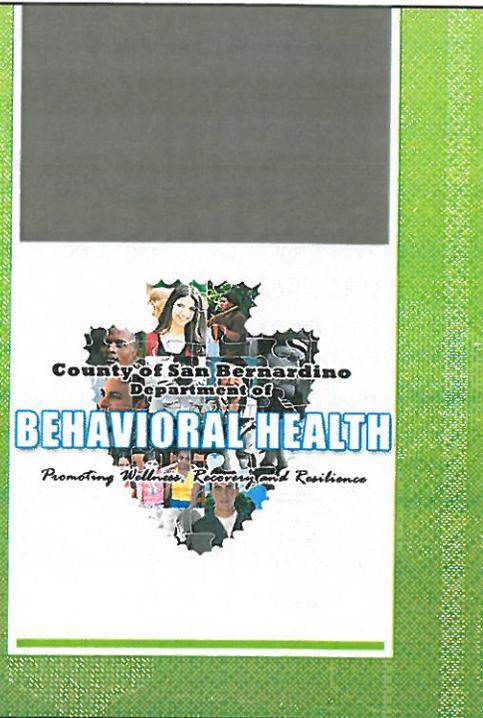


RECOVERY
BASED
ENGAGEMENT
SUPPORT
TEAMS
(RBEST)

INN - 07

A MUSA Innovation Project



2

HISTORY

- ❖ Developed after numerous workgroups and stakeholder focus groups were conducted to:
 - 1) Explore the feasibility of implementing the Assisted Outpatient Treatment (AOT) Law, also known as Laura's Law, in San Bernardino County
 - 2) Explore options to AOT that would meet the spirit and intent of the law



3

INN Project Process

- ❖ INN Plan 2014 included the RBEST project description and budget
- ❖ The plan went through the Community Program Planning process
- ❖ The Plan received approval from the Board of Supervisors on 2/11/2014
- ❖ Submitted to the Mental Health Services Oversight and Accountability Commission (MHSOAC)
- ❖ Received MHSOAC approval on 3/27/2014



4

PURPOSE

- ❖ Activate individuals in the community into needed psychiatric care
- ❖ Empower families and caretakers to continue providing care for their mentally ill loved ones in their community-based residence
- ❖ Reduce the frequency and duration of hospitalizations for individuals who are hospitalized for psychiatric purposes without outpatient follow-up in the community



5

LEARNING GOALS

1. Disruption of the existing system will occur through utilizing engagement and outreach strategies targeting individuals who are non-compliant and/or resistant to treatment.
2. Identify individuals who are high users of inpatient services , reducing the frequency and duration of inpatient admissions through activation strategies.
3. Increase the understanding and knowledge regarding mental illness for families of mentally ill individuals as well as improve and increase the strategies in caring for their mentally ill loved ones.



6

PLAN OF ACTION

Traditional outreach has proven unsuccessful in increasing treatment compliance for these individuals. Thus, RBEST will:

- ❖ Create four (4) outreach teams, serving the four regions of the County: East Valley, West Valley, Central Valley and the High Desert area.
- ❖ Engagement teams will be composed of a Mental Health Specialist and a Peer and Family Advocate.
- ❖ Clinical Therapist I's, Licensed Vocation Nurses, and Alcohol and Drug Counselors will be available to provide screening in the field, referrals, education and family treatment.



7

INNOVATION PROJECTS ARE ABOUT LEARNING

- ❖ Data will be collected from the onset of the project and continuously throughout the duration of the project.
- ❖ A Program Specialist assigned to the project, along with the Innovations Program staff and DBH Research and Evaluation Unit, will be involved in the compiling and analysis of the data regarding every aspect of the project.
- ❖ Strategies may evolve throughout the course of the project as learning occurs.



8

CURRENT STATUS

- ❖ The logic model has been created and submitted to the Oversight and Accountability Committee (OAC).
- ❖ Business processes and forms are being created.
- ❖ RBEST mailbox has been established at: DBH-RBEST@dbh.sbcounty.gov.
- ❖ Referrals forms have been created.
- ❖ Supplies are being ordered.
- ❖ The first employee has been hired and began working August 25, 2014.



9

CURRENT STATUS CONTINUED

- ❖ Two Mental Health Specialists have been interviewed, provided contingent job offers and are currently in background.
- ❖ Requests to fill the remaining 15 positions have been submitted for approval.
- ❖ Training provided by the LEAP institute is scheduled for early January, 2015.
- ❖ Referrals will be accepted beginning mid-September.
- ❖ Services will begin in October, 2014.



10

INNOVATION PROJECTS ARE TIME LIMITED

- ❖ RBEST is a four-year project which began March of 2014.
- ❖ The last 12 months of the project will be devoted to:
 - ❖ termination of services and transition of any open cases to other programs
 - ❖ Analysis of the data
 - ❖ Final reporting of results
- ❖ Sustainability of the project depends on outcome measures and funding other than MHSAs Innovation funding.



Questions?

Paula Ruffen, Program Manager II

(909) 421-9370

DBH-RBEST@dbh.sbcounty.gov