

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
May 5, 2022 - 12:00-2:00 pm

Commissioners Present: Lorrie Denson, Michael Grabhorn, Pastor Mark Graham, Jennifer Silvestri, Catherine Inscore, Victoria Ogunrinu, Akin Merino, Jennifer Spence-Carpenter, Veatrice Jews, Samuel Shoup on behalf of Supervisor Col. Cook.

Excused Absence: May Farr, Monica Caffey, Gil Navarro, Lynn Summers.

Absent:

Guests: Dr. Georgina Yoshioka, Michael Knight, Marina Espinosa, Dr. Timothy E. Hougen, Dr. William Oglesby, Raquel Ramos, Karina Urena, Andre Bossieux, Allison Cunningham, Aimara Freeman, Ashley Patterson, Brian Hermosillo, Christina Entz, Chad Schnitger, Cheryl McAdam, Christina Tran, Cristi Guerra, Diane Chaverria, Edith Herrejon, Erica Ochoa, Eric Rutherford, Serenity Clubhouse, Genie James, Dr. Gwen Rodgers, Linda Hart, Jakob McCarthy, Jacari Brandon, Jennifer Carter, Jennifer Pacheco, Julie Hale, Jill Smith, Jeramy Sanquist, Dr. Joshua Taylor, Kelli Guillory, Kelsey Conroy, Kimberly Morrow, Kristen Mungcal, Laura Tapia, Lileana Lopez, Linda Titus, Linda Marie Griffey, Lizette Vazquez, LeAnn Mast, Laretta Ross, Maribel Gutierrez, Amazing Place Clubhouse, Matthew Cervantes, Matthew Montana, Michelle Dusick, Metra Jaber, Nicole Woodward, Paola Daloia-Pascuzzo, Patricia Moore, Paul Cumming, Prem Daniel, Dr. Rene Keres, Robyn Gantsweg, Sarah Hayes, Sheena Felix, Robert Shields, Sonia Rubio, Steven Jackson, Steve McNally, Tristin Alfred, Valerie Maybrier, Vanessa Miranda, Vivian Bermudez.

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER/ PLEDGE OF ALLEGIANCE/ROLE CALL

Commissioner Jennifer Spence-Carpenter called the meeting to order at 12:05 p.m. and roll call followed. Commissioner Jennifer Spence-Carpenter led the group in the pledge of allegiance.

Tab 8: Review Minutes of April 7, 2022.

APPROVED

Motion/Second: Akin Merino/ Victoria Ogunrinu

AYES: Lorrie Denson, Michael Grabhorn, Pastor Mark Graham, Jennifer Silvestri, Catherine Inscore, Jennifer Spence-Carpenter, Veatrice Jews.

ASBSTAIN:

ABSENT: May Farr, Monica Caffey, Gil Navarro, Lynn Summers.

PUBLIC COMMENTS

Diane Chavarria shared concerns regarding her son's mental illness and the difficulties they have faced with placement and treatment. Diane fears her son will be placed in boarding care and it will cause regression like it has in past instances when placed on boarding care. Diane also expressed concerns regarding medications not being effective causing her son to potentially be a danger to others and himself. Diane is advocating for the best treatment and care for her son and will like to know the reasons why funding is being cut for Helping Hearts?

CHAIRPERSON'S REPORT

Commissioner Jennifer Spence-Carpenter chaired today's meeting in absence of Chair Monica Caffey. She will share her report during Commissioner's reports.

COMMISSIONERS' REPORT

First District:

First District Commissioner Lorrie Denson shared the First District Advisory Council (DAC) meeting hosted a presentation provided by Desert Rose Trauma. Commissioner Lorrie Denson shared will be hosting an event on May 21 called "sip and paint" that will bring awareness to youth and youth adults regarding mental health during the pandemic, resources and tools will be provided. Commissioner Lorrie Denson shared information on the event Family and Friends Day that took place on April 16 where the Department of Behavioral Health was able to offer information and resources to the community. During the event 33 vaccines were given and 92 COVID tests were done.

