

**San Bernardino County**  
**Behavioral Health Commission**  
**Executive Session**  
**February 4, 2016; 10:00 a.m. – 11:30 a.m.**

**Members Present:** Jennifer Spence-Carpenter, Ed O'Brien, Monica Wilson, David Caine, Troy Mondragon, Veatrice Jews, Catherine Inscore, May Farr, Christopher Massa, Jane Ann Godager, Susan McGee-Stehsel

**Excused Absences:** Akin Merino, Michael Grabhorn

**Guests:** Debi Pasco, Jessica Guzman, Jessica Garcia

**CALL TO ORDER and SELF INTRODUCTIONS**

Chair Monica Wilson called the meeting to order at 10:07 a.m.

**Tab 1:** Review Minutes from November 5, 2015

**APPROVED**

Motion/Second: May Farr/Christopher Massa

**AYES:** Jennifer Spence-Carpenter, Ed O'Brien, Monica Wilson, David Caine, Troy Mondragon, Veatrice Jews, Catherine Inscore, May Farr, Christopher Massa, Jane Ann Godager, Susan McGee-Stehsel

**ABSENT:** Akin Merino, Michael Grabhorn

**CHAIRPERSON'S REPORT**

Chair Monica Wilson was pleased to see everyone come together for the Annual Award Ceremony despite the tragic event that took place on December 2, 2015.

She attends monthly Community Vital Signs meetings; they are collecting data to look at health indicators and what priorities we will have as a county.

**COMMISSIONER'S REPORT**

Commissioner May Farr stated that the California Mental Health Planning Council (CMHPC) would release the Data Notebook in April and the focus on it this year will be on Children & Youth.

Commissioner Susan McGee-Stehsel announced that she will retire in August from Cal State. She also stated she has been looking at the overlap between San Bernardino County and Riverside County in terms of mental health and community resources. She feels we need more collaboration between the two counties. A closer relationship with Riverside Mental Health Commission could be very productive in terms of maximizing some of the efforts out in the Coachella Valley region.

Commissioner Veatrice Jews shared that she attended the African American Mental Health Coalition Community Worker's Graduation.

Commissioner David Caine attended Mental Health Boards/Commissions training in San Diego to become more familiar with The Commission, and its duties. He also stated that the Commissioners are invited to tour the Betty Ford Center for alcohol and drug treatment; however, it is up to the commissioners if it is something they want to do on their own time, as it is out of county.

Commissioner Troy Mondragon shared that he participated at the Crisis Intervention training (CIT) with California Highway Patrol (CHP) for one week. He also mentioned that he is collaborating with a member of law enforcement to perform community work together.

**Tab 2:** Travel and Attendance

- Ed O' Brien, Veatrice Jews, David Caine, Troy Mondragon, and May Farr will attend the Mental Health Services Act (MHSA) Summit on 3/01/16.
- Christopher Massa, Troy Mondragon, Monica Wilson, David Caine, Veatrice Jews, Jane Ann Godager, and Susan McGee-Stehsel will attend the State of the County event on 4/06/16.

### Strategic Planning Session

The Behavioral Health Commission (BHC) discussed steps to help fulfill one of their duties of submitting an Annual Report to the Board of Supervisors.

- There are ten BHC meetings per year.
- Beginning every fiscal year (FY) determine educational topics.
- Department of Behavioral Health (DBH) will coordinate speakers; including outside agencies to help fact-finding.
- Send out invitation letters
- Use next Executive Session to summarize what we learn to form a chapter in the Annual Report.
- Help with closure of topics and long term planning.
- Implement continuing educational units for educational presentations

### Action Item

Coordinate items next month. Determine 6-8 educational presentations for FY 2016-17. Presentations will be voted on during April BHC meeting.

### Topics still hanging/ No closure

- Work for consumers
- New therapies: Cognitive behavioral health / computer based therapies

### New Topics

- Suicide intervention
- Senior housing
- Relationship between faith based and County
- Health Insurance Counseling and Advocacy Program (HICAP)

### Parking Lot

1. Ed- Legislative change needed in the criminal justice system to require treatment for incompetent parties. Criminal charges are being dismissed and people with serious mental illness are being released.
  - a. Form a statement and make recommendation
  - b. Action item - produce legislative fix at March Exec agenda
  - c. Draft white paper
  - d. Send to DBH Exec Team, California Mental Health Boards/Commissions (CALMHB/C) and CMHPC County Counsel/Board of Supervisors/County Administrative Office
  - e. Include: AB109 looks at last crime committed rather than criminal history
2. Susan- Collaborative work needed with Riverside County
3. May- CALMHB/C elections
4. David- Visit to the Betty Ford Center for tour of substance use disorder services

**ADJOURNMENT:** Today's meeting adjourned at 11:45 a.m.

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Monica Wilson  
Chair Person

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Jessica Guzman, OAI  
Recorder