

MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION MEETING
April 7, 2016 - 12:00-2:00 pm

Commissioners Present: Michael Grabhorn, Susan McGee-Stehsel, Monica Wilson, Ed O'Brien, David Caine, Troy Mondragon, Veatrice Jews, Jennifer Spence-Carpenter, May Farr, Christopher Massa, Jane Ann Godager,

Excused Absence: Catherine Inscore

Absent: Akin Merino

Guests: Joshua Taylor, Eduardo Juarez, Carlos Castaneda, Matt Parnell, Aimara Freeman, Edwin Henderson, Supriya Barrows, Cesar Bonne, Terrence Younger, Jon Winter, Wayne Henkelmann, Charles Pearson, Michael Oliver, Cheryl Placide, Michelle Dusick, Neal Smith, Joanne Mitchell, Mike Gorman, Rebecca Hiner, Brianna Flores, T. Ingram, Sarah Eberhardt-Rios, Landon Sharp, Jon Buffong, Howard Tuttle, Alexis Belmonte, Cynthia White, Chauncey Bowie, Vivien Limon, Doris Turner, Genesis Fuerte, Paul Avila, Tiffany, Paula Rutten, Jennifer Tavarez, Miriam Clark, Thomas Castellanos, Tina Sides, Imo Momoh, Michael Schertell, Andy Gruchy, Kristen Mungcal, Brian Chambers, Laverne Herbert, Jesika Mak, Jennifer Edge-Ballantine, Christopher Boice, Sherie Park, Leeann Ficarra, Tiffany Keeler, Rosa Villegas, Douglas Fazekas, Sandi Bentz, Laretta Ross, Mirella Madrigal, Jessica Villannueva, Kristen Izbicki, Raymond Geicel, Liz Luevano, Carl Mascarella, Veronica Rodriguez, Mariann Ruffolo, Faith Ikeda, Erica Watkins, Shannon Swims. Minutes recorded by Debi Pasco, Clerk of the Behavioral Health Commission (BHC)

CALL TO ORDER AND INTRODUCTIONS

Chair Monica Wilson called the meeting to order at 12:08p.m. Commissioner Jennifer Spence-Carpenter led the Pledge of Allegiance and self-introductions followed.

Review Minutes of 3/3/16

APPROVED

Motion/Second: May Farr / Christopher Massa

AYES: Michael Grabhorn, , Monica Wilson, Ed O'Brien, David Caine, Troy Mondragon, Veatrice Jews, Jennifer Spence-Carpenter, May Farr, Christopher Massa, Jane Ann Godager

ABSTAIN: Susan McGee-Stehsel

PUBLIC COMMENT

Laverne Herbert and Jessica reported that members of Amazing Place enjoyed the opportunity of attending the opera in Los Angeles County.

Faith Ikeda announced that Pathways to Recovery will move to the Vista Community Counseling in the near future. They appreciate Deputy Director Michael Schertell for making it happen.

CHAIR'S REPORT

Chair Monica Wilson will attend the CA Mental Health Planning Council in San Francisco April 20-22, 2016. Several members of the BHC will tour the Betty Ford Center on April 27, and meet with staff for a question and answer session. The Southern Region Student Wellness Conference is scheduled July 11-15, 2016 in Palm Desert.

COMMISSIONERS' REPORT

First District:

Commissioner Ed O'Brien attended Department of Behavioral Health's (DBH) Informational Summit for Law Enforcement on 3/24/16, where the following services were discussed: crisis services, adult forensics, alcohol and drug services. Collaborative efforts moving forward were also discussed. The Public Defender's Office now has a full-time DBH social worker on-site to assist with certain cases.

Commissioner Michael Grabhorn thanked Tom Hernandez, DBH Homeless Services Officer, for assisting a homeless couple in recovery to obtain housing within two days. He attended a training which described tactics used by pedophiles to gain the trust of families to get close to children they intend to abuse. Law enforcement has been informed of four locations in the High Desert who continue to sell synthetic drugs from behind the counter.

Second District:

Commissioner David Caine accompanied law enforcement on a ride along to understand the mental health issues they encounter. The Sheriff's Homeless Outreach and Proactive Enforcement (HOPE) is a great program consisting of a four man team connecting homeless individuals with resources that may help transition from homelessness. Several Commissioners will tour the Betty Ford Center this month to better understand addiction and recidivism. He continues to increase his knowledge of the vast array of services provided by DBH.

Secretary May Farr attended the Shine A Light on Child Abuse Awards Breakfast this morning. Former County Board of Supervisor Gary Ovitt received the lifetime achievement award.

Third District:

Commissioner Christopher Massa attended the State of the County event, which was very well attended. He will also participate in several May Mental Health Month events: Celebrating Our Cultures and Evening with the Stars.

Commissioner Troy Mondragon will speak at the Transitional Age Youth (TAY) Wellness Fair on 7/13/16. Cal State University (CSUSB) is hosting their annual Parade of Flowers event on 5/3/16, which focuses on challenging and reducing the stigma of mental illness through honoring and empowering those who strive to live mentally healthier lives. He thanked DBH staff for their tireless work in assisting those affected during and after the act of terrorism, also referred to as the Waterman Incident.

