

THE RUTHERFORD Report

THE NEWSLETTER OF SECOND DISTRICT SUPERVISOR JANICE RUTHERFORD

May 2012



Second District Supervisor Janice Rutherford (far right) poses with volunteers from Operation Provider, a nonprofit food bank and resource agency in Rimforest.

The moment the idea is submitted to society that property is not as sacred as the laws of God, and that there is not a force of law and public justice to protect it, anarchy and tyranny commence.

— John Adams

Operation Provider Addresses Local Needs

A little more than 23 years ago, Holland Lowe and her husband, Ralph, joined other members of a San Bernardino church to distribute sandwiches to the city's homeless.

"We wanted to reach out a little more rather than just going to church and going home," said Lowe, who lives in the San Bernardino Mountain community of Lake Arrowhead.

As the couple made their regular trips down to San Bernardino and back up the mountain, Lowe began to realize something.

"There are people in my own backyard who can use help," she said. "I didn't notice it before, but, when I opened up my eyes, I saw people that needed help."

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The Rustic Loaf Rises in Upland

Mike Urane was building a home in Mendocino County one day when rain interrupted his work and prompted him to visit with a local bread baker he'd gotten to know over the years.

Urane, who owns and operates The Rustic Loaf in Upland, had always enjoyed good bread. When he and his wife, Many, visited farmer's markets in southern France, they would find perfectly baked breads complete with caramelized crusts and delectably moist and tangy centers.

"I would come home to Upland, and I couldn't find good bread," he said.

As he watched his baker friend on that drizzly day, Urane had a thought.

"When I saw what he did with such a small space and such a simple operation, I said 'I can do this,'" he said.

So Urane set out to create his own sourdough starter, and he aimed to model this "mother dough" after the bread he and his wife had experienced in southern France.

"That flavor just imprinted in my memory," he said. "I worked at it and I worked at it and I got it."

For those unfamiliar with bread making, a starter is a fermented flour mixture that gives sourdough its distinctive taste.

Once it's created, a starter can be used to make many loaves of bread for years as long as it's well cared for.

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Since he did not have an expensive masonry oven, Urane improvised. He placed bricks in his home oven and used a spray bottle to add moisture during the baking process.

Later on, he rented commercial kitchen space to bake his breads, and he also landed a spot selling his freshly made bread at a farmer's market in Costa Mesa.

Pretty soon, Urane was selling his breads in varieties such as lemon-rosemary, jalapeno jack, and cranberry-walnut at farmer's markets in Chino Hills, Redlands, Upland, Sierra Madre, and Laguna Beach, too.

Last year, The Rustic Loaf sold about 20,000 loaves at farmer's markets.

In response to this success, Urane decided it was time to open a storefront business, so he looked far and wide before finally settling on a location on 15th Street and Campus Drive just a short distance from his home in Upland.

"It was really the next logical step," he said.

Business has been brisk since Urane and his wife opened the bread shop in March. He's gained many loyal customers, and new customers are walking in the door every day.

So far this year, the store is on track to sell about 50,000 loaves, and that number could climb exponentially as retail outlets begin stocking Urane's crusty creations on their shelves.

The Rustic Loaf is located at 659 E 15th Street in Upland at the corner of 15th and Campus in the Golden Pacific Plaza. Visit www.therusticloaf.com to learn more about this local business.

The Rutherford Report will feature an article about a Second District business throughout 2012. If you know of a business with an interesting story to tell, let me know by sending an email to Supervisor.Rutherford@sbccounty.gov.

PROVIDER, CONTINUED FROM PAGE 1

Lowe picked up the phone book and started making calls to food banks and other nonprofit organizations to get advice on how to start her own local food bank.

Lake Arrowhead Christian Fellowship Church allowed her to use one of its closets to store food, and soon Lowe was ready to open Operation Provider.

She started with just 25 families in 1989. Today, she and her team of volunteers provide staple foods such as meat, bread, fruits, and vegetables to about 500 families across the mountaintop.

"I never advertised," Lowe said. "It just spread by word of mouth."

Operation Provider, which is located in Rimforest, opens its doors twice a week to distribute food to people in need.

The organization is run entirely by volunteers, including many that have received help from the nonprofit.

