SAN BERNARDINO COUNTY

Department of Behavioral Health
INFORMATION NOTICE 17-09

Date March 07, 2017

To All Department of Behavioral Health (DBH) Behavioral Health Staff, Contract Agencies and Fee-For-Services (FFS) Providers

From Veronica Kelley, LCSW, Director

Subject Implementation of the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5), and Updates to the International Classification of Diseases, Tenth Edition (ICD-10-CM).

Purpose The purpose of this Information Notice is to alert DBH, contract agencies, and FFS providers of two (2) important updates related to diagnosing. Failure to implement the new charting and billing procedures could result in non-compliance with State regulations and/or disallowance of Medi-Cal reimbursement.

Update 1: Implementation of the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5)

Background The Department of Health Care Services (DHCS) released Information Notice 16-051 on October 7, 2016, requiring all County Mental Health Plans to utilize the DSM-5 to make diagnostic determinations for the purposes of determining if beneficiaries meet medical necessity criteria for Medi-Cal specialty mental health services (SMHS).

Needed Action Beginning April 1, 2017, all DBH and contract providers must begin reporting both the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) and the International Classification of Diseases, Tenth Edition, Clinical Modification (ICD-10-CM) codes in the beneficiary's clinical record. Providers will not be expected to go back into prior documentation and update a diagnosis for services prior to April 1, 2017.

DBH Quality Management has released updated versions of the following chart documentation forms that include the ability to document both the DSM-5 and the ICD-10-CM codes.

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Needed Action, continued

Form #	Form Name
CPL022	Diagnosis Sheet
CPL013	Adult Psychiatric Evaluation
QM005	Annual Psychiatric Assessment Review Form

It is recommended that providers begin using the new forms as soon as possible before the April 1, 2017, compliance date in order to troubleshoot any concerns that may arise prior to the formal deadline for chart documentation transition. Providers utilizing an Electronic Health Record are especially urged to review their system promptly, as the transition to include DSM-5 may require technical updates.

DBH is providing this notification to all providers. Please consult with your supervisor or management staff regarding specific preparations which may be required at your individual site or location.

Documenting DSM-5 and ICD-10-CM

The following steps are recommended when documenting using the DSM-5 and ICD-10-CM:

Step	Action
1	Decide on the appropriate diagnosis based upon the criteria specified in the DSM-5.
2	Select the corresponding ICD-10-CM code that aligns with the selected DSM-5 diagnosis based on the DSM-5/ICD-10-CM crosswalk that can be found in the DSM-5 manual. All coding updates occurring after the publication of the DSM-5 manual can be found at the American Psychiatric Association's website, and the most current update, of this writing, occurred in September 2016. This includes the latest ICD-10-CM updates.
3	To determine whether or not the chosen ICD-10-CM code is a Medi-Cal covered code, refer to the most recent DHCS covered diagnosis tables. As of this writing, the following are the most recent covered diagnosis lists: a) Specialty Mental Health Inpatient Services: DHCS Information Notice 17-004, enclosure 1 b) Specialty Mental Health Outpatient Services: DHCS Information Notice 17-004, enclosure 2 c) Substance Use Disorder Services: DHCS Information Notice 16-030, enclosure 1

Please remember the most accurate diagnosis should be used regardless of whether it is a Medi-Cal included diagnosis.

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Documenting DSM-5 and ICD-10-CM, continued

Please note that the prior information is current as of the date of this Information Notice. Updates to the DSM-5 and ICD-10-CM codes may occur at any time, and providers are encouraged to remain updated on future DHCS Information Notices regarding these updates.

IMPORTANT NOTE:
An exception to the use of the DSM-5 described above occurs in cases involving the diagnoses of Autism Spectrum Disorder (including those who met DSM-IV criteria for Autistic Disorder, Asperger's Disorder, and Pervasive Developmental Disorder), as well as the DSM-IV diagnoses of Childhood Disintegrative Disorder and Rett's Disorder.

