



**California Association of Local Behavioral Health
Boards and Commissions**

INVOICE

**CALIFORNIA ASSOCIATION OF
LOCAL BEHAVIORAL HEALTH BOARDS/COMMISSIONS**

MEMBERSHIP DUES

July 1, 2015 through June 30, 2016

Annual dues for CALMHBC membership: \$500

Please make your check for \$500.00 payable to CALBHB/C, attach the Invoice below, and mail to:

CALBHB/C Treasurer
2338 Lakepark
Napa, CA 94558

For billing inquiries, please contact:
Beryl Nielsen
707-224-3489, 707-226-5560
Napamam@aol.com

Tax ID #: 33-0581682

Attached are W-9, three page Annual Report for 2014-2015 and fact sheet with Map of counties and regions

Thank you.

Please send this portion with your remittance. Thank you.

COUNTY _____

DIRECTOR MENTAL HEALTH OR BEHAVIORAL HEALTH _____

CHAIR OF
BOARD/COMMISSION _____

EMAIL ADDRESS _____



California Association of Local Behavioral Health Boards and Commissions

Annual Treasurer's Report 2014-2015

October 17, 2015

The current balance in our checking account is , rounding, \$102,000. We also keep \$25,000 in reserve in a savings account.

In the last year , we have spent a total of \$63,000 on our quarterly meetings (\$25000 for hotel lodging, \$36,000 for food and travel, and \$3000 for miscellaneous meeting expenses). At each Quarterly meeting there are about 20 Counties sharing and taking feedback to their respective Behavioral Health commissions. Our contract totaling \$55500 with MHSOAC ,reimburses 26 Directors who attend these meetings. The remainder of the \$8000 deficit expense this year comes from reserves and from voluntary dues payments by counties. This year, our income has been from 46 counties which have paid \$500 each.

Other outlays have been for a Central Regional meeting and training, Mental Health Board trainings for Sonoma County and Santa Cruz county, Coordinator Outreach to Santa Clara and Sonoma, and guests invited to our annual June meeting. These expenses have totaled \$4000. Extensive mailings of our president's Annual Report , thank you notes from our Finance Committee to all counties paying dues, and invitations to the annual board meeting have been done this year by Kings County and we appreciate this support as well as extra support from several other counties.

Annual Audit is conducted in October. All transactions, bank statements, balance sheet, cash flow and Reports from our 501 (c) (3) exempt corporation to government agencies our reviewed and reported to the full Board of Directors at that time.

Finance Committee and Treasurer have prepared a budget for the year 2015-2016, with line items emphasizing the work we do supporting and training Mental Health/Behavioral Health Boards, empowering consumers and family members in our communities, and advocating for Behavioral Health at the state level. This budget, allocating \$20000 anticipated dues income , was voted on at the Annual meeting , June 2015.

Respectively submitted

Beryl Nielsen, Treasurer



California Association of Local Behavioral Health Boards and Commissions

Annual Report for FY 2014-15

FY 2014-15 marked a time of great change within the California Association of Local Mental Health Boards and Commissions (CALMHB/C). As of June 20, 2015, we are the California Association of Behavioral Health Boards and Commissions (CALBHB/C). CALBHB/C will be used exclusively after the Articles of Incorporation are amended. On July 1, 2014, newly elected Officers assumed their offices and new responsibilities. The newly elected officers included Larry Gasco, Los Angeles County, President; Cary Martin, San Joaquin County, First Vice President; Marsha Ramstrom, Shasta County, Second Vice President; Mae Sherman, Lassen County, Secretary; and Debra Allen, Kings County, Treasurer. At its annual meeting in June 2015, it revised its bylaws to reflect a change in the name of the Association to the California Association of Behavioral Health Boards and Commissions (CABHB/C) and elected new officers. The newly elected officers included Larry Gasco, Los Angeles County, President; David Wood, Tulare County, First Vice President; Julie Crouch, Riverside County, Second Vice President, Mae Sherman, Lassen County, Secretary, and Beryl Nielsen, Napa County, Treasurer. Cary Martin will serve as the most recent Past President. They assumed office July 1, 2015. The Association is in the process of amending its Articles of Incorporation with the Secretary of State to reflect its new name.

CALMHB/C, now CALBHB/C, is a statewide organization that supports the work of local mental health boards. The Association was established in 1993 as a 501(c)(3) non-profit corporation (Tax ID #33-05816682). Its primary mission is to assist local mental health boards and commissions to carry out their mandated functions as specified in the Welfare and Institutions Code, Section 5600-5623.5 and to advocate for the concerns of local mental health boards and commissions in a unified voice at the state level. The Association seeks to improve the quality, quantity, and cultural competency of mental health services provided to the residents of California. Its constituency includes the mental health boards of 58 counties and the City of Berkeley and Tri City Mental Health Center. The Welfare and Institutions Code requires each mental health board to be composed of no less than 50% consumers and family advocates.

The CALMHB/C Board of Directors consists of 25 members and the most immediate past President. All members of the Board of Directors shall be a current member of a county mental health board or commission. The Board of Directors includes a significant number of consumers and advocates. Each of the Regions described below is represented by five Directors, one of whom serves as the Regional Coordinator. Its Officers including the President, First Vice President, Second Vice President, Secretary, and Treasurer, are elected at the annual meeting by the Board of Directors and county mental health boards not represented on the Board of Directors who are in attendance.

The following description provides the framework in which the Association operates. The Association's Board of Directors is and will be in perpetual flux. The terms of some Directors on their county mental

health board may end or the Director may choose to pursue other endeavors. Although many talented Directors are lost, their replacements bring new vigor and talents to the Association.

