the behalf of the county, to a very large populace we will continue with that method and DBH will continue to post on social media, and all of social platforms which includes, Facebook, LinkedIn, Twitter and Instagram. Then the flyer if you wish to distribute to your community, or to your network, it can be found on the DBH Commissioner website on our DBH website.
- Outreach Report:
 - Department has 15 upcoming events that DBH will be participating in.
 - Continue to make new partnerships within the community. Stated if anyone would like DBH to be present at any community event, please reach out to PRO staff so they can plan and provide information.
 - DBH is working to finalizer May Mental Health Month announcements, she can provide a sneak peek of the schedule, the announcement should be going with registration links in the next week or so.

- DBH will kick things off with the BHC meeting on the 4th of May and encourage everyone to wear green on that day and provide digital access to utilize a green background via WebEx, encouraged everyone to wear green for that meeting.
- The next event will be on the 11th, which is Directing Change, another standing event that DBH has participated in. More information to come on this event.
- On the 17th of May DBH will have the Resilient and Real Summit, this is a First Annual and will be tied to the DBH podcast. If you are not aware DBH has a podcast which is in a live podcast format.
- For the end of May Mental Health month is the traditional Meet the Artist Exhibition hosted at the San Bernardino County Museum, an announcement will be going out on all platforms and on the DBH website within the coming week. Encouraged everyone to share this news and join DBH for these exciting events.

Office of Equity and Inclusion Update - Maribel Gutierrez

- Maribel shared that today is Employee Appreciation Day at DBH, a lot of people are wearing blue in support and thanked all of DBH employees and Commissioners as volunteers.
- Maribel provided an Outreach Update on the African American Community; this was brief update on what outreach efforts are being done at DBH for the African American population. Maribel Gutierrez Senior Program Manager for the Office of Equity and Inclusion, she introduced her co-presenter Sonia Navarro from the Mental Health Services Act, Prevention and Early Intervention. The Office of Equity and Inclusion has initiated the following efforts, to address concerns related to outreach to the African American Community. We have received advisement from the Cultural Competency Advisory Committee, collaboration with the African American Awareness Subcommittee, meeting with the Behavioral Health Commissioners, the Chair Dr. Caffey, Vice Chair Gil Navarro, with Dr. Yoshioka and Assistant Director, Michael Knight. We have also had meetings between Chair of Cultural Competency Advisory Committee Dr. April Clay and Vice Chair Ellen with the Behavioral Health Commission Chair and Vice Chair and have done community partnerships.
- Best Practices: A brief example of what DBH has been doing for Best Practices the CCAC the Cultural Competency Advisory Committee has started A Best Practice Series, Best Practices for meaningful engagement, they started with a discussion inviting community members to come and discuss about their Best Practices Promising Practice doing engagement and outreach with the community, African American Community, thanks to Commissioner Gil Navarro, who participated on the 1st panel for this topic. DBH will continue this series with other populations throughout the year.
- Training: working with Cultural Competency Advisory Committee on putting together a training series on “Race Base Trauma,” with the focus on the African American Black Community. This is as a result of our Cultural Competency Advisory Committee Summit in October, was requested by attendees, stakeholders and staff.
- Cross County Collaboration: The Cultural Competency Advisory Committee and the Office of Equity and Inclusion has been working with Riverside County on doing education to Black Lead organizations, who could be potential providers of Behavioral Health services, but may not know about the services we provide and our procurement process. This goes back to the Education and Awareness in our community about MHSA and the services we provide.
- Independent Evaluators: We have also been working with the Commission and Cultural Competency Advisory Committee, having discussions around inviting Independent Evaluators to come read our Request for Proposals for the MHSA programs procurement. At the request of the Commission the Commissioner are also offered the opportunity to be viewers of those Request for Proposals.
- Awareness and Collaboration: We are working on insuring that our commissioners are informed about or future procurements so that they can get that information out to their district advisory committee. Other awareness and collaboration is with the African American Awareness Subcommittee and the MHSA team, the Behavioral Health Ministerial Pilot Project, recently presented to that committee goes back to educating our stakeholders and the services we provide. Commissioner Dr. Caffey came and spoke with the African American Awareness Subcommittee on Behavioral Health practices, evidence-based practices, and community defined practices. We also have the Community Health Worker African American Program Providers come speak to that group, again informing the community about their services and how they are doing and building those relationships, they will be invited to attend at a later time to continue that relationship building and increasing outreach and

engagement for this population. Other things we have been doing is promoting the Behavioral Health Commission vacancies at all our meetings i.e., CCAC as well the subcommittee meetings.

- Community Program Planning: Working on the African American Awareness subcommittee hosted a special meeting with the MHSA Administration to present and discuss the resiliency promotion in African American Children PEI Program. They conducted a SWOT analysis this was done in the evening with hopes of more participation. They conducted the SWOT analysis; the community was able to provide feedback, MHSA team checked that information, did an analysis then came back at a later date in November and provided the results of that SWOT analysis, the feedback that came back to MHSA was used to support the expansion of the current program. Due to the support and other evaluation of funding the African American Resiliency Promotion Program will be expanded in the future.
- Ongoing stakeholder feedback: MHSA 3-year plan, held over 30 opportunities for stakeholders to come and listen about the MHSA 3-year plan, our outcomes and what we look to do in future. That currently is still up for your use. Our MHSA 3-year integrated plan is open for feedback from the community up until March 15, 2023. The 30 meetings that we held included our Family Resource Centers, DAC's, thanked Commissioners for allowing them to come into their space and informing constituents about that plan. Continuing to look at other opportunities to increase that community planning process. We would really like to partner and collaborate more with the commissioners and the advisory committees on best practices on how we can increase and improve our community planning process.
- Partnerships: Recently partnered the Office of Equity and Inclusion and African American Awareness Subcommittee with the Love Program, for the Know the Signs Series which is a bipolar disorder with the African American Communities Event. We did a DBH Resilient and Real Podcast "Keeping It Real, Mental Health in the African American Community", thanked Daphne with the Love Program and Chair of the African American Awareness Subcommittee Dr. Rogers for participating in the Podcast. Also held the December meeting for the Cultural Competency Advisory meeting with Kingdom Culture Worship Center. Looking as we start to build more partnerships and it safe with Covid regulations to do more hybrid meetings and meetings out in the community. That is what we have done with the Office of Equity and Inclusion.
- Shared a slide about of the Love Program Know the Signs this was the partnership of Department of Behavioral Health, San Bernardino County Schools, Pacific Clinics and Behavioral Health Ministerial Pilot Program.

PEI Outreach Update (Sonia Navarro – Program Manager for DBH Office of Prevention and Early Intervention)

- Sonia provided a brief update on PEI outreach efforts. This an ongoing conversation that they are having in order to continue to address the issues that are brought forth by the Commission. Continuing to assess current outreach programs to address concerns related to engagement with the African American community. Extensive community program planning was conducted to gather more information from stakeholders and community members for ongoing program needs and future program expansions. An assessment of the current data collection methods that were conducted to implement adjustments that will increase the likelihood of more ample results in the future. PEI Providers have been meeting regularly with PEI to develop ongoing solutions to challenges that have been identified when serving specific target populations.
- Enhanced data collection: Working very closely with providers to identify what the challenges are within the data collection process. Discussed several alternatives to the way that data is currently collected and continue to look for the best solutions to collect more data.
- Expanded technical assistance: We meet with Prevention and Early Intervention providers, programs specifically more regularly. Set up quarterly meetings with specifically with every single program, so not just all of the PEI providers but the Family Resource Center, the Promotores de Salud/Community Health Worker, to talk about what the specific challenges are and how can we best provide technical assistance. That can include anything from helping to develop a survey to determining the type of program planning that needs to be modified, having a lot more conversations on a regular basis.
- Increased collaborations: During the technical assistance meeting with the providers, the providers were asked to identify specific collaboratives to help increase their visibility and awareness of their programing. Also, asked them to look for collaboratives that can help build the capacity of the staff to serve the specific target population. Discussed mapping areas that might have a higher concentration of the target population and identify collaboratives within those particular areas.

- Improved staff recruitment: We have discussed with the providers the importance of ensuring that their recruitment efforts are in line with the target population. Providers are working with specific cultural communities to identify cultural brokers of that community that can possibly work as part of the outreach program or that willing to join the outreach efforts.
- Community Program Planning: Did conduct an extensive community program planning over the last six months that included a culturally specific community program planning session. Received valuable feedback from the community, reported back in our Community Policy Advisory Committee in October regarding the results, this will help inform future programing and enhancements.
- Program Assessments: We assess our programs on a Bi-Annual and Annual basis, to ensure program compliance and fidelity, we have a process in place by which the programs are monitored and ensure compliance. That is where we can identify any programmatic challenges and try to develop solutions early on, on an agency-by-agency basis.
- Ongoing stakeholder feedback: Continue to have conversations with the community and stakeholders regarding the needs of the African American Community, and how to best serve this target population across all PEI programs. As Maribel has mentioned in the past, the community health worker is not our only outreach program, outreach occurs across the entire continuum of care within DBH. All our PEI programs conduct outreach, this includes strategies for increasing engagement and outreach efforts.

