

Cigna Dental Oral Health Integration Program

# ENHANCED DENTAL COVERAGE AND MORE



The Cigna Dental Oral Health Integration Program<sup>®</sup> was the first of its kind to enhance dental coverage for individuals with diabetes, heart disease and for pregnant women because studies show that oral health may have an impact on overall health. And as the associations between oral and overall health continue to grow, so does our program.

## More coverage

Research shows associations between gum disease and complications for heart disease, stroke, diabetes, preterm birth, preeclampsia and other health issues. And we've added coverage for procedures related to cavities because studies show that patients with chronic kidney disease, organ transplants, or head and neck cancer radiation are frequently prone to dry mouth, a condition associated with a higher risk of dental cavities. As a result, we've enhanced our program to include the following medical conditions and covered dental procedures:

Dental services	Medical conditions (check mark indicates covered dental service)						
	Heart disease	Stroke	Diabetes	Maternity	Chronic kidney disease	Organ transplants	Head and neck cancer radiation
Periodontal treatment and maintenance (D4341, D4342, D4910 <sup>1</sup> )	✓	✓	✓	✓	✓	✓	✓
Periodontal evaluation (D0180)				✓			
Oral evaluation (D0120, D0140, D0150 <sup>2</sup> )				✓			
Cleaning (D1110 <sup>3</sup> )				✓			
Emergency palliative treatment (D9110 <sup>4</sup> )				✓			
Fluoride – topical application and varnish (D1206, D1208 <sup>5</sup> )					✓	✓	✓
Sealants (D1351 <sup>5</sup> )					✓	✓	✓

<sup>1</sup>Four times per year. <sup>2</sup>One additional evaluation. <sup>3</sup>One additional cleaning. <sup>4</sup>No limitations. <sup>5</sup>Age limits removed, all other limitations apply.

**GO YOU**<sup>SM</sup>



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, and/or Cigna Dental Health, Inc. and its subsidiaries.

## Did you know?

Improving oral health for employees with certain medical conditions (those associated with gum disease) may have a positive effect on their medical condition and result in medical cost savings – both for the client and employees. In fact, Cigna’s ongoing internationally published studies support an association between treated gum disease and lower medical costs. Our 2012 Cigna study findings show average annual medical savings of \$1,020, or 27.5%, when periodontal conditions are treated. More 2012 study results:

2012 study findings		Our 2012 Cigna study also shows:
Average annual savings for those individuals in the study who had proper periodontal treatment		Customers receiving proper preventive dental treatment have, on average
<b>Medical conditions</b>	<b>Savings</b>	<b>12.5%</b> less extractions
Diabetes	\$1,292 or 27.6%	<b>5.4%</b> less root canals
Heart disease	\$2,183 or 25.4%	Customers with gum disease receiving appropriate care have:
Stroke	\$2,831 or 34.7%	<b>67%</b> lower hospital admission rate
		<b>54%</b> lower ER rate

## Our clinical enhancements put us ahead of the competition with the most comprehensive list of covered dental procedures for all conditions!

But we don’t stop at clinical care benefits. The Cigna Dental Oral Health Integration Program now also includes:

- **More customer access:** Enhanced dental coverage is available to ALL Cigna Dental customers, regardless of their medical carrier. Customers must have one of the specific medical conditions to qualify for reimbursement.
- **More wellness:** Participants have access to articles on behavioral issues linked to oral health such as stress, fear of going to the dentist and tobacco use.
- **More discounts:** Participants are eligible for up to 50% off average retail prices on the following prescription dental products used to treat and reduce the risk for gum disease and tooth decay through Cigna Home Delivery Pharmacy<sup>SM</sup>:
  - Chlorhexidine prescription antibacterial rinses
  - Fluoride prescription rinses
  - Fluoride prescription toothpaste
  - Fluoride prescription gelParticipants are also eligible for discounts on nonprescription dental products developed for high-risk patients.

**Using the program is as easy as 1, 2, 3!** Share the below steps with your employees. Together, we can make sure proper dental care is given to those who need it most.

- 1** Program participants simply visit their dentist for the covered service and pay the dentist their usual copay or coinsurance amount for that procedure.
- 2** Participants fill out the Reimbursement Form. They should be sure to check off any additional information they may want about Cigna Home Delivery Pharmacy discounts and/or behavioral articles. The Reimbursement Form is available on [myCigna.com](http://myCigna.com), [Cigna.com](http://Cigna.com) or by calling 1.800.Cigna24 (1.800.244.6224).
- 3** Participants mail in the completed form AND required documentation (proof of payment, itemized receipt from dentist, EOB, OR dentists’ completed claim form) to Cigna at the address listed on the Reimbursement Form. We’ll send the reimbursement within 30 days.



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