First District Commissioner Michael Grabhorn shared information on the presentation at the First District Advisory Council (DAC) meeting with Desert Rose Trauma Recovery, a non-profit organization providing council and therapy to individuals who cannot afford services, they presented on Brainspotting which aids trauma recovery by helping patients process the traumatic events and retrain their emotional responses. Commissioner Michael Grabhorn shared he attended the groundbreaking for the new wellness center called Tiny Homes in Victorville which provides 170 beds, 110 Tiny Homes for homeless men, women and families and wrap around services. Commissioner Michael Grabhorn shared on May 13 he will attend the Behavioral Health Commission teaching on CCRT and Test program. Lastly, Commissioner Michael Grabhorn shared he continues to participate in meetings with the Sherriff Mental Health Subcommittee and the Positive and Adverse Childhood Experiences (PACE) program.

First District Commissioner Pastor Mark Graham shared his appreciation and happiness to be able to join the Behavioral Health Commission. He shared information on the victim's recognition with the DA Office and the Board of Supervisor Paul Cook in Apple Valley. Commissioner Pastor Mark Graham shared on Abundant Living Mission High Dessert program where the primary focus is helping those who are being release form incarceration to re-enter society in a very successful and coordinate manner. In the last three years the program has been able to transport 24,800 individuals providing counseling, resources, and navigation as well as case managing those who are willing and have been able to reduce the re-arresting rate by 27%.

Second District:

Second District Commissioner Jennifer Silvestri shared that due to scheduling confusion the Second District DAC meeting was cancelled for the month of April but the previously scheduled presentation on the Step-Up team will take place at a future meeting. Lastly, Commissioner Jennifer Silvestri shared she obtained some valuable information from the Wisdom of Trauma Film.

Third District:

Third District Commissioner Catherine Inscore shared that she lost her daughter on April 19, she's had to travel to Salt Lake City and is taking some time off but will be back soon ready to continue to work with the Third District.

Third District Commissioner Victoria Ogunrinu shared her condolences to Commissioner Catherine Inscore. Commissioner Victoria Ogunrinu shared she attended a community event by the Inland Congregation United for Change (ICUC). It was an informative presentation with High School students regarding mental wellness they provided information on what the program does, who they collaborate with and what they provide for the community. Commissioner Victoria Ogunrinu shared she attended a seminar with her church where resources were given to minimize and prevent cognitive decline. Lastly, Commissioner Victoria Ogunrinu shared a presentation was given by Maribel Gutierrez at the Third District DAC, where she provided information on all the subcommittees available within the county.

Fourth District:

Fourth District Commissioner Akin Merino shared the Fourth District DAC meeting had a presentation on youth homelessness given by Andre. Lastly, Commissioner Akin Merino shared she gave a presentation based on Gen Z with a group of parents within the county and the state of California regarding mental health in youth.

Fourth District Commissioner Jennifer Spence-Carpenter shared the Fourth District DAC had a presentation regarding youth homelessness. Commissioner Jennifer Spence- Carpenter shared she continues to work with NAMI and provide services to the community until the program merges to LA county. Commissioner Jennifer Spence-Carpenter shared she is continuing to work with family support groups to reduce the stigma of depression. Lastly, Commissioner Jennifer Spence- Carpenter shared it is the 3rd year anniversary of her brother's death. His life is being celebrated with the planting of a tree as well as providing awareness on depression to the community.

Fifth District:

Fifth District Commissioner Veatrice Jews shared the Fifth District DAC meeting had a presentation from Maribel Gutierrez presenting on all subcommittees available within the county. Commissioner Veatrice Jews shared on the Behavioral Health Ministries Pilot Program which allows the Behavioral Health Department to partner with faith-based organizations to assist in identifying unmet behavioral health needs, specifically in African American churches and communities, providing targeted education to potential first responders, and connecting individuals to culturally appropriate services. Commissioner Veatrice Jews will provide flyers and more information on all Ministerial Pilot Program church events.

