



Get Moving and
Have Fun at ZUMBA
With My Health
Matters!

ZUMBA

Days	Location	Time
Monday	ARMC—Oak Room 400 N. Pepper Ave. Colton CA 92324	5:15-6:00PM
Tuesday	Arrowhead Event Center 180 Arrowhead Ave. San Bernardino, CA 92408	5:15-6:15PM
Wednesday	Arrowhead Event Center 180 Arrowhead Ave. San Bernardino, CA 92408	5:15-6:15PM
Thursday	Arrowhead Event Center 180 Arrowhead Ave. San Bernardino, CA 92408	5:15-6:15PM

Classes are free for all employees. For class details,
visit the events calendar at:

<https://www.healthycommunity.ca/sbhr/Employee/>