

**DEPARTMENT OF BEHAVIORAL HEALTH
MINUTES OF OFFICIAL DEPARTMENTAL MEETING
WEST VALLEY REGION DISTRICT ADVISORY COMMITTEE
MEETING FOR DISTRICT 2 AND DISTRICT 4**

JANUARY 29, 2010

PRESENT: Hope Anderson; Linda Charkins; Fran Cummings; Cynthia Curbow; May Farr; Jane Mercer; Carol Michelson; Ron Smith; June Swan

MEETING PURPOSE: To develop a plan that will provide the Department of Behavioral Health, through the Mental Health Commission, input on the unmet needs of the community.

	DISCUSSION	ACTION/RESPONSIBLE PERSON
	<p><u>Review of Minutes</u> The minutes for the 11/23/2009 meeting were reviewed and approved with one correction. CORRECTION FOR SUCCESS FIRST – The population serviced is between ages of 0-15.</p>	
	<p><u>Self Introductions</u> Self introductions were done.</p> <p><u>TRM (Trauma Resiliency Model) Training</u> R. Smith is recommending that everyone attend the TRM training. The training focuses on trauma related disorders. It can help individuals manage their emotions while they learn some amazing skills.</p> <p>C. Michelson reported that the training is scheduled for three consecutive days. Staff can register for the training through essential learning. There are no current class openings through June; however, staff can be placed on a waiting list. The department is also planning to offer follow-up trainings.</p>	

	DISCUSSION	ACTION/RESPONSIBLE PERSON
	<p><u>Success First</u> H. Anderson reported that Success First has openings and could use referrals. She also informed DAC members that the clinic is planning on offering a girls group, sometime this spring. R. Smith suggested that Success First send out a weekly broadcast which includes the census and the program criteria. H. Anderson reported that they are working on creating a brochure that should be out soon.</p> <p><u>Family Service Agency of San Bernardino</u> J. Swan reported that Family Service Agency is a non-profit agency with three office locations. The clinics are housed in the cities of Crestline, Fontana and San Bernardino.</p> <ul style="list-style-type: none"> • The agency funds clients who do not qualify for medi-cal. • The groups that are scheduled to begin in February will be priced according to a low sliding scale. • Community services offered are: anger management, domestic violence, divorce recovery and individual and group therapy. • Group counseling will soon be offered in the schools. <p><u>Budget</u> R. smith reported that the County cannot pass the budget. County deficit could be as high as \$90 million. The newly appointed County CAO is scheduled to start February 1, 2010.</p> <p><u>MHSA Monies</u> M. Farr reported on the following issues:</p> <ul style="list-style-type: none"> • The governor is trying to reduce MHSA money. • At this time, it is unknown how the County's release of parolees will affect our County. The County has an estimated 22,000 parolees of which 7 to 10% could result in mental health clients. A special organization has volunteered to work with the parolees to help them receive their SSI benefits. <p><u>South Coast Children's Society</u> F. Cummings reported that South Coast will be starting new groups at the Rancho Cucamonga Community Center. The city has agreed to advertise the groups in their newsletter. The clinic's Drug and Alcohol groups will start on February 16, 2010. Also a new Children's Intensive program will be starting in San Bernardino. Clients do not need to have medi-cal to participate; the groups will be free of charge. Groups will run for the course of 6 to 8 weeks, after which the consumer will receive a certificate.</p>	

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	<p><u>Upland Community Counseling</u> C. Michelson reported that Upland is serving about 500 children and 1500 adults. The clinic offers children's groups.</p> <p><u>Vista Clinic</u> L. Charkins reported that Vista is serving about 400 children and 600 adults. The clinic offers groups and individual therapy for children, while the adult's usually only get medication.</p> <p><u>New Hope Project</u> J. Mercer reported that New Hope is very busy. They are helping individuals apply for SSI benefits. The program has been able to assist over 50 people in getting SSI. New Hope will be moving to another church facility that is wheelchair accessible and has air conditioning. R. Smith inquired about whether the space was donated to New Hope. J. Mercer responded that it was. The only thing that New Hope is required to pay is the utilities.</p> <p>M. Farr reported that Winegart is a non-profit organization that gives up to \$25,000 to help individuals. She also reported that as part of the duties of this committee, the DAC participants should visit other facilities to exchange clinic information. M. Farr distributed a sample program visit summary form that could be used during these visits. R. Smith suggested that the form be given to A. Guzman for recreation of the form.</p> <p><u>Ontario Community Counseling</u> C. Curbow reported that Ontario is serving children and adults. The clinic has increased their groups. They offer adolescent groups for drug and alcohol services. M. Farr inquired about Ontario serving juvenile court or prop 36 consumers. C. Curbow responded that they do not.</p> <p><u>Conclusion</u> Being that there were no further issues, the meeting adjourned at 2:40.</p>	

Ronald Smith, Program Manager

Rhonda Strange, CA111

Chairperson

Recorder