

EXPANDED COURSE OUTLINE
REGULAR BASIC COURSE
WILL TO SURVIVE

Effective date of outline: August 1, 2013

WILL TO SURVIVE

I. LEARNING NEED:

A peace officer must have the will to survive.

- A. Each recruit trainee will be briefed by the tactical staff on the potential to be confronted or confront dangerous suspects.
 - 1. Recruits will receive a safety briefing of potential dangers of the learning activity.
 - 2. Each recruit will wear all safety equipment provided by the tactical staff.
 - a. Head Gear
 - b. Mouth Piece
 - c. Protective Cup
 - 3. Optional Safety Equipment
 - a. Protective, boxing style mouth guard

- B. Each Recruit will be given an opponent based on equivalent size and weight.

- C. Each recruit will run 500 yards simulating a foot pursuit.

- D. The recruits will run to the defensive tactics training area.
 - 1. Padded flooring
 - 2. Area or room free of dangers

- E. Recruits will enter the area or room and begin to fight using their hands.
 - 1. This confrontation is completed to simulate a confrontation which would exhaust the recruit physically.
 - 2. The recruits will not strike the opponent in the face head or neck.
 - 3. The recruits will continue to fight using their hands for three minutes.

- F. Each recruit will receive a debriefing from the tactical staff.

- G. Tactical staff will debrief the students at the conclusion of the training scenario.

1. Officers should recognize their physical and mental ability.
2. Officers should never give up.
3. Officers must fight through any situation.
4. Officers must go home to their family and loved ones every day.

H. Any and all injuries must be documented by the end of the training day.

<u>Description</u>	<u>Hours</u>
POST Minimum Required Hours	<u>0</u>
Agency Specific Hours	<u>2</u>
Total Instructional Hours	<u>2</u>