

Third District Community Forum

Accessing Your Government - Department of Human Services

Are you concerned about getting services for an elderly family member? Wondering about what kinds of resources there are for behavioral health? Looking for solutions to aid your family in hard times? Answers to these questions and many more can be found within the **Department of Human Services**. The 3rd District office often receives calls from concerned constituents about finding solutions to these kinds of issues. We want to ensure that you know how we can help.

The Department of Human Services oversees multiple departments that

are all designed to provide you with the help you need to live a healthy, happy life. Through Human Services, you can find support for senior citizen living, children's advocacy and education, public health, veteran's support, and even services that assist constituents with processing income tax.

If you'd like more information about the programs offered by the Department of Human Services, you can find them online at

<http://hssnet.sbcounty.gov/HSSHome>.



Are you covered?

Remember to sign up for a health plan before the open enrollment period ends on March 31st! Visit www.coveredca.com to find a plan that is right for you!



Community Highlights - Loma Linda University PossAbilities

Loma Linda University PossAbilities is a community outreach program developed

LOMA LINDA UNIVERSITY



by the Loma Linda University Health. Its goal is to offer disabled individuals who were born with or have suffered a permanent physical injury a sense of community and a healthy social educational interaction with their peers.

The PossAbilities program was originally developed in 2001 in response to the need for the continuum of care for our patients and their families after a lengthy hospital stay or a traumatic accident. As the program and its mission continued to grow, PossAbilities has gained the support of administrators, faculty, staff, the student body within the Loma Linda University system and the surrounding community.

To learn more about this organization, please call 909.558.6384.

If you would like to submit a story or event to The Ramos Review, please send an email to SupervisorRamos@sbcounty.gov or call 909.387.4855. Due to limited space, we may not be able to accommodate your request.



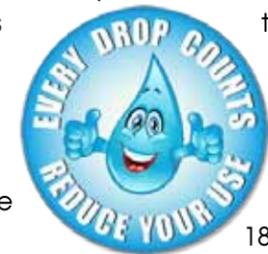
San Bernardino Office: 385 N. Arrowhead Ave., Fifth Floor, San Bernardino, CA 92415-0110.



California's Drought Emergency: What you can do to help

What can you do to save our water? Governor Brown has declared a state-wide drought emergency and is asking all of us to reduce our water use by 20 percent. We must all do our part to conserve our most precious and scarce resource. Here are a few tips on what you can do to conserve water:

- Use the washing machine and dishwasher for full loads only to save water and energy.
- Take five minute showers instead of 10 minute showers and save 12.5 gallons with a low-flow showerhead and 25 gallons with a standard showerhead.
- Turn off the water when brushing teeth or shaving and save approximately 10 gallons a day.



- Water early in the morning or later in the evening when temperatures are cooler and save 25 gallons each time you water.
- Use a broom to clean driveways and sidewalks and save 8 to 18 gallons/minute.

Learn more about water conservation at www.saveourh2o.org.

Black History Month

February marks the beginning of Black History Month, a time when we must recognize and celebrate the contributions that African Americans have made to our nation and our local communities. Throughout the history of our nation, we have seen the amazing

and positive impacts that members of the African American community have created.

"Black History Month gives us an opportunity to remember our glorious African past and honor it," **Wilmer Amina Carter** commented. "The

celebration of Black History Month asks us to imagine the future and forge it by working harmoniously with our community members to make our city, our county, and our nation a better place."



Black History Month

"Freedom is never given; it is won." - A. Philip Randolph



Supervisor Ramos Around the District



Downtown SB Passenger Rail Project and Transit Center Ground Breaking

The groundbreaking for the San Bernardino Passenger Rail and Transit Center illustrates the creation of intermodal connections between commuter rail, bus rapid transit, and local bus service to enhance public transit for our residents.

Learn more about how SANBAG is changing the way people travel throughout the Inland Empire at <http://www.sanbag.ca.gov/projects/redlands-transit.html>.



