



NEWS RELEASE

FOR IMMEDIATE RELEASE

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One Hour Can Change Your Life

As the seasons change and the daylight is shorter, it is a great reminder to change your batteries as you change your clocks for Daylight Savings.

Sunday, November 6 is Daylight Savings Time and clocks will be set back one hour. While phones, computers, and tablets may change themselves, it's up to you to keep yourself and your family safe by changing the batteries in your smoke alarms, carbon monoxide detectors, and flashlights.

Smoke alarms and all life-saving devices should be tested on a regular basis, with new batteries installed at least twice a year. An alarm should be installed on every floor of your home and outside of all sleeping areas to ensure all areas of your home are protected.

In addition to having properly working life-saving devices in your home, San Bernardino County Fire Department encourages every household to have an emergency evacuation plan and to take the time to practice it.

Make sure everyone knows how to get out and where to meet. Review with your family the different sounds between your smoke alarms and carbon monoxide detectors and practice evacuation plans at different times of day/night.

A working smoke alarm can decrease a family's risk of perishing in a fire by nearly 50 percent. Find your nearest Household Hazardous Waste Facility to recycle old batteries by visiting <http://sbcfire.org/hazmat/hhwcollection.aspx>. To prepare your household for an evacuation, download the Ready SB app available for all Apple and Android devices at <http://readydl.com/landing/eoc06071/index.html>. You can also download our Ready! Set! Go! Guide at www.sbcfire.org/readyssetgo.aspx.

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