In order to encourage intra- and inter-regional cooperation and coordination, the Association is divided into Regions. These Regions coincide with the regions of the former California Mental Health Directors Association, as follows:

The Superior Region includes the counties of Butte, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mendocino, Modoc, Nevada, Plumas, Shasta, Sierra, Siskiyou, Tehama, and Trinity.

The Central Region includes the counties of Alpine, Amador, Calaveras, El Dorado, Fresno, Inyo, Kings, Madera, Mariposa, Merced, Mono, Placer, Sacramento, San Joaquin, Stanislaus, Sutter-Yuba (Joint Powers), Tulare, Tuolumne, and Yolo.

The Bay Area Region includes the counties of Alameda, Contra Costa, Marin, Monterey, Napa, San Benito, San Francisco, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, plus the City of Berkeley.

The Los Angeles Region includes the County of Los Angeles.

The Southern Region includes the counties of Imperial, Kern, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, and Ventura, plus Tri-City (Pomona, Claremont, LaVerne).

The Southern Region includes the counties of Imperial, Kern, Orange, Riverside, San Bernardino, San Diego, Santa Barbara, San Luis Obispo, Tri-Cities, (Claremont, La Vern), and Ventura

The CALMHB/C provides a forum for each Director to exchange information about their respective mental health board/commission activities and issues. Each of the local mental health board/commissions is invited to attend regional meetings to discuss issues, keep informed of legislation and receive training on best practices and current affairs. At the Regional meetings, the five Directors who serve on the Board of Directors are elected. At the annual meeting, all local boards/commissions are invited to attend. At the annual meeting, a representative from each of the local boards/commissions in attendance is eligible to cast a vote for the election of the Officers and to amend the bylaws when that action is necessary. When local boards and commissions are informed of issues before them and members are empowered to perform their duties and responsibilities, the mental health departments and the people they serve will benefit.

During the past year, CALMHB/C demonstrated its growing organizational maturity. At the request of the President, a Director drafted a strategic plan. One of the products of this work was the change in the name of the Association. Because lack of funding limited the Association's ability to assist local mental health boards, two of the priority areas in the plan dealt with having the Association established in state law and securing a significant increase in funding from private and public sources. The remaining areas are ongoing areas that need our focused attention. They include education, outreach and advocacy, and infrastructure. These critical areas are essential in improving our ability to assist local mental health boards/commissions. There was extensive discussion on issues related to the draft strategic plan by the Directors at the quarterly meetings. Another product of this discussion was the creation of a Resource Development Committee.

The Association committees meet quarterly and are encouraged to meet more frequently. The President appointed an Ad Hoc Nominations Committee. This committee canvassed the Directors to ascertain

their interest in serving as candidates for office. The Nominations Committee conducted the election at the annual meeting. In addition to the candidates who had expressed interest in serving, the committee accepted nominations from the floor. The Executive Committee met monthly by teleconference and responded to business and issues that arose between the quarterly meetings. Among other activities, the President and First Vice President met with Senator Jim Beall at his San Jose office. It plans to meet with other members of the legislature and representatives of statewide mental health organizations. The Bylaws Committee made the necessary changes in the bylaws to reflect the change in our Association's name. The revisions were approved at the annual meeting. The Legislative, Communications, Training, and Finance Committees met quarterly. The Policy and Procedures Manual Committee met throughout the year but was unable to complete a draft for review and approval by the Board of Directors. This task was carried over to the next fiscal year.

~~The Board of Directors is considering changing its meeting structure to allow additional time to focus on infrastructure development and other issues critical to the Association. For the past several years, the Association has given a full day of one of its quarterly meetings for the CiBHS statewide training. This is something it may not do in the future. There was consideration of modifying its relationship with the California Mental Health Planning Council. One of the recommendations was to free additional time for the Association committees to meet. This would be achieved by not attending a portion or all of the Planning Council's last session, usually held Friday morning.~~

Although the Association focused on developing its infrastructure, it continued a robust education and training program at each of its quarterly meetings as it has for the past three years. Because of limited funding, the Association only reimburses the Directors for attending quarterly meetings. The Directors' travel and lodging are paid by the Association. They are reimbursed for other travel, incidentals, and per diem expenses. All local mental health board members are invited to participate. Members of the Association attending the quarterly meetings were exposed to a wide variety of presentations on innovative programs and training on topics critical to local mental health boards to discharge their mandated responsibilities. For example, Margot Mendelson gave a presentation advocating for Reforming Conditions of Confinement for Prisoners with Mental Disabilities in California State Prison. Roselyna Rosado, Shanna Talant, and Elizabeth Heinz talked about the I-Hot program, San Diego County's alternative to Laura's Law. Geoff Millard, Swords to Plowshares, spoke about Cultural Competency in interacting with veterans and the challenges facing veterans seeking employment and housing. Marla Kingkade, Lt. Debbie Farrar, and Christopher O'Neal talked about the joint law enforcement and mental health collaborative effort to respond to crises. Linda Garret, Risk Management Services, talked about California laws on Mental Health Confidentiality and Privacy to consumers.

At the request of Sonoma and Santa Cruz mental health boards, Directors provided training on the mandated responsibilities of the local mental health boards. The training was well received. One reason for this is that the training is provided by peers who deal or have dealt with many of the same issues in their respective mental health boards. At both training sessions, there was extensive dialogue between our Directors and the members of the local mental health boards. A consistent theme is that the county mental health boards for the most part are not provided sufficient resources. It is important to note that the Association Directors who provide this mental health board training are not reimbursed for expenses incurred because of funding limitations.

The Association continued to collaborate with the California Mental Health Planning Council (CMHPC) and the California Institute of Behavioral Health Solutions (CiBHS). Time is allocated on

