

San Bernardino County Sheriff's Department

Firearms Instructor, POST CC# 2330-21640

Course Purpose: The purpose of this course is to teach Law Enforcement students to become Firearms Instructors.

Learning Outcomes: Law Enforcement students will learn the principals and concepts of basic firearm knowledge, lesson planning, range preparation, range safety, instructional methods and to identify and correct shooting discrepancies.

I. Orientation

- a. Introductions
 - i. Participants
 - ii. Instructors
- b. Orientation
 - i. Housekeeping
 - ii. Review Safety Policy
 - iii. Collect student information, signed waivers and Emergency Notification Cards
 - iv. Facility
 - v. Instructors expectations

II. Course Objectives and Content: Firearms Instructor

- a. Review course objects
 - i. Instruct students in the basics of marksmanship
 - ii. Identify and correct student's deficiencies
 - iii. Safely call a line of fire
 - iv. Demonstrate principles of good marksmanship
 - v. Develop a course of fire
 - vi. Recognize range safety violations
 - vii. Establish a semi-automatic handgun qualification
- b. Two common firearm accidents
 - i. Ignorance
 - ii. Carelessness

III. Safety Briefing

- a. Four main safety rules
 - i. Treat every weapon as if it is loaded
 - ii. Never point your weapon at anything you are not prepared to shoot, kill, or destroy
 - iii. Keep your figure off the trigger until you are ready to fire
 - iv. Be sure of your target, backdrop and beyond
- b. Additional safety considerations

- i. Terrain hazards, people/inmates, emergency phones, medical resources, wildlife, heat/cold factors, etc.
 - ii. Expanded Range Safety Rules
 - iii. Safety ratios
 - 1. Daylight, lowlight, shooter involved movement
 - c. Range Proficiency Assessment
 - i. Pre-written test

IV. Adult Learning Concepts

- a. Instructor development
 - i. Teaching styles
 - ii. Presenter
 - iii. Developer
 - iv. Facilitator
- b. Training techniques
 - i. Facilitated discussion
 - ii. Active listening
 - iii. Performance evaluation techniques

V. Basics

- a. Handgun Familiarization
 - i. Semi-automatic handgun
 - ii. Obsolete Semi-Automatic Handgun
 - iii. Single Action
 - iv. Nomenclature
 - v. Parts and functions
 - 1. Safety
 - 2. De-cocking mechanism
 - 3. Slide lock
 - 4. Magazine Release and components
 - vi. Field stripped
 - vii. Revolver Components and functions
- b. Shotgun Familiarization
 - i. Pump action shotgun
 - 1. Safety
 - 2. Nomenclature
 - 3. Stance
 - 4. Shotgun shouldering
 - a. Should sling gun side
 - b. cross sling off side
 - 5. Load
 - a. Parking lot load
 - b. Combat load
 - c. Tactical load
 - d. Down loading
 - 6. Buck shot

- a. Range
- 7. Slug
 - a. Range
- 8. Less lethal munitions
- 9. Sights

VI. Shooting Techniques

- a. Stances
 - i. Weaver stance
 - ii. Isosceles stance
- b. Five-step draw
 - i. Steps
 - ii. Finger off the trigger
 - iii. Release all retentions from the holster
- c. Re-holstering
 - i. Finger off the trigger
 - ii. Reverse steps
 - iii. Search and assess
 - iv. De-cock if necessary
 - v. Apply all retentions
- d. Firing positions
 - i. Standing
 - 1. Two-hand grip
 - 2. Hip firing, single hand
 - ii. Kneeling
 - 1. High knee
 - 2. Low knee
 - iii. Prone
- e. Sight alignment
 - i. Equal height/light between sights
 - ii. Effects with shot placement
- f. Trigger Control
 - i. Finger placement
 - ii. Smooth trigger control
 - iii. Trigger slap and anticipation
 - iv. Trigger reset
- g. Dry firing
 - i. Check weapon safe and empty
 - ii. Keep weapon pointed in safe direction
 - iii. Develop proper shooting fundamentals

VII. Basic Shooting Assessment

- a. 60-round qualification
 - i. B27 targets
- b. Address safety concerns
- c. Evaluations

VIII. Practical Application

- a. Safety
- b. Basics/ 5-step draw
- c. Shooting techniques

IX. Homework assignment

- a. Course of fire
- b. Explain safety rules, development a course of fire and round count
- c. 5-10 minute presentation

X. Target Evaluation

- a. Thumbing
 - i. Pushed into the frame
- b. Heeled
 - i. Anticipation on the rear of the gun
- c. Trigger control
 - i. Too little and too much
- d. Riding the recoil
 - i. Release the trigger with force
- e. Anticipation
 - i. Gun gets forced downward
 - ii. Brass drill
 - iii. Dry fire
 - iv. Fear of the weapon
- f. Cross eye dominance
 - i. Strong hand is opposite to the strong eye
 - ii. Cross eye dominant drill
- g. Limp Wrist
 - i. Grip, strength and stance