"Maybe that's why we are so successful, because none of us pulls a paycheck," Lowe said. "Everything is donated; everything is volunteer... At the end of the day, I rate my success on never having to turn anyone away."

The recession that began in the late 2000s has driven even more clients to Operation Provider's door.

"We have seen so many people out of work; people you would never expect to give us a call," Lowe said.

Lowe does her best to apply for grants and other funding sources, but the competition for those dollars is fierce so success is often difficult.

Even so, she presses on thanks to generous donations and support from individuals, local businesses, and nonprofits, including Stater Bros., the Salvation Army, and the Second Harvest Food Bank in Riverside.

In addition to weekly food distributions, Operation Provider provides families with food baskets complete with turkeys and fixings for Thanksgiving, and it hosts a prepared Christmas dinner with the help of the local Elks Lodge.

Operation Provider also offers utility assistance to families thanks to the support of the United Way of Greater Los Angeles.

Visit www.operationprovider.org to learn more about the organization, make a tax-deductible donation, or to find out how you can volunteer.

Donations can also be mailed directly to PO Box 26 Twin Peaks, CA 92391.

If you know someone who goes above and beyond to serve their community, let me know so the individual can be recognized in The Rutherford Report.

Send a name, contact information, and a few words about the nominee to Supervisor.Rutherford@sbccounty.gov.

Flood Control Diverts, Conserves Water

Despite some significant flooding events in the late 1800s and early 1900s, including one in 1862 that wiped out the tiny Santa Ana River hamlet of Agua Mansa near present-day Colton, regional flood control wasn't given a great deal of consideration in San Bernardino County until the Great Flood of March 1938.

That deluge claimed 14 lives, left hundreds homeless, and caused an estimated \$12 million in property damage throughout the County. A year later, the State Legislature passed the San Bernardino County Flood District Act, empowering the County to develop regional flood protection facilities to protect life and property.

Today, San Bernardino County Flood Control operates and maintains 14 dams, 119 basins, 82 levees, and more than 250 miles of flood control channels, said Flood Control District Deputy Director Kevin Blakeslee. The system of dams, levees, and channels is designed to safely convey runoff around homes and businesses in the valley.

Flood Control does not maintain all of the storm drains that convey water off city streets; however, most of the drains eventually send water into one of Flood Control's large channels.

Once they are constructed, flood control facilities require regular maintenance. Floodwaters deposit massive amounts of rock, dirt, and other debris in flood control channels, and crews have to remove the sediment to ensure the channels



Water spews from the Seven Oaks Dam northeast of Redlands.

operate effectively. Crews also excavate sediment from basins to make room for additional flows.

The basins serve several purposes. Their primary function is to slow and control the flow of water.

Without basins to capture flows, the County's flood control channels could be inundated with so much water they would not be able to function.

By slowing down the flow of water, the basins make it feasible to build smaller channels. This helps lower the cost of massive flood control facilities such as the 13-mile San Sevaine Channel that snakes through the cities of Rancho Cucamonga and Fontana before entering Riverside County. Basins also help filter out rocks and debris that can damage or clog downstream channels.

In addition, basins capture and store fresh water that might otherwise be lost to the Pacific Ocean.

The stored water percolates and recharges our region's underground aquifers. This helps limit local reliance on costly and often tenuous water imported from Northern California.

In recent years, the County has also partnered with local water agencies to place recycled water into basins so it can replenish aquifers. Recycled water is treated wastewater that is not suitable for drinking but can be used for irrigation. All of the water drawn from aquifers is treated again to ensure it meets drinking water standards.

2nd District Trivia

Last Issue's Answer: The outdoor scenes in the movie "Heidi" starring Shirley Temple were filmed close to present-day Switzer Park on Highway 18 in Skyforest.

Question: What is the name of the hotel built by the Bedford Brothers in the late 1800s in what is today Upland?

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Traffic Planners Considering Express Lanes

San Bernardino Associated Governments (SANBAG)—the County’s regional transportation agency—is considering whether to utilize Express Lanes for the proposed lane additions on I-10 and I-15 to reduce traffic congestion and generate revenue for road improvements.

Express lanes are carpool lanes solo drivers can legally use by paying a toll, which fluctuates based on the amount of traffic on a freeway.

