MINUTES
San Bernardino County
BEHAVIORAL HEALTH COMMISSION PUBLIC SESSION
October 6, 2011 12:00-2:00 pm

Commissioners Present:
Chris Massa, Susan McGee-Stehsel, Gabriel Gonzales, Veatrice Jews, Monica Alonso, Jane Godager, Bill Swift, Roberto Casas, Tom Rivera, May Farr and Monica Wilson.

Excused Absent: Michael Hill, Tanya Perry and Jane Mercer

Guests:
Eva Terrazas, Armando Ontiveros, EMQ, FamiliesFirst; Jennifer Sunday, Diana Long; Leilani Ochoa, Timekia Gullatt, Karen Walker, Lorena Bajer, Jennifer Walker, Amber Schumacher, Nicole Mover, Beanna Rader, Gina Callingcagil, Jordan Parris, Melissa Tona, Gian Nguyen, John Cheetham, Kylan Gavin, Monique Frisby, Maribel Sanitbanez, Angela Amlani, Armstrong, Sherry Knight, Jose Rivas, Sarah Austin, Hinanada Belcher, Cynthia Gazzor, Christopher Brown, Tenae Franklin, Danielle Snydal, Maria Favila, Tara Weekes, Deborah Day, Julieta Valenzuela, CSUSB; Dana Scott, Mary M. Smith, CCS Trona; Robin Wamsley, Cheryl Kincer; Paul Hiestand, JoAnn Rangel, Linda Bayers, Gregory Nyx, TEAM House; William Nolan, Curtis Williams, Katherin Franklin, Victor Valley Clubhouse; Lupita Mendez, El Sol; Jeramy Sanquist, Aaron T, LaTanya Harrington, Teigyn Henderson, Mario Cachalek, TAY; Hanna Keith, Charles Pearson, Community Hospital San Bernardino; Christine Bierdrager, Inland Behavioral Health Services; Dawn Griffin, Edward Deyon, Faith Ikeda, Gregory Sweetwood, Michael Moreno, Charles Torres, Mindy Bopes, Linda Ballard, Carolyn Bennett, Pathways; Rodolfo Pinon, Casa De San Bernardino; Chris Scarzo, Eileen, Ted McFadden, Klint Hawkins, Amazing Place; Beverly Scott, family member; Allan Rawland, CaSonya Thomas, David Miller, Cindy Messer, Lauretta Ross, Sarah E-Rios; Veronica Kelley, Manuel Aybar, Doris Turner, Lynn Neuenswander, Sherrie Alexander, Mariann Ruffolo, Paula Rutten, Andy Gruchy, Susan Petty, Michael Oliver, Gary Bastajian, Kristen Martinez, Michelle Dusick, Dionne Herrera, Rebecca Gehlke-Baez, and Gary Atkins, DBH.
Minutes recorded by Debi Pasco, Clerk of the Behavioral Health Commission.

CALL TO ORDER, INTRODUCTIONS AND MINUTES FROM LAST MEETING
Chairperson Susan McGee-Stehsel called the meeting to order at 12:02 p.m. Pledge of Allegiance and self introductions followed.

A motion made by Monica Wilson and seconded by Chris Massa: September 1, 2011 Behavioral Health Commission (BHC) minutes were approved as written. *Motion passed; no abstentions.*

CULTURAL COMPETENCY AWARD OF EXCELLENCE - OCTOBER
The October recipient was not able to attend today's meeting. This item deferred until November meeting.

PUBLIC COMMENTS
A member of TEAM House is thankful for the clubhouse and the Peer class taught by Frank Ybarra. She is also concerned about housing for seniors.

Gregory Nyx stated there is a crisis concerning law enforcement and mental health, needing increased training and community awareness. There is also a problem in obtaining prescription medication. We must be vigilant and protect those who experience mental illness.

Director Rawland stated there will a special presentation of the Prevention and Early Intervention Statewide Initiatives, one of them being Stigma and Discrimination, at the January 2012 Behavioral Health Commission meeting.

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CHAIRPERSON'S REPORT

Chairperson Susan McGee-Stehsel recognized Carolina Mendoza, Mariann Ruffolo, Maria Coronado, Michelle Dusick and Sarah Eberhardt-Rios for their work in getting nursing students involved in the clubhouse setting.
The BHC recognized David Ford, former Commissioner for the First District, with a plaque. Although David couldn't attend today, Susan conveyed his appreciation for his time on the Commission, and his respect for his fellow Commissioners and the department.

COMMISSIONER REPORTS

First District:
Commissioner Gabriel Gonzales has been working on his memoirs, "Gabriel, the Story of Us", and some short stories.

Commissioner Bill Swift stated that Victor Community Support Services now has a Holistic Campus High Desert Community Walk-In Center in Victorville to meet the needs of diverse cultures. A public forum will be held on 10/24/11 from 12-2pm.

Second District:
Commissioner May Farr attended the inmate reintegration (AB 109) public forum hosted by Supervisor Janice Rutherford. Other Supervisors will be holding AB 109 meetings in their Districts. San Bernardino County is way ahead in the planning process, involving many community groups. May also attended the Patton Mental Health Conference on September 28-29. Upcoming events include:; California Mental Health Planning Council, October 19-21; CA Local Mental Health Boards and Commissions, October 20-22; Mentally Ill and Law Enforcement (MILES) Conference, October 27; NAMI Walk, October 29.

Beverly Scott remarked that despite Crisis Intervention Training for law enforcement, something went terribly wrong in the beating death of a mentally ill person, Kelly Thomas, by police officers in Orange County.

Commissioner Monica Alonso said things are improving at her board and care. Upland Clinic and clubhouse now have a van for transportation. She is working towards resuming college studies.

Third District:
Commissioner Tom Rivera announced his retirement from Cal State after 47 years in the field of education.
The Hispanic Chapter of the CSUSB Alumni Association is hosting a retirement roast for Dr. Rivera on 10/14/11.

Commissioner Chris Massa will attend the Hispanic Heritage Celebration at the Hilton tomorrow, and the Cultural Competence Mental Health Summit on November 2-3. He participated in the Wellness Triathlon miniature golf event last Saturday.

Fourth District:
Vice Chair Monica Wilson encouraged community involvement in DAC meetings (meeting schedule handouts are on the back table). She recently presented certificates of appreciation to DBH Research and Evaluation staff for their hard work in collecting data for the August 4th BHC Data Workshop. She will moderate at the Cultural Competency Mental Health Summit and, is also participating in the county Vital Signs project.

Commissioner Roberto Casas congratulated Dr. Tom Rivera on his recent retirement! He is looking into a report of discrimination against students in an Orange County high school who were provided color coded ID's and binders according to test scores. Dr. Casas wrote an article and works with schools on stigma and discrimination.

Fifth District:
Treasurer Veatrice Jews announced there will be a public forum meeting for the African American Population Report and State Strategic Plan, a part of the Department of Mental Health CA Reducing Disparities Project, on 10/18/11 in Riverside. Project Director is Dr. V. Dianne Woods. The 9th Annual Community Empowerment Festival, sponsored by the Inland Empire Concerned African American Churches Health Committee, will be held on 10/22/11. Fifth District Advisory Committee (DAC) meetings are now scheduled the 4th Monday of the month. There will be a special presentation of the RFP process at the November BHC meeting to get more community coalitions involved. Veatrice will volunteer at the Southern Region Cultural Competence Mental Health Summit in Ontario.

DIRECTOR'S REPORT

Director Rawland announced that the Community Vital Signs Project held their first meeting including health agencies throughout the county. Commissioners May Farr and Monica Wilson are committee participants for the next steps.

Budget:

- Federal - "Super committee" is dealing with the debt ceiling and budget cuts.
- State - cuts will impact education. The state is dissolving the Department of Mental Health and Department of Alcohol and Drug Programs. Medi-Cal functions will transition to the Department of Health Care Services. We should know more about non Medi-Cal functions in November. We are looking at this as an opportunity to become more organizationally efficient in moving towards integrated health care.
- County – working on reducing budget gap.

AB-109:
Director Rawland was honored to serve on the discussion panel for Supervisor Rutherford's Inmate Reintegration Forum and the effects it will have on our community. This year, 2,500 "non-violent, non-sexual, non-serious" offenders will be released in San Bernardino County; 6,000 more throughout the next three years. The plan includes county and community agencies providing services at Day Reporting Centers.

Health Programs Relocation at Behavioral Health Resource Center (BHRC) in Rialto:
Construction has begun on improvements of BHRC, corner of Foothill and Pepper in Rialto, for a one-stop health care center that will offer community residents access to public health (WIC), behavioral health and Arrowhead Regional Medical Center (Westside Family Health Center) services in one building. Anticipated co-location move in date is March 2012.

SPECIAL PRESENTATION: Alcohol and Drug Services Year End Report for Fiscal Year 2010-11

Gary Atkins, Program Manager II, Alcohol and Drug Services (ADS), thanked Dr. Keith Harris and Research and Evaluation staff for gathering data for today's presentation. ADS outpatient services are required to use an evidence-based approach. San Bernardino County (SBC) clients seeking ADS services (county and contract):

- Increased by 11% from the previous year.
- Most prevalent group is Caucasian males from 26-59 years located in the East Valley of SBC.

Outcomes:

- 31% of clients completed treatment plan/goals (10% increase from previous year).
- 14% of clients left before completion with unsatisfactory progress (6% decrease from previous year).

SBC contract out the majority of ADS services; has seven drug courts. Opiate use is skyrocketing and there are waiting lists for services due to increased client demand and decreased state funding. Gary is available to provide training to all organizations.

Upcoming special presentations to the Behavioral Health Commission include:

- 11/3/11: DBH Procurement Process by Natalie Kessee, Contract Manager, DBH
  DBH Employment Program by Doug Fazekas, Housing and Employment Manager, DBH
- 12/1/11: **"DARK"** for Behavioral Health Commission Holiday Tea and Awards Ceremony; 2-4pm
- 1/5/12: Statewide Prevention and Early Intervention Projects by Michelle Dusick, Program Manager, DBH
- 2/2/12: Public Safety Realignment (AB-109)

Clubhouse Update

Kristen Martinez, Mental Health Education Consultant, introduced David Miller and Cindy Messer, Peer and Family Advocates, to provide a brief update of county clubhouses:

- Use a strength based approach by empowering and motivating members to seek recovery.
- Board is elected by the membership of the clubhouse.
- Members have been given the task to attend one community meeting per month.
- Surveys will go out to clinic staff to see how they view the role of clubhouses.
- Training provided at clubhouses will have an employment/volunteer focus to assist members in the development of public speaking, résumé building, etc.

Ms. Messer shared her personal story of recovery.

NEW BUSINESS

- Establish 2012 Election of Officers Nominating Committee: Tom Rivera, Gabriel Gonzales and Chris Massa were nominated and accepted. *Passed; no abstentions.* The Committee will present the slate of officers at the November meeting. Election will be held at the January meeting.
- Establish 2011 Holiday Tea Award Nominating Committee: Veatrice Jews, Chris Massa and Jane Godager were nominated and accepted. *Passed; no abstentions.*

ADJOURNMENT

Being no further items to discuss the meeting was adjourned at 2:00 p.m.

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Susan McGee-Stehsel
Chairperson

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Debi Pasco
Clerk of the Behavioral Health Commission