

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
February 3, 2022 - 12:00-2:00 pm

Commissioners Present: Monica Caffey, Michael Grabhorn, Lorrie Denson Jennifer Silvestri, Jennifer Spence-Carpenter, Victoria Ogunrinu, Veatrice Jews, Lynn Summers Samuel Shoup on behalf of Supervisor Col. Cook.

Excused Absence: Gil Navarro

Absent: Akin Merino, May Farr, Catherine Inscore.

Guests: Michael Knight, Karina Urena, Jamal Johnson, Dr. Joshua Taylor, Cristi Guerra, Dr. Rene Keres, Jennifer Silvestri, Luz Razo, Tristen Alfred, Jennifer Esparza, Lauren Valles, Sonia Rubio, Laretta Ross, Michelle Dusick, George Toruno, Brian Hermosillo, Susan Achuff, Derrick Cannon, Tricia Navarro, Carol McDonald, Zakiya Otis, Valerie Dunn, Dr. William Oglesby, Francesca Michaels, Dr. Timothy Hougen, Nicole Woodward, Jessica Montecinos, Vivien Limon, Andre Bossieux, Lileana Lopez, Jennifer Pacheco, Steven Jackson, Aimara Freeman, Erica Ochoa, Metra Jaber, Toni Harris, Julie Hale, Kristen Mungcal, Maribel Gutierrez, Jeremy Sanquist, Erin Zamora, Steve McNally, Anna Blum, Carrie DeGross, Cassidy Acosta, Christina Entz, Adriana Lechuga, Monica Wilson, Liz Maldonado, Fabiola Yanez, Linda Hart, Mark, Jerome Thomas, Karen Cervantes, Kimberly Morrow, Linda Marie Griffey, Lizette Vazquez, Marlen Hernandez, Melissa Holcombe, Michelle McDonald, Miriam Clark, Nyketa Arnold, Ruben Robles, Samuel Shoup, Sandra Sesma-Ramirez, Sean Colony, Susie Gamboa, Tamara Lezama, Valerie Maybrier, Vanessa Miranda, Victoria Ponce.

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER/ PLEDGE OF ALLEGIANCE/ROLE CALL

Chair Dr. Monica Caffey called the meeting to order at 12:04 p.m. and roll call followed. Chair Dr. Monica Caffey led the group in the pledge of allegiance.

Tab 6: Review Minutes of January 6, 2022.

APPROVED

Motion/Second: Lynn Summers/ Jennifer Spence-Carpenter

AYES: Michael Grabhorn, Lorrie Denson, Jennifer Silvertri, Victoria Ogunrinu, Veatrice Jews.

ASBSTAIN:

ABSENT: Akin Merino, May Farr, Catherine Inscore, Gil Navarro

PUBLIC COMMENTS

No public comment.

CHAIRPERSON'S REPORT

Chair Dr. Monica Caffey shared district four having their District Advisory Committee (DAC) last month where an annual update was given regarding Mental Health Service Act update. Dr. Monica Caffey encouraged everyone to attend the next District Advisory Committee (DAC) meeting on February 6th from 6pm-7 pm and announced a calendar will be going out with all DAC scheduled meetings. Dr. Caffey mentioned for the remaining of February and March at 6 pm she will be providing a parent workshop regarding mental health and the impact that the pandemic has had on youth overall and specifically African American youth in the Chaffey Joint Unified School District as well as providing resources for the community. Lastly, Dr. Caffey shared attending the Martin Luther King breakfast and acknowledged commissioner Veatrice Jews for receiving an award for her service.

COMMISSIONERS' REPORT

First District:

Commissioner Lorrie Denson shared having their DAC meeting January 19th where an update was given regarding the Mental Health Services Act which provided updates on programs and expansions and recommended to be informed on what is available and what will be available for the community. During the month of January Burning Bush Covid testing site, in collaboration with an organization called Color and AAEC, have been providing swabbing test and will be extended to June. Commissioner Lorrie Denson also shared continuing to have wellness Wednesday food distribution from 11:30-12:30 partnered with Rescue Mission. Lastly, Commissioner Lorrie Denson shared that in collaboration with Shot at Faith they will continue to provide virtual townhall meetings with medical doctors who answer questions regarding Covid 19 and strands, next meeting will be Wednesday Feb. 9th at 6 pm and will be providing zoom link.

Commissioner Michael Grabhorn shared their DAC meeting will be Feb. 16th at 11-12 pm and Art Vest will be presenting. Commissioner Michael Grabhorn also shared being on the board for Family Assistance Program and have been granted permission by the city of Victorville to build Tiny Homes in downtown Victorville for transitional aged youth that are homeless and ground break will begin at the end of February.

Second District:

Commissioner Jennifer Silvestri shared having their DAC meeting January 13th and receiving MHSAs new programs and expansion updates. Commissioner Jennifer Silvestri shared having their Point-in-Time Count workshop in January and will be suspended until the end February. Commissioner Jennifer Silvestri shared working with Michelle Dusick, Dr. Rene Keres, and Tristin Alfred on the specific needs in the mountain region with the homeless. Lastly, commissioner Jennifer Silvestri shared having their DAC meeting February which will be center on eating disorders.

