

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION PUBLIC SESSION
January 5, 2012 12:00-2:00 pm

Commissioners Present:

Bill Swift, Chris Massa, Gabriel Gonzales, Veatrice Jews, Susan McGee-Stehsel, Monica Wilson, Tanya Perry, Roberto Casas, Michael Grabhorn, Tom Rivera, May Farr, Monica Alonso and George Watson, Chief of Staff for Supervisor Neil Derry

Excused Absent: Michael Hill and Jane Godager

Guests:

Beverly Scott, family member; Veronica Dover, Vanessa Holm, Family Service Agency; Amy Sanchez, Jack Johnson, Mental Health Systems Inc; Wayne Henkelmann, SBC Mental Health Superior Court; Manuel Olague, NARC; Faith Ikeda, Pathways to Recovery; Rodolfo Pinon, Casa De San Bernardino; Armando Ontiveros, Gustavo Medina, EMQ FamiliesFirst; Hanna Keith, Charles Pearson, Community Hospital SB; Susan Petty, Agewise; Vivien Limon, Clubhouse; Gabriel Uribe, IEHP; Allan Rawland, CaSonya Thomas, Michelle Dusick, Matthew Higgins, Andy Gruchy, Sherwin Farr, Linda Porter, Mariann Ruffolo, Georgina Yoshioka, Sherrie Alexander, Michael Oliver, Maria Coronado, David Denkers, Douglas Fazekas, Susanne Kulesa, Rebecca Aguilar, Terri Franklin, Michael Schertell, Ron Smith, Gary Atkins, Tim Jackson, Doris Turner, Nancy Olsen, Cindy Messer, David Miller, Gary Bustin, Ray Castill, Cynthia White, Sonia Rubio; Carolina Mendoza, Veronica Kelley, Lynn Neuenswander, Karen Cervantes, Sarah Eberhardt-Rios, Edwin Lemus, Larissa Crossno, Lauretta Ross, Jason Hill, Rebecca Gehlke-Baez, DBH. Minutes recorded by Debi Pasco, Clerk of the Behavioral Health Commission.

CALL TO ORDER, INTRODUCTIONS AND MINUTES FROM LAST MEETING

Chair Susan McGee-Stehsel called the meeting to order at 12:02 p.m. Commissioner Casas led the Pledge of Allegiance and self introductions followed. George Watson mentioned that his mother is pleased that he is a member of the Behavioral Health Commission (BHC) as his grandmother was a founding member of the National Alliance on Mental Illness (NAMI).

Debi Pasco announced that on 12/13/11, Supervisor Brad Mitzelfelt appointed Michael Grabhorn to the BHC First District and reappointed William Swift to the BHC First District.

A motion made by Monica Wilson and seconded by Roberto Casas: 11/10/11 BHC minutes were approved as written. Motion passed; no abstentions.

CULTURAL COMPETENCY AWARD OF EXCELLENCE – JANUARY 2012

Veronica Kelley announced there was no honoree for this month. The Cultural Competency Advisory Committee is seeking nominations

STAFF RECOGNITION

Sarah Eberhardt-Rios, Lynn Neuenswander and Kristen Martinez recognized Maria Coronado and Jim Granger for their dedicated leadership overseeing the Clubhouses for the past year. Kristen Martinez is now the DBH Clubhouse Coordinator.

PUBLIC COMMENTS

No public comments were provided.

CHAIRPERSON'S REPORT

Chair Susan McGee-Stehsel wished everyone Happy New Year. She thanked Debi Pasco and staff for the success of the BHC Holiday Tea and Awards Ceremony on 12/1/11. She also thanked Carolina Mendoza for putting together a DBH training for nursing students resulting in more educated nurses in the future. Susan participates in the Perinatal Collaborative that meets the 2nd Wednesday of the month at noon to discuss perinatal mood disorders, hypertension, etc. She found the Trauma Resiliency Training to be a very valuable tool.

COMMISSIONERS' REPORTS

First District:

Commissioner Bill Swift and his wife attended the county adoption ceremony, where his wife spoke. All of their children are adopted. It was a great opportunity to network with other adoptive parents and he was proud to there. Bill has an opportunity to participate in stem cell research in China for his sight and hearing.

Commissioner Michael Grabhorn thanked his brothers and sisters from Amazing Place for being here today.

Commissioner Gabriel Gonzales stated the holidays were hard this year as he was in the hospital. He was placed on new medication and is ok now. He continues to work on childrens' stories and his memoirs.

Second District:

Commissioner May Farr attended the Homeless Summit in November. May helped serve over 1000 people meals during the holidays. She also participates in the Coalition of Sexual Exploitation (CASE) trainings. There will be a CASE walk in January 2012.

Commissioner Monica Alonso has been attending Narcotics Anonymous with a friend. After the meeting he said he felt loved.

Third District:

Commissioner Tom Rivera participated on the interview panel for DBH Cultural Competency Officer. During the November BHC meeting, community based organizations had questions regarding the county RFP process so he asked Allan to meet with him and Commissioner Casas to provide further clarification.

Commissioner Chris Massa announced that the next Third District Advisory Committee will be held at Redlands Clubhouse on 1/17/12 from 11am-12pm. He is about to resume classes at Cal State SB.

Secretary Tanya Perry acknowledged staff and clients who received awards during the Holiday Tea and Awards Ceremony. Representatives from the Trauma Resiliency Model have been invited to Big Bear to speak to schools and agencies regarding concrete strategies to deal with individuals who have experienced trauma. The Inland Empire Children Initiative Coalition assists families in signing up for Medi-Cal/IEHP, dental and vision.