Nonprofits: Sign up for Give BIG San Bernardino County!

The Give BIG San Bernardino County website has launched! If you work for or run a local nonprofit, please make sure to register for this 24-hour fundraising web-a-thon and raise money and awareness for your nonprofit! <http://www.givebigsbcounty.org/>

Pain Free Kids Fundraiser



The Pain Free Kids Foundation is a non-profit organization whose mission is to provide children with chronic pain a safe environment where they can learn to deal with their pain through a holistic approach. On February 22nd, PFKF held an event where Supervisor Ramos had the opportunity to spend the day speaking

with children who suffer from chronic pain. Following the event, these children spent time with therapy horses at the KN Ranch in Redlands.



Progress in the Third District

County Museum to partner with Google

The San Bernardino County Museum in Redlands will join with the Google Cultural Institute to make the cultural heritage of Southern California easily available worldwide.



Google has partnered with hundreds of museums, cultural institutions and archives from 40 countries to host the world's cultural treasures online. Through their Cultural Institute, partner museums can upload high quality images from their collections. In addition, Google will develop "street views" inside the museum galleries to offer virtual tours of museum exhibits.

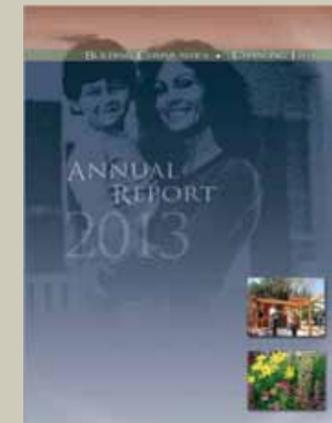
"Google's project compliments the mission of the San Bernardino County Museum," said **Robert McKernan**, Museum Director and Project Liaison with Google. "A member of the Google team has already visited our museum. Our collections are of worldwide significance, and this partnership will help spread the word, not only about the cultural richness and diversity of our county and surrounding regions, but about the educational and research opportunities offered through our museum."

Housing Authority of San Bernardino County Releases 2013 Annual Report

The Housing Authority recently released its Annual Report for 2013. The mission of the Housing Authority is to empower all individuals and families in need to achieve an enriched quality of life by providing housing opportunities and resources throughout San Bernardino County.

Here are some key highlights of the report:

- Increased the number of families housed by 4% despite ongoing budget cuts
- Completed the installation of 1,514 solar panels on top of the roofs of 6 properties
- Moved our mission to include housing more veterans, homeless, and hard-to-house citizens such as the re-entry population or persons with various mental health issues.
- Continued to move forward with the revitalization of our two oldest public housing sites-Waterman Gardens and Valencia Grove.



Make sure to check out my newly redesigned website for more information on events throughout the County, latest news, and additional resources.

<http://www.sbcounty.gov/bosd3/default.aspx>

To learn more, please visit <http://www.hacsb.com/>.

Sheriff HOPE Project Launched



The Homeless Outreach and Proactive Enforcement program has been launched to better address issues related to the homeless population in San Bernardino County. The objective is to stop the revolving door of arrest/incarceration/release of the homeless community for homeless related crimes. The H.O.P.E. Team has already seen great success for this program and they look forward to continuing their efforts in helping more homeless get off the streets and into permanent housing.

"We were able to assist a man named John who had been homeless for 24 years. For 16 of those years, he lived under a 215 overpass. Prior to the start of this program, we had approached John to offer him help. He told us he wasn't ready on several occasions. As we prepared to implement this program, we approached him again and offered him help. This time, John decided he would like a warm shower. He has been in transitional housing for the last three or four months and he has not been using drugs. He enjoys fixing up his place and we hope to have him in permanent housing soon. It doesn't matter how many approaches it takes, when an individual is ready to come off the streets, we will be there to help them."

-Deputy Mike Jones, H.O.P.E. Team Member

For more information, please contact hope@sbcasd.org or call 909.387.0623.