SUBJECT MATTER PRESENTATION:

Tab 9: San Bernardino County Children's System of Care

- Children and Youth Collaborative Services (CYCS) Administration oversees the Children's System of Care (CSOC). CSOC is implemented throughout San Bernardino County through contracted agencies and offers an array of services for seriously, emotionally disturbed children who are not benefiting from traditional mental health services. Services range from crisis intervention to life skills and educational services for children and youth 0 to 26 years old.
- Early Identification and Intervention Services (EIS)
 - The EIS program focuses on providing specialty mental health and attachment enrichment services to children ages 0 to their 9th birthday. These services are intended to improve the cognitive, emotional, behavioral, and developmental functioning of these children. In Fiscal Year 20/21, EIS provided services to 1,568 unduplicated children with 50% of the children being age 0-5 and 45% of those children had an ACE score of 4 or more.
 - During FY 20/21. The EIS program provided 3.5 hours of services during the first week of treatment and a little over 1 hour of weekly services during the remaining weeks. Due to the COVID-19 pandemic, most of the services were provided via telehealth with 33% of the services being individual and/or Family Therapy. Services on average lasted four (4) months.
 - Through collaboration and creativity, providers were successful in providing services using a telehealth platform. Of those children who presented with core needs at intake and completed treatment during FY 20/21, 75% of the children showed improvements in their core needs and 72% showed improvement in issues specific to the 0-5 population. At discharge, children showed 71% improvement in Attachment Difficulties, 70% improvement in Anxiety and a 69% improvement in Anger Control.
- Screening, Assessment, Referral, and treatment (SART)
 - SART, serves children ages 0-5 who are experiencing social, physical, cognitive, behavioral, developmental, and/or psychological issues. It is an intensive program that provides services to at risk children, many who have been exposed to abuse, neglect and/or substances in utero. During FY 20-21, approximately 54% of the children served were male, 55% were age 2 and younger, and 45% had an ACE score of 4 or more.
 - SART uses a transdisciplinary approach to treatment, which includes screening, assessment, referral, and treatment by clinicians, pediatricians, public health nurses, occupational therapists, speech and language therapists, and pediatric neuropsychologist. During the COVID-19 pandemic, providers modified their provision of services, providing services mostly via telehealth.
 - The COVID-19 pandemic presented many challenges this past year, especially with serving the 0-5 population. Providers effectively provided services using virtual platform and overall, the children showed an 84% improvement in the number of needs they were experiencing at intake. Upon discharge, children also displayed an 81% improvement in issues specific to the 0-5 population, which included a 79% improvement in Physical Emotional Dysregulation, 78% improvement in Attachment Difficulties, and a 76% improvement in Adjustment to Trauma.
- Student Assistance Program (SAP)

