



San Bernardino County Department of Public Health



Secondhand Smoke Fact Sheet

Facts:

- Secondhand Smoke is dangerous and can be deadly
- Secondhand contains more than 4,000 harmful chemicals and over 50 of them cause cancer
- Babies whose caregivers or parents smoke are seven times more likely to die from Sudden Infant Death Syndrome (SIDS)
- Children exposed to secondhand smoke have more ear infections, asthma attacks, and sinus problems
- Adults exposed to secondhand smoke also have a higher risk of stroke, heart, and lung disease
- Pregnant women exposed to secondhand smoke may have a miscarriage or low birth weight baby

