MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION PUBLIC SESSION
October 4, 2012: 12:00-2:00 pm

Commissioners Present:
May Farr, Roberto Casas, Michael Hill, Monica Wilson, Gabriel Gonzales, Mike Grabhorn, Veatrice Jews, Akin Merino, Monica Alonso, Jane Godager and Chris Massa

Excused Absent: Bill Swift, Susan McGee-Stehsel and Dena Nunez

Guests:
Laura Mancha, Rolling Start; Julia Harris, Burma Lee Manner, Linda Hart, Reginald Crosby, John Griffin, African American Mental Health Coalition; Gary Hubbard, Telecare Corporation; Katie Cherpin, Eddie Blangerd, Cal State Nursing student; Stephen Ferris, Morongo Basin Mental Health; Jen Montez-Ross, LaFreda Joseph, Buford Harris, Tim Jackson, Gary Bustin, Lydia Alcarez, Cherice Franklin, Emilia Arellano, Jeanette Ansu, Diane BV, Julious Excabar, Curtis Truman, Faith Ikeda, DBH Clubhouses; Rachel Jones, Transitional Assistance Department; Angela Crawford, Public; Beverly Scott, family member; Megan Meadors, Bear Valley Community Healthcare District, Tamika Damond, Victor Community Support Services; Rudolph Palacios, Casa De San Bernardino; Alex Fajardo, Susana Ortiz, El Sol; Cheryl Pfent, Mental Health Systems; Christian Barragan, BFCS, Inc; Claire Karp, Pacific Clinics; Michele Buyco, Nicholas Quintonar, Bilingual Family Counseling Services; Donna Beveridge, Doves; Tanya Perry, Bear Valley Unified School District; Kathy Estes, San Bernardino County Superintendent of Schools; CaSonya Thomas, Lynn Neuenswander, Michelle Dusick, David Denkers, Sue Abito, Janeth Tran, Michael Oliver, Susanne Kulesa, Karen Cervantes, Brittney Robinson, Lauretta Ross, Bryan Boyer, Sarah Eberhardt-Rios, Doris Turner, Sherri Misener, Sharon Nevins, Heather Louer, Sherwin Farr, Douglas Fazekas, Maria Coronado, Dr. Teresa Frausto, and Paula Rutten. Minutes recorded by Debi Pasco, Clerk of the Behavioral Health Commission.

CALL TO ORDER, INTRODUCTIONS AND MINUTES FROM LAST MEETING
In the absence of Chair Susan McGee-Stehsel, Vice Chair Monica Wilson called the meeting to order at 12:04 p.m. Commissioner Casas led the Pledge of Allegiance and self-introductions followed.

A motion made by Commissioner Casas and seconded by Commissioner Farr: The 9/6/12 Behavioral Health Commission (BHC) minutes were approved as written. *Motion passed; no abstentions.*

CULTURAL COMPETECY AWARD OF EXCELLENCE
Veronica Kelley, Deputy Director, acknowledged the October award recipient, Jeanette Ansu. "Jeanette is a member of the Victor Valley Clubhouse. I have had the opportunity to observe her engage with other members of the clubhouse on a daily basis. She is consistently sensitive to others and respectful of all cultures and spiritual beliefs. She is very active in the various committees and groups we facilitate at the clubhouse. She always makes sure to include everyone in activities, regardless of their level of ability. She takes initiative in getting new members acquainted with the clubhouse and is always encouraging to other members. Jeanette is an active member of the High Desert African American Coalition and is constantly helping with kitchen duties, clubhouse fund raising, and newsletter development. Jeanette has also taken a lead role in building our clubhouse team for the upcoming NAMI triathlon. Her encouragement and sensitivity to all cultures and levels of ability are the qualities that support the positive environment we strive to create at the Victor Valley Clubhouse."
CONGRATULATIONS, JEANETTE!

PUBLIC COMMENTS
Laura Mancha, of Rolling Start, Inc., submitted and discussed a written proposal suggesting necessary accommodations for people with disabilities who may be involved in the Prevention and Early Intervention (PEI) Expansion Projects.

