

# *Strengthening Lives Through Wellness*



## San Bernardino County Behavioral Health Commission Annual Report 2012-14



Behavioral Health

# Board of Supervisors



**James Ramos**  
Chairman, Third District  
Supervisor



**Robert A. Lovingood**  
Vice Chairman, First District  
Supervisor



**Janice Rutherford**  
Second District Supervisor



**Curt Hagman**  
Fourth District Supervisor



**Josie Gonzales**  
Fifth District Supervisor

## San Bernardino County ADMINISTRATIVE OFFICE

**Gregory C. Devereaux**  
Chief Executive Officer

**Linda Haugan**  
Assistant Executive Officer, Human Services

# San Bernardino County

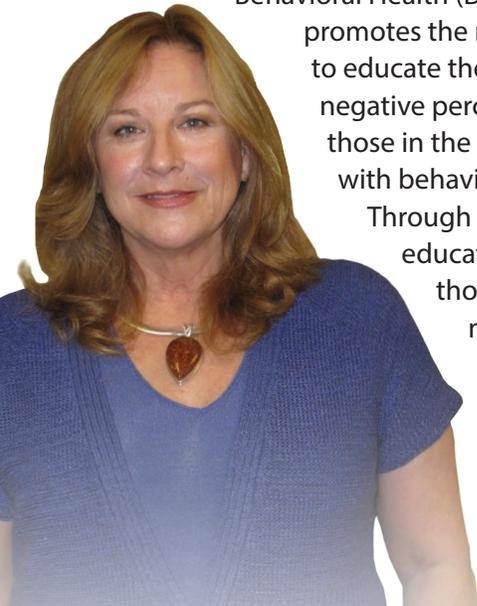
## LETTER FROM THE CHAIR

As Chair of the San Bernardino County Behavioral Health Commission (BHC), we are pleased to present this Annual Report to those who have been directly, or indirectly, touched by mental illness, alcohol and/or substance abuse issues, and to those concerned with the quality of behavioral health care.

In alignment with the Countywide Vision, the BHC works to champion a progressive system of seamless, accessible and effective services that advances wellness, recovery and resiliency for individuals, families and communities; making certain special attention is given to the cultural and linguistic needs of those served. We continue to look for ways to improve care by connecting the strengths and proficient work of consumer advocates, family members, students, teachers and community leaders.

Working hand in hand with the Department of Behavioral Health (DBH), the BHC seeks and promotes the most effective methods to educate the public and change negative perception attached to those in the community living with behavioral health issues.

Through internal and external educational presentations, those who attend BHC meetings gain a larger understanding of the potential for wellness in our county.



Recognizing that behavioral health is an essential part of health care, wonderful work is being done in San Bernardino County to integrate primary care, mental health and substance use disorder treatment into a cohesive system. As stigma dissipates all individuals, families, and communities will benefit from the full range of health creating opportunities.

The BHC is extremely encouraged by the degree of support from the Board of Supervisors, County Administrative Office, Clubhouses, Transitional Age Youth Centers, DBH staff, community partners and family members. We embrace the principle that a consumer-centered behavioral health care system is the foundation of transformation, and we are optimistic that our “help first” model is philosophically sound and continues to evolve.

Sincerely,

A handwritten signature in black ink that reads "Susan McGee-Stehsel". The signature is written in a cursive, flowing style.

**Susan McGee-Stehsel, RN, MSN Chair**  
Behavioral Health Commission

## LETTER FROM THE DIRECTOR



The San Bernardino County Department of Behavioral Health (DBH) is pleased to partner with the Behavioral Health Commission (BHC) to present this Annual Report to the Board of Supervisors and our community partners.

One of the primary functions of the BHC is to advise the Board of Supervisors and the Director of DBH of local community needs and concerns in regards to mental health and substance abuse issues. The BHC is made up of community representatives that characterize all sectors of San Bernardino County. BHC members are appointed by the Board of Supervisors to a three-year term and represent their districts on a voluntary basis.

The BHC provides instrumental guidance and input to DBH, while promoting, educating and informing community members of the many programs and services available throughout the county. The District Advisory Committee (DAC) meetings are an opportunity for meaningful engagement with community members, where they are able to ask questions, provide input and discuss the impact of behavioral health services in San Bernardino County. Through the DAC meetings, Commissioners are able to foster community relationships, essential for building effective community centered, recovery-oriented, consumer and family focused behavioral health services.

The BHC impacts their communities by promoting awareness about mental health and substance use, reducing stigma and discrimination, promoting diversity, as well as encouraging and supporting recovery, wellness and resiliency in the community. Their dedication and genuine concern for their communities is a testament of the BHC's commitment to improving and transforming the behavioral health care system. It is a pleasure to serve alongside them.

Together, the BHC and DBH, along with our community partners, support the Wellness element of the Countywide Vision and will continue to promote and provide services that are recovery focused and wellness driven.

Sincerely,

A handwritten signature in black ink that reads "CaSonya Thomas". The signature is fluid and cursive, with a long, sweeping underline that extends to the right.

CaSonya Thomas, MPA, CHC  
Director  
Department of Behavioral Health

# MEET THE COMMISSIONERS

Appointed 2013



**SUPERVISOR JAMES RAMOS,**  
Third District:

"As a strong advocate for the Behavioral Health Commission, Department of Behavioral Health and the clients who seek services, I share the message that recovery is possible."

Appointed 2011



**MICHAEL GRABHORN,**  
First District:

"I strongly support Alcohol and Drug Services, social justice for the LGBTQ community and advocacy for the homeless population."

Appointed 2014



**ED O'BRIEN, J.D.,**  
First District:

"I am interested in forensic and legal services provided to individuals living with mental illness."

Appointed 2002



**MAY FARR, BSN,**  
Second District:

"I advocate for all age groups. My passion is with adult and juvenile forensic services and the inclusion of cultural competency for all services and programs."

Appointed 2005



**CHRISTOPHER MASSA, AA,**  
Third District:

"I am working towards a bachelor's degree in Social Work to better serve the needs of our community. I benefit from partnering with my fellow Commissioners to promote innovative ideas for positive change."

Appointed 2013



**TROY MONDRAGON, MSW,**  
Third District:

"I strongly support the reduction of behavioral health stigma through a positive approach, and increased services to the homeless population."

Appointed 2012



**AKIN MERINO, Ph.D., Secretary,**  
Fourth District:

"I am passionate about advocating for the underrepresented population, and educating the next generation of behavioral health providers."

Appointed 2010



**MONICA WILSON, Ph.D.,**  
Vice Chair, Fourth District:

"I am a strong advocate for all who experience mental illness. My area of focus is the inclusion of behavioral health services in the health care system, cultural competency, policy and research."

## COMMISSIONERS *(Continued)*

Appointed 2004



**SUSAN MCGEE-STEHSEL, RN, MSN, CHAIR, Fifth District:**

"As a consumer, family member, mental health nurse and educator, I love engaging students in the growth of individuals and systems related to behavioral health. I am passionate about increasing continuity of care from inpatient to outpatient services, as well as alleviating perinatal depression and substance abuse for families."

Appointed 2004



**JANE ANN GODAGER, LCSW, Fifth District:**

"I have an interest in the geriatric population and appropriate residential facilities for all age groups."

Appointed 2007



**VEATRICE JEWS, B.S., CS, ASCP, TREASURER, Fifth District:**

"I advocate for equal access to behavioral health services for underserved populations. My focus is to assist in developing strategies to reduce stigma and disparities with African Americans and ethnic populations, and assist in the establishment of Mental Health Friendly Congregations."

Appointed 2014



**DAVID MILLER, B.S., Second District**

"I am passionate about helping others find a path to recovery, which takes place in a community setting with community support. I'm a strong believer that self-care serves as the centerpiece of one's recovery."

## COMMISSIONER ALUMNI

GABRIEL GONZALES	2008 - 2014
BILL SWIFT	2001 - 2014
MICHAEL HILL	2008 - 2013
MONICA ALONSO	2009 - 2014
DENA NUNEZ	2012 - 2013
ROBERTO CASAS	2009 - 2014
SR. CAROL GRISOTTI	2014 - 2014



# COUNTY DEMOGRAPHICS

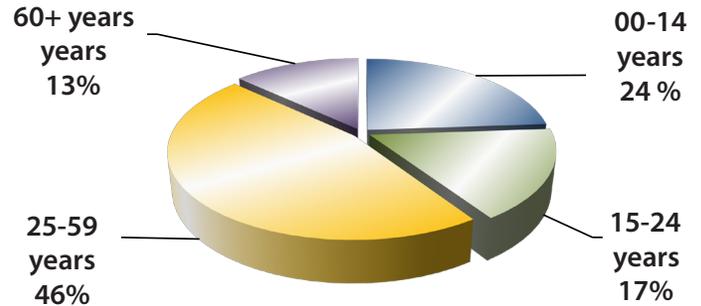
## FISCAL YEAR 2013-14

San Bernardino County has the largest land area of any county in the contiguous United States, and covers 20,052 square miles from Los Angeles on the west to Arizona on the east.

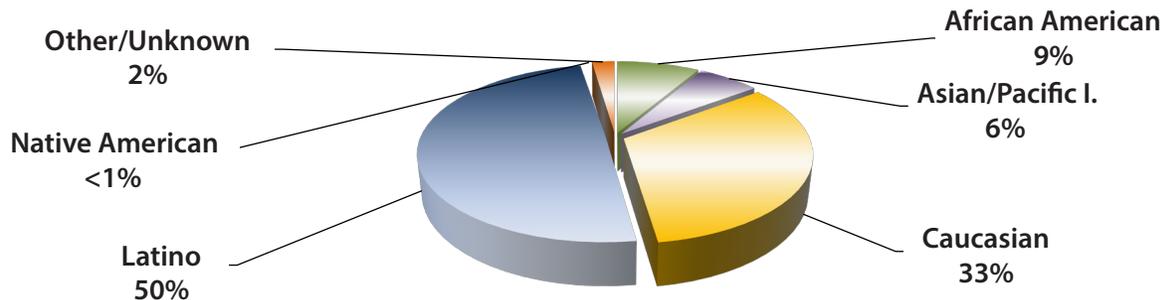
Within the County, DBH and its contract providers offer a wide range of mental health, alcohol and substance abuse services for children, transitional age youth, adults and older adults.

To meet the needs of the diverse population in our county, DBH provides services in the major languages spoken by county residents by linguistically and culturally competent staff.

### TOTAL POPULATION BY AGE GROUP



### TOTAL POPULATION BY ETHNIC GROUP



\*\*Note: All figures are for Fiscal Year 2013-14

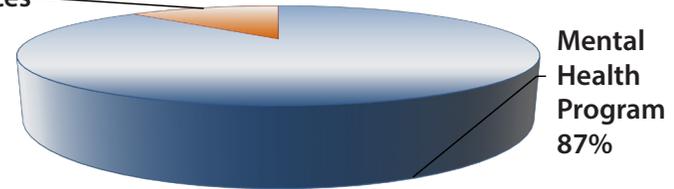
# COUNTY DEMOGRAPHICS

FISCAL YEAR 2013-14

## TOTAL CLIENTS SERVED

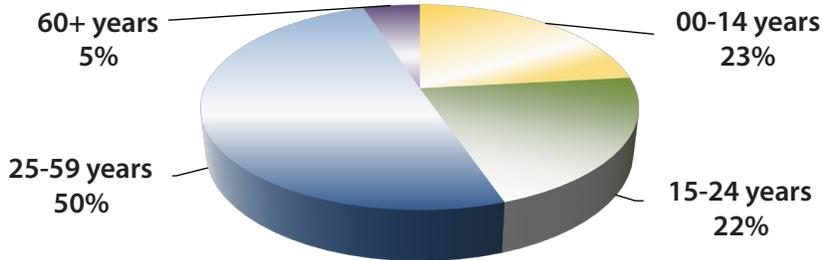
(TOTAL: 52,583)

Alcohol and  
Drug Services  
Program  
13%

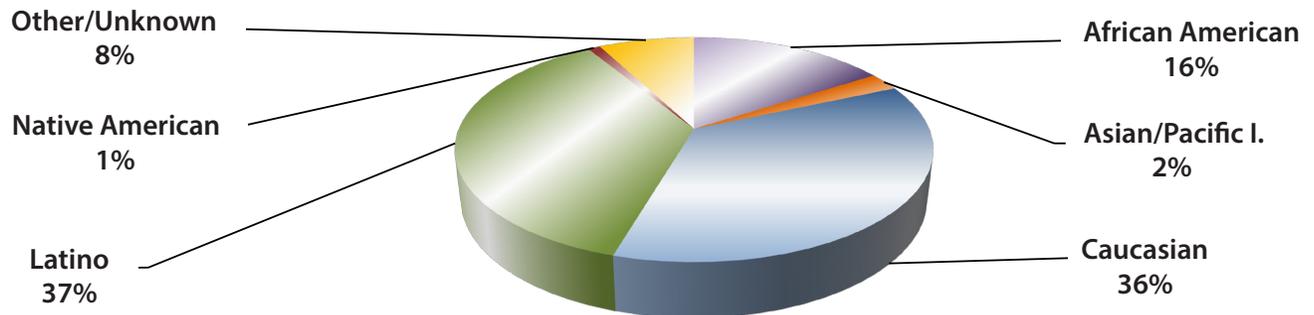


Mental  
Health  
Program  
87%

## CLIENTS SERVED BY AGE GROUP



## CLIENTS SERVED BY ETHNIC GROUP



\*\*Note: All figures are for Fiscal Year 2013-14

## MAJOR OBJECTIVES

The BHC provides the advisory link between the Board of Supervisors and DBH by promoting public input into the delivery of community behavioral health care services.

### COMMISSIONERS PARTICIPATE IN:

- Reviewing Mental Health Services Act (MHSA) plans
- Community events, health fairs, workforce recognition and facility dedications
- Interview panels for appointment of key DBH staff
- Quality Management site reviews
- Workgroups for program planning
- Public hearings for proposed community behavioral health programs and outreach strategies
- Providing linkage from the community to DBH
- Promoting a high level of awareness and sensitivity to cultural and linguistic competence
- National Alliance on Mental Illness (NAMI) events and other community education and outreach activities



## COMMISSIONER SPOTLIGHT

### **Supervisor James Ramos, Third District**

Supervisor James Ramos is a strong supporter of behavioral health services. He promotes mental health awareness, fights stigma and discrimination and is a devoted advocate for recovery.

### **Michael Grabhorn, First District**

As a member of the High Desert Community Coalition, Commissioner Michael Grabhorn was instrumental in developing, promoting and implementing a countywide ordinance designed to help law enforcement deal with illusive illicit substances known as synthetic drugs. The ordinance was unanimously approved by the Board of Supervisors on July 18, 2014.

### **Ed O'Brien, J.D., First District**

In his short tenure on the BHC, Ed has been struck by the high level of professionalism of DBH staff in coordinating the delivery of a high level of service across a disparate community. In observing the High Desert Community Crisis Response Team in action, he knows that residents challenged by crisis have available to them a team of caring, knowledgeable people who will respond any time and any place to help.

### **May Farr, BSN, Second District**

Commissioner May Farr continues to serve on the NAMI California Board. Ms. Farr is a dedicated supporter of the DBH Clubhouse program and DBH outreach events.

### **Christopher Massa, AA, Third District**

Commissioner Christopher Massa is a member of the Drug and Alcohol Taskforce and participates in many activities throughout the County.

### **Troy Mondragon, MSW, Third District**

On August 2, 2014, Commissioner Troy Mondragon received the 2014 Youth Advocate Award at the NAMI California Conference.

### **Monica Wilson, Ph.D., Vice Chair, Fourth District**

The Department of Health Care Services appointed Commissioner Monica Wilson to serve as the 2014 Chair of the California Mental Health Planning Council.

### **Akin Merino, Ph.D., Secretary, Fourth District**

Commissioner Akin Merino was recently promoted to Vice President of Academic Affairs at Argosy University Inland Empire Campus. As an author she utilizes her skills, knowledge and published works in restoration workshops.

### **Susan McGee-Stehsel, RN, MSN, Chair, Fifth District**

Commissioner Susan McGee-Stehsel was recently assigned as Assistant Director of the Bachelor of Science in Nursing (BSN) Program at Cal State University, San Bernardino. She teaches Psychiatric/Mental Health and Community/Public Health Nursing, and is responsible for organizing curriculum, and Faculty Business committees for the Nursing Department.

### **Jane Ann Godager, LCSW, Fifth District**

Commissioner Jane Ann Godager has been an active member of the California Senior Legislature for eleven years.

### **Veatrice Jews, BS, CS, ASCP, Treasurer, Fifth District**

Commissioner Veatrice Jews is the Chairperson of the Inland Empire Concerned African American Churches Health Committee. She is also one of the co-founders and an active member of the African American Health Coalition and lead organizer for the annual Martin Luther King, Jr. Prayer Breakfast.

### **David Miller, BS, Second District**

As a retired Peer and Family Advocate (PFA) with DBH, David has followed the progress of the PFA positions and its evolution. He continues to advocate for statewide Peer Certification, and serves in an advisory capacity in selecting a tool to measure performance outcomes for county and contract clubhouse programs. On a community level, he is involved in the Rancho Cucamonga Service Council to assist in meeting the needs of the city's residents.

# COMMISSION MEETINGS AND COMMUNITY EDUCATION

## 2012 BHC EDUCATIONAL PRESENTATIONS

Prevention and Early  
Intervention (PEI)  
Statewide Projects and  
"This is My Life Because of You"

Peer Driven Room  
and Board Advisory  
Coalition and Big Bear  
Mental Health Alliance

PEI Expansion  
Community  
Planning Process

Services for Seniors  
and People with  
Disabilities, Important  
Medi-Cal Information

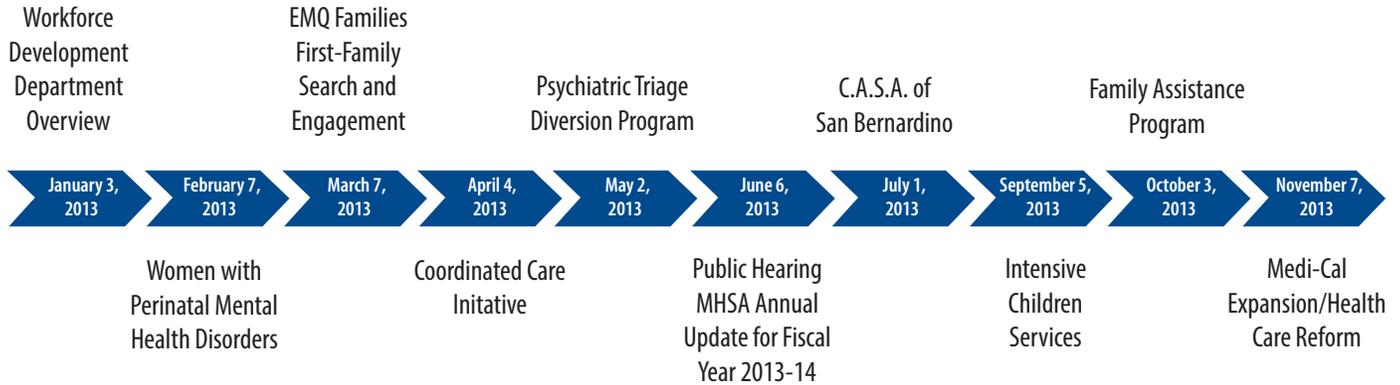
PEI Statewide  
Projects Update



BHC meetings are held the 1st Thursday of the month from 12:00 - 2:00 p.m. at San Bernardino County Health Services, 850 E. Foothill Blvd., Rialto, CA 92376

# COMMISSION MEETINGS AND COMMUNITY EDUCATION

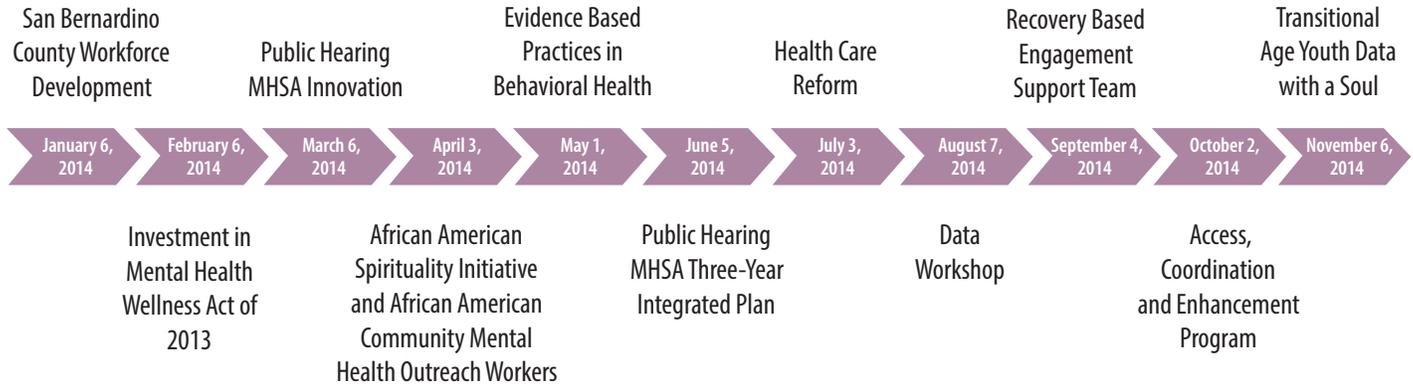
## 2013 BHC EDUCATIONAL PRESENTATIONS



BHC meetings are held the 1st Thursday of the month from 12:00 - 2:00 p.m. at San Bernardino County Health Services, 850 E. Foothill Blvd., Rialto, CA 92376

# COMMISSION MEETINGS AND COMMUNITY EDUCATION

## 2014 BHC EDUCATIONAL PRESENTATIONS



BHC meetings are held the 1st Thursday of the month from 12:00 - 2:00 p.m. at San Bernardino County Health Services,  
850 E. Foothill Blvd., Rialto, CA 92376

# DISTRICT ADVISORY COMMITTEE MEETINGS

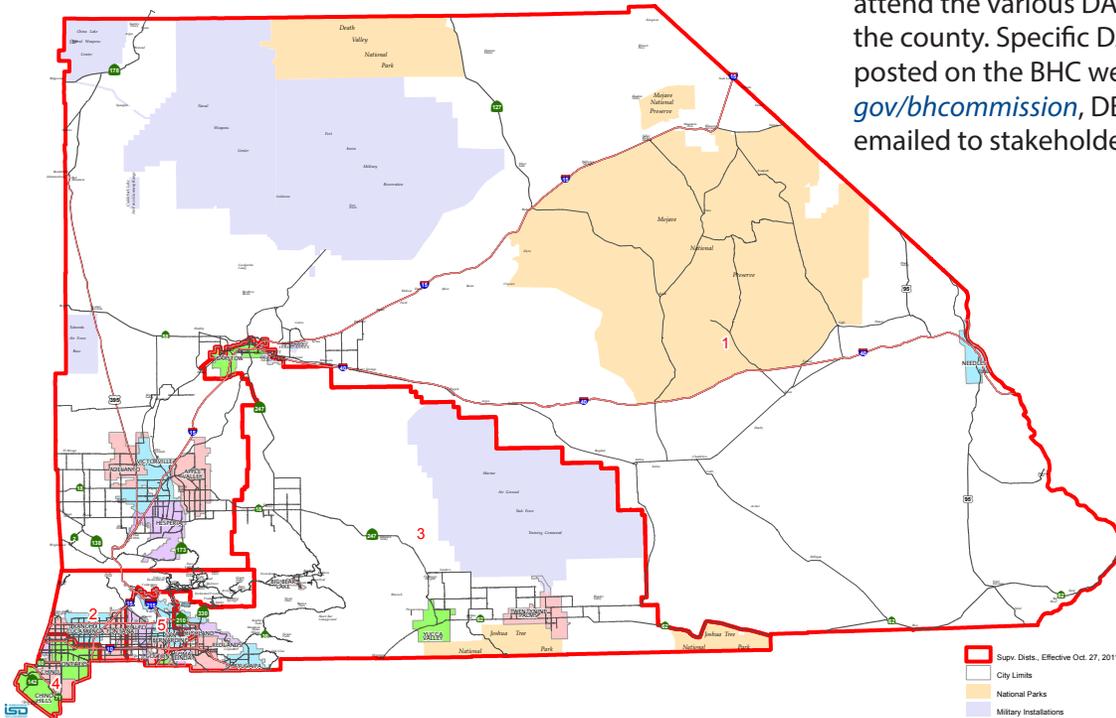
Established in 2008, the primary responsibility of District Advisory Committee (DAC) meetings is to provide the DBH, through the BHC, with valuable input on the unmet needs of the community for behavioral health services within the five supervisorial districts. This information assists DBH in the planning and program development process.

DAC meetings are chaired by members of the BHC and are held monthly within their respective districts. Meeting participants include community members, consumer and family members, non-profit representatives, contract providers and county personnel. Positive outcomes include:

## Positive Outcomes Include:

- Mental Health Services Act (MHSA) stakeholder engagement forums
- Educational seminars for consumer and family members
- Increased communication among stakeholders
- Linkage to appropriate organizations
- Increased awareness of DBH and other services in the community
- Increased media and community outreach

All members of the community are invited to attend the various DAC meetings throughout the county. Specific DAC meetings schedules are posted on the BHC website <http://www.sbcounty.gov/bhcommission>, DBH Facebook page and emailed to stakeholders.



# BEHAVIORAL HEALTH COMMISSION GOALS

## ACCOMPLISHED GOALS FOR 2012-2014

1. Increase and maintain community participation in the DAC meetings for behavioral health program planning, development, and improvement.

This goal was satisfied through effective outreach and communication with schools, other behavioral health agencies, county departments, law enforcement, and community members, significantly increasing attendance at DAC meetings.

2. Increase awareness and knowledge of data and its use in reaching out to and meeting community needs.

This goal was satisfied by conducting data workshops with stakeholders and the public. The BHC reviews and comments on the county's performance outcome data, and distributes its findings to the California Mental Health Planning Council (CMHPC).

3. Develop a Transitional Age Youth (TAY) taskforce.

Commissioner Veatrice Jews serves as the BHC liaison for the TAY taskforce.

4. Identify a strategy to promote behavioral health care as an integral part of health care reform.

The BHC reviews and evaluates the community's mental health needs by conducting program visits. Providing a voice in legislation, Commissioner Monica Wilson served as Chair of the CMHPC in 2014. Commissioner May Farr also represents San Bernardino County at CMPHC and California Mental Health Boards/Commission meetings, of which San Bernardino County is a member.

## GOALS FOR 2015:

1. Continue to increase and maintain community participation in the DAC meetings for behavioral health program planning, development, and improvement.
2. Define the focus of the BHC Education Committee.
3. Actively recruit qualified, diverse and interested community members to be considered by the Board of Supervisors for appointment to the BHC.



## RECOVERY FOCUSED, WELLNESS DRIVEN

DBH approaches engagement in wellness throughout the system of care through case management and care coordination services. DBH deploys a wider variety of strategies to support wellness, including providing access to services in natural community settings and the inclusion of intern programs and teaching institutions in the provision of care. Examples include:

- **Community-Based Recovery Service Centers:** Recovery Center services are available in each region of the county and offer support and wellness to individuals and families recovering from substance use disorders. Services offered include:
  - Smoking cessation
  - Training/Drug education to increase knowledge of medical aspects of Substance Use Disorder (SUD), alcohol and drug and the law, family dynamics, and other SUD issues
  - Life Skills to improve daily living such as hygiene, self-care, decision-making, and employment skills
  - Social activities for members in recovery and their families to strengthen social connectedness
- **Family Resource Centers:** Regional centers that offer an array of services in a natural community setting that can include health and nutrition, stress management, after school activities that build positive skills and socialization, life skills education, and linkage and referral to resources.
- **Integrated Health Clinics:** Integrated health services are provided as part of the Community Wholeness and Enrichment program. Primary health care providers work with mental health and SUD staff to screen, refer, consult, and support primary care providers. Services can include support for stress management, managing chronic disease, or other topics.
- **Clubhouses:** Community clubhouses are programs available throughout the county that offer those living with serious mental illness to access friendship, housing, education, employment, and life skills. Clubhouse members build social skills and have access to preventive health education such as nutritional counseling, healthy food offerings, personal fitness training, preventative testing, stress management and smoking cessation.
- **Community Based Services:** Holistic Campus Services and Community Education Programs such as the Community Resiliency Model (CRM), which helps individuals develop and teach skill sets for coping and dealing with trauma, identify and utilize community assets by partnering with community members with lived experience and assisting others with accessing resources, support and services.

# CLUBHOUSE PROGRAM

## MISSION, VISION AND VALUES STATEMENT

On May 1, 2014, county Clubhouse members presented their Vision, Mission and Values Statement during the Behavioral Health Commission meeting.

### CLUBHOUSE VISION STATEMENT:

*We envision a world that honors, accepts and empowers individuals' innovative recovery and wellness without stigma.*

### CLUBHOUSE MISSION STATEMENT:

*San Bernardino County Department of Behavioral Health Clubhouses partner with and empower individuals and family members in successfully accessing peer driven opportunities that enhance and support quality of life, overall wellness, recovery and resilience.*

### VALUES INCLUDE:

- Acceptance and celebration of cultural identity
- Personal safety is valued and respected
- An environment that promotes accountability
- Members and staff working as a team in support of recovery goals
- Mutual respect without judgment
- Encourage an active and healthy lifestyle
- The arts as a method to recovery and wellness
- Empower members through groups and enrichment activities
- Maintain a peer-driven clubhouse



## ENGAGEMENT OF UNDERSERVED COMMUNITIES

DBH is highly committed to serving diverse consumers throughout the continuum of care. Culturally responsive and specific programming has been included in the continuum of care and includes programs such as the Resilience Promotion in African-American Children Program, the Native American Resource Center, and the Promotores de Salud/Community Health Worker programs.

In addition, DBH embeds collaboration with the community into ongoing operations at multiple levels. DBH has a commitment to cultural competence with twelve (12) cultural subcommittees and coalitions that meet monthly, in addition to the Cultural Competency Advisory Committee. Cultural competency is woven into all DBH services, including planning, implementing and evaluating programs.

DBH and stakeholders designed and implemented the Recovery Based Engagement Support Teams (RBEST) project to test engagement strategies for populations that have not effectively engaged in accessing mental health services and treatment due to various long standing societal circumstances which impede their ability to successfully live in their communities in a state of recovery and wellness.

This includes individuals who are either not active in seeking and receiving necessary psychiatric care, are resistant and known to the public mental health system, as well as those who are known to the community resources with which they intersect

on a daily basis. Lessons learned through the RBEST project will help DBH effectively re-engage clients in appropriate services.



## REDUCING RE-HOSPITALIZATION

To increase engagement in outpatient behavioral health services within seven (7) days upon discharge from an inpatient hospital, DBH has implemented the Access, Care and Enhancement (ACE) program.

### **The objectives of the ACE program is to:**

- Increase capacity in response to the demand for care
- Provide shorter waiting times and shorter times between appointments
- Provide same day psychiatrist evaluations when clinically appropriate
- Provide reduced psychiatrist wait times by expediting opening of cases
- Provide scheduled or non-scheduled appointments for inpatient referrals
- Provide increased access to individual and group therapy
- Provide increased case management services
- Facilitate consumer access to additional benefits
- Provide access to urgent psychiatric evaluation
- Establish development of uniformed screenings and assessment tools
- Improve coordination of care and referral within DBH's system of care
- Improve access and better connectivity between referral and care organizations such as homeless, primary health care and employment services

The ACE program has been added to four (4) major regional clinics, Phoenix Clinic, Upland Community Counseling, Mesa Counseling Center, and Victor Valley Behavioral Health, and will track the increase of client engagement in outpatient services post-hospitalization.



## IMPROVING THE EFFECTIVENESS OF SERVICES

DBH has established a System-wide Program Evaluation and Outcomes Committee with the objective to develop a system-wide framework for program goals and outcomes. Committee membership includes a variety of DBH programs and community-based organizations. The Committee has developed a matrix of goals and associated key outcomes. The goals are derived from legislation, regulations, and Department of Health Care Services (DHCS) Information Notices and the key outcomes are operationalized ways of measuring progress toward the goals at regular intervals.

DBH has provided initial training on how goals and outcomes are to be integrated into all programs to create a systematic way to measure program performance and identify opportunities for improvement. Training and support will continue as the program improvement process evolves.



## CLUBHOUSE PROGRAM

Clubhouses are run by consumers of behavioral health services 18 years and over with minimal support from staff. They offer job training, social activities, and education.

### Desert Stars

1841 E. Main St.  
Barstow, CA 92311  
(760) 255-5705

### A Place to Go Clubhouse

32770 Old Woman Springs Rd., Suite B  
Lucerne Valley, CA 92356  
(760) 248-2327

### Santa Fe Social Club

56020 Santa Fe Trail, Suite M  
Yucca Valley, CA 92284  
(760) 369-4057

### Our Place

721 Nevada St., Suite 205  
Redlands, CA 92373  
(909) 557-2145

### Central Valley FUN Clubhouse

1501 S. Riverside Ave.  
Rialto, CA 92376  
(909) 877-4889

### Pathways to Recovery

850 E. Foothill Blvd.  
Rialto, CA 92376  
(909) 421-4672



Clubhouse program - TEAM House

### TEAM House

201 W. Mill St.  
San Bernardino, CA 92408  
(909) 386-5000

### Amazing Place

2940 Inland Empire Blvd.  
Ontario, CA 91764  
(909) 458-1396

### Serenity Clubhouse

12625 Hesperia Rd., Suite B  
Victorville, CA 92392  
(760) 955-6224

## ONE STOP TRANSITIONAL AGE YOUTH CENTERS RESOURCES

### San Bernardino

780 E. Gilbert St.  
San Bernardino, CA 92415  
(909) 387-7194

### Rancho Cucamonga

9047 Arrow Rt., Suite 170  
Rancho Cucamonga, CA 91730  
(877) 760-0770 or (909) 466-8696

### High Desert

14360 St. Andrews Dr., Suite 11  
Victorville, CA 92395  
(760) 243-5417

### Yucca Valley

58945 Business Center Dr., Suite D  
Yucca Valley, CA 92284  
(760) 228-9657



Clubhouse program - Yucca Valley Outing

## RESOURCES

### **Behavioral Health Commission website**

<http://www.sbcounty.gov/bhcommission>

### **Department of Behavioral Health website**

<http://www.sbcounty.gov/dbh>

### **Clerk of the Behavioral Health Commission**

Debi Pasco

(909) 388-0820

[dpasco@dbh.sbcounty.gov](mailto:dpasco@dbh.sbcounty.gov)

### **Access Unit 24-hour Crisis & Referral Hotlines**

(909) 386-8256

1(888) 743-1478

711 for TTY Users

This phone number runs 24-hours a day 7 days a week, toll-free, to provide information and referrals for health and social services in the local community.

### **Community Crisis Response Team**

The Community Crisis Response Team (CCRT) is a community-based mobile crisis response program for those experiencing a psychiatric emergency.

**East Valley Region:** (909) 421-9233

24 hour pager (909) 420-0560

**High Desert Region:** (760) 956-2345

24 hour pager (760) 734-8093

**Morongo Basin Region:** (855) 365-6558

(Telecare 24 hour crisis line)

**West Valley Region:**

(909) 458-1517

24 hour pager (909) 535-1316

### **Crisis Walk-In Clinics**

Crisis Walk-In Clinics (CWIC) provide urgent mental health services to residents of San Bernardino County. Services include, crisis intervention, crisis risk assessments, medications, referrals to county,



*Painting by Marisa Franklin*

contract and community resources, education and when necessary evaluations for hospitalization.

Consumers will be screened for appropriateness of service and will either be provided referrals or admitted in to CWIC for additional assessment. A consumer may meet the criteria to see a psychiatrist, which will be arranged same day for adults and an appointment will be scheduled for children.

### **CWIC Rialto**

850 E. Foothill Blvd.

Rialto, CA 92376

909-421-9495

Monday thru Friday 8 a.m. to 10 p.m.

Saturdays 8 a.m. to 5 p.m.

Holidays 8 a.m. to 5 p.m.

### **CWIC High Desert**

Valley Star Community Services

12240 Hesperia Road

Victorville, CA 92395

(760) 245-8837

24 hours a day 365 days a year

### **CWIC Morongo Basin**

TeleCare Inc.

55475 Santa Fe Trail, Ste. 100

Yucca Valley, CA 92284

(855)-365-6558

24 hours a day 365 days a year

## CALIFORNIA WELFARE AND INSTITUTIONS CODE SECTION 5604 (ET AL)

Each community mental health service shall have a mental health board consisting of 10-15 members, with one being a member of the local governing body.

The board membership should reflect the ethnic diversity of the client population in the county.

Fifty percent of the board membership shall be consumers or the parents, spouses, siblings or adult children of consumers, who are receiving or have received mental health services. At least 20% shall be consumers and at least 20% shall be families of consumers.

The term of each board member shall be for three years. The governing body shall equitably stagger the appointments so that approximately one-third of the appointments expire in each year.

No member of the board, or his or her spouse, shall be a full-time or part-time employee of the county in a county mental health services, an employee of the State Department of Mental Health, or an employee of, or a paid member of the governing body of a mental health contract agency.

The mental health board may be established as an advisory board or a commission, depending on the preference of the county.



*Painting "Born That Way," by Sheila Dery*

# *Strengthening Lives Through Wellness*



## **Behavioral Health**

### **Behavioral Health Commission**

303 E. Vanderbilt Way

San Bernardino, CA 92415-0026

909.388.0820 or 7-1-1 for TTY users

[www.sbcounty.gov/dbh/mhcommission/](http://www.sbcounty.gov/dbh/mhcommission/)