This exception is necessary because ICD-10-CM retains the five diagnoses formerly grouped under the heading of Pervasive Developmental Disorders (Autistic Disorder, Childhood Disintegrative Disorder, Asperger's Disorder, Rett's Disorder, and Pervasive Developmental Disorder Not Otherwise Specified) as individual diagnoses, while DSM-5 consolidated them under the single diagnosis of Autism Spectrum Disorder (DSM-5 Code 299.00).

For consumers with one of these five diagnoses, clinicians should use the following procedure:

- Use the diagnostic criteria in the DSM-IV to establish these diagnoses since no comparable criteria are available in DSM-5.
- Use the individual ICD-10-CM codes for these diagnoses:
  - Autistic Disorder (F84.0)
  - Rett's Disorder (F84.2)
  - Childhood Disintegrative Disorder (F84.3)
  - Asperger's Disorder (F84.5)
  - Other Pervasive Developmental Disorder (F84.8)
  - Pervasive Developmental Disorder Unspecified (F84.9)

Update 2: Revisions to the International Classification of Diseases, Tenth Edition, Clinical Modification (ICD-10-CM)

Background

DHCS released **Information Notice 17-004** on January 26, 2017, informing County Mental Health Plans to coding updates related to ICD-10-CM. These updates include codes that have been removed, added, and changed to both inpatient and outpatient Medi-Cal covered SMHS that took effect on October 1, 2016.

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Needed Action

Beginning immediately, all DBH, contract, and FFS providers shall begin using the Specialty Mental Health Inpatient Services ICD-10-CM Covered Diagnosis Table (provided in Information Notice 17-004, enclosure 1) and the Specialty Mental Health Outpatient Services ICD-10-CM Covered Diagnosis Table (provided in Information Notice 17-004, enclosure 2) to verify if the chosen ICD-10-CM code is a Medi-Cal covered code for the relevant services.

Please note that some diagnoses that were removed from ICD-10-CM as of October 1, 2016, have still been able to be entered into SIMON in order to allow for late service entry. **Effective March 13, 2017, clinics will no longer be able to enter these removed ICD-10-CM codes in SIMON, and any services provided on or after October 1, 2016, that used these removed codes will have to be updated in SIMON.**

Below are a list of diagnoses that were removed in the October 1, 2016, update to the ICD-10-CM and the new related codes.

October 1, 2016, ICD-10-CM Updates to Behavioral Health Diagnoses

ICD-10-CM Disorder Name	Code Prior To 10/01/16	ICD-10-CM Disorder Name	Code For Use Beginning 10/01/16
Social (Pragmatic) Communication Disorder	F80.89	Social (Pragmatic) Communication Disorder	F80.82
Other Persistent Mood (Affective) Disorder	F34.8	Disruptive Mood Dysregulation Disorder	F34.81
Depressive Disorders	F32.8	Other Specified Depressive Episodes	F32.89
Obsessive-Compulsive Disorder	F42	Mixed Obsessional Thoughts and Acts	F42.2
		Other Obsessive-Compulsive Disorder	F42.8
		Obsessive-Compulsive Disorder, Unspecified	F42.9
		Hoarding Disorder	F42.3
Excoriation (Skin-Picking) Disorder	L98.1	Excoriation (Skin-Picking) Disorder	F42.4
Other Specified Eating Disorder	F50.8	Other Specified Eating Disorder	F50.89
		Binge Eating Disorder	F50.81

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Needed Action, continued

DBH Information Technology (IT) has created a list for each Reporting Unit (RU) that details the episodes that will need to be updated as soon as possible. This list is available now in each clinic's designated FTP folder. Please contact IT for assistance if a service prior to October 1, 2016, requiring the use of a removed code, needs to be entered or edited. If you have any questions about how to access your FTP folder, or with the episode information contained in your list, please open a ticket with IT by emailing isdhelpdesk@isd.sbcounty.gov or by calling (909) 884-4884.

Questions

For questions or concerns regarding this Information Notice, please contact the Quality Management at (909) 386-8227 or via email at DBH-QualityManagementDivision@dbh.sbcounty.gov.