

January 2013
Volume 3, Issue 1

New Pinterest Pages Launched for DEHS

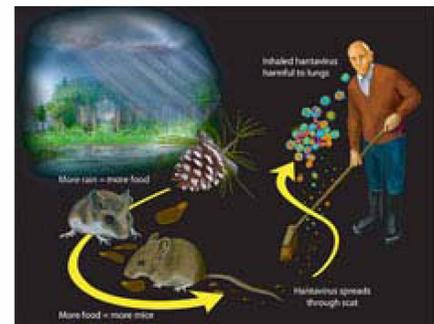
DEHS recently launched two new Pinterest pages! We are always looking for ways to increase our communication and health education outreach to the community, and social media is an important tool in reaching San Bernardino County residents, visitors, and operators. Our English-language site is <http://pinterest.com/sbehs> and our Spanish-language site is <http://pinterest.com/sbehsesp>. We will be "pinning" to boards on mosquito and vector control, as well as food safety and foodborne illness prevention, pool safety and drowning prevention, and more!



Hantavirus

The vector-borne disease Hantavirus has been making headlines in the news over the past few months. The outbreak in Yosemite National Park is one of the worst Hantavirus outbreaks in recent memory in the United States. According to the CDC, there have been [10 confirmed cases of Hantavirus](#) as of November 1 in people that had recently visited Yosemite.

Did you know that [rodent control](#) in and around the home and camps is the best way to prevent Hantavirus? Deer mice, cotton rats, rice rats, and white-footed mice are known to carry Hantavirus, so make sure to keep these critters away from your home! To view tips from the CDC about how to prevent rodent infestations, [click here](#).



Bed Bugs – A Year-Round Problem

Many insects and vectors thrive during the warm summer months, but bed bugs are active year-round regardless of weather. Most people don't know that bed bugs can survive for several months without feeding. This makes them particularly resilient, because they can simply wait around until the next person comes for them to feed on.

When you go on a trip and stay in a hotel, motel, camp, or bed and breakfast, do you regularly check your room for bed bugs? Bed bugs have been known to infest even five-star hotels, so you should make a habit of checking every hotel room, every time. [Click here to download a wallet-sized card](#) you can take when traveling to remind yourself of how to inspect a hotel room for bed bugs.



Do not take furniture that has been discarded on the side of the road or left by dumpsters as it may be infested.

Stay Connected to DEHS with Social Media

Follow our social media sites to get the latest news on mosquito and vector control, food safety and foodborne illness prevention, pool safety and drowning prevention, and more! We are now on [Facebook](#), [Pinterest](#), [Twitter](#), [YouTube](#), [Facebook en Español](#), [Pinterest en Español](#), [Twitter en Español](#), and [YouTube en Español](#).

If you have any questions or comments, please contact Amanda Gaspard, Health Education Specialist, at 800-442-2283 or Amanda.Gaspard@dph.sbcounty.gov.



***We protect public health and safety by
providing vector control services and education***