Fourth District:

Commissioner Jennifer Spence-Carpenter attended the State of the County. It was uplifting to hear the positive effects occurring in San Bernardino County. She also participated on a webinar regarding suicide prevention for services members and veterans. It was alarming to learn how many contemplate suicide and are entitled to more mental health benefits than they receive. While delivering some consumer artwork to this building, she was fortunate to be given a tour of the programs by Todd, a DBH employee.

Fifth District:

Treasurer Veatrice Jews reported that the Premier Program presented at the 5th District Advisory Committee (DAC). They provide residential treatment for adults 18-30 years old. She is working with Kathy Estes, Coordinator of San Bernardino County School Health Programs to address gaps in services to students. In celebration of May Mental Health month, local churches will promote Sunday, 5/22/16, as "Each Mind Matters".

Past Chair Susan McGee-Stehsel welcomed everyone to the meeting. The CSUSB psych nursing quarter has begun and some of her students are here today to learn and share with others mental health wellness, recovery and resilience. She also attended the State of the County where she was able to network with many individuals. The Premier Program's residential treatment helps people transition from psychiatric inpatient to outpatient services.

NEW BUSINESS

Election of Vice Chair – Nominations taken from the floor included Jennifer Spence-Carpenter and Ed O'Brien. Jennifer Spence-Carpenter declined the nomination. There were no further nominations from the floor. The Clerk of the Commission took votes by roll call. Commissioner Ed O'Brien was elected as the new Vice Chair of the BHC.

APPROVED

Motion/Second: Toy Mondragon / Veatrice Jews

AYES: Michael Grabhorn, Monica Wilson, Ed O'Brien, David Caine, Troy Mondragon, Veatrice Jews, Jennifer Spence-Carpenter, May Farr, Christopher Massa, Jane Ann Godager, Susan McGee-Stehsel

EDUCATIONAL PRESENTATION: Life at TAY

André Bossieux, DBH Program Manager II, introduced several Transitional Age Youth (TAY) partners, who presented their experiences at the One Stop TAY Center and the STAY Program in San Bernardino. The STAY is a short-term, 14-bed center for TAY in crisis housed next door to the TAY Center, that helps TAY safely and successfully transition back to community living after a period of psychiatric crisis and recovery.

- San Bernardino TAY Center services include: outpatient mental health services, employment services and assistance, housing assistance.
- Goals for TAY are focused on becoming independent, staying out of the hospital or higher levels of care, reducing involvement in the juvenile justice system and reducing homelessness.
- Approximately 90 TAY attend college, high school or continuation school. Several are attending vocational trade schools.
- Almost 40 TAY are employed part time or full time.

DIRECTOR'S REPORT

Director CaSonya Thomas reported that DBH continues to support those impacted by the terrorist attack of December 2. The San Bernardino United Relief Fund was established by the Board of Supervisors and the Arrowhead United Way. The \$2.4 million donated will be disbursed to families of the deceased, the injured and those present to address trauma. A December 2nd Memorial Committee, chaired by Supervisor Josie Gonzales, has been established, consisting of membership of county departments and victims' families. The committee will determine an appropriate memorial and location for quiet reflection.

There are two major health initiatives authorized under the Medi-Cal 2020 waiver that DBH has an opportunity to be a part of:

- Whole Person Care Pilot Program is a 5-year program to test locally-based initiatives that will coordinate physical and behavioral health, and social services for beneficiaries who are high users of multiple health care systems and have poor outcomes.
- Health Homes is a care management service model whereby all of an individual's caregivers communicate with one another so that all of a patient's needs are addressed in a comprehensive manner.

County departments are partnering with IEHP and Molina to implement the pilot for more care coordination,

On Tuesday, 4/5/16, the Board of Supervisors approved the acceptance of \$7,586,185 grant award from the CA Health Facilities Financing Authority (CHFFA) 4th round of funding to purchase land and construct a new Crisis Residential Treatment (CRT) facility in the West Valley Region and a new Crisis Stabilization Unit facility in the East Valley Region.

DBH has submitted our application for CHFFA's 5th round of funding for a CRT in Morongo Basin and a CSU in the West Valley Region.

OUTSIDE AGENCY REPORTS

Victoria Hall announced that the Mental Health Services Act (MHSA) Annual Update Fiscal Year 2016-17 has been posted for 30-day public comment and review on the DBH internet and intranet. The MHSA Annual Update Public Hearing will be held during the BHC meeting on 5/5/16.

May Mental Health Month activities include:

- 5/5/16 from 12-2pm: BHC meeting – wear lime green to promote mental health awareness
- 5/5/16 from 5-8pm: Directing Change – Fox Performing Arts Center in Riverside
- Tuesdays from 10-11:30am during the month of May: Patton Museum Tours
- 5/11/16 from 2-6pm: Meet the Artist at Koehler Gallery in Fontana
- 5/11/16 from 8:30am-4:30pm: Diocese of San Bernardino Behavioral Health Conference 2016 in San Bernardino
- 5/13/16 from 4-8pm: Celebrating Our Cultures – Asian Pacific American Mental Health Awareness in Rialto
- 5/25/16 from 6-8:30pm: Evening with the Stars Education and Recognition Banquet in San Bernardino

Michelle Dusick encouraged everyone to review the MHSA Annual Update, which will be posted through 4/30/16. An Executive Summary has also been included on the DBH Internet and Intranet for public review and comment.

ADJOURNMENT

Meeting adjourned at 1:50 p.m.

Monica Wilson, Chair
Behavioral Health Commission

Debi Pasco
Clerk of the Behavioral Health Commission