



Tularemia Disease and Transmission

Tularemia Disease

<p>How do you get tularemia?</p>	<p>People can get tularemia many different ways:</p> <ul style="list-style-type: none"> • Breathing in the bacteria. • Eating or drinking contaminated food or water. • Being bitten by an infected insect. • Handling infected dead animals. 								
<p>How is tularemia used as a bioterrorist weapon?</p>	<ul style="list-style-type: none"> • If tularemia bacteria are released into the air people may breath in the bacteria. This can cause severe pneumonia in many people. • The bacteria can also be mixed into food and water supplies. 								
<p>How do I protect myself?</p>	<ul style="list-style-type: none"> • Use insect repellent containing DEET on your skin. • Wash your hands using soap and warm water after handling dead animals. • Be sure your food is cooked thoroughly. • Make sure water is from a safe source. • Note any change in the behavior of your pets (especially rodents, rabbits, and hares) or livestock. • Consult a veterinarian if your pet develops unusual conditions. 								
<p>How soon will I get sick?</p>	<ul style="list-style-type: none"> • 3-5 days, and as long as 14 days. 								
<p>Symptoms?</p>	<p>Skin: tularemia bacteria may cause skin ulcers, swollen and painful lymph glands, inflamed eyes, sore throat, ulcers in mouth or pneumonia.</p> <p>Lungs: people can get pneumonia, develop chest pain, have trouble breathing, and bloody sputum.</p> <p>Could also include:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">— Sudden fever</td> <td style="width: 50%;">— Diarrhea</td> </tr> <tr> <td>— Chills</td> <td>— Muscle aches</td> </tr> <tr> <td>— Headaches</td> <td>— Dry cough</td> </tr> <tr> <td>— Joint pain</td> <td>— Progressive weakness</td> </tr> </table>	— Sudden fever	— Diarrhea	— Chills	— Muscle aches	— Headaches	— Dry cough	— Joint pain	— Progressive weakness
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<p>Treatment?</p>	<p>See your doctor.</p> <p>Early treatments with antibiotics are recommended.</p> <p>Tularemia can be fatal if not treated.</p>								