Megan Meadors, Bear Valley Community Healthcare District "Mom and Dad Project", and Tanya Perry, Bear Valley Unified School District/member of Bear Valley Mental Health Alliance expressed the need for PEI services in the mountain communities. We started this process in February and have been very active in the PEI Expansion Plan stakeholder meetings.

Lupita Mendez, El Sol Neighborhood Education Center, stated Promotoras de Salud appreciates the opportunity to be included in the PEI Expansion Plan as there are not many services provided in Spanish. Currently we are working in only seven cities in the county; however, next year we hope to serve the entire county.

CHAIRPERSON'S REPORT

Vice Chair Monica Wilson stated that the September Second/Fourth District Advisory Committee meeting included an informative overview of AB-109 services provided in the county and a Patients' Rights Room and Board Coalition presentation. Monica attended the Children's Network Conference where Laura Burns, keynote speaker, shared the life challenges she faced in her youth. Monica also attended the IEHP Disability EXPO, gaining new insight on the many disability resources that are available. As a member of the CA Mental Health Planning Council (CMHPC), Monica will attend the quarterly meeting October 17-19 in Sacramento; discussion will include current legislation.

COMMISSIONERS' REPORTS

First District:

Commissioner Michael Grabhorn stated there is a new synthetic drug (patterned after illegal drugs) called "Smiles". Legislation to prevent the sale of synthetic drugs will be coming out soon. Michael visited the Holistic Campus in the High Desert and looks forward to participating in a few of their services.

Commissioner Gabriel Gonzales attended the Latino Behavioral Health Conference in LA. The "Rituals and Beliefs" workshop discussed family beliefs passed down through generations. He also attended a workshop differentiating "Machismo", a male dominated environment and "Marianizmo", female dominated environment. Gabriel realized he was raised in a "Marianizmo" environment, which was his grandmother.

Second District:

Commissioner May Farr announced that next week is Mental Health Awareness Week. The Hispanic Employees' Alliance honored Supervisor Gonzales at their annual event in September. Recovery Happens at Sylvan Park was held on 9/8/12. The NAMI Walks at Diamond Valley Lake will be held on 10/27/12. May Farr will attend the CA Local Mental Health Boards/Commission meeting which immediately follows the CMHPC in Sacramento 10/18-19.

Commissioner Monica Alonso enjoyed the AB109 presentation at the last DAC meeting. With the passing of AB109 the state has given its counties enormous responsibilities over felony offenders and parolees. Also presented at the DAC meeting was the Peer Driven Room and Board Coalition, which has compiled a list of approved room and board locations.

Commissioner Michael Hill also attended the Latino Behavioral Health Conference. He participated in the "Sun Valley Research Center" workshop, which is located in a rural area near the CA/Mexico border and provides patients newly developed therapeutic interventions, medications and behavioral modifications.

Third District:

Commissioner Chris Massa looks forward to the 7th annual San Bernardino/Riverside counties NAMI Walks on 10/17/12. The Behavioral Health Commission Holiday Tea will be held on Tuesday, 12/11/12 this year so as not to conflict with the Cultural Competence & Mental Health Summit in San Diego.

Fourth District:
Commissioner Akin Merino congratulated Jeanette Ansu as recipient of the Cultural Competence Award of Excellence, thanking her for empowering others to do great work in the community. Fabulous things are happening in this county!

Commissioner Casas announced a welcome reception was held for the new President of Cal State, Thomas Morales. Former Commissioner Tom Rivera and his wife, Lilly, was also in attendance. Mr. Morales has an open door policy. Chino held a well attended September 16 (Mexican Independence Day) celebration. Mark your calendar for the Bi-National health fair at the Mexican Consulate on 10/21/12.

Fifth District:
Treasurer Veatrice Jews participated on the panel at the Spirituality & Recovery conference. There is a need for faith based community involvement in recovery. The African American Mental Health Coalition (AAMHC) Summit will be held in February 2013. The AAMHC Community Health Workers PEI Program has hired a community outreach worker consultant.

