

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
January 6, 2022 - 12:00-2:00 pm

Commissioners Present: Monica Caffey, Michael Grabhorn, Jennifer Silvestri, Jennifer Spence-Carpenter, Victoria Ogunrinu, Akin Merino, Veatrice Jews, Gil Navarro, Lynn Summers Samuel Shoup on behalf of Supervisor Col. Cook.

Excused Absence: Lorrie Denson, May Farr, Catherine Inscore

Absent: Carol Kinzel

Guests: Michael Knight, Karina Urena, Jamal Johnson, Dr. Joshua Taylor, Kelli Ensman, Ladrina Moffatt, Amber Carpenter, Cristi Guerra, Dr. Rene Keres, Jennifer Silvestri, Luz Razo, Briceina Topmkins, Tristen Alfred, Jennifer Esparza, Lauren Valles, Sonia Rubio, Laretta Ross, Michelle Dusick, Ray Esparza, Gregory Nyx, George Toruno, Kelli Guillory, Priyanka Taneja, Roger Uminski, Merida Saracho, Victoria Hall, Brian Hermosillo, Susan Achuff, Derrick Cannon, Dianne Wolkenhauer, Tricia Navarro, Carol McDonald, Jeron Crawford, Hillary Steenson-Ray, Zakiya Otis, Melinda Gutierrez, Valerie Dunn, Robyn Gantsweg, Dr. William Oglesby, Marina Espinosa, Francesca Michaels, Dr. Timothy Hougen, Edith Herrejon, Nicole Woodward, Jessica Montecinos, Keith Haigh, Vivien Limon, Andre Bossieux, Gaby L., Adrian Roberts, Lileana Lopez, Claire Karp, Jennifer Luu, Christina Tran, Dannie Galligani, Jennifer Alsina, Jennifer Pacheco, Steven Jackson, Aimara Freeman, Erica Banks, Erica Ochoa, Metra Jaber, Terrance Stone, Toni Harris, D. Palmer, Angela Harrington, Julie Hale, Sarah Stromwall, Erica Richling, Jim Adams, Cheryl McAdam, Kristen Mungcal, Dr. Georgina Yoshioka, Maribel Gutierrez, Jeremy Sanquist, Erin Zamora, Dr. Jonathan Avalos, Maria Austin, Laurence Gonzaga, Steve McNally, Aimara Freeman, Edith Lockerman, LeAnn Mast, Cynthia Allie, Christopher Porter

Minutes recorded by Raquel Ramos, Clerk of the Behavioral Health Commission (BHC).

CALL TO ORDER/ PLEDGE OF ALLEGIANCE/ROLE CALL

Chair Dr. Monica Caffey called the meeting to order at 12:04 p.m. and roll call followed. Commissioner Navarro led the group in the pledge of allegiance.

Tab 1: Review Minutes of November 4, 2021.

APPROVED

Motion/Second: Gil Navarro/ Lynn Summers

AYES: Michael Grabhorn Veatrice Jews, Victoria Ogunrinu, Monica Caffey, Akin Merino, Jennifer Silvestri,

ASBSTAIN: Jennifer Spence-Carpenter

ABSENT: Carol Kinzel, Lorrie Denson, May Farr, Catherine Inscore,

PUBLIC COMMENTS

No public comment.

CHAIRPERSON'S REPORT

Chair Dr. Monica Caffey shared the Fourth District Advisory Committee (DAC) hosted a presentation from the Department of Behavioral Health (DBH) on the Eating Disorder Collaborative. Meetings will continue to be hosted virtually. The DACs are very important for community to participate and have their needs heard. The BHC is then responsible for updating their Board Offices and DBH of the community's needs. Presentations are scheduled through August. Meetings take place the 3rd Wednesday of the month, the next meeting being January 19 at 6pm. The presentation scheduled will be from Executive Director from 211. Dr. Caffey confirmed the DAC schedule and training calendar was sent out electronically and posted on the BHC website.

COMMISSIONERS' REPORT

First District:

Commissioner Michael Grabhorn shared he watched the awards ceremony on December 2 and congratulated the winners. On December 10 he met with Sergeant Rodriguez, who is in charge of the Marijuana Enforcement team. Sergeant Rodriguez is working with the High Desert Community Coalition on ordinance the limiting sales of drug paraphilia at local smoke shops.