Q&A:

- Assistant Director, Michael Knight thanked Maribel and Sonia for their updates, Linda Hart stated she had a question, Chair, Dr. Caffey stated yes, go ahead.
- Maribel Gutierrez responded to Chair, Dr. Caffey's message in the chat, about having the presentation sent out to her, Maribel stated she will get this presentation to Chair, Dr. Caffey and apologized as she only saw a black screen from sharing the presentation content, she attempted to ask if there we any other questions from the group, there was overlap in speaking.
- Linda Hart said excuse while Maribel spoke, stated that she was trying to get a point across as community member and consumer family member. She wanted to know as well if they can receive a copy. She stated what she finds interesting is that during your collaborations and your meetings, and special meetings and stakeholders, no one ever reached out to the African American Health Coalition, who has been doing this work for over the past 5 years. They have even created a curriculum, Linda stated that she does not know that if this out of retaliation or if it is just an oversight but she just wanted to go on the record and say that no one has reached out to the African American Health Coalition, which is vetted into the community for a while, so she just wanted to put that out there, thank you.
- Assistant Director Michael Knight stated that will conclude the Director's Report.

OUTSIDE AGENCY REPORTS

Chair, Dr. Monica Caffey asked if there are any other outside agencies or community reports:

- Maribel Gutierrez stated she is not sure if the new Administrator Manager for MHSa was ever introduced, but welcomed Dr. Rebecca Scott-Young, who is now our MHSa Administrative Manager. She will be helping to manage, direct, and facilitate to help the department improve the community planning process. We look forward to more conversations with the commission.
- Chair, Dr. Caffey thanked Maribel for getting the PowerPoint out to the community and the slides to Commissioners, that will be very helpful. She stated whenever a report is going to be that extensive, she would like DBH to have a time for questions and answers, as reports are not usually done like that. So, that would be very helpful. She stated because of what was presented, she has questions. Some of the contracts that are coming out and that are going to be ending, is there a certain period of time where those agencies are to stop their programing before they have to turn in their documentation to the department, or are they able to complete the services that they are contracted to do, up until the end of the contract date. Assistant Director, Michael Knight stated that as far as the services go the contract period goes through the entire contract. They would be expected to provide services through the end of the contract. Through that time, they should; be collecting all of their paperwork, they are still required of their contracts to provide that paperwork in order to receive any funding. The contract does still require provide everything at the end. There would not be a time where they would stop then continue to have funding to gather paperwork. Dr. Caffey said OK, thank you. She called on Maribel, Maribel stated yes it would be part of their contract and when they submit

their proposal and negotiate with the county, they build that out into their timeline to ensure that they have all of that should their contract end. Dr. Caffey stated ok excellent. Then with the collaboration with the community members around the updates that were so graciously provided, is there open invitations to community, is there flyers sent, she is trying to figure out how, because normally she knows the African American Subcommittee has their monthly meeting and that is where pretty much, she was invited to speak, and it is open to the community. Is there something else that may not have been sent out that the community members weren't aware of these activities or are they open to participate. Maribel stated that they do their best to work with the Public Relations Office, CCAC, and the subcommittees, so that the public relations office can approve all their materials and get it posted on the DBH website, then of course we have our list certs as well, and different partnerships through our different subcommittees. We are always looking at ways that we can improve that communications, so if the commissioners have names for us, of people they should be reaching out to, please provide those to us, our staff will be working to build those relationships.

- Chair, Dr. Caffey, thanked everyone for joining the Behavioral Health Commission, she stated they will be back, next week, she explained that the presentation that was allotted for today has been scheduled for July, that hosting will take place during their agenda, but it will be in July. She thanked everyone and stated to have an amazing day and stay safe.

ADJOURNMENT

Meeting adjourned at 1:16 p.m.

Dr. Monica Caffey, Chair
Behavioral Health Commission

La Shon Brown on behalf of Sheena Felix
Department of Behavioral Health