



Third District Community Forum

Accessing Your Government

Stronger Hearts Helpline

The **Stronger Hearts Helpline** provides people who have heart failure with access to community resources that can help them understand and manage their disease. This new 24/7 free call-center resource will serve people in the County of San Bernardino, where heart failure is particularly prevalent.

Stronger Hearts Helpline offerings include:

- Referrals to medical professionals and clinics
- Educational information about heart failure and its treatment
- Referrals to services such as exercise programs, nutrition advice and mental health programs
- Transportation to a health clinic and/or doctor's appointment

Residents in the County of San Bernardino can connect to the **Stronger Hearts Helpline** by simply dialing 2-1-1 (or 888.435.7565) from any phone at any time. A live operator will answer the call and then callers should ask for the **Stronger Hearts Helpline** by name or mention that they are looking for heart-failure resources. Operators will guide these callers to the related free or low cost programs and resources.



Community Highlight

Adopt a Pet: Meet Brogue

Brogue is a 7 month old male, tricolor Shepherd. He is very energetic and looking for a caring home. Please stop by and adopt him today. His ID # is A617786.

Devore Animal Shelter
19777 Shelter Way, San Bernardino, CA 92407
909.386.9820

Hours of Operation:

Monday, Tuesday, Thursday, Friday: 10:00 am - 6:30 pm

Wednesday: 10:00 am - 7:00 pm

Saturday and Sunday: 10:00 am - 5:00 pm

24 hour help line **1.800.472.5609**

If you would like to submit a story or event to The Ramos Review, please send an email to SupervisorRamos@sbcounty.gov or call 909.387.4855. Due to limited space, we may not be able to accommodate your request.



San Bernardino Office: 385 N. Arrowhead Ave., Fifth Floor, San Bernardino, CA 92415-0110.



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February 2015

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Ramos Receives Visit from Governor Jerry Brown

Governor Brown stopped by to congratulate Supervisor Ramos on being named Chair of the Board of Supervisors. The Governor was touring through Southern California when he decided to give the Supervisor a call. The visit was brief but the Governor had time to share a cup of coffee with the Supervisor!



February is American Heart Month

During the month of February we typically celebrate three major events, Lincoln's Birthday, Valentine's Day, and President's Day. The symbol that characterizes the month of February is a red heart, partly in honor of Valentine's Day. However, the red heart not only serves as a symbol of love but also as a symbol for heart disease. February is also known as American Heart Month. A month devoted to love for one another but also love for one's own healthy heart. It is a time to educate ourselves about our own risks for heart disease and stroke.



You can find more information on how you can reduce your risk of heart disease and stroke at the American Heart Association website, www.heart.org.

Senator Feinstein introduced the Homeless Children and Youth Act of 2015

The bill is to expand the definition of homelessness used by the Department of Housing and Urban Development (HUD). The change would allow more than 1 million homeless children and families nationwide to access federal housing assistance programs. In California, 259,656 children experienced homelessness last year, while HUD counted only 25,094 households that included at least one child as homeless. Due to the narrow HUD definition, only one in 10 homeless children in California is eligible for federal housing programs. "The harmful effects of homelessness on children's educational and emotional development are clear. Ensuring children have a permanent roof over their heads will have a long-term benefit on their lives and our nation's future" stated Senator Feinstein.

Supervisor Ramos Around the District



Honoring Regional Parks Director Keith Lee upon his Retirement from the County after 29 years of public service



Celebrating the Grand Opening of the Barstow Community College Performing Arts Center



Colton Chamber of Commerce with Mayor Richard DeLaRosa



Caltrans Hosts Multi-Agency Collaborative Event on Snow Safety



Loma Linda University Children's Hospital 25th Anniversary Celebration



Progress in the Third District

The Sheriff's Department Volunteer Chaplains

In this edition of the Ramos Review, we would like to highlight a very special group in our community, the Sheriff's Department Volunteer Chaplains, better known as the Chaplain Corps. The Chaplain Corps is comprised of various clergy from throughout the county who have a heart for those in law enforcement. The chaplains are pastors, priests, and religious leaders in their communities who volunteer their time to support the men and women working in the Sheriff's Department. All chaplains are ordained or licensed pastors, who go through an intensive background check and training to be able to join the group. Once in the Corps, the Chaplains go through monthly trainings such as death in the line of duty and PTSD. They definitely have to jump through a lot of hoops to be able to perform Chap-

lain Services to their fellow deputies, but at the end of the day, their main goal is to serve 24/7, no matter what.

The Chaplain Corp began 34 years ago on February 2, 1981, with a group of 5 dedicated chaplains who wanted to support their deputies in times of need. Today, the group has expanded to 27. They created the Chaplain Corps to serve their deputies whenever they are in need of a spiritual guideline. The chaplains all volunteer their time to service others. Deputies are exposed to many things in their line of duty, things that a person should never even think about but they do because it is part of their job.

The chaplains not only serve in the most difficult times but also serve their deputies in times of celebration like

weddings or celebrations of life. They are more than a group, they are a family. Their compensation is knowing that they are helping others get through some of toughest times and knowing that they can make a happy event even more joyous.

We are proud to know that we have such an amazing group serving our deputies and their families in our County of San Bernardino. There are no words that can express our



gratitude for all that they do because they truly care about serving others.

To learn more about the Chaplain Corps, please visit the website below. <http://cms.sbcounty.gov/sheriff/Divisions/VolunteerForces/ChaplainCorp.aspx>



Progress in the California Desert

Earlier in the month, Senator Diane Feinstein introduced the California Desert and Conservation Act of 2015 (CDCRA). The proposed legislation, which is also co-sponsored by Senator Barbara Boxer, provides amendments to the CA Desert Protection Act of 1994. It would increase protections for approximately 1.6 million acres of desert landscape. As a representative of the desert region, Supervisor Ramos applauded the efforts made by both Senator Feinstein and Senator Boxer to protect our California desert.

California has always been a destination for those appreciating the natural beauty and the majesty of the outdoors. The bill would designate several new wilderness areas to help protect important waterways like the Amargosa River

and Deep Creek as Wild and Scenic Rivers, and establish the Alabama Hills National Scenic Area. It also establishes two new national monuments- the Mojave Trails and the Sand to Snow National Monuments.

A key benefit for the desert region is the boost in its local economic benefit from increased tourism. The

California Desert is one of the top outdoor recreation locations in the U.S. and its national parks alone bring nearly 3 million visitors each year. In 2011, travel dollars spent in California totaled \$102.3 billion, money that translated into over \$30 billion in earnings for California businesses and 893,000 Californians who work in the travel sector and related industries.

In addition, the conservation lands that will be protected by the CDCRA will provide outstanding support for the preservation of desert ecosystems. The new desert protection plan would protect approximately 400,000 acres forever by designating them as wilderness, which means they can never be developed, mined, or otherwise, disturbed. Therefore, rare and endangered plant and animal species such as the desert tortoise and big horn sheep will benefit from the protection of their natural habitat.

For years, California's natural wonders have been an important part of its economic health. We have a unique opportunity to preserve and protect the desert heritage for future generations.