XI. Range Commands and Equipment

- a. Consistent commands
 - i. Range target commands
 - ii. Firing line commands
 - iii. Easy to understand
- b. Safety equipment
 - i. Eyes and ear protection
 - ii. Safety vest
 - iii. Water and cups
 - iv. Pact timer
 - 1. Extra batteries
 - v. Firearms
 - 1. Training gun

- vi. Targets
 - 1. Testing targets
 - 2. Training targets
- vii. Microphone

XII. Cover and Concealment

- a. Cover protects against bullets, fragments, flame, etc.
 - i. Understanding proper cover
 - 1. Distance between officer and cover
 - 2. Greater field of vision and maneuverability
 - ii. "Hug" cover
 - iii. Ricochet rounds
- b. Concealment obscures
 - i. Understanding proper concealment
- c. Finding cover vs. concealment
 - i. Constantly scan for cover
 - ii. Types of calls
 - iii. Various locations, vehicles objects, trees, etc.

XIII. Practical Application

- a. Shooting drills
- b. Target analysis
- c. Range commands and equipment

XIV. Malfunctions

- a. Definition
- b. Failure to feed
- c. Failure to eject/stovepipe
- d. Clearing malfunctions
 - i. Weapon down range
 - ii. Finger off the trigger
- e. Tap, invert, rack and re-assess
- f. Complex malfunctions
 - i. Release magazine, rack weapon twice to clear the malfunction, insert magazine and rack
- g. Squid rounds
 - i. "pop" and no kick
 - ii. Round gets stuck in barrel
 - iii. Do NOT fire weapon
 - 1. Cease fire
 - 2. Gun will be taken off the range and inspected

XV. Targets

- a. Paper
 - i. Precision shooting
 - ii. Close and far range
 - iii. Placement

- b. Steel
 - i. Long range
 - ii. Safety consideration
 - 1. Fragment and ricochets
 - 2. Equipment
 - iii. Instant feedback
- c. **Shooter Movement**
 - i. Safety ratio
 - 1. 1:1
 - ii. Heel to toe movement
 - iii. Breath control
 - iv. Distance

XVI. Shooting Through Glass

- a. Bullet effects on glass
 - i. Change in trajectory
 - ii. Shooting through the front windshield from outside the vehicle
 - iii. Shooting through the front windshield from inside the vehicle
- b. Safety
 - i. Responsibility of the officer
 - ii. Location of the round
 - iii. Copper jacket vs. duty
 - iv. Safety of the public

XVII. Practical Application

- a. Malfunction Drills
 - i. Double feed
 - ii. Failure to eject/Stovepipe
 - iii. Failure to feed
 - iv. Complex malfunctions
- b. Shooting drills utilizing a variety of targets
- c. Shooting through glass

XVIII. Low Light

- a. Purpose
 - i. Majority of shootings occur in low light
 - ii. Work in low light
 - iii. Tactical disadvantage
- b. Safety considerations
 - i. Safety ratios
 - 1. 1:5
 - ii. Lights
 - iii. Range
- c. Flashlight/Tactical Lights
 - i. Non-dominant hand

- ii. Sympathetic grip
- iii. Never mussel swipe off hand
- iv. Back-up flashlights and batteries
- v. Test equipment beginning of each shift
- vi. Reloading
 - 1. Turn flashlight off
 - 2. Use off hand
- vii. Backlighting
- viii. Chapman technique
- ix. Harries technique

XIX. Liability

- a. Instructors are supervisors
 - i. Negligence leads to injuries
- b. POST approved material
 - i. False claims
 - ii. Standard for training
- c. Documentation
 - i. Failures
 - ii. What was taught
 - iii. Save material
- d. Department policy
 - i. Know department policy
 - ii. Laws regarding use of force

XX. Teach Back

- a. Demonstrate an understanding of basic firearm instructions and coaching techniques
 - i. Develop a course of fire to include safety concerns
 - ii. Teach the course of fire and address the reasons for each portion
 - iii. Knowledge, demonstration and safety demonstration

XXI. Final Examination Review

- a. Review
- b. Question/answer

XXII. Practical Application

- a. Night Shoot
 - i. Safety Ratios
 - ii. Safety equipment
 - iii. Low light equipment
 - iv. Low light shooting drills
 - v. Flashlight drills
 - 1. Chapman Technique
 - 2. Harries technique

vi. Tactical light drills

XXIII. Presentations

XXIV. Final Shooting Examination

XXV. Final Written Examination

XXVI. Final Examination, Scoring, Instructor Evaluations and Certificates