- Children are referred by the schools targeting the kindergarten – 12th grade population. Funding is provided through Mental Health Services Act (MHSA), Prevention and Early Intervention (PEI), and EPSDT Medi-Cal. This is a curriculum- based program that included skill- building activities and groups.
- School Aged Treatment Services (SATS)
 - Children are referred by the schools, DBH, Child Welfare, and general community. The target population is school aged children and youth, best entry-level program for 6–17-year-olds. Funding is match from Local Education Agencies (LEAs) and EPSDT Medi-Cal. SATS provides services mainly in public schools.
- Centralized Children’s Intensive Case Management Services (CCICMS)
 - Children are referred by DBH clinics, child welfare, probation, inpatient psychiatric hospitals, and Community Crisis response Team (CCRT). The targeted population are children and youth not benefiting from established programs; out of county placement of foster children (AB1299); residential placement youth requiring qualified individual assessments. Funding is provided by the Mental Health Services Act (MHSA), Community Support Services (CSS) and EPSDT Medi-Cal. Majority of the services provided are field-based at CCICMS.
- Success First/ Early Wraparound (SF/EW)
 - Children are referred by child welfare, probation, inpatient psychiatric hospitals, and other children’s system of care programs. Target population is children and youth who struggle with emotional disturbances and co-occurring disorders; also identified as unserved, underserved; foster and probation youth who are not eligible for SB163 wraparound program. Funding is provided through Mental Health Services Act (MHSA), Community Support Services (CSS) funded Fill-Service Partnership (FSP) and EPSDT Medi-Cal. Services focus on stabilization and preventing out of home placements.
- SB 163 Wraparound
 - Children are referred by the San Bernardino County Child Welfare and Probation. Target population are Child Welfare and Probation Children and Youth to reduce the risk of out of home placement. Funding is through the Mental Health Services Act (MHSA), Community Support Services (CSS) funded Full- Service Partnership (FSP), and Child Welfare and EPSDT Medical-Cal. Services focus on stabilization and preventing out-of-home placements.
- Children’s Residential Intensive Services (ChRIS)
 - Children are referred by Child Welfare and Probation from any county in the State. Target population are Child Welfare and Probation children and youth at the highest level of care outside of a psychiatric hospital. Funding is through the Mental health services Act (MHSA), Community support Services (CSS) funded Full-Services Partnership (FSP), Child Welfare, and EPSDT Medi-Cal. Functions as a mental health clinic within group home; currently have 28 different ChRIS providers that operate at 54 Short-Term Residential Therapeutic Programs (STRTPs).

NEW BUSINESS – ACTION ITEM(S)

Identify Commissioner to Prepare Presentation Findings:

- Commissioner Akin Merino volunteered to complete this month’s memo of findings.

DIRECTOR’S REPORT

Interim Director Dr. Georgina Yoshioka provided the following report:

Director’s Office:

- Dr. Yoshioka and Dr. Caffey monthly meeting was rescheduled to June 2022.
- May is Mental Health Month – “Together for Mental Health”

Behavioral Health Commission to Review (Reminder):

- Vendors are encouraged to register in ePro to be notified of all possible bid opportunities. For more information on this process and how to register: <https://wp.sbcounty.gov/purchasing/vendor-registration/>

- Reminder to Commissioners if you participate on a review panel, the importance of confidentiality during the review process. Reviewers remain confidential. Attendees are not confidential, if requested during the Q & A portion, the Agency attendees are listed publicly.
- Reminder public comments are not to be responded to directly, however will be documented in the minutes for the official record.
- Reminder public inquiries including requests for data are to be made: DBH-PublicRelations@dbh.sbcounty.gov
 - Public Records Act Request Policy: <https://wp.sbcounty.gov/dbh/wp-content/uploads/2021/05/BOP3007.pdf>

Legislation Updates:

- No updates given.

DBH Updates:

- DBH Public Relations Office – Update
 - Wednesday, 5/4/22 – Meet the Artist – County of San Bernardino Museum in Redlands
 - Directing Change Program – Screening & Awards – Wednesday, 5/18/22
 - Other recognitions this month
- African American Participant Data – Table to next BH Commission Meeting (6/2/22) – Requested by BH Commission, Chair Monica Caffey.

OUTSIDE AGENCY REPORTS

Linda Hart, with the African American Health Coalition, shared they will be partnering with the LA Sparks and the DEA for the month of May and will be hosting a basketball clinic/ mental wellness clinic held at Indian Springs High School opened to boys and girls from ages 10-17 years of age on May 21. Linda Hart will provide flyer with more information to Raquel Ramos.

Commissioner Victoria Ogunrinu provided a reminder regarding the GriefShare Program session on May 5 at 6 pm, available every Thursday, and it is open to the public. Information was sent out through email provided by Raquel Ramos on April 8.

ADJOURNMENT

Meeting adjourned at 2:00 p.m.

Jennifer Silvestri, Secretary
 Behavioral Health Commission

Karina Urena, Office Assistant III
 Department of Behavioral Health