Second District:

Chair Caffey reminded the group Commissioner Carol Kinzel shared that she does not plan to renew her application to be a commissioner, which will result in a resignation.

Commissioner Jennifer Silvestri wished meeting attendees a Happy New Year. She shared that Andre Bossieux presented on TAY at the 2nd District DAC in December. The most exciting parts of the presentations was information on housing funds for TAY. The Point in Time Count is coming up, training workshops are being held in the coming days. Funding for housing and the homeless relies on information collected via the Point in Time Count. There have been many weather-related problems in the mountain area, including problems with roads and power.

Third District:

Victoria Ogunrinu reported the month of December she was busy with church related activities. She viewed the awards ceremony and congratulated the awardees. This January she is working on hosting a vaccine clinic at her local church. The clinic will take place January 11, 10am to 6pm, it is free.

Fourth District:

Commissioner Jennifer Spence-Carpenter shared she attended the virtual awards ceremony, it was exciting to see people being acknowledged for their hard work. As Chair Caffey stated in her report the Eating Disorder Collaborative during the 4th District DAC was very informative. She is continuing her online trainings for Peer Certification Review. She is working with Pomona Valley District in collaboration with the National Alliance on Mental Illness

Akin Merino wished everyone a Happy New Year. She shared she is recovering from COVID. She is looking forward to continuing her work with the Behavioral Health Commission. At a recent DAC, there was a discussion on 211 and thinks a presentation would be beneficial. She is continuing her work teaching Trauma courses.

Fifth District:

Commissioner Veatrice Jews wished attendees a Happy New Year. She shared she participated in the filming for the awards ceremony. She received Crisis Intervention Team Training via the Prevention and Early Intervention Ministry Pilot Program. It was very beneficial. The taskforce meets weekly and coordinates training. There was a depression related training that the group coordinated. The November DAC meeting had a presentation on the RBEST program. She plans to attend the CALBHBC meetings in January and will coordinate the DAC Meeting for the 5th District in January. The Inland Empire Concerned African American Churches are hosting a Martin Luther King virtual breakfast celebration. Information on how to participate will be sent out via email. She is continuing work on the Annual report.

Commissioner Gil Navarro commended Commissioners for volunteering their time. As he mentioned at the Executive Session, he is recommending a workshop to discuss items that can be put on the Executive Session for discussion. An example is he is requesting a workshop on department legislation the Board of Supervisors has approved pertaining to Mental Health. He shared he has received complaints from parents regarding families needing Cultural Competency integrated in the behavioral health services they are receiving. He is requesting Maribel Gutierrez present on Cultural Competency.

Commissioner Lynn Summers shared that it was an honor to be a part of the awards program. We have so many awesome people working to support the communities. She shared she signed up for the Homeless Point In Time Count. She completed 3 toy drives in December. The month of December is difficult for many families. She is going to start looking at the disconnect from the time families ask for assistance and receiving follow through.