Carpoolers can still use Express Lanes for free, but unlike most carpool lanes, these Express Lanes will likely require three or more people for free usage.

Proponents say Express Lanes make better use of the limited space and funds we have to expand freeways by

utilizing variable pricing to keep traffic flowing in the Express Lanes.

Critics see Express Lanes as a way to make the public pay for something they are already paying for with their tax dollars.

What do you think about Express Lanes? Let me know by sending an email to SupervisorRutherford@sbcounty.gov.

In addition, SANBAG will be conducting a detailed survey at various sites in the communities that abut the I-15 and I-10 corridors and through the Internet.

Please take time to provide your input into this important issue.

Upcoming Events

May 4, 2012	The Lake Arrowhead Resort & Spa located at 27984 Hwy. 189 in Lake Arrowhead will host the Annual Arrowhead Arts Gala from 6 to 10 p.m. For additional information, visit www.arrowheadarts.org
May 5, 2012	A farmer’s market is held in the City of Upland at 460 N. Euclid Avenue every Saturday from 9 a.m. to 2 p.m. This event features a variety of vendors selling fruits, vegetables, and crafts.
May 12, 2012	Come and find a new "best friend" who is waiting to meet you and is available for adoption from the Upland Animal Services. This event will take place at Memorial Park in Upland from 9 a.m. to 3 p.m. For more information, please call (909) 931-4185.
May 12, 2012	Friends of the Pacific Electric Trail will host the 7th annual Cucamonga Challenge bike ride and run from 8 a.m. to noon. The main event takes place at Central Park in Rancho Cucamonga. Visit www.cucamongachallenge.com to learn more.
May 15, 2012	Second District Supervisor Janice Rutherford will host “Breakfast with your Supervisor” at 8 a.m. at The Big Apple in Fontana. The cost is \$10 per person for breakfast. Call (909) 948-5037 to RSVP.
May 15, 2012	After spring cleaning, bring the belongings you no longer need to the Rancho Cucamonga Community Yard Sale at the Rancho Cucamonga Family Resource Center. This event takes place from 8 a.m. to 2 p.m. This convenient one-stop shop will have plenty of items ranging from books to office equipment, furniture and more. Call (909) 477-2781 for information.
May 16, 2012	Healthy Fontana will share recipes and host a cooking demonstration at the Steelworkers’ Auditorium at the Lewis Library. After the free demonstration, there will be fun family games. Take this opportunity to have fun as a family and learn how to be healthy. This event takes place at the Steelworkers’ Auditorium from 5 to 7 p.m. Call (909) 350-6542 for information.
May 18-20, 2012	The Lake Arrowhead Film Festival will take place at the Lake Arrowhead Resort and Spa. Visit www.lakearrowheadfilmfestival.com for ticket and showtime information.
May 19, 2012	Come for the pirate adventure and stay for the food vendors, costume contest, limbo pole, dragon boat tour of the lake and more at the Lake Gregory Regional Park in Crestline. All proceeds will be used to purchase a dragon boat to be used in the annual Dragon Boat Races at Lake Gregory, which will take place on August 18 and 19 this year. This event will take place from 10 a.m. to 5 p.m. For more information visit www.lgdragonboat.org .
May 24, 2012	The Crest Forest Municipal Advisory Council (MAC) will meet at 6:30 p.m. at the Crestline Sanitation District located at 24516 Lake Drive in Crestline. The group meets the fourth Thursday of every month to discuss community issues.
May 30, 2012	The Rancho Cucamonga Quakes invite dog owners to bring their pets for a baseball game at Quake Stadium. Dogs should be well-behaved and must be kept on a leash at all times. The game starts at 7 p.m. Call (909) 481-5000 for ticket information.
May 31, 2012	The 99th annual Fontana Days Festival will be held May 31 through June 3. The festival will include carnivals, rides, vendors, live entertainment and parades. This event will take place at Veterans Park between Palmetto Avenue and Merrill Avenue. For more information and for specific times, please call (909) 350-7655

Dates and times are subject to change without notice. Please contact Supervisor Rutherford’s office at (909) 387-4833 if you have any questions or suggestions for the Events Calendar. You can view information about more local events on Supervisor Rutherford’s home page at www.sbcounty.gov/rutherford.