MINUTES
County of San Bernardino
BEHAVIORAL HEALTH COMMISSION MEETING
January 6, 2014 - 12:00-2:00 pm

Commissioners Present:
Susan McGee-Stehsel, May Farr, Christopher Massa, Veatrice Jews, Monica Wilson, Monica Alonso, Troy Mondragon, Michael Grabhorn, Akin Merino, Jane Godager, and Molly Wiltshire on behalf of Supervisor James Ramos

Excused Absence: Gabriel Gonzales, Roberto Casas

Guests:
Vikki Ostermann, County Administrative Office; Robyn Freeman, Family Services Agency; Wayne Henkelmann, San Bernardino Mental Health Court; Beverly Scott, family member; Steven Hale, Valley Star; Miguel McQueen, Workforce Development Department, Sister Carol Therese Grisotti, public; Jose Solorzano, IEHP; Regina Williams, Re-Genesis, Inc.; CaSonya Thomas, Veronica Kelley, Imo Momoh, Jaime Gonzalez, Jonathan Benvenista, André Bossieux, Nathan Trujillo, Sherwin Farr, Tracy Bomberger, Janeth Tran, Cynthia Velasco, Kristen Mungcal, Paula Rutten, Lauretta Ross, Michael Schertell, Sharon Nevins, Susan Abito, Mariann Ruffolo, Nancy Olsen, Georgina Yoshioka, Shenell Adams, Sarah Eberhardt-Rios, Department of Behavioral Health (DBH). Minutes recorded by Debi Pasco, Clerk of the Behavioral Health Commission

CALL TO ORDER, INTRODUCTIONS AND MINUTES FROM LAST MEETING
Chair McGee-Stehsel called the meeting to order at 12:02 p.m. Commissioner Merino led the Pledge of Allegiance and self-introductions followed.

A motion made by Commissioner Jews and seconded by Commissioner Grabhorn: New Business Items on the agenda was moved to after Approval of Minutes. *Motion passed; no further abstentions.*

Commissioner Farr identified two typos on the 11/7/13 Behavioral Health Commission (BHC) minutes on Page 2: Latinola was changed to Latino and North Ridge was changed to Northridge. *A motion was made by Commissioner Merino and seconded by Commissioner Alonso: Motion passed; no further abstentions.*

NEW BUSINESS – ACTION ITEMS

- **Review Contract with Department of Health Care Services (DHCS) for Mandated County Performance FY13-14:** The Department of Behavioral Health (DBH) enters into a contract with DHCS that stipulates the performance standards for the delivery of mental health services to residents in the county to ensure that DBH follows CA Welfare and Institutions Codes, Medi-Cal requirements and that the local Behavioral Health Commission has reviewed and approved procedures ensuring citizen and professional involvement at all stages of the planning process.

A motion made by Commissioner Massa and seconded by Commissioner Farr: The contract with DHCS for Mandated County Performance FY13-14 was reviewed and approved. *Motion passed; no further abstentions.*

- **2014 Election of Officers**: The election of officers was conducted vial roll call and the results are as follows: Chair, Susan McGee-Stehsel; Vice Chair, Monica Wilson; Secretary, Akin Merino and Treasurer Veatrice Jews.

A motion made by Commissioner Massa and seconded by Commissioner Alonso. Motion passed; no further abstentions.

CULTURAL COMPETENCE AWARD OF EXCELLENCE: Nathan Trujillo, Peer and Family Advocate
Nomination: *"Nathan works daily with a diverse population at the Serenity Clubhouse. There he is challenged daily with issues of culture which include race, ethnicity and sexual orientation. Currently Nathan is working to introduce American Sign Language to the Clubhouse members. Nathan has been instrumental in implementing sensitivity training regarding LGBTQ issues. He constantly strives to ensure that Serenity Clubhouse is cultural competent."* **CONGRATULATIONS, NATHAN!**

PUBLIC COMMENTS
No public comments were provided.

CHAIRPERSON'S REPORT
Chairperson McGee-Stehsel thoroughly enjoyed the BHC Holiday Tea and Awards Ceremony that was held 12/5/13. It was very satisfying to see a record number of individuals and agencies recognized for their outstanding service in the behavioral health community. On 1/13/14, she will join DBH in their monthly meeting with the Fee for Service providers to discuss the use of consumer boards and educational consistency throughout the county. DBH Assistant Director Veronica Kelley will provide an upcoming educational presentation to the BHC regarding cognitive behavioral and other therapies.