Third District:

Commissioner Victoria Ogunrinu shared that on January 18th she attended the LBH meeting which provided information and challenges around the world. She added being impressed with the African Coalition in Los Angeles presentation regarding their ability to reach the population specifically those seeking asylum and help. Victoria Ogunrinu shared having their DAC meeting Feb. 2nd and continues to advocate for expansions of programs and resources for regions like High Desert, 29 Palms, Yucca Valley and Joshua tree.

Fourth District:

Commissioner Jennifer Spence Carpenter shared attending their DAC meeting and being impressed with the amount of people attending and hoping for the growth to continue each month. Jennifer Spence Carpenter shared continuing her work with NAMI Pomona Valley which will be merging to greater Los Angeles. Commissioner Jennifer Spence Carpenter shared their will be a fundraiser for mental health awareness with the AC Clippers at the Toyota Arena March 12 and will be providing flyers.

Fifth District:

Commissioner Veatrice Jews reported having their district DAC meeting and receiving the MHSAs updates. Commissioner Veatrice Jews shared upcoming DAC meeting will be Feb. 22 at 5 pm-6:30 pm. Lastly, commissioner Veatrice Jews shared attending the CALBHBC conference.

Commissioner Lynn Summers shared that this month she was part of a food drive and shower set up by St. Paul Ame Church. They also provided Covid testing and vaccines for the homeless in the area and had a great turnout.

SUBJECT MATTER PRESENTATION: Older Adult Services

Presenter: Christina Entz (acting Senior Program Manager for 24hr/Emergency Services, Ruben Robles (Program Manager I), and Sonia Rubio.

Tab 7: Older Adult Community Services Program

Tab 8: DAAS Treatment Program for Older Adults

NEW BUSINESS – ACTION ITEMS

Identify Commissioner to Prepare Presentation Findings:

- Commissioner Lorrie Denson volunteered to complete this month's memo of findings.

DIRECTOR'S REPORT

Assistant Director, Michael Knight provided the following report:

Michael Knight shared the following report regarding equity and inclusion:

- January 11, 2022 the Board of Supervisors adopted a proclamation declaring the second week in February as African American Mental Health Awareness Week through the year 2026.
- On February 28th the DBH African American Awareness Subcommittee will be hosting a virtual event titled: Bridging the Gap: San Bernardino County African American Behavioral Health Perspectives Over the Last 50 Years! From 2:00-4:00 p.m.
 - The purpose of the annual celebration is to further our understanding of the African American culture through education and collaboration and to promote mental health awareness. The event will also highlight the local San Bernardino County community members that advocated for the 2nd week of February to be recognized as African American Mental Health Awareness Week.
 - All are welcome a save the date with meeting information will be released in the next few days.

Michael Knight shared the following report regarding Behavioral Health Commission:

- Draft MHSA Annual Update for Fiscal Year 22-23 is Now Available for review.
- Please review the Draft MHSA Annual Update for fiscal year 2022-2023. Instructions are available on how to provide your feedback. For your convenience, the Stakeholder Demographic Survey and Comment Form is available in English and Spanish. Once downloaded and completed you can use the submit button to email the form to: MHSA@dbh.sbcounty.gov
- Closes February 28, 2022.

Michael Knight Provided the following Legislation Updates:

- Governor's Budget
- AB 135 – Human Services Omnibus
 - Effective January 1, 2022 the definition of "elder" will change from age 65 or older to "means any person residing in this State 60 years of age or older" and the definition of "dependent adult" will include any person "between 18 and 59 years of age." This new law also revises the definition of dependent adult to say that a dependent adult has a combination of a disability and the inability to protect their own interest; or has an inability to carry out normal activities to protect their rights; or who is admitted as an inpatient to a 24-hour facility.
- AB 0638 Quirk-Silva (Chapter 584) – Early Intervention and Prevention Programs
 - Amends the Mental Health Services Act (MHSA) to include in the authorized Prevention and Early Intervention (PEI) services, PEI strategies that address mental health needs, substance misuse or substance use disorders (SUD), or needs relating to co-occurring mental health and substance use services within the county. By authorizing a new use for continuously appropriated funds, this bill would make an appropriation. The bill would state the finding and declaration of the Legislature that this change is consistent with, and furthers the intent of, the MHSA. (Amends Welfare and Institutions Code §5840.

Michael Knight provided the following update regarding testing kits:

- Testing kits are now available and will be provided through all club houses in the San Bernardino County.
- Testing Resources are available on [Sbccovid19.com/testing](https://sbccovid19.com/testing) or you may call (909) 387-3911.

OUTSIDE AGENCY REPORTS

- Maribel Gutierrez from the Office of Equity and Inclusion advised details on the Inland Empire African American Concerned Churches (IEAAC) Martin Luther King event will be posted on face book and Raquel Ramos will send out via email.
- Aimara Freeman of Public Relations and Outreach advised that there are no major events in January. However, the Consumer Art Calendar will be distributed!
- Michel Dusick of Mental Health Services Act (MHSA) advised we are starting on the community planning process for the MHSA Annual Update. A series of meetings will be advertised shortly. The plan is to post the plan as the meeting take place. A majority of the meetings will be virtual, however there will be some in person meetings at the Clubhouses. The public is welcome to join these meetings!

ADJOURNMENT

Meeting adjourned at 1:55 p.m.

Dr. Monica Caffey, Chair
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission