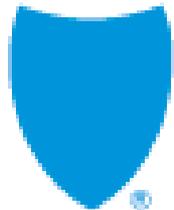




go with 

**County of San Bernardino
2013/14 Health Benefits**

Shield Signature HMO Plan
Shield Spectrum PPO Plan
Shield Spectrum PPO Plan - Needles

Reasons to choose Blue Shield of California

- Flexibility to choose your own doctors
- Some of the largest networks in California
- 24-hour access to nurses and counselors
- Online tools and resources through blueshieldca.com
- Dedicated Member Services Team
- Variety of programs and services to keep you healthy, including Prenatal Program, condition management programs, and wellness discounts
- Access to urgent and emergency care across the Country and around the world



Shield Spectrum PPO plan

	Preferred Providers	Non-Preferred Providers
Annual deductible	\$250 per member/\$500 per family	
Annual out of pocket maximum	\$1,500 per member \$3,000 per family	2,000 per member \$4,000 per family
Office visits	\$10 per visit	30%
Preventive care	No charge	30%
Inpatient hospital	20%	30%
Outpatient hospital services	20%	30%
Ambulance services	20%	20%
Emergency room	\$50 per visit + 20% (\$50 Copayment does not apply if the member is directly admitted to the hospital for inpatient services)	
Drug copayments at a network pharmacy	\$15/\$30/\$30	\$15/\$30/\$30
Optional mail service prescriptions (90 days)	\$30/\$60/\$60	Not covered

Shield Spectrum PPO plan- Needles

	Preferred Providers	Non-Preferred Providers
Annual deductible	\$0 per member \$0 per 2-persons \$0 per family	\$250 per member/ \$500 per 2-persons \$750 per family
Annual out of pocket maximum	\$1,500 per member \$3,000 per family	2,000 per member \$4,000 per family
Office visits	\$10 per visit	30%
Preventive care	No charge	30%
Inpatient hospital	No charge	30%
Outpatient hospital services	No charge	No charge
Ambulance services	No charge	No charge
Emergency room	\$50 per visit (\$50 Copayment does not apply if the member is directly admitted to the hospital for inpatient services)	
Drug copayments at a network pharmacy	\$10/\$15/\$15	\$10/\$15/\$15
Optional mail service prescriptions (90 days)	\$10/\$15/\$15	Not covered

Shield Signature HMO plan

	Level I (HMO)	Level II (PPO)
Annual Deductible	None	
Annual out of pocket maximum	\$1,500 per member/ \$3,000 per family	\$0 per member/ \$0 per family
Office visits	\$10 per visit	\$30 per visit
Preventive care	No charge	\$30 per visit
Inpatient hospital	No charge	Covered under Level 1
Outpatient hospital services	No charge	Covered under Level 1
Ambulance services	No charge	No charge
Emergency room	\$50 per visit (Copayment does not apply if the member is directly admitted to the hospital for inpatient services)	
Drug copayments at network pharmacy	\$5/\$10/\$25	Covered under Level 1
Optional mail service prescriptions (90 days)	\$10/\$20/\$50	Covered under Level 1

24/7 Support



NurseHelp 24/7

Speak with registered nurses anytime, day or night, and get answers to your health-related questions.

(877) 304-0504



LifeReferrals 24/7

Connect day or night with experienced professionals ready to assist with personal, family and work issues.

(800) 985-2405

Health Improvement Programs



Prenatal Program

Gives expectant parents 24/7 nurse support as well as prenatal information.