COMMISSIONERS' REPORTS
First District:
Commissioner Grabhorn visited the High Desert Equality (HDE) group that is open to all LGBTQ individuals and families; celebrating their 5th anniversary in February. Friends of Tent City provides fresh water, food and clothing to the homeless in the High Desert. High Desert Rescue Mission has teamed up with the Sheriff Department to provide food and supplies to the caretakers of those children whose parents have been arrested for illegal activity.

Second District:
Commissioner Alonso was honored to present recognition awards to recipients at the BHC Holiday Tea and Awards Ceremony. Amazing Place Clubhouse won first place at the Wellness Triathlon Talent Show. Pathways to Recovery took first place overall for the Wellness Triathlon events. Amazing Place Clubhouse won first place at the talent show.

Commissioner Farr attended the Native American Heritage Celebration, where Supervisor Ramos provided opening remarks. She attended the Community Vital Signs Summit as well as the Homeless Summit. Over the holidays, she helped serve meals to 800-900 consumers.

Third District:
Commissioner Massa attended the combined Clubhouse Christmas party here in the Auditorium and was fortunate to win the opportunity drawing for a candy basket.

Commissioner Mondragon has been actively planning activities for National May is Mental Health Month. He suggested kicking off the month during the May 1st Behavioral Health Commission meeting. To promote education and mental health, the Cal State School of Social Work is planning a solidarity event.

Fourth District:
Vice Chair Wilson apologized for her tardiness. She had no report.

Fifth District:
Treasurer Veatrice Jews announced that the African American Mental Health Coalition is planning their Third Annual Mental Health Symposium in February 2014, at Valley College.

Board of Supervisors:
On behalf of Supervisor James Ramos, Molly Wiltshire, Communications Director, along with representatives from the Second and Fifth Districts, had great fun performing a skit during the Wellness Triathlon Talent Show. This year, Supervisor Ramos' office has spearheaded the development of the Give BIG San Bernardino County campaign, a 24 hour fundraising web-a-thon benefitting San Bernardino County nonprofit organizations. The web-a-thon will begin on May 8, at 7am and will continue to May 9, 2014, 7am.

DIRECTOR'S REPORT
Director Thomas announced that through SB 82: The Investment in Mental Health Wellness Act of 2013, funding is available to enhance crisis services through two grant opportunities.

1. Provision of 600 additional triage personnel statewide, peers with lived experience. DBH submitted an application prior to the due of 1/2/14.
2. DBH will submit an application for the provision of alternative settings to inpatient care by the due of 1/22/14. This grant application will go before the Board of Supervisors for approval on 1/14/14.

The 2014 Mental Health Services Act (MHSA) Innovation Plan Public Hearing will be held during the BHC meeting on 2/6/14. The Innovation component requires approval by the Mental Health Services Oversight and Accountability Commission (OAC). Recent feedback received from the OAC: Innovation Plan must include validated research, a learning oriented approach, and how outcomes are measured.

The three MHSA Statewide PEI Initiatives, Student Mental Health, Stigma and Reduction, and Suicide Prevention, are scheduled to end in June 2014. Counties must decide, through the stakeholder process, whether they want to carve out MHSA funding in the Annual Update to sustain initiatives.

EDUCATIONAL PRESENTATION: San Bernardino County Workforce Development Department
Miguel McQueen, Deputy Director, stated that the goal of the Workforce Development Department (WDD) is to keep residents in our county working. All services are free of charge. There are three one stop locations in San Bernardino County; East Valley, West Valley and the High Desert. Their services are modeled throughout the state and include intensive case management and measurements for sustainable employment. WDD offers assistance with:

- On the job training; résumé writing; job search
- Financial incentives
- Identifies business needs and lay off aversion services

AB109 clients are served in a group setting. Beverly Scott inquired about services in the Morongo Basin (MB). WDD attends MB Chamber meetings. Military bases have a much more extensive employee background check. Those clients without a high school diploma are referred to adult education to obtain their GED.

OUTSIDE AGENCY AND OTHER REPORTS
Commissioner May Farr announced the next meeting of the CA Local Mental Health Boards/Commissions (CALMHB/C) will be held in San Diego, January 16-18, immediately following the CA Mental Health Planning Council (CMHPC). Our fellow Commissioner, Dr. Monica Wilson, is also the Chair of the CMHPC.

Patton State Hospital is looking for community members to apply for the Patton Advisory Board.

Jose Solorzano states that IEHP is offering Cal Medi-Connect presentations.

ADJOURNMENT: Today's meeting adjourned at 1:58 p.m.

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Susan McGee-Stehsel
Chair, Behavioral Health Commission

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Debi Pasco
Clerk of the Behavioral Health Commission