Tab 2: SUBJECT MATTER PRESENTATION: Juvenile Justice Programs Overview

Presenter: Amber Carpenter, Interim Program Manager II

- Juvenile Justice Programs are a collaboration between Behavioral Health and Probation Departments which combine resources in order to establish a comprehensive and effective continuum of adolescent behavioral health care to meet the needs of the juvenile population with mental illness in or out of custody.
- Under DBH Forensic Services division, a collaboration between Probation and Behavioral Health Department includes the JJP Administration, Forensic Adolescent Services Team (FAST), Gateway to ARISE, Integrated New Family Opportunities (INFO) and the Juvenile Justice Community Reintegration (JJCR) programs.
- FAST Provides behavioral health services to youth who are detained in a San Bernardino County Juvenile Detention and Assessment Center (JDAC) or housed at a Probation Treatment Facility. Types of services include: Intake/Screening, Triage, Assessment, Medication Support Services, Crisis Stabilization, Individualized Treatment Plans and Multidisciplinary Team Linkage and Reintegration.
- The goal of FAST is to provide access to care. The provision of on-site medical behavioral health services to include screening, assessment, crisis and emergency interventions, pharmacy, and preventive treatment services.
- On September 30, 2020, Governor Gavin Newsom signed Senate Bill 823 into law, which supports the research reflecting that youth experience better outcomes when they remain closer to home. SB 823 increases local court jurisdiction and age of confinement in local youth facilities to age 25 to align with the current upper age of confinement at the Department of Juvenile Justice. Effective July 1, 2021, the State began to phase out the Department of Juvenile Justice by halting all transfers of youth from California's counties to the State's three remaining custodial facilities.
- The target populations for Gateway to Arise in San Bernardino County are youth who have been realigned by the California Division of Juvenile Justice (DJJ) or who would otherwise have been eligible for commitment to the State Department of Juvenile Justice. Minimum of 10-80 youth ranging from 14 years to 25 years old whose most recent committing offenses are listed in Welfare and Institutions Code (WIC) 707(b).
- SB 823 Legislative Goals are to ensure that justice-involved youth are closer to their families/communities and receive age-appropriate treatment, reduce the transfer of youth into the adult criminal justice system, reduce and then eliminate racial and ethnic disparities, and reduce the use of confinement in the juvenile justice system by utilizing community-based responses and interventions.
- Integrated New Family Opportunities (INFO) is a National Association of Counties (NACo) and Counsel on Mentally Ill Offenders (COMIO) Award winning program that works with the Juvenile Justice population ages 13-17 and their families. Services provided by INFO increase family stabilization, help families identify community supports, and encourage recovery, wellness and resiliency. Uses evidence-based models for reducing the involvement of mentally ill youths in the juvenile justice system. Community based services include Functional Family Therapy, Moral Reconciliation Therapy, Intensive Probation Supervision, 24/7 case management and support and peer counseling.
- DBH's Juvenile Justice Program's Juvenile Justice Community Reintegration (JJCR) team collaborates with Probation to serve the behavioral health needs of the detained youth returning to the community from Juvenile Detention and Assessment Centers (JDAC) in San Bernardino County. JJCR collaborates with Children and Family Services Department, District Attorney's Office, Public Defenders Office, Juvenile Delinquency Court and family members. Multi-disciplinary teams work closely with youth and their families to assist in development of an advocacy plan for each youth that will best meet their treatment needs and provide access to community resources. Services Include: transitional support, assessments, case management, referrals and linkage, and brief Intervention therapy.
- Court for the Individualized Treatment of Adolescents (CITA), is a collaborative effort of the San Bernardino County Juvenile Court, Behavioral Health, District Attorney's Office, Probation Department and Public Defender's Office. The program identifies youths who are on probation and have a significant mental illness. The goal is to link these youths with appropriate mental health treatment in the community. This program is operational in the West Valley and Central Valley regions. The program involves frequent court appearances and group, individual and family counseling.

- Mental Health Court assists in the timely resolution of juvenile delinquency cases where the issue of legal competency has been raised and in those matters where the mental health or developmental disability of the minor has created significant treatment or placement issues. JJCR Staff assist with coordinating mental health services for youth and as required by AB1214 provide competency remediation services as directed by the court.
- Juvenile Justice Community Reintegration (JJCR) goal is to provide case management and intervention services designed to empower and build resiliency factors for families with behavioral health youth involved in the juvenile justice system.
- For additional information please contact Juvenile Justice Administration, at 909-387-7792.

NEW BUSINESS – ACTION ITEMS

Identify Commissioner to Prepare Presentation Findings:

- Commissioner Spence Carpenter volunteered to complete this month’s memo of findings.

Tab 3: 2022 Election of Officers

Election of 2021 Officers. On behalf of the Chair of the Nominating Committee the Clerk of the Commission announced the slate of officers and asked for further nominations from the floor. Commissioner Jennifer Silvestri declined the nomination for Chair. Commissioner Michael Grabhorn declined the nominations for Secretary and Treasurer. As a result, there was only one nomination for Chair, two nominations for Vice Chair, two nominations for Secretary and one nomination for Treasurer. All commissioners present voted for the one nominee in the Chair and Treasurer officer position.