Disease Management

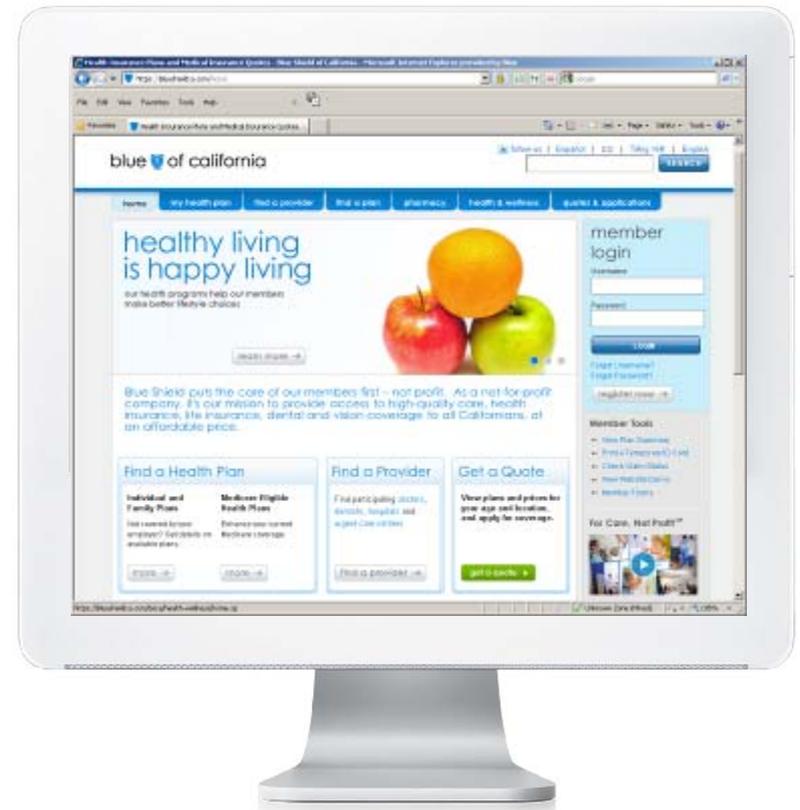
Provides support for members with certain chronic conditions:

- Asthma
- Coronary artery disease
- Chronic obstructive pulmonary disease (COPD)
- Diabetes
- Heart Failure

blueshieldca.com

Access to benefits, programs and services

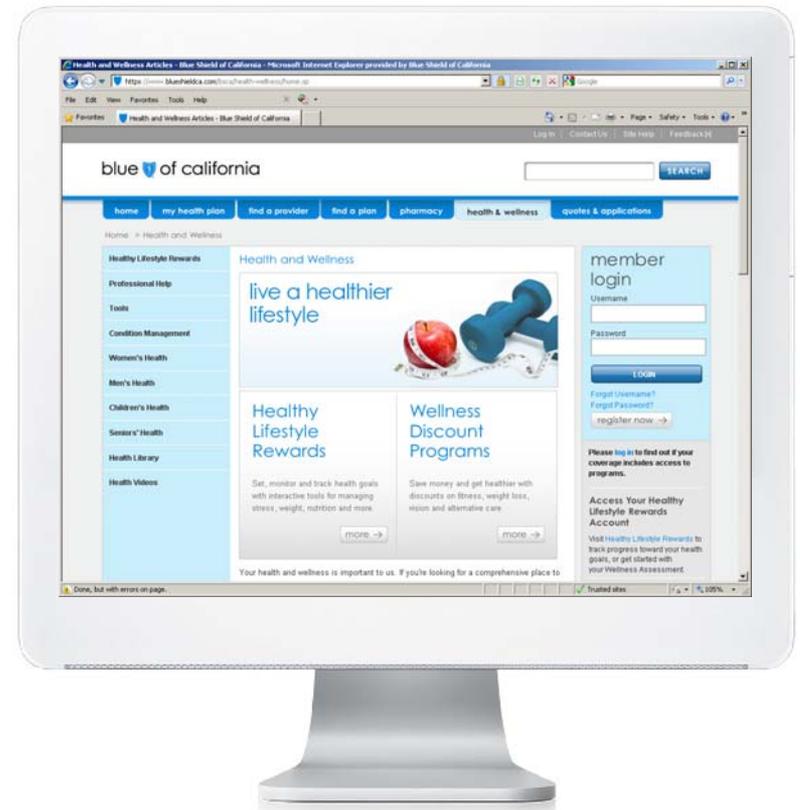
- Secure access to medical and pharmacy benefits, claims, etc.
- Search for network doctors, hospitals and other facilities
- Get information about pharmacy benefits and generic drugs, access the Blue Shield formulary, find network pharmacies
- Learn about Blue Shield programs and services:
 - Prenatal Program
 - Condition management programs



blueshieldca.com

Online Wellness Tools & Programs

- Visit Healthy Lifestyle Rewards for access to:
 - Online Wellness Assessment
 - Tools and programs to help you get in shape, eat right, reduce stress, manage moods, and quit smoking
- Find wellness discounts
- Search the Health Library for specific health topics or conditions



We're here to help



Blue Shield Member Services

7 a.m. to 7 p.m., Monday through Friday.

(800) 642-6155

we  you