



CaSONYA THOMAS, MPA, CHC  
Director

**Tab 10**

**TRAVEL AND ATTENDANCE**

	DATE/TIME	EVENT	LOCATION	REQUEST TO ATTEND	BOS APPROVAL (*Inform Debi 60 days in advance)
<b>a</b>	Oct/Nov 2012	Calendar of Events	Refer to calendar	N/A	No
<b>b</b>	Oct 2012	District Advisory Committee meetings	Refer to schedule	N/A	No
<b>c</b>	Oct 27, 2012	Riverside/San Bernardino County NAMI Walk	Diamond Valley Lake, Hemet	N/A	No
<b>d</b>	Dec 6-7, 2012	Cultural Competence and Mental Health Summit XVIII	Hilton San Diego Resort and Spa	Veatrice, Jane, Chris, May, Monica W.	<u>*Yes</u> (out of county)
<b>e</b>	Dec 11, 2012 2-4pm	Behavioral Health Commission Holiday Tea & Award Ceremony	CSBHS Auditorium	N/A	No

*\*Please notify Debi of your attendance so that the necessary paperwork and registration can be completed.  
Conference fees and travel paid through Behavioral Health Commission budget.*

Skip directly to [content](#).



National Alliance on Mental Illness

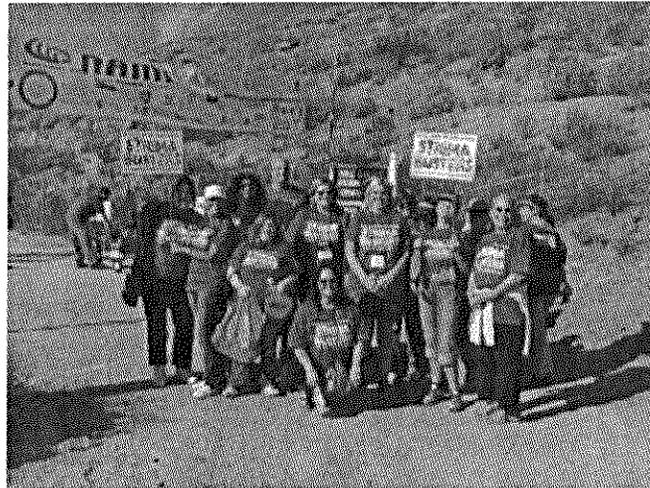


[Fundraising Kit](#)

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[Our Cause](#)

## Welcome to 2012 NAMIWalk Riverside/San Bernardino County



NAMIWalk's Riverside and San Bernardino Counties is now celebrating their 7th annual WALK.

"Let's make this our BIGGEST and BEST walk yet!"

Date: October 27, 2012

Location: Diamond Valley Lake, 2345 Searl Ave., Hemet, CA

\*\*Go right at the 2nd stop sign and continue up the hill to the Marina.

Check in: 8:00am Walk Start: 9:30am Distance: 5k

Click "Beyond the Walk" to find our NAMIWalk Facebook Page!

In 2011, NAMIWalk's had 84 WALK's and engaged over 135,000 supporters and raised \$9 million which has been used to provide free educational and support programs for individuals and families impacted by mental illness. The money is also used to support advocacy efforts and underwrite new programs and services to meet the growing demands all over our nation.

NAMI is proud of the progress that has been made to improve the lives of those affected by mental illness and how NAMIWalks is truly changing minds one step at a time.

WALK WITH US!

For more information about this event, please contact:

Ashley Cunningham  
namiwalksinlandempire@gmail.com  
714-855-5009

Location: Diamond Valley Lake: 2345 Searl Ave.  
(Turn right at 2nd sign and continue up the hill to Marina)  
Lake Hemet, CA  
Date: October 27, 2012  
Distance: 5K  
Check-in: 8:00 am  
Start Time: 9:30 am  
Event starts in: 122 days

Please mail Matching Gifts and Offline Donations to:  
NAMI Mt. San Jacinto  
PO Box 716



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# Cultural Competence & Mental Health Southern Region Summit XVIII



Beyond the Talk, Practicing the Walk: A Path to Bridge the Cultural Gap

## CONFERENCE AT-A-GLANCE

Thursday, December 6—Friday, December 7, 2012

DAY 1	Thursday, December 6th	DAY 2	Friday, December 7th
7:30-8:30 am	Registration/Continental Breakfast	7:30-8:30 am	Continental Breakfast
8:30 am	Welcome/Opening Ceremony	8:30 am	Opening Remarks
Keynote Address	Dr. King Davis	Keynote Address	Rachel Guerrero
Plenary Panel: California Reducing Disparities Project (CRDP) Populations Report	<ul style="list-style-type: none"> <li>• Dr. Diane Woods</li> <li>• Dr. Rocco Cheng</li> <li>• Posh Mikalson</li> <li>• Kurt Schweigman</li> <li>• Dr. Sergio Aguilar-Gaxiola</li> </ul>		Blessing Plenary Session Workshops/Institutes III & IV
12:00 pm	Lunch	12:00 pm	Lunch
	Workshops/Institutes I & II		Workshops/Institutes III & IV
5:30 pm	Evening Reception	3:00 pm	Closing

Pre-Register for this FREE conference at: [www.culturalcompetencesummit.org/registration](http://www.culturalcompetencesummit.org/registration). Registration is required to attend.

The following CEUs will be offered to attendees for a \$35 fee:

• BBS • BRN • CAADAC • CADE • CAS

The purpose of the Cultural Competence & Mental Health (CCMH) Southern Region Summit XVIII is to answer the call to reduce behavioral health disparities for African-Americans and Latinos, which are among two of the five historically underserved communities in California.

In line with the Prevention and Early Intervention component of the Mental Health Services Act, the CCMH Summit XVIII will present community informed practices in underserved communities that address behavioral healthcare through prevention strategies.

**Hilton San Diego Resort and Spa**  
1775 East Mission Bay Drive, San Diego, CA 92109

- Discounted hotel rooms at a State rate of \$110/night.
- Rate extended 3 days before and after the Summit.
- Cut-off date to receive the State rate is November 14.
- To make hotel reservations, please call 1-877-313-6645, and use the group code CUL.
- Complimentary daily parking; \$10 overnight each night.

For more information about the Summit, please visit the website at: [www.culturalcompetencesummit.org](http://www.culturalcompetencesummit.org) or contact Tracy Fried, Conference Coordinator, at [tracy@tracyfried.com](mailto:tracy@tracyfried.com) or (760) 230-2080.



*Live Well, San Diego!*

Sponsored by the County of San Diego Health and Human Services Agency (HHSA), Behavioral Health Services (BHS), through the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) funds for the Training, Technical Assistance and Capacity Building (TTACB) Program.

# INTEROFFICE MEMO



DATE: October 29, 2012

PHONE: 382-3134

FROM: BEHAVIORAL HEALTH COMMISSION

TO: BEHAVIORAL HEALTH STAFF, CONTRACT AGENCY STAFF, VOLUNTEERS,  
CONSUMERS/FAMILY MEMBERS, COMMUNITY STAKEHOLDERS

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SUBJECT: 2012 NOMINATIONS FOR BEHAVIORAL HEALTH COMMISSION HOLIDAY TEA AND  
AWARDS CEREMONY

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The County of San Bernardino Behavioral Health Commission (BHC) invites you to attend the annual Holiday Tea and Awards Ceremony on:

**TUESDAY, DECEMBER 11, 2012**  
**2:00 p.m. – 4:00 p.m.**  
**COUNTY OF SAN BERNARDINO HEALTH SERVICES**  
*(formerly known as the BHRC)*  
**850 E. FOOTHILL BLVD. – AUDITORIUM**  
**RIALTO, CA 92376**

The BHC has a long history of granting awards for outstanding efforts and dedication for the provision of good service to consumers and their families. We include individuals/agencies who promote consumer input and decision making to improve program access and outcomes.

The concept of the award is to show appreciation to members of the behavioral health community (consumers and family members, volunteers, community stakeholders, Department of Behavioral Health and contract agency staff/programs). These awards are not intended to be awarded to the same individuals year after year; we like to see the joy of awarding various individuals/agencies at each year's event.

The Behavioral Health Commission appreciates creativity as the selected nominations will be read during the Holiday Tea. We ask nominators to include a brief list of examples of exceptional work, as well as routine activities performed. We would also like to have the ability to contact the nominator for further clarification. The nominations should be submitted to appropriate staff for review and signature prior to submission. .

Thank you for helping us to honor those who truly deserve special recognition!

SJM/dp

cc: Board of Supervisors  
CaSonya Thomas, Director, Department of Behavioral Health  
Executive Management Team, Department of Behavioral Health