The Vice Chair position votes are as follows:

Voting of Vice Chair was conducted verbally:

Lorrie Denson was absent.
 Michael Grabhorn voted for Gil Navarro.
 May Farr was absent.
 Jennifer Silvestri voted for Gil Navarro.
 Cathy Enscoe was absent.
 Victoria Ogunrinu was absent.
 Akin Merino was absent.
 Jennifer Spence-Carpenter voted for Veatrice Jews.
 Monica Caffey voted for Gil Navarro.
 Veatrice Jews voted for Veatrice Jews.
 Gil Navarro voted for Gil Navarro.
 Lynn Summers voted for Michael Grabhorn.

The Secretary position votes are as follows:

Voting of Secretary was conducted verbally:

Lorrie Denson was absent.
 Michael Grabhorn voted for Jennifer Spence-Carpenter.
 May Farr was absent.
 Jennifer Silvestri voted for Jennifer Spence-Carpenter.
 Cathy Enscoe was absent.
 Victoria Ogunrinu was absent.
 Akin Merino was absent.
 Jennifer Spence-Carpenter voted for Lori Denson.
 Monica Caffey voted for Jennifer Spence-Carpenter.
 Veatrice Jews voted for Jennifer Spence-Carpenter.
 Gil Navarro voted for Jennifer Spence-Carpenter.
 Lynn Summers voted for Jennifer Spence-Carpenter.

The voting resulted in the following for the 2022 election of officers: Chair: Monica Caffey; Vice-Chair: Gil Navarro; Secretary: Jennifer Spence-Carpe; Treasurer: Lorrie Denson.

Tab 4: Approval to Pay California Association of Local Mental Health Boards/Commissions Annual Dues \$1,500

APPROVED

Motion/Second: Lynn Summers/Jennifer Silvestri

AYES: Gil Navarro/ Michael Grabhorn Veatrice Jews, Victoria Ogunrinu, Monica Caffey, Akin Merino, Jennifer Spence-Carpenter

ASBSTAIN:

ABSENT: Carol Kinzel, Lorrie Denson, May Farr, Catherine Inscore,

DIRECTOR'S REPORT

Assistant Director, Michael Knight provided the following report on behalf of new Interim Director Dr. Georgina Yoshioka:

- Welcomed new Interim Director Dr. Georgina Yoshioka. She has been called into another meeting to due to county wide planning for increase in COVID numbers.
- He provided information in response to some of the Commissioners reports.
 - The Compliance Unit gathers legislation related to mental health. We will work on sending that information out to Commissioners and streamlining the process for dissemination of information.
 - Marina Espinosa provided information on the access line for Commissioner Brown. For Mental Health Services contact the Access Unit at 888-743-1478 and for Substance Use Disorder Services 800-968-2636. There is also a resource pamphlet available by community.
- As a general update for the December storm response, Disaster and Saftey worked with the Office of Emergency Services for the county, and were on standby to provide support at the evacuation centers, but we were not deployed.
- The crisis care mobile unit project received a DHCS grant award, pending board approval. To provide funding for infrastructure and to provide some mobile services. This was something Dr. Yoshioka also worked on in her role as Deputy Director. This will be funded Sept 2021-June 2025.
- The African American Mental Health Awareness week proclamation was approved to go to the board to be officially acknowledged in February. At the request of Commissioner Navarro, Michael agreed to work with Raquel to send the proclamation to school districts.
- Homeless Services teams continue to provide services, even during the pandemic. We are planning to continue to support the 100 day challenge imitative. We have partnered with agencies and are completing multiple units for severely persistently mentally ill and substance abuse impacted folks, in cities like Colton, Redlands and Victorville.

OUTSIDE AGENCY REPORTS

- Maribel Gutierrez from the Office of Equity and Inclusion advised details on the Inland Empire African American Concerned Churches (IEAAC) Martin Luther King event will be posted on face book and Raquel Ramos will send out via email.
- Aimara Freeman of Public Relations and Outreach advised that there are no major events in January. However, the Consumer Art Calendar will be distributed!
- Michel Dusick of Mental Health Services Act (MHSA) advised we are staring on the community planning process for the MHSA Annual Update. A series of meetings will be advertised shortly. The plan is to post the plan as the meeting take place. A majority of the meetings will be virtual, however there will be some in person meetings at the Clubhouses. The public is welcome to join these meetings!

ADJOURNMENT

Meeting adjourned at 1:55 p.m.

Dr. Monica Caffey, Chair
Behavioral Health Commission

Raquel Ramos
Clerk of the Behavioral Health Commission