Fourth District:

Commissioner Roberto Casas announced there will be a budget perspective conference on 1/23/12 to discuss the state of California and the impact on education. The Gang Prevention Request for Proposal has been released. Dr. Casas will forward all this information to Debi Pasco for distribution, as well as a notice of an upcoming special education leadership conference.

As a member of the CA Mental Health Planning Council, Vice Chair Monica Wilson will attend the quarterly meeting in San Diego on January 18-20th. There will also be a Martin Luther King prayer breakfast at the Doubletree Hotel in Ontario on 1/16/12. To commemorate ACR 150 African American Mental Health Week (ACR 150), Riverside and San Bernardino County is hosting a weeklong conference at UCR from February 13-17th.

Fifth District:

Treasurer Veatrice Jews would like to see more nominations submitted for the BHC Holiday Tea and Awards Ceremony. Please plan on joining the African American Mental Health Coalition for its 2nd annual Mental Health Symposium on 2/10/12 from 9am-12pm tentatively scheduled at Cal State University. She also participates in the Innovation meetings to understand the projects and successful programs. On 1/16/12 the Concerned African American Churches will be holding a Martin Luther King prayer breakfast at the Hilton San Bernardino.

DIRECTOR'S REPORT

Director Allan Rawland welcomed everyone to the Year of the Dragon. He also welcomed Linda Haugan, Assistant Executive Officer, and his boss, to the meeting. With the appointment of Michael Grabhorn, and his expertise in the field of alcohol and drug programs, the BHC will revive the Substance Abuse Taskforce standing committee. He encouraged community members and contract providers to participate. On 1/10/12, Supervisor Gary Ovitt will appoint Dr. Akin Merino to the BHC. Allan congratulated the Board of Supervisors and the BHC for a soon to be full Commission

Director Rawland acknowledged Lynn Neuenswander and staff for the newly released Department of Behavioral Health calendar for 2012-2013, which contains 24 months of beautiful consumer artwork.

Budget and other Policy Issues:

- Federal – still dealing with the deficit and policy issues
- State – The Governor's budget is expected to be released on 1/10/12. It looks like there will be 47 initiatives on the ballot in November 2012.
- County – Chief Executive Officer and his staff continues to work on cost containment strategies and the employee associations
- Dismantling of Department of Mental Health and Alcohol and Drug Programs – may end up with the Department of Health Care Services. We hope the Governor will provide direction in his soon to be released budget.

ArrowCare (Low Income Health Plan)

San Bernardino County was just approved for early implementation of their Low Income Health Plan, which is called ArrowCare. ArrowCare will provide healthcare to an additional 20,000 individuals in the county.

Mental Health Services Act (MHSA)

Due to MHSA roll over funds from the state, the Prevention and Early Intervention (PEI) planning taskforce will reconvene to determine the need for new programs or expansion of current programs. We'll have an unbiased facilitator assist in the community stakeholder process. The final plan will be presented to the Commission for review and subsequent RFPs will be released.

The first edition of the DBH Program Dispatch pamphlets will soon be released as a marketing tool for services we provide. The pamphlets contain program description and outcomes.

Laura's Law

Laura's Law allows courts to mandate voluntary services for clients who are not following treatment plans, however it is not mandated that counties implement the measure. Allan requested a Commission representative to participate on the taskforce. Susan McGee-Stehsel volunteered to keep the balance of patients' rights.

SPECIAL PRESENTATIONS:

Prevention and Early Intervention Statewide Projects

Michelle Dusick, Program Manager I, stated that in August 2010, San Bernardino County assigned their Statewide PEI funding to the CA Mental Health Services Authority (CalMHSA) for statewide administration of three projects and what we are doing locally to support the initiatives:

- Student Mental Health Initiative
 - Expand the annual SAP training to a region student mental health training
 - Planning meetings are being held with Regional Coordinator the K-12 system
- Suicide Prevention Initiative
 - Meeting with AdEase to coordinate media campaigns for suicide prevention, etc
 - Working to develop local media that coordinates with regional campaign
- Stigmas and Discrimination Reduction Initiative
 - Coordinating with local MAMI chapters for trainings
 - Working with AdEase to collaborate for anti-stigma campaigns

Director Rawland announced SBC was one of the first counties to form CalMHSA. Currently, 47 counties have joined; 23 contractors are on board for the implementation all three initiatives.

This is Our Life Because of You

Kristen Martinez, Clubhouse Coordinator stated that this segment is similar to the 1948 radio show, "This is Your Life". Over the speaker, the anonymous individuals expressed what DBH and Director Rawland have allowed them to accomplish. The speakers revealed themselves as David Miller, Laretta Ross and Robert Dotson.

Director Rawland stated, "I have been very fortunate to be able to share gifts from my heart. My job is to plant seeds and watch them grow. I feel honored. FAMILY, CARRY ON!"

Upcoming special presentations to the Behavioral Health Commission include:

- 2/2/12: Public Safety Realignment (AB-109)
- 3/1/12: Peer Driven Room and Board Advisory Coalition and Big Bear Mental Health Alliance
- 4/5/12: Clubhouse Update

NEW BUSINESS

- *A motion made by Susan McGee-Stehsel and seconded by Tanya Perry: BHC confirmed their support for the Countywide Vision Statement. Motion passed; no abstentions.*
- Election of Officers ballot results:
 - Chair – Susan McGee-Stehsel
 - Vice Chair – Monica Wilson
 - Secretary – Tanya Perry
 - Treasurer – Veatrice Jews
- *A motion made by Tanya Perry and seconded by May Farr: Approve Behavioral Health Commission Annual Report for FY 2010-11 with changes discussed during Executive Session. Motion passed; no abstentions.*

ADJOURNMENT

Being no further items to discuss the meeting was adjourned at 1:50 p.m.

Susan McGee-Stehsel
Chairperson

Debi Pasco
Clerk of the Behavioral Health Commission