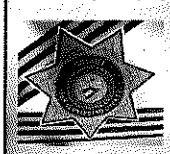
CRISIS INTERVENTION TRAINING



A Partnership Between
San Bernardino Sheriff's Department,
Department of Behavioral Health
and the Mental Health Community

TERMS AND ACRONYMS

- **DBH** – County of San Bernardino Department of Behavioral Health
- **CIT**- Crisis Intervention Training
- **SBSD** - San Bernardino Sheriffs Department
- **NAMI**- National Alliance of Mental Illness
- **CCRT**- Community Crisis Response Team

HISTORY OF CRISIS INTERVENTION TRAINING (CIT)

Concept Formed by Memphis Chapter of the National Alliance for the Mentally Ill (NAMI) in 1983 with cooperation of the local Police Department in response to a critical event involving a mentally ill offender.

CRIMINAL JUSTICE MENTAL HEALTH CONSENSUS COMMITEE

- Requested by Deputy Chief Hurst
- Recommends guidelines set by the National Consensus Committee
- Supports Diversion Programs for the mentally ill offender
- Formed with other county departments

HISTORY OF CIT

Based on 15 Year Memphis Model (est. 1988)

- Brought about by an increase in:
  - Officer Involved Use of Force
  - Officer Involved Shootings
  - Litigation
  - Post Traumatic Stress Disorder in Officers
  - Closures of State Mental Hospitals

CIT IN THE COUNTY OF SAN BERNARDINO

Consensus Committee focuses on three objectives:

1. Training of law enforcement and other county departments about mental illness
2. Identifying those with mental illness early in the booking process
3. Develop relationships and partnerships between county departments that foster improving services for those with mental illness

WHAT IS CIT

Partnership Between the Mental Health Community, Law Enforcement, and Family Members

Co-instruction by DBH and SBSD

- 32-hour Intensive Specialized Training for Officers and Dispatchers
- 8 -hour Law Enforcement Response to Mentally Ill Overview

WHY TRAIN DEPUTIES?

- First Responders
- Deputies Make "Diversion" Decisions
- Increase Officer Safety
- Proactive Approach
- Long Wait Times at the Hospital ER
- Liability Issues

OBJECTIVES OF CIT

- Help Deputies Enhance Understanding of those with Mental Illness and Developmental Disabilities
- Reduce Criminal and Civil Litigation
- Reduce Administrative Inquiries and Use of Force
- Increase Deputies Awareness and Ability to Access Community Resources

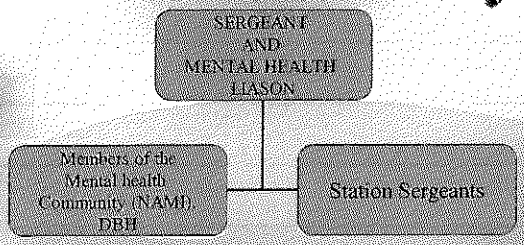
OBJECTIVES OF CIT

- Reduce the Use of Jails and Hospitals as Alternative Housing
- Decrease Recidivism
- Alternative to the old philosophy "Jail or Unit 15 either way you're going"

CIT Program (Initial) Selection and Implementation Procedures

- Commanders select motivated personnel to attend CIT training
- Station Sergeant supervises that Station's Program
- Deputies respond to "CIT calls" as well as routine patrol
- Hospital Diversion Team (HDT) responds when possible

CIT RELATIONSHIPS



- Attend quarterly stakeholder meetings
- Report outcome data

CURRENT CIT PROGRAM

Crisis Intervention Training Required

- New Officers are automatically registered into the CIT Program.
- Training sites are now split between DBH Training Institute and the Sheriffs Training Center in Devore California.
- Officers are taken on tours to various DBH resource facilities and contract agencies.
- There are two training academies simultaneously running to maintain intimacy, participation and activity rates.

CURRENT CIT CURRICULUM

Mental Health Overview

- Depression, Schizophrenia, Anxiety, Personality and Psychotic Disorders, Bipolar etc.
- Police Suicide, Suicide by Cop, Personal Stories, Post Traumatic Stress Syndrome
- TAY, Veterans Affairs, Homeless Services,
- Officer safety and tactics.
- CASE, Synthetic Drugs Overview, Shaken Tree

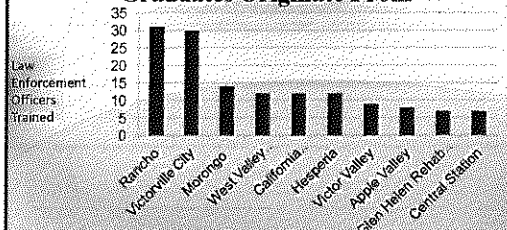
CHALLENGES

- Attrition
- Field coverage for officers while in training
- Instructors and resources
- Law Enforcement transfers and promotions
- Paradigms, perspectives, and models

BREAKDOWN OF CIT GRADUATES

- Over 45 different Law Enforcement Departments within the County of San Bernardino have participated in the CIT Program
- 237 Officers have graduated from the CIT program to date.
- 188 of the officers trained are San Bernardino County Deputy Sheriffs

Top 10 Cities and locations CIT Graduates Originate From



Note: Stations and locations Officers were assigned to at the time they attended training