DIRECTOR'S REPORT
Director CaSonya Thomas appreciates the attendance and participation in our stakeholder process. Your suggestions and comments will be taken into consideration. On 9/20/12, DBH presented at the Reentry Collaborative Summit. The Probation Department has received a CSAC Innovation award for the implementation of AB109 in this county by embracing collaboration. Every day we are making progress in providing services to this population.

Status of Clubhouse Transformation Study:
Lynn Neuenswander, Program Manager I, stated that nine Clubhouse forums were conducted to gather consumer feedback evaluating the Clubhouses. Results are forthcoming.

By partnering with NAMI, we have identified a pilot project that provides family education classes, the Consumer and Family Member Empowerment Program.

- In Our Own Voice
- Family 2 Family
- Friends in the Lobby

Linda Hart asked where the pilot project is located. Lynn stated that the pilot will be based in the Fifth District. Director Thomas mentioned that the Rand Corporation granted a contract to enhance behavioral health services, through CA Mental Health Services Authority (CalMHSA) to educate consumers by using NAMI, who already has these programs running.

PUBLIC HEARING: MHSA PEI COMPONENT EXPANSION – PLAN UPDATE FISCAL YEAR 2012/13
Michelle Dusick, Program Manager, provided an overview of the stakeholder process. Stakeholders were notified of community meetings, plan posting and this public hearing by press releases appearing in 12 community newspapers, 124 media contacts as well as all county libraries. 24 community meetings were held throughout the county with 2 locations broadcast via webinar. There were 3 public comments received during posting:

- Support for Student Assistance Program
- Support of school-based services and the Family Resource Center; concern: services should include targeting consumers who have been receiving services for month/years.
- Supportive of Promotores de Salud; concern about Promotores becoming employees of Family Resource Centers.

All comments will be included in the final report under stakeholder process. The plan will be certified by the Auditor Controller and approved by the Board of Supervisors.

SPECIAL PRESENTATION: STATEWIDE PEI PROJETS OVERVIEW

Michelle Dusick, Program Manager I: In May 2010, DBH conducted a community planning process which concluded with the assignment of funding for 3 Statewide Projects to CalMHSA. The 3 statewide projects being administered by CalMHSA include:

1. Student Mental Health Initiative elements include system and policy development, training, evaluation and campus based mental health programs.
2. Suicide Prevention Plan local impact includes expansion of the National Hotline to include addition languages, Train the Trainer model in ASIST AND SafeTALK (Commissioners suggested that consumers and pastors be trained), Know the Signs Media Campaign, Best Practices Project, improving program effectiveness and system accountability.
3. Reducing Stigma and Discrimination Reduction Plan includes a social marketing campaign, creating supportive environments for communities and families, promoting mental health in workplace and advancing policy.

Upcoming special presentations to the Behavioral Health Commission include:

- 11/1/12: Crisis Intervention Training by Jonathan Buffong
  Clubhouse Transformation Study by Lynn Neuenswander
- 12/6/12: BHC will be **DARK**
- 12/11/12:BHC Holiday Tea and Awards Ceremony from 2-4pm

NEW BUSINESS

- Reaffirm stakeholder process/recommendation to submit MHSA PEI Expansion Plan to the Board of Supervisors for approval. *A motion made by Commissioner Farr and seconded by Commissioner Casas to submit. Motion passed; no abstentions.*
- Establish 2012 Election of Officers Nominating Committee: *A motion made by Commissioner Jews and seconded by Commissioner Grabhorn;* Commissioners Massa, Casas and Gonzales were selected. *Motion passed; no abstentions*

OUTISIDE AGENCY AND OTHER REPORTS

Kristen Martinez, Clubhouse Coordinator announced that Pathways to Recovery was holding an opportunity drawing, which will be held on 10/24/12. All proceeds will go to NAMI.

To increase charity donations, Lynn Neuenswander, Program Manager I, announced that DBH will promote 11 Combined Giving Campaign fairs during the month of October.

ADJOURNMENT

Today's meeting adjourned at 1:21 p.m.

Monica Wilson
Vice-Chair

Debi Pasco
Clerk of the Behavioral Health Commission