

Television Safety

Every year more than 100 children visit the hospital emergency room as a result of being hurt by a television that has toppled over. In many cases the TV was set on a stand or cart, the others were in wall units, shelving and/or dressers. Children can suffer head injuries, broken bones and internal injuries if the T.V. falls on top of them.

Here are some tips to use when visiting hotel rooms:

- As toddlers are the most commonly aged children injured by televisions, close supervision in the hotel room or other areas is necessary.
- Ask the hotel if there is any way the television set can be secured to the dresser.
- Teach children not to pull, climb or play near the TV or play with the cords, plugs or television buttons.
- If possible push the television as far back as possible on the stand, dresser or inside the wall unit.
- Ensure that children can not reach cords— check that the cords are behind the television .
- For older children playing video games remind them not to pull on the cords.



Elevator Safety

- Always keep fingers away from elevator doors.
- If you get caught in an elevator, press the emergency button-but never play with the button.



them how to get to the lobby and go straight to the desk.

- Never leave the elevator with a stranger and go to their room.
- If a child accidentally gets onto the elevator without a parent, teach

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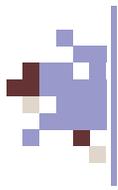


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Hotel Safety



San Bernardino
County Fire
Department
Community Safety
Division



Staying in Hotels

Staying in hotels, guesthouses or other accommodations usually means that you are less familiar with your surroundings. If a fire, or other emergency occurs, it may take you longer to escape than if had you been at home or work. Here are some tips to keep you and your family safe.

- When making your reservation , ask about their fire safety policy.
- When you arrive read the fire evacuation plan carefully. If one is not posted in your room, request one from the front desk.
- Locate the exit routes leading from your room.
- Count the number of doors between your room and the exits.
- Locate the fire alarm on your floor.

If there is a fire :

- If the fire is in your room, get out quickly, close the door and sound the alarm.
- Always use the stairs, not the elevator.
- If the fire is not in your room , leave if it is safe to do so. Be sure to take your room key with you in case you can't get out and need to get back to your room.
- To check hallway for fire, touch the door with the back of your hand to test for temperature. If the door is cool, get low to the floor, brace your shoulder against the door and open it slowly. Be ready to shut it quickly if there are flames on the other side. Crawl low in the smoke to the nearest exit; the freshest air is near the floor
- If your room door is hot, Do Not open it. Instead, seal the door with wet towels or sheets
- Signal from your window for help.

Hotel Room

- Review hotel escape procedures and locate exits. In case the hotel is evacuated in the middle of the night ,it is worth knowing ahead of time where the exits are.
- Check your room for safety; including, but not limited to electrical outlets, furniture with sharp corners, and loose equipment. Get down on all fours and take a look from a child's perspective.
- Ask the hotel if they offer Child-Proofing kits.
- Move all furniture away from windows.
- Review safety concerns with children regarding jumping from bed to bed, never standing on chairs or the balconies.
- Put all soap, plastic bags, matches and toiletries out of reach.
- Ensure that glasses are out of reach of young children.
- Make sure young children can not reach the coffee maker or hairdryer while in the tub.

Make sure you check the hot water for the bath to ensure that the water is not too hot.

Always supervise young children in bath– never leave them unattended!

- If you are drinking alcohol in your room or there is alcohol in the mini-fridge, make sure it is out reach of young children. Alcoholic beverages can cause serious illness or death if ingested by a small child.
- Don't let children wander the hotel unsupervised.
- If children receive a welcome package from the hotel, make sure the toys and products are safe before children play with them.

Hotel Crib Safety

- Double check that the crib is set up properly and securely. Check that the mattress is firmly supported.
- Check the mattress for a tight fit. Make sure there are no gaps between crib and mattress.
- Look for date of crib manufacture-should be after October, 1986.
- Always lay baby on back.
- Make sure that the sheets fit the mattress securely and there are no pillows and soft items in crib.
- Locate crib away from window, blinds cords, lamps and lamp cords and any plugs that baby can reach.
- Ensure crib sides are securely in place.
- If crib is mesh, make sure sides are securely locked up– children can suffocate in mesh cribs if the sides are down.
- It is recommended that you never sleep with your baby in an adult bed. The baby could slip between beds, wall, or under pillows